

RENO AQUATIC CLUB GAMBLE
PACIFIC SWIMMING LONG COURSE MEET
JUNE 20 – 22, 2025
Enter Online: <http://ome.fastswims.com>



SANCTION: Held under USA/Pacific Swimming Sanction No.: **25-070**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

MEET IS OPEN TO ALL REGISTERED USA SWIMMING ATHLETES AFTER THE PRIORITY REGISTRATION PERIOD FOR THE FOLLOWING ZONE 4 TEAMS HAS ENDED – BST, CARS, DDST, FBST, LAKE, MLST, NNA, RENO, SPKS, TAHO, TTST

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming Inc. cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORSEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the athlete, or his/her guardian consents to the publication, via electronic, print, or other media, of information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee. Flash photography at the start of a race is prohibited in any location.

MEET PERSONNEL: *Meet Referee: Roger Pflieger*
Chief Judge: Jeremy Murray
Meet Marshall: Jake Pourchot

Head Starter: Jo Ann Porter
Admin Official: Kelly Schott
Meet Director: Matt Ream (renoaquaticsevents@gmail.com)

LOCATION: Moana Springs Community Aquatics and Fitness Center, 240 West Moana Ln. Reno, NV 89509

DIRECTIONS: From I-580, take the Moana Lane (exit 32) exit and head West for approximately 1.0 mile. After passing the light on Virginia Street, turn left at Baker Lane, then right at the driveway into the Moana Springs Aquatic Center. Park anywhere in the main parking lot. Overflow parking is at the baseball field parking lots south of the pool, continuing down Baker Lane, or in the Atlantis Casino overflow parking lot, traveling further down Baker Lane and turning left on Peckham Lane.

COURSE: Indoor heated 50-meter pool with up to 9 long-course lanes for competition, and the 10th lane for warm-up and warm-down ONLY, with Marshalls on duty. Colorado timing system with touch pads and scoreboards will be used. The minimum water depth in the competition course, as measured in accordance with Article 103.2.3, is 13'0" at the start end and 3'6" at the turn end. All events will start at a depth of 13'0". The meet host shall ensure the required course dimensions.

TIME: Meet begins each day at 8:30 am for 13 & Over athletes with warm-up from 7:00-8:15 am. The afternoon 12 & Under sessions will not start before 1:00 pm with warm-ups not earlier than 12:00 pm.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures will be posted at the Clerk of Course.
- The local facilities guidelines, restrictions, and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are timed-final events and will be seeded fastest to slowest.
- Athletes may compete in no more than 4 individual events per day and 10 events total.
- Entries for 12 & Under sessions will close before the entry deadline if and when the estimated session timeline reaches 4 hours, or when the combined daily sessions timelines reach 8.5 hours, whichever occurs first.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be given for any mandatory scratch downs.
- **All USA Swimming member Coaches and Deck Officials must wear their USA Swimming membership cards in a visible manner.**
- Red Cross certified lifeguards, backboards, rescue tubes, automated external defibrillator (AED), and minor first aid supplies will be available.

DISTANCE:

- **Per Zone-4 policy, to be eligible to enter the 1500m or 800m freestyle, an athlete must have previously established an official time in an event of 400m/400y or longer.**
- All 13 & Over athletes entered in the 1500m and/or 800m freestyle and/or 400m freestyle events must be checked in by 10:00 am on Friday, Saturday, and Sunday, respectively, otherwise they will be considered scratched from the event.
- All 12 & Under athletes entered in the 800m and/or 400m freestyle events must be checked in by 2 p.m. on Friday and/or Sunday, respectively, otherwise they will be scratched from the event.
- The 800m and 1500m freestyle will be swum alternating women's and men's heats.
- All athletes in the 1500m and 800m freestyle must provide their own timers and lap counters.
- The 1500m will be capped at 36 entries for each of the women's and men's events.

