

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Event 1 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Maria Carrillo	A	1:57.41	1:55.90
1) Morelle, Chloe 16	2) Morelle, Lutece	3) Benefield, Chloe 16	4) Romatier, Clea 16
29.25	1:01.33 (32.08)	1:29.92 (28.59)	1:55.90 (25.98)
2 Cardinal Newman	A	2:03.06	2:00.00
1) Menconi, Sienna	2) Puckett, Morgan	3) Menconi, Jordyn	4) Dunlop, Kailyn 16
27.52	1:00.20 (32.68)	1:28.26 (28.06)	2:00.00 (31.74)
3 Ukiah	A	2:06.99	2:05.14
1) Kraemer, Jessica	2) Danner, Ella	3) Nguyen, Thao Anh	4) Pintane, Eva
31.83	1:06.18 (34.35)	1:35.54 (29.36)	2:05.14 (29.60)
4 Healdsburg High School	A	2:15.93	2:12.35
1) Hagerman, Chloe	2) Boardman, Ela	3) Greaves, Layla	4) Gordon, Charley
30.71	1:15.95 (45.24)	1:42.01 (26.06)	2:12.35 (30.34)
5 Santa Rosa	A	2:27.95	2:23.96
1) Sullivan, Jace	2) Morgan, Sloane	3) Beck, Olivia 17	4) Buss Capps, Zinaya
37.46	1:17.14 (39.68)	1:50.89 (33.75)	2:23.96 (33.07)
6 Rancho Cotate	A	2:26.90	2:26.27
1) Morgan, Brynn	2) Beck, Chloe	3) Connelly, Audrey	4) Barcelo, Faith
38.90	1:23.36 (44.46)	1:55.32 (31.96)	2:26.27 (30.95)
7 Windsor High School	A	2:25.36	2:27.26
1) Reineck, Emmie	2) Robertson, Jojo 17	3) Boardman, Bella 18	4) Mezzanatto, Payton 17
38.47	1:21.27 (42.80)	1:55.29 (34.02)	2:27.26 (31.97)
8 Montgomery High School	A	2:26.43	2:28.19
1) Wiley, Cylan	2) Derr, Samantha	3) Mathis, Emily	4) Blain, Olive
42.68	1:23.17 (40.49)	1:57.25 (34.08)	2:28.19 (30.94)
--- Anly	A	2:12.46	DQ
31.61	1:11.05 (39.44)	1:42.19 (31.14)	DQ (27.13)

Event 2 Boys 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time
1 Maria Carrillo	A	1:41.97	1:42.23
1) Wang, Lucas 16	2) Brophy, Fisher 16	3) Kiehl, Samuel 16	4) Scheller, Magnus 15
25.99	53.35 (27.36)	1:19.46 (26.11)	1:42.23 (22.77)
2 Anly	A	1:48.98	1:45.28
1) Black, Travis	2) Ambrose, Alexander	3) Kimbro, Ty	4) Hamann, Vincent
24.96	55.69 (30.73)	1:20.35 (24.66)	1:45.28 (24.93)
3 Cardinal Newman	A	1:56.70	1:46.65
1) Trebe, Josh	2) Gannon, James	3) Becerra, Jose	4) Sullivan, Jacob
30.55	57.47 (26.92)	1:23.00 (25.53)	1:46.65 (23.65)
4 Ukiah	A	1:49.39	1:50.02
1) Lefebvre, Griffin	2) Gradus, Joshua	3) Ireland, Tristan	4) Spencer, Bennett
28.11	59.06 (30.95)	1:24.62 (25.56)	1:50.02 (25.40)
5 Windsor High School	A	1:55.70	1:52.22
1) Pheffer, Avi 17	2) Boyce, Gavin	3) Donoho, Cooper 17	4) West, Liam
26.79	58.41 (31.62)	1:26.82 (28.41)	1:52.22 (25.40)
6 Healdsburg High School	A	1:54.50	1:58.57
1) Greaves, Lucas	2) Johannsen, Julian	3) Kluse, Leo	4) Johannsen, Sebastian
29.52	1:05.02 (35.50)	1:31.81 (26.79)	1:58.57 (26.76)
7 Santa Rosa	A	2:06.00	2:05.04
1) Hostutler, Ezra 16	2) Hawks, Isaac	3) Swallow, Ian 18	4) Petersen, Andreas 17
33.64	1:07.03 (33.39)	1:38.64 (31.61)	2:05.04 (26.40)
8 Montgomery High School	A	2:15.35	2:41.25
1) Martin, Erik	2) Gabbert, Hayden	3) Peterson, Grady	4) Garcia, Joselito
32.70	1:22.87 (50.17)	1:57.20 (34.33)	2:41.25 (44.05)

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Event 3 Girls 200 Yard Freestyle

