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SANCTION: Held under USA/Pacific Swimming Sanction No. **26-031**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the [Meet Mobile app](#).**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:	<i>Meet Referee:</i> Kit Yan	<i>Head Starter:</i> Kimber Guzik
	<i>Meet Marshal:</i> Julie Eisenhauer	<i>Admin Official:</i> Carol Waln
	<i>Meet Director:</i> Bob Hill (meet.director@sunn.org)	

LOCATION: Fremont High School Pool @ Fremont High School, 575 W Fremont Ave, Sunnyvale, CA 94087

DIRECTIONS: From Interstate 280, exit N. De Anza Blvd (Sunnyvale-Saratoga Ave), travel north on Sunnyvale-Saratoga Ave until it reaches Fremont Ave. The pool is between the school's main entrance and the football field. There are two parking lots. Parking lot off of Sunnyvale-Saratoga in front of the high school will be held for meet officials and swim coaches. Participants should park in the student lot (with solar panels) on the west side of the school campus off Fremont Ave.

COURSE: OUTDOOR 25 YARD pool with up to 10 lanes available for competition. Additional lanes will be available for warm-up/cool down throughout the competition. The water depth for the starting blocks ranges from 13'0" to 7'0", measured in accordance with Article 103.2.3. The Meet Host shall ensure the required course dimensions.

TIME: Warm-ups 8:00 AM - 9:15 AM. Meet begins at 9:30 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a maximum of **FOUR (4)** individual events, plus up to **TWO (2)** relays. Athletes may ONLY compete in **one (1)** Free and **one (1)** Medley relay.
- All Athletes entered in the 500 Free shall provide their own lap counters.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All Coaches and Officials on deck shall be certified and in good standing.**
- A First Aid Kit and an AED will be available for medical needs.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility

of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited. Changing into or out of swimsuits must be done in locker rooms or other designated areas.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- **Coach tents ONLY on the pool deck, no personal tents allowed. Space outside of the pool is for personal tents.**

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.

- Athletes shall meet the **minimum time standard** for each entered event as indicated herein:
 - 6&Unders must have achieved a Pacific Swimming 8-UN "B" Time
<http://www.pacswim.org/userfiles/cms/documents/823/8under-time-standards.pdf>
 - 7-8 must have achieved a Pacific Swimming 8-UN "A" Time
<http://www.pacswim.org/userfiles/cms/documents/823/8under-time-standards.pdf>
 - 9-10 must have achieved the "BB" time in the event per the 2024-2028 USA Swimming Motivational Time Standards
<https://www.pacswim.org/userfiles/cms/documents/801/2024-2028-motivational-standards-age-group.pdf>
- **Entries with "NO TIME" will NOT be accepted.**
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The Athlete's age will be the age of the Athlete on the first day of the meet.
- This meet is open ONLY to current qualified Pacific Swimming registered athletes that are age 10 and under the day of the meet.

ENTRY FEES: ENTRY FEES:

- Individual: \$4.50 per event plus a \$10.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.
- Relays: \$9.00 per relay team.
- Facility Fee: \$10.00 Facility fee will be charged to each athlete to help cover increasing costs of pool rental.

MEFAP ENTRY FEES: \$10.00 participation fee. Registered Pacific Swimming Outreach Athletes are eligible for the Meet Entry Fee Assistance Program (MEFAP). For more information on Outreach Qualification:

<https://www.pacswim.org/userfiles/kcfinder/files/Outreach%20Qualifications%202025%20rev%2011.13.25.pdf>

ONLINE ENTRIES: To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method

requires payment by credit card. FastSwims charges a service fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the service fee is a separate fee from the Entry Fees. If you do not wish to pay the service fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. **Online entries will be accepted through Wednesday, February 11, 2026 at 11:59 PM. LATE ENTRIES WILL NOT BE ACCEPTED. NO REFUNDS.**

RELAY ENTRIES: Coaches may enter relays online through [FastSwims](#) or via the RELAY-ONLY Athlete's Pre-Entry Form (at the end of this document). **Entry deadline for all relays and RELAY-ONLY Athletes is Wednesday, February 11, 2026 at 11:59 PM. No late or deck-entry RELAY-ONLY Athletes will be accepted.** Each Club may enter as many relays as desired but only the two fastest relays in each age/gender group swum from each club will be scored/awarded.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked by midnight, **Monday February 09, 2026 or hand delivered by 6:30 p.m. Wednesday, February 11, 2026.** No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Sunnyvale Swim Club

Mail entries to:

SUNN 10 & Under Champs
% Bob Hill
3140 Mosshall Way
San Jose, CA 95135

Hand deliver entries to:

SUNN 10 & Under Champs
% Bob Hill
3140 Mosshall Way
San Jose, CA 95135

CHECK-IN: The meet shall be pre-seeded and athletes will not need to check in for the meet. Athletes shall report to the bull-pen area at their scheduled time for each event.

SCRATCHES: We will take scratches via email up to **6:00 PM on Friday, February 20th.** Please email Meet Director, Bob Hill with any scratches you might have.