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Each athlete must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start the race in the water without the use of a backstroke ledge. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: The following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by athletes during the meet and during warm-up periods

- No smoking, "vaping," or use of tobacco products.
- No sale or use of alcoholic beverages, or recognition of alcoholic sponsors.
- No glass containers allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- No animals except physician-certified "service assistance" animals are permitted. Please show certification when asked by meet officials or marshals.
- Shelters are permitted in designated outdoor area only, and must be properly secured at all times, or may be removed by meet management.
- Deck changes are prohibited.
- There will be restricted areas of the deck. Cooperation of athletes, families, and coaches will be appreciated.

- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law Enforcement Officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

- Athletes must be current athlete members of USA Swimming and enter their name and registration number exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Entries with **"NO TIME" will be ACCEPTED. EXCEPTION – Per zone 4 policy, to be eligible to enter the 1500m or 800m, an athlete must have previously established an official time in an event of 400m/400y or longer.**
- **Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.**
- Athletes 19 years of age and over may compete in the meet for time only, no awards.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY TIMES: Entries must be submitted using the swimmer's best long-course meters time for each event. All entry times must be submitted in long-course meters.

ENTRY PRIORITY AND DEADLINES: Entries from members of assigned Zone 4 clubs receive priority entry until 11:59pm on Sunday, May 18, 2025. After that, all USA Swimming athletes are eligible to enter. Entries for each session will close by the applicable deadline listed below, **or when a session becomes full and is closed early per the rules section above, whichever is first.** NO LATE ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ACCEPTED. Check <http://ome.fastswims.com> for session open or closed status.

ENTRY FEES: \$4.50 per event plus a \$15.00 participation fee per athlete and \$10 facility fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

MEFAP ENTRY FEES: \$15.00 participation fee. Registered Pacific Swimming Outreach Athletes are eligible for the Meet Entry Fee Assistance Program (MEFAP). For more information on Outreach Qualification: <https://www.pacswim.org/userfiles/kcfinder/files/Outreach%20Qualifications%202024.pdf>

ONLINE ENTRIES: To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a service fee for this service, 6.5% of the total entry fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the service fee is a separate fee from the entry fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through **Wednesday, June 11, 2025, at 11:59pm, or until the meet has filled, whichever comes first.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with the Athlete's best long-course meters time. **Entries must be postmarked by no later than 11:59pm Monday, June 9, 2025, at 11:59 pm, or hand-delivered by 6:30 pm Wednesday, June 11, 2025, and may be rejected if a session is already full before that date.** Requests for confirmation of receipt of entries should include a self-addressed envelope. If sent by Express Mail or FEDEX, indicate 'NO SIGNATURE REQUIRED FOR DELIVERY'. No signature will be available for mailed entries.

Make check payable to: Reno Aquatic Club
Mail entries to: c/o Gamble Meet Director
 Reno Aquatic Club
 P.O. Box 7064
 Reno, Nevada 89510

CHECK-IN: Except for the 1500M, 800M and 400M freestyle events, the meet shall be pre-seeded, and athletes will not be required to check-in. Athletes entered in the 1500M, 800M and 400M must complete a positive check-in. Please see the Distance rules for special check-in times. Athletes who do not check-in will not be seeded and will not be allowed to compete in that event.

SCRATCHES & NO-SHOWS:

- **Scratch Deadlines:** Any Athlete not intending to swim an event is requested to scratch with the Clerk of Course (or via email to renoaquaticsevents@gmail.com) as soon as possible. Sessions will be pre-seeded each evening before the next day's races. **For Friday's events, the scratch deadline will be 5:00 p.m. on Thursday. For Saturday's events, the scratch deadline will be the end of the Friday afternoon session. For Sunday's events, the scratch deadline will be the end of the Saturday afternoon session.** Email scratches from athletes will be confirmed with their coach.
- **No Shows:** Any athletes not reporting for or competing in an individual timed final event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: Ribbons will be awarded to the top 8 places in the 8 & under, 9-10, and 11-12 age groups. No individual event ribbons will be awarded for the 13 & Over group. All awards must be picked up at the meet. No awards will be mailed. Each team is asked to designate a representative to collect awards.