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Menconi, Sienna		Cardinal Newman	1:55.78	1:56.17
26.94	56.45 (29.51)	1:26.83 (30.38)	1:56.17 (29.34)	
2 Struna-Meyer, Casey	16	Maria Carrillo	2:02.69	2:03.93
28.25	59.18 (30.93)	1:31.79 (32.61)	2:03.93 (32.14)	
3 Edwards, Abigail		Cardinal Newman	2:11.89	2:10.76
29.36	1:02.16 (32.80)	1:36.74 (34.58)	2:10.76 (34.02)	
4 England, Briana	16	Maria Carrillo	2:14.40	2:10.94
30.04	1:02.81 (32.77)	1:37.08 (34.27)	2:10.94 (33.86)	
5 Whetstone, Taylor		Rancho Cotate	2:14.06	2:14.49
31.07	1:06.03 (34.96)	1:41.69 (35.66)	2:14.49 (32.80)	
6 Cherney, Karter		Analy	2:14.72	2:16.99
29.88	1:04.11 (34.23)	1:40.32 (36.21)	2:16.99 (36.67)	
7 Kraemer, Jessica		Ukiah	2:19.09	2:17.49
30.95	1:05.92 (34.97)	1:42.68 (36.76)	2:17.49 (34.81)	
8 Jones-Landry, Farah		Maria Carrillo	2:21.01	2:19.36
31.69	1:07.16 (35.47)	1:43.56 (36.40)	2:19.36 (35.80)	
B - Final				
9 Thumhart, Grace		Cardinal Newman	2:24.28	2:17.70
31.41	1:06.24 (34.83)	1:42.64 (36.40)	2:17.70 (35.06)	
10 Dunlop, Kailyn	16	Cardinal Newman	2:29.92	2:31.45
35.35	1:13.65 (38.30)	1:52.80 (39.15)	2:31.45 (38.65)	
11 Prieto-Trujillo, Alissa		Windsor High School	2:32.68	2:34.88
		2:34.88 ()	2:34.88 ()	
12 Koehn, Lila		Ukiah	2:39.25	2:38.16
36.00	1:16.29 (40.29)	1:57.98 (41.69)	2:38.16 (40.18)	
13 Sullivan, Jace		Santa Rosa	2:40.50	2:40.75
36.05	1:17.75 (41.70)	2:00.93 (43.18)	2:40.75 (39.82)	
14 Richards, Star		Santa Rosa	2:38.62	2:41.60
36.96	1:17.40 (40.44)	1:59.91 (42.51)	2:41.60 (41.69)	
15 Morgan, Brynn		Rancho Cotate	2:40.51	2:46.55
37.43	1:20.21 (42.78)	2:03.58 (43.37)	2:46.55 (42.97)	
16 Reineck, Emmie		Windsor High School	2:41.06	2:52.25
36.92	1:20.63 (43.71)	2:07.24 (46.61)	2:52.25 (45.01)	
Preliminaries				
17 O Herlihy, Roisin		Healdsburg High School	2:41.28	
18 Gutierrez, Lluvitza		Ukiah	2:41.79	
19 Suarez Ramirez, Alexandra		Windsor High School	2:42.50	
20 Cotton, Kelsey	18	Maria Carrillo	2:45.40	
21 Healy, Macaela	16	Windsor High School	2:48.30	
22 Hewitt, Addy		Rancho Cotate	2:58.06	
23 Bustamante Rodriguez, Lillian		Piner	3:01.22	
24 McKnight, Keira		Analy	3:04.75	
25 Bradley, Leigha		Rancho Cotate	3:04.99	
26 Reeser, Kaylie		Ukiah	3:07.74	
27 McAllister, Grace		Healdsburg High School	3:07.95	
28 Murphy, Emma		Piner	3:15.52	
29 Heyfron, Ireland		Healdsburg High School	3:18.45	
30 Yeilding, Siena		Healdsburg High School	3:25.71	
31 Lester, Isabel		Santa Rosa	3:42.46	

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Event 3 Girls 200 Yard Freestyle

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Menconi, Sienna		Cardinal Newman	1:56.66	1:55.78	q
26.64	55.84 (29.20)	1:25.90 (30.06)	1:55.78 (29.88)		
2 Struna-Meyer, Casey	16	Maria Carrillo	2:06.57	2:02.69	q
27.86	58.62 (30.76)	1:30.62 (32.00)	2:02.69 (32.07)		
3 Edwards, Abigail		Cardinal Newman	2:23.70	2:11.89	q
28.90	1:01.46 (32.56)	1:36.18 (34.72)	2:11.89 (35.71)		
4 Whetstone, Taylor		Rancho Cotate	2:16.38	2:14.06	q
30.43	1:04.49 (34.06)	1:39.95 (35.46)	2:14.06 (34.11)		
5 England, Briana	16	Maria Carrillo	2:15.32	2:14.40	q
30.41	1:03.54 (33.13)	1:39.16 (35.62)	2:14.40 (35.24)		
6 Cherney, Karter		Analy	2:25.90	2:14.72	q
30.22	1:04.32 (34.10)	1:39.64 (35.32)	2:14.72 (35.08)		
7 Kraemer, Jessica		Ukiah	2:22.35	2:19.09	q
32.64	1:07.60 (34.96)	1:44.57 (36.97)	2:19.09 (34.52)		
8 Jones-Landry, Farah		Maria Carrillo	2:23.84	2:21.01	q
33.27	1:08.76 (35.49)	1:45.19 (36.43)	2:21.01 (35.82)		
9 Thumhart, Grace		Cardinal Newman	2:23.91	2:24.28	q
32.87	1:09.74 (36.87)	1:46.93 (37.19)	2:24.28 (37.35)		
10 Dunlop, Kailyn	16	Cardinal Newman	2:27.95	2:29.92	q
34.26	1:12.04 (37.78)	1:50.83 (38.79)	2:29.92 (39.09)		
11 Prieto-Trujillo, Alissa		Windsor High School	2:34.06	2:32.68	q
12 Richards, Star		Santa Rosa	2:46.58	2:38.62	q
36.99	1:16.83 (39.84)	1:58.50 (41.67)	2:38.62 (40.12)		
13 Koehn, Lila		Ukiah	2:47.63	2:39.25	q
	1:17.92 ()	1:59.13 (41.21)	2:39.25 (40.12)		
14 Sullivan, Jace		Santa Rosa	2:44.66	2:40.50	q
34.68	1:16.92 (42.24)	2:00.51 (43.59)	2:40.50 (39.99)		
15 Morgan, Brynn		Rancho Cotate	2:48.59	2:40.51	q
35.52	1:16.90 (41.38)	2:00.31 (43.41)	2:40.51 (40.20)		
16 Reineck, Emmie		Windsor High School	2:49.31	2:41.06	q
35.70	1:16.87 (41.17)	2:00.36 (43.49)	2:41.06 (40.70)		
17 O Herlihy, Roisin		Healdsburg High School	2:46.06	2:41.28	
35.20	1:15.95 (40.75)	1:58.87 (42.92)	2:41.28 (42.41)		
18 Gutierrez, Lluvitza		Ukiah	2:44.52	2:41.79	
37.62	1:18.11 (40.49)	1:59.35 (41.24)	2:41.79 (42.44)		
19 Suarez Ramirez, Alexandra		Windsor High School	2:46.54	2:42.50	
36.07	1:16.41 (40.34)	2:01.34 (44.93)	2:42.50 (41.16)		
20 Cotton, Kelsey	18	Maria Carrillo	2:43.80	2:45.40	
34.93	1:17.90 (42.97)	2:02.08 (44.18)	2:45.40 (43.32)		
21 Healy, Macaela	16	Windsor High School	3:00.87	2:48.30	
37.27	1:18.79 (41.52)	2:03.73 (44.94)	2:48.30 (44.57)		
22 Hewitt, Addy		Rancho Cotate	3:10.25	2:58.06	
39.97	1:26.02 (46.05)	2:12.95 (46.93)	2:58.06 (45.11)		
23 Bustamante Rodriguez, Lillian		Piner	3:08.65	3:01.22	
40.46	1:26.75 (46.29)	2:14.49 (47.74)	3:01.22 (46.73)		
24 McKnight, Keira		Analy	2:45.30	3:04.75	
41.08	1:28.09 (47.01)	2:15.63 (47.54)	3:04.75 (49.12)		
25 Bradley, Leigha		Rancho Cotate	3:02.51	3:04.99	
35.72	1:20.00 (44.28)	2:11.61 (51.61)	3:04.99 (53.38)		
26 Reeser, Kaylie		Ukiah	3:08.80	3:07.74	
43.69	1:29.38 (45.69)	2:18.59 (49.21)	3:07.74 (49.15)		