AWARDS:

- **INDIVIDUAL** – awards will be given by age separately to 6 & under, 7, 8, 9, and 10-year-old. Athletes earning 1st, 2nd and 3rd place will receive a medal. Distinctive ribbons will be awarded for 4th through 8th places. High-point and High-point Runner-up awards will be awarded to the girls and boys with the most points scored in each age (6 & under, 7, 8, 9, 10-year-old). Individual event scoring for high-point awards will be as follows: 9, 7, 6, 5, 4, 3, 2, and 1 point(s) for 1st through 8th place, respectively by age. Events are designated as 8-UN and 9-10, except relays, but will be scored separately by age (8-UN events will be scored separately for 6 & under, 7, and 8-year-olds; 9-10 events will be scored separately for 9 and 10 year-olds).
- **RELAYS** – awards will be given to the top 3 teams per event.

****IMPORTANT**** Awards **MUST** be picked up on the day of the meet by the Athlete or Club representative. Awards will **NOT** be mailed unless a pre-paid envelope is provided.

ADMISSION: Free.

PSYCHE SHEET: PDF of the meet program will be made available on the 10 & Under Championships web page on www.SUNN.org and on [FastSwims](#).

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working Officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS:

- No overnight parking is allowed. Facilities will not be provided after meet hours.
- Disobeying parking signs may result in a citation and a fine.
- All participating clubs are expected to provide lane timers based on the number of athletes registered to swim each day and session.

MINIMUM OFFICIALS:

Club Athletes entered in session	Trained and carded Officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5 and up (1 for every 25 Athletes)

Pacific Swimming
10 & Under Short Course Championships
Saturday, February 21, 2026

EVENT SUMMARY**INDIVIDUAL**

6 & Un	7	8	9	10
25 FR	25 FR	25 FR	200 FR	200 FR
25 BR	25 BR	25 BR	100 BR	100 BR
25 FL	25 FL	25 FL	100 IM	100 IM
25 BA	25 BA	25 BA	100 FL	100 FL
100 FR	100 FR	100 FR	100 BA	100 BA
50 BR	50 BR	50 BR	500 FR	500 FR
100 IM	100 IM	100 IM	50 FR	50 FR
50 FL	50 FL	50 FL	50 BR	50 BR
50 BA	50 BA	50 BA	200 IM	200 IM
50 FR	50 FR	50 FR	50 FL	50 FL
			50 BA	50 BA
			100 FR	100 FR

RELAYS

8 & Un	10 & Un
100 Free Relay	200 Free Relay
100 Medley Relay	200 Medley Relay

Pacific Swimming
10 & Under Short Course Championships
Saturday, February 21, 2026

SCHEDULE OF EVENTS

Girls EVENT #	AGE GROUP	EVENT	Boys EVENT #
1	9-10	200 Free	2
3	9-10	100 Breast	4
5	8-UN	25 Free	6
7	9-10	100 IM	8
9	8-UN	25 Breast	10
11	9-10	100 Fly	12
13	8-UN	25 Fly	14
15	9-10	100 Back	16
17	8-UN	25 Back	18
19	10-UN	200 Free Relay*	20
21	8-UN	100 Free Relay	22
23	9-10	500 Free**	24
25	8-UN	100 Free	26
27	9-10	50 Free	28
29	8-UN	50 Breast	30
31	9-10	50 Breast	32
33	8-UN	100 IM	34
35	9-10	200 IM	36
37	8-UN	50 Fly	38
39	9-10	50 Fly	40
41	8-UN	50 Back	42
43	9-10	50 Back	44
45	8-UN	50 Free	46
47	9-10	100 Free	48
49	8-UN	100 Medley Relay	50
51	10-UN	200 Medley Relay*	52

Ages groups 6&UN and 7-8 will both swim under the 8-UN events.

Qualifying Time Standards:

6-UN must have achieved a Pacific Swimming 8-UN "B" Time

7-8 must have achieved a Pacific Swimming 8-UN "A" Time

<http://www.pacswim.org/userfiles/cms/documents/823/8under-time-standards.pdf>

9-10 must have achieved the "BB" time in the event per the
 2024-2028 USA Swimming National Age Group Motivational Time Standards

<https://www.pacswim.org/userfiles/cms/documents/801/2024-2028-motivational-standards-age-group.pdf>

* 10-UN Relays may have 8-UN Athletes, but these 8-UN Athletes may only compete in one free and one medley relay.

** 500 Free Athletes need to provide their own lap counters

Pacific Swimming – Hosted by SUNN
 10 & Under Short Course Championships
 Saturday, February 21, 2026
 Consolidated Entry Form

Name: Last, First Middle							
Club Abbr. UNATT TEAM ABBR Club Name							
Age		Date of Birth		Sex M F		LSC – (PC)	
USA-#							
Event #	Distance / Stroke			Entry Time		Circle one	
				: .		SCY / LCM	
				: .		SCY / LCM	
				: .		SCY / LCM	
				: .		SCY / LCM	
				: .		SCY / LCM	
				: .		SCY / LCM	
				: .		SCY / LCM	
				: .		SCY / LCM	
				: .		SCY / LCM	
				: .		SCY / LCM	
# of entries _____ x \$4.50 = \$ _____							
Participation Fee \$ 10.00							
Facility Surcharge \$ 10.00							
Total \$ _____							
Coach's Name:							
Coach's Email/Phone:							
Athlete's Address:							
Home Phone				Cell Phone			
Email							

RELAY ENTRY FORM

RELAY ONLY ATHLETES