ADMISSION: Free

SNACK BAR & HOSPITALITY: A snack bar will be available all three days. Coaches and working officials will be provided breakfast and lunch daily. Hospitality will be available throughout the day.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS RULE: All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, registered apprentice officials are also welcome to train with working officials. **Participating clubs shall, by the entry deadline, provide to the Meet Director or designee, a list of officials who have agreed to represent that club for each meet session, in accordance with the following table:**

Club Athletes entered in a Session	Fully certified officials required for that session
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

One half-hour before the scheduled start of each session, the Meet Referee or designee shall conduct an inventory of officials, and shall compare the number of athletes against the number of officials present representing each club. Those clubs who have not provided sufficient officials shall have all their Athletes treated as "time only" Athletes in all respects for that session. Neither the Athletes nor the club shall be eligible for awards from that session.

TIMERS: Clubs will be assigned lanes based on the number of athletes participating. All athletes in the 1500M Free and 800M Free must provide their own timers and lap counters.

Order of Events

Friday, June 20		
Girls	AM Session	Boys
EVENT #	EVENT	EVENT #
1	13 & Over 400 IM	2
3	13 & Over 100 Free	4
5	13 & Over 200 Back	6
7	13 & Over 1500 Free	8

Friday, June 20		
Girls	PM Session	Boys
EVENT #	EVENT	EVENT #
9	11-12 400 IM	10
11	12 & Under 100 Free	12
13	12 & Under 50 Back	14
15	12 & Under 100 Breast	16
17	11 & 12 800 Free	18

Saturday, June 21		
Girls	AM Session	Boys
EVENT #	EVENT	EVENT #
19	13 & Over 200 Free	20
21	13 & Over 100 Breast	22
23	13 & Over 200 Fly	24
25	13 & Over 100 Back	26
27	13 & Over 800 Free	28

Saturday, June 21		
Girls	PM Session	Boys
EVENT #	EVENT	EVENT #
29	12 & Under 100 Fly	30
31	12 & Under 200 Free	32
33	12 & Under 50 Breast	34
35	12 & Under 100 Back	36

Sunday, June 22		
Girls	AM Session	Boys
EVENT #	EVENT	EVENT #
37	13 & Over 50 Free	38
39	13 & Over 200 IM	40
41	13 & Over 100 Fly	42
43	13 & Over 200 Breast	44
45	13 & Over 400 Free	46

Sunday, June 22		
Girls	PM Session	Boys
EVENT #	EVENT	EVENT #
47	12 & Under 50 Free	48
49	12 & Under 200 IM	50
51	12 & Under 50 Fly	52
53	11 & 12 400 Free	54

RENO GAMBLE

Reno Aquatic Club

June 20 - 22, 2025

Consolidated Entry Card

NAME: LAST				FIRST		INTL	
CLUB ABBR		IF UNATT (CLUB ABBR)		CLUB NAME		LSC	
AGE		DATE OF BIRTH			AMT. PAID \$		
USA-S REG #							
GENDER: M F				AGE GROUP			
EVENT #	DISTANCE / STROKE			ENTRY TIME (LCM)			
				: .			
				: .			
				: .			
				: .			
				: .			
				: .			
				: .			
				: .			
				: .			
				: .			
				: .			
				: .			
				: .			
# of entries _____ x \$4.50 = \$ _____ <div style="display: flex; justify-content: space-between; margin-top: 5px;"><div>Participation Fee</div><div>\$ 15.00</div></div> <div style="display: flex; justify-content: space-between; margin-top: 5px;"><div>Facility Fee</div><div>\$ 10.00</div></div> <div style="text-align: right; margin-top: 10px;">Total \$ _____</div>							
COACH:							
ATHLETE'S ADDRESS:							
EMAIL:							
PHONE #: () - Home Cell Other							

PLEASE FILL IN YOUR ENTRY CARD COMPLETELY, INCLUDING YOUR BEST **LONG COURSE METER TIMES**