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 3 Girls 200 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
27 McAllister, Grace		Healdsburg High School	3:25.00	3:07.95
42.11	1:30.22 (48.11)	2:20.31 (50.09)	3:07.95 (47.64)	
28 Murphy, Emma		Piner	3:10.79	3:15.52
43.53	1:33.21 (49.68)	2:24.86 (51.65)	3:15.52 (50.66)	
29 Heyfron, Ireland		Healdsburg High School	3:18.50	3:18.45
41.39	1:33.06 (51.67)	2:25.51 (52.45)	3:18.45 (52.94)	
30 Yeilding, Siena		Healdsburg High School	3:07.72	3:25.71
44.37	1:40.65 (56.28)	2:35.44 (54.79)	3:25.71 (50.27)	
31 Lester, Isabel		Santa Rosa	3:47.98	3:42.46
46.94	1:44.69 (57.75)	2:42.96 (58.27)	3:42.46 (59.50)	

Event 4 Boys 200 Yard Freestyle

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Black, Travis		Analy	1:45.99	1:42.59
23.25	48.75 (25.50)	1:15.02 (26.27)	1:42.59 (27.57)	
2 Gannon, James		Cardinal Newman	1:47.56	1:43.62
23.90	49.28 (25.38)	1:16.19 (26.91)	1:43.62 (27.43)	
3 Wang, Lucas	16	Maria Carrillo	1:49.80	1:54.44
25.28	53.10 (27.82)	1:22.85 (29.75)	1:54.44 (31.59)	
4 Hamann, Vincent		Analy	1:56.84	1:58.78
26.44	56.05 (29.61)	1:27.33 (31.28)	1:58.78 (31.45)	
5 Lefebvre, Griffin		Ukiah	2:01.17	2:04.75
27.66	58.87 (31.21)	1:31.76 (32.89)	2:04.75 (32.99)	
6 West, Liam		Windsor High School	2:11.61	2:09.61
29.18	1:00.94 (31.76)	1:35.09 (34.15)	2:09.61 (34.52)	
7 Forsyth, Remy	16	Maria Carrillo	2:16.30	2:12.88
29.28	1:02.84 (33.56)	1:38.45 (35.61)	2:12.88 (34.43)	
8 Demushkin, Brayden		Cardinal Newman	2:17.77	2:17.95
30.48	1:05.08 (34.60)	2:17.95 (1:12.87)		
B - Final				
9 Traverso, Hugo		Cardinal Newman	2:20.56	2:17.42
31.95	1:07.04 (35.09)	1:44.37 (37.33)	2:17.42 (33.05)	
10 Wurtzel, Jonah	17	Santa Rosa	2:19.79	2:17.69
32.37	1:07.78 (35.41)	1:43.72 (35.94)	2:17.69 (33.97)	
11 Voyles, Trevor		Rancho Cotate	2:21.36	2:21.26
31.20	1:06.11 (34.91)	1:43.23 (37.12)	2:21.26 (38.03)	
12 Lemus, Yeshua		Healdsburg High School	2:25.14	2:24.32
33.49	1:10.09 (36.60)	2:24.32 (1:14.23)		
13 Maraviglia, Paolo		Cardinal Newman	2:25.04	2:25.50
31.97	1:08.35 (36.38)	1:46.98 (38.63)	2:25.50 (38.52)	
14 Johnson, Caleb		Santa Rosa	2:26.13	2:27.51
31.67	1:09.51 (37.84)	1:49.35 (39.84)	2:27.51 (38.16)	
15 Boyce, Gavin		Windsor High School	2:29.34	2:29.66
32.93		1:50.09 ()	2:29.66 (39.57)	
16 Flores, Steven		Rancho Cotate	2:31.93	2:34.44
31.92	1:08.95 (37.03)	1:49.65 (40.70)	2:34.44 (44.79)	
Preliminaries				
17 Setzer, Sam		Windsor High School	2:36.42	
18 Chase, Grayson		Santa Rosa	2:37.04	
19 Loughmiller, Wyatt		Windsor High School	2:44.50	
20 McKenzie, Cameron		Healdsburg High School	3:00.61	

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Event 4 Boys 200 Yard Freestyle

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Black, Travis		Analy	1:43.07	1:45.99	q
23.82	50.43 (26.61)	1:17.79 (27.36)	1:45.99 (28.20)		
2 Gannon, James		Cardinal Newman	1:45.43	1:47.56	q
24.57	51.15 (26.58)	1:19.28 (28.13)	1:47.56 (28.28)		
3 Wang, Lucas	16	Maria Carrillo	1:48.57	1:49.80	q
23.82	50.84 (27.02)	1:19.73 (28.89)	1:49.80 (30.07)		
4 Hamann, Vincent		Analy	2:04.62	1:56.84	q
26.87	56.44 (29.57)	1:26.95 (30.51)	1:56.84 (29.89)		
5 Lefebvre, Griffin		Ukiah	2:06.54	2:01.17	q
26.81	57.30 (30.49)	1:29.45 (32.15)	2:01.17 (31.72)		
6 West, Liam		Windsor High School	2:17.43	2:11.61	q
28.45	1:00.69 (32.24)	1:35.83 (35.14)	2:11.61 (35.78)		
7 Forsyth, Remy	16	Maria Carrillo	2:14.42	2:16.30	q
29.26	1:03.19 (33.93)	1:39.46 (36.27)	2:16.30 (36.84)		
8 Demushkin, Brayden		Cardinal Newman	2:22.94	2:17.77	q
30.18	1:04.62 (34.44)	1:41.62 (37.00)	2:17.77 (36.15)		
9 Wurtzel, Jonah	17	Santa Rosa	2:20.86	2:19.79	q
31.71	1:06.94 (35.23)	1:44.12 (37.18)	2:19.79 (35.67)		
10 Traverso, Hugo		Cardinal Newman	2:20.60	2:20.56	q
32.09	1:08.04 (35.95)	1:44.75 (36.71)	2:20.56 (35.81)		
11 Voyles, Trevor		Rancho Cotate	2:29.26	2:21.36	q
30.71	1:05.49 (34.78)	1:43.53 (38.04)	2:21.36 (37.83)		
12 Maraviglia, Paolo		Cardinal Newman	2:33.00	2:25.04	q
32.06	1:08.68 (36.62)	1:46.52 (37.84)	2:25.04 (38.52)		
13 Lemus, Yeshua		Healdsburg High School	2:25.30	2:25.14	q
32.87	1:09.09 (36.22)	1:46.95 (37.86)	2:25.14 (38.19)		
14 Johnson, Caleb		Santa Rosa	2:51.94	2:26.13	q
32.22	1:09.83 (37.61)	1:48.69 (38.86)	2:26.13 (37.44)		
15 Boyce, Gavin		Windsor High School	2:41.70	2:29.34	q
32.65	1:10.78 (38.13)	1:51.54 (40.76)	2:29.34 (37.80)		
16 Flores, Steven		Rancho Cotate	2:37.55	2:31.93	q
32.34	1:09.46 (37.12)	1:50.14 (40.68)	2:31.93 (41.79)		
17 Setzer, Sam		Windsor High School	2:40.22	2:36.42	
35.29	1:16.15 (40.86)	1:57.25 (41.10)	2:36.42 (39.17)		
18 Chase, Grayson		Santa Rosa	2:31.50	2:37.04	
34.68	1:14.31 (39.63)	1:57.83 (43.52)	2:37.04 (39.21)		
19 Loughmiller, Wyatt		Windsor High School	2:49.23	2:44.50	
34.07	1:15.66 (41.59)	2:01.39 (45.73)	2:44.50 (43.11)		
20 McKenzie, Cameron		Healdsburg High School	3:03.20	3:00.61	
36.02	1:17.14 (41.12)	2:01.15 (44.01)	3:00.61 (59.46)		

Event 5 Girls 200 Yard IM

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Greaves, Layla		Healdsburg High School	2:13.21	2:09.58
26.97	58.82 (31.85)	1:37.55 (38.73)	2:09.58 (32.03)	
2 Morelle, Chloe	16	Maria Carrillo	2:17.39	2:19.41
30.77	1:04.33 (33.56)	1:46.42 (42.09)	2:19.41 (32.99)	
3 Benefield, Chloe	16	Maria Carrillo	2:17.67	2:22.02
29.57	1:05.67 (36.10)	1:49.02 (43.35)	2:22.02 (33.00)	

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

A - Final ... (Event 5 Girls 200 Yard IM)

Name	Age	School	Prelim Time	Finals Time
4 Nguyen, Thao Anh		Ukiah	2:29.02	2:29.63
30.78	1:09.58 (38.80)	1:54.73 (45.15)	2:29.63 (34.90)	
5 Romatier, Clea	16	Maria Carrillo	2:28.05	2:30.38
31.23	1:08.94 (37.71)	1:56.03 (47.09)	2:30.38 (34.35)	
6 Connelly, Audrey		Rancho Cotate	2:52.12	2:50.73
35.21	1:20.19 (44.98)	2:11.73 (51.54)	2:50.73 (39.00)	
7 Zhou, Tanya		Ukiah	2:55.48	2:50.89
38.93	1:24.36 (45.43)	2:10.23 (45.87)	2:50.89 (40.66)	
8 Morgan, Sloane		Santa Rosa	2:55.11	2:55.04
37.11	1:19.50 (42.39)	2:14.03 (54.53)	2:55.04 (41.01)	

B - Final

9 Robertson, Jojo	17	Windsor High School	3:01.62	3:03.77
38.32	1:26.12 (47.80)	2:20.53 (54.41)	3:03.77 (43.24)	
10 Beck, Chloe		Rancho Cotate	3:16.67	3:11.70
39.84	1:27.84 (48.00)	2:27.70 (59.86)	3:11.70 (44.00)	
11 Trull, Madelyn		Windsor High School	3:15.34	3:13.14
40.43	1:31.82 (51.39)	2:29.00 (57.18)	3:13.14 (44.14)	
12 Gardner, Kamala		Ukiah	3:23.01	3:23.60
46.50	1:38.91 (52.41)	2:40.32 (1:01.41)	3:23.60 (43.28)	
13 Rico Tapia, Sophia		Santa Rosa	3:53.23	3:50.39
48.59	1:52.22 (1:03.63)	3:00.55 (1:08.33)	3:50.39 (49.84)	

Preliminaries

---	Wiley, Cylan	Montgomery High School	DQ
---	Cruz, Isabel	Ukiah	DQ

Event 5 Girls 200 Yard IM

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Greaves, Layla		Healdsburg High School	2:08.00	2:13.21 q
27.79	59.66 (31.87)	1:40.08 (40.42)	2:13.21 (33.13)	
2 Morelle, Chloe	16	Maria Carrillo	2:23.56	2:17.39 q
30.20	1:03.61 (33.41)	1:45.03 (41.42)	2:17.39 (32.36)	
3 Benefield, Chloe	16	Maria Carrillo	2:26.04	2:17.67 q
28.39	1:03.98 (35.59)	1:44.86 (40.88)	2:17.67 (32.81)	
4 Romatier, Clea	16	Maria Carrillo	2:31.00	2:28.05 q
31.98	1:08.80 (36.82)	1:54.66 (45.86)	2:28.05 (33.39)	
5 Nguyen, Thao Anh		Ukiah	2:34.08	2:29.02 q
30.41	1:10.14 (39.73)	1:53.76 (43.62)	2:29.02 (35.26)	
6 Connelly, Audrey		Rancho Cotate	2:53.50	2:52.12 q
35.56	1:19.55 (43.99)	2:11.10 (51.55)	2:52.12 (41.02)	
7 Morgan, Sloane		Santa Rosa	2:50.97	2:55.11 q
37.15	1:19.99 (42.84)	2:14.05 (54.06)	2:55.11 (41.06)	
8 Zhou, Tanya		Ukiah	2:53.53	2:55.48 q
38.83	1:25.49 (46.66)	2:12.78 (47.29)	2:55.48 (42.70)	
9 Robertson, Jojo	17	Windsor High School	2:52.66	3:01.62 q
37.73	1:24.53 (46.80)	2:18.92 (54.39)	3:01.62 (42.70)	
10 Trull, Madelyn		Windsor High School	3:19.77	3:15.34 q
41.79	1:32.36 (50.57)	2:32.09 (59.73)	3:15.34 (43.25)	
11 Beck, Chloe		Rancho Cotate	3:13.90	3:16.67 q
39.84	1:27.75 (47.91)	2:28.77 (1:01.02)	3:16.67 (47.90)	
12 Gardner, Kamala		Ukiah	3:26.86	3:23.01 q
46.29	2:37.92 (1:51.63)	3:23.01 (45.09)		

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 5 Girls 200 Yard IM)

Name	Age	School	Seed Time	Prelim Time	
13 Rico Tapia, Sophia		Santa Rosa	3:56.50	3:53.23	q
47.38	1:48.81 (1:01.43)	3:02.78 (1:13.97)	3:53.23 (50.45)		
--- Wiley, Cylan		Montgomery High School	2:57.70	DQ	
38.97	1:25.04 (46.07)	2:20.11 (55.07)	DQ (41.75)		
--- Cruz, Isabel		Ukiah	3:28.06	DQ	
45.88	1:41.51 (55.63)	2:44.34 (1:02.83)	DQ (45.44)		

Event 6 Boys 200 Yard IM

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Brophy, Fisher	16	Maria Carrillo	2:02.27	2:00.14
26.05	56.68 (30.63)	1:30.71 (34.03)	2:00.14 (29.43)	
2 Kiehl, Samuel	16	Maria Carrillo	2:04.02	2:05.86
26.94	1:00.20 (33.26)	1:37.33 (37.13)	2:05.86 (28.53)	
3 Ambrose, Alexander		Analy	2:07.22	2:07.58
28.21	1:00.28 (32.07)	1:37.04 (36.76)	2:07.58 (30.54)	
4 Becerra, Jose		Cardinal Newman	2:15.48	2:16.31
28.50	1:04.10 (35.60)	1:45.05 (40.95)	2:16.31 (31.26)	
5 Savko, Michael	15	Maria Carrillo	2:21.15	2:20.68
29.36	1:05.99 (36.63)	1:48.66 (42.67)	2:20.68 (32.02)	
6 Gardner, Patrick		Cardinal Newman	2:27.39	2:22.52
29.88	1:06.08 (36.20)	1:48.29 (42.21)	2:22.52 (34.23)	
7 Collins, Joseph		Ukiah	2:30.30	2:30.02
31.28	1:11.94 (40.66)	1:55.92 (43.98)	2:30.02 (34.10)	
8 Johannsen, Julian		Healdsburg High School	2:28.10	2:30.29
30.55	1:07.34 (36.79)	1:53.60 (46.26)	2:30.29 (36.69)	
B - Final				
9 Hostutler, Ezra	16	Santa Rosa	2:36.28	2:37.04
35.60	1:13.48 (37.88)	2:00.22 (46.74)	2:37.04 (36.82)	
10 Addiego, Gavin		Windsor High School	2:41.52	2:38.94
30.86		2:04.83 ()	2:38.94 (34.11)	
11 Mahe, Gaspar		Santa Rosa	2:37.40	2:39.17
33.25	1:16.02 (42.77)	2:00.01 (43.99)	2:39.17 (39.16)	
12 Hawks, Isaac		Santa Rosa	2:45.54	2:44.78
33.83	1:22.30 (48.47)	2:06.66 (44.36)	2:44.78 (38.12)	
13 Riley-Turner, Nico		Windsor High School	2:47.56	2:50.47
33.90	1:14.08 (40.18)	2:08.79 (54.71)	2:50.47 (41.68)	
14 Medrano, Damian		Healdsburg High School	3:09.34	3:13.52
35.60	1:26.48 (50.88)	2:27.84 (1:01.36)	3:13.52 (45.68)	
--- Kluse, Milo		Healdsburg High School	2:47.26	DQ
31.20		2:06.59 ()	DQ (37.92)	
--- Spurdle, Mason		Windsor High School	2:59.14	DQ
	1:18.78 ()	2:13.43 (54.65)	DQ (43.62)	

Event 6 Boys 200 Yard IM

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Brophy, Fisher	16	Maria Carrillo	2:10.37	2:02.27 q
25.95	57.13 (31.18)	1:32.10 (34.97)	2:02.27 (30.17)	
2 Kiehl, Samuel	16	Maria Carrillo	2:10.25	2:04.02 q
26.73	59.17 (32.44)	1:35.43 (36.26)	2:04.02 (28.59)	
3 Ambrose, Alexander		Analy	2:12.97	2:07.22 q
28.34	1:00.99 (32.65)	1:36.74 (35.75)	2:07.22 (30.48)	

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 6 Boys 200 Yard IM)

Name	Age	School	Seed Time	Prelim Time	
4 Becerra, Jose		Cardinal Newman	2:20.23	2:15.48	q
27.20	1:03.54 (36.34)	1:44.45 (40.91)	2:15.48 (31.03)		
5 Savko, Michael	15	Maria Carrillo	2:21.04	2:21.15	q
28.82	1:05.78 (36.96)	1:48.93 (43.15)	2:21.15 (32.22)		
6 Gardner, Patrick		Cardinal Newman	2:30.00	2:27.39	q
28.16	1:04.26 (36.10)	1:48.42 (44.16)	2:27.39 (38.97)		
7 Johannsen, Julian		Healdsburg High School	2:28.42	2:28.10	q
29.55	1:07.12 (37.57)	1:51.16 (44.04)	2:28.10 (36.94)		
8 Collins, Joseph		Ukiah	2:34.63	2:30.30	q
30.92	1:11.73 (40.81)	1:56.31 (44.58)	2:30.30 (33.99)		
9 Hostutler, Ezra	16	Santa Rosa	2:41.18	2:36.28	q
34.03	1:13.44 (39.41)	1:59.13 (45.69)	2:36.28 (37.15)		
10 Mahe, Gaspar		Santa Rosa	2:42.00	2:37.40	q
33.44	1:13.40 (39.96)	1:58.31 (44.91)	2:37.40 (39.09)		
11 Addiego, Gavin		Windsor High School	2:38.62	2:41.52	q
31.11	1:15.45 (44.34)	2:05.14 (49.69)	2:41.52 (36.38)		
12 Hawks, Isaac		Santa Rosa	2:52.60	2:45.54	q
33.33	1:20.51 (47.18)	2:06.16 (45.65)	2:45.54 (39.38)		
13 Kluse, Milo		Healdsburg High School	2:49.22	2:47.26	q
32.26	1:19.36 (47.10)	2:09.53 (50.17)	2:47.26 (37.73)		
14 Riley-Turner, Nico		Windsor High School	2:44.12	2:47.56	q
33.63	1:14.85 (41.22)	2:07.74 (52.89)	2:47.56 (39.82)		
15 Spurdle, Mason		Windsor High School	3:01.84	2:59.14	q
33.52	1:19.33 (45.81)	2:16.61 (57.28)	2:59.14 (42.53)		
16 Medrano, Damian		Healdsburg High School	2:59.92	3:09.34	q
36.30	1:27.61 (51.31)	2:25.57 (57.96)	3:09.34 (43.77)		

Event 7 Girls 50 Yard Freestyle

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Menconi, Sienna		Cardinal Newman	24.70	24.27
2 Ross, Sidney		Piner	26.80	26.76
3 Johnson, Maddy		Analy	28.34	27.41
4 Worthington, Ella		Analy	28.17	27.44
5 Danner, Ella		Ukiah	27.46	27.49
6 Mistretta, Isabella		Cardinal Newman	28.72	28.25
7 Pintane, Eva		Ukiah	28.86	29.16
8 Boardman, Bella	18	Windsor High School	29.33	29.79
B - Final				
9 Goulart, Juliana	18	Maria Carrillo	30.46	30.25
10 Paschall, Jillian		Montgomery High School	31.03	30.91
11 Jones-Landry, Farah		Maria Carrillo	30.99	30.95
12 Krebbs, Julia	16	Maria Carrillo	31.71	31.15
13 O Herlihy, Roisin		Healdsburg High School	31.45	31.23
14 Gordon, Charley		Healdsburg High School	31.04	31.39
15 Blain, Olive		Montgomery High School	31.24	31.61
16 Barcelo, Faith		Rancho Cotate	31.64	31.97
Preliminaries				
17 Derr, Samantha		Montgomery High School	31.75	
18 Mezzanatto, Payton	17	Windsor High School	31.99	
19 Cebulski, Harper		Cardinal Newman	32.13	
20 McKeon Postel, Alyson		Analy	32.78	

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 7 Girls 50 Yard Freestyle)

	Name	Age	School	Prelim Time	Finals Time
21	Diaz, Evelyn		Rancho Cotate	32.94	
22	Koehn, Lila		Ukiah	32.96	
23	Jones, Molly		Ukiah	32.99	
24	Goodwin, Emma	16	Windsor High School	34.31	
25	Solorio Tapia, Iris		Piner	35.61	
26	Estep, Kendra		Windsor High School	35.78	
27	McAllister, Grace		Healdsburg High School	36.31	
28	Cornwall, Ruby		Analy	38.84	
29	Wetzel, Abby		Healdsburg High School	41.91	
30	Herron, Kali		Rancho Cotate	44.39	
31	Lester, Isabel		Santa Rosa	46.95	
32	Carter, Kathryn		Rancho Cotate	48.34	

Event 7 Girls 50 Yard Freestyle

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Menconi, Sienna		Cardinal Newman	24.45	24.70 q
2	Ross, Sidney		Piner	28.42	26.80 q
3	Danner, Ella		Ukiah	27.34	27.46 q
4	Worthington, Ella		Analy	27.34	28.17 q
5	Johnson, Maddy		Analy	27.98	28.34 q
6	Mistretta, Isabella		Cardinal Newman	29.59	28.72 q
7	Pintane, Eva		Ukiah	29.31	28.86 q
8	Boardman, Bella	18	Windsor High School	29.42	29.33 q
9	Goulart, Juliana	18	Maria Carrillo	30.55	30.46 q
10	Jones-Landry, Farah		Maria Carrillo	32.04	30.99 q
11	Paschall, Jillian		Montgomery High School	31.38	31.03 q
12	Gordon, Charley		Healdsburg High School	30.49	31.04 q
13	Blain, Olive		Montgomery High School	31.52	31.24 q
14	O Herlihy, Roisin		Healdsburg High School	31.69	31.45 q
15	Barcelo, Faith		Rancho Cotate	32.20	31.64 q
16	Krebbs, Julia	16	Maria Carrillo	32.59	31.71 q
17	Derr, Samantha		Montgomery High School	32.45	31.75
18	Mezzanatto, Payton	17	Windsor High School	31.26	31.99
19	Cebulski, Harper		Cardinal Newman	32.48	32.13
20	McKeon Postel, Alyson		Analy	33.98	32.78
21	Diaz, Evelyn		Rancho Cotate	33.70	32.94
22	Koehn, Lila		Ukiah	33.74	32.96
23	Jones, Molly		Ukiah	35.06	32.99
24	Goodwin, Emma	16	Windsor High School	34.79	34.31
25	Solorio Tapia, Iris		Piner	34.46	35.61
26	Estep, Kendra		Windsor High School	35.72	35.78
27	McAllister, Grace		Healdsburg High School	38.30	36.31
28	Cornwall, Ruby		Analy	37.62	38.84
29	Wetzel, Abby		Healdsburg High School	40.12	41.91
30	Herron, Kali		Rancho Cotate	43.05	44.39
31	Lester, Isabel		Santa Rosa	50.30	46.95
32	Carter, Kathryn		Rancho Cotate	47.52	48.34

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Event 8 Boys 50 Yard Freestyle

	Name	Age	School	Prelim Time	Finals Time
A - Final					
1	Lee, Emmerson	15	Maria Carrillo	22.74	22.84
2	Kiehl, Nathan		Maria Carrillo	23.64	23.32
3	Pheffer, Avi	17	Windsor High School	23.91	23.50
4	Sullivan, Jacob		Cardinal Newman	23.69	23.53
5	Ireland, Tristan		Ukiah	23.87	23.90
6	Kimbro, Ty		Analy	23.97	24.22
7	Peterson, Grady		Montgomery High School	24.34	24.45
8	Spencer, Bennett		Ukiah	24.80	24.81
B - Final					
9	Kluse, Leo		Healdsburg High School	24.84	24.49
10	Martin, Erik		Montgomery High School	25.25	25.41
11	Holmes, Adam		Cardinal Newman	25.88	25.58
12	Trebe, Josh		Cardinal Newman	25.22	25.74
13	Salcido, Alessandro		Analy	26.10	26.39
14	Forsyth, Remy	16	Maria Carrillo	26.74	26.56
15	Ouchinda-Pratt, Tas		Healdsburg High School	26.35	26.66
---	Estep, Titan		Windsor High School	25.30	DQ
Preliminaries					
17	Johannsen, Sebastian		Healdsburg High School	26.97	
18	Petersen, Andreas	17	Santa Rosa	27.16	
19	Poole, Jason	17	Maria Carrillo	27.41	
20	McDonell, Eric		Cardinal Newman	28.27	
21	Johnson, Caleb		Santa Rosa	28.57	
22	Wilson, Anthony		Piner	28.88	
23	Medrano, Damian		Healdsburg High School	29.66	
24	Hernandez, Nery		Ukiah	30.26	
25	Rakoski, David	18	Windsor High School	32.65	
26	Gabbert, Hayden		Montgomery High School	32.92	
27	Rodriguez, Felix		Rancho Cotate	34.38	
28	Garcia, Joselito		Montgomery High School	43.16	
---	Roman, Vincent		Piner	NS	

Event 8 Boys 50 Yard Freestyle

	Name	Age	School	Seed Time	Prelim Time
Preliminaries					
1	Lee, Emmerson	15	Maria Carrillo	22.96	22.74 q
2	Kiehl, Nathan		Maria Carrillo	23.87	23.64 q
3	Sullivan, Jacob		Cardinal Newman	23.54	23.69 q
4	Ireland, Tristan		Ukiah	24.25	23.87 q
5	Pheffer, Avi	17	Windsor High School	24.40	23.91 q
6	Kimbro, Ty		Analy	24.67	23.97 q
7	Peterson, Grady		Montgomery High School	24.64	24.34 q
8	Spencer, Bennett		Ukiah	24.58	24.80 q
9	Kluse, Leo		Healdsburg High School	23.91	24.84 q
10	Trebe, Josh		Cardinal Newman	26.50	25.22 q
11	Martin, Erik		Montgomery High School	25.61	25.25 q
12	Estep, Titan		Windsor High School	25.39	25.30 q
13	Holmes, Adam		Cardinal Newman	26.00	25.88 q
14	Salcido, Alessandro		Analy	27.63	26.10 q
15	Ouchinda-Pratt, Tas		Healdsburg High School	26.29	26.35 q

2025 NBL Championships - 4/25/2025 to 4/26/2025**Results****Preliminaries ... (Event 8 Boys 50 Yard Freestyle)**

Name	Age	School	Seed Time	Prelim Time
16 Forsyth, Remy	16	Maria Carrillo	26.50	26.74 q
17 Johannsen, Sebastian		Healdsburg High School	26.69	26.97
18 Petersen, Andreas	17	Santa Rosa	27.31	27.16
19 Poole, Jason	17	Maria Carrillo	28.70	27.41
20 McDonell, Eric		Cardinal Newman	27.95	28.27
21 Johnson, Caleb		Santa Rosa	27.69	28.57
22 Wilson, Anthony		Piner	29.74	28.88
23 Medrano, Damian		Healdsburg High School	28.06	29.66
24 Hernandez, Nery		Ukiah	30.49	30.26
25 Rakoski, David	18	Windsor High School	34.06	32.65
26 Gabbert, Hayden		Montgomery High School	37.02	32.92
27 Rodriguez, Felix		Rancho Cotate	37.60	34.38
28 Garcia, Joselito		Montgomery High School	43.60	43.16
--- Roman, Vincent		Piner	39.69	NS

Event 9 Girls 100 Yard Butterfly

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Puckett, Morgan		Cardinal Newman	1:00.81	58.30
	27.11	58.30 (31.19)		
2 Benefield, Chloe	16	Maria Carrillo	1:01.87	1:03.78
	30.03	1:03.78 (33.75)		
3 Menconi, Jordyn		Cardinal Newman	1:08.74	1:04.22
	29.77	1:04.22 (34.45)		
4 Nguyen, Thao Anh		Ukiah	1:06.11	1:05.26
	30.56	1:05.26 (34.70)		
5 Ross, Sidney		Piner	1:04.46	1:05.62
	30.72	1:05.62 (34.90)		
6 Noel, Ava	15	Maria Carrillo	1:06.42	1:06.95
	31.08	1:06.95 (35.87)		
7 Chau, Lilian	15	Maria Carrillo	1:13.46	1:13.30
	32.96	1:13.30 (40.34)		
8 Beck, Olivia	17	Santa Rosa	1:17.55	1:19.60
	34.96	1:19.60 (44.64)		
B - Final				
9 Connelly, Audrey		Rancho Cotate	1:21.20	1:22.49
	38.51	1:22.49 (43.98)		
10 Zhou, Tanya		Ukiah	1:26.63	1:26.92
	40.41	1:26.92 (46.51)		
11 Mathis, Emily		Montgomery High School	1:28.57	1:29.51
	38.57	1:29.51 (50.94)		
12 Trull, Madelyn		Windsor High School	1:25.81	1:35.73
	42.45	1:35.73 (53.28)		
13 Goodwin, Emma	16	Windsor High School	1:42.34	1:46.27
	46.15	1:46.27 (1:00.12)		
14 Bustamante Rodriguez, Lillian		Piner	1:56.73	1:46.89
	49.59	1:46.89 (57.30)		
15 Rico Tapia, Sophia		Santa Rosa	1:44.16	1:47.18
	49.45	1:47.18 (57.73)		
16 Ehrmantraut, Hope		Rancho Cotate	1:57.69	1:58.36
	51.48	1:58.36 (1:06.88)		

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 9 Girls 100 Yard Butterfly)

Name	Age	School	Prelim Time	Finals Time
Preliminaries				
17 Johnson Gulver, Jessie		Piner	2:04.38	
--- Richards, Star		Santa Rosa	DQ	

Event 9 Girls 100 Yard Butterfly

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Puckett, Morgan		Cardinal Newman	59.80	1:00.81 q
28.19	1:00.81 (32.62)			
2 Benefield, Chloe	16	Maria Carrillo	1:04.07	1:01.87 q
29.62	1:01.87 (32.25)			
3 Ross, Sidney		Piner	1:10.16	1:04.46 q
29.09	1:04.46 (35.37)			
4 Nguyen, Thao Anh		Ukiah	1:06.77	1:06.11 q
31.26	1:06.11 (34.85)			
5 Noel, Ava	15	Maria Carrillo	1:07.63	1:06.42 q
30.22	1:06.42 (36.20)			
6 Menconi, Jordyn		Cardinal Newman	1:12.83	1:08.74 q
31.70	1:08.74 (37.04)			
7 Chau, Lilian	15	Maria Carrillo	1:11.94	1:13.46 q
33.56	1:13.46 (39.90)			
8 Beck, Olivia	17	Santa Rosa	1:18.79	1:17.55 q
34.16	1:17.55 (43.39)			
9 Connelly, Audrey		Rancho Cotate	1:21.55	1:21.20 q
38.89	1:21.20 (42.31)			
10 Trull, Madelyn		Windsor High School	1:28.90	1:25.81 q
40.64	1:25.81 (45.17)			
11 Zhou, Tanya		Ukiah	1:24.66	1:26.63 q
41.24	1:26.63 (45.39)			
12 Mathis, Emily		Montgomery High School	1:30.16	1:28.57 q
36.20	1:28.57 (52.37)			
13 Goodwin, Emma	16	Windsor High School	1:40.17	1:42.34 q
44.21	1:42.34 (58.13)			
14 Rico Tapia, Sophia		Santa Rosa	1:45.50	1:44.16 q
48.59	1:44.16 (55.57)			
15 Bustamante Rodriguez, Lillian		Piner	2:01.46	1:56.73 q
54.19	1:56.73 (1:02.54)			
16 Ehrmantraut, Hope		Rancho Cotate	2:03.40	1:57.69 q
51.30	1:57.69 (1:06.39)			
17 Johnson Gulver, Jessie		Piner	2:08.40	2:04.38
54.87	2:04.38 (1:09.51)			
--- Richards, Star		Santa Rosa	1:37.33	DQ
41.21	DQ (51.83)			

Event 10 Boys 100 Yard Butterfly

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Kimbro, Ty		Analy	53.54	53.96
25.19	53.96 (28.77)			
2 Malgren, Wiley	17	Maria Carrillo	59.97	56.82
26.67	56.82 (30.15)			
3 Ireland, Tristan		Ukiah	58.46	58.24
26.86	58.24 (31.38)			

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

A - Final ... (Event 10 Boys 100 Yard Butterfly)

Name	Age	School	Prelim Time	Finals Time
4 Gradus, Joshua		Ukiah	1:01.21	1:01.58
28.04	1:01.58 (33.54)			
5 Smith, Rocco		Cardinal Newman	1:01.95	1:02.37
29.02	1:02.37 (33.35)			
6 Hamann, Vincent		Analy	1:01.88	1:02.58
29.18	1:02.58 (33.40)			
7 Savko, Michael	15	Maria Carrillo	1:03.40	1:03.23
28.92	1:03.23 (34.31)			
--- Scheller, Magnus	15	Maria Carrillo	54.62	DQ
25.33	DQ (29.93)			

B - Final

9 Becerra, Jose		Cardinal Newman	1:03.59	59.15
27.00	59.15 (32.15)			
10 Donoho, Cooper	17	Windsor High School	1:04.76	1:04.16
28.86	1:04.16 (35.30)			
11 Estep, Titan		Windsor High School	1:08.26	1:09.06
31.22	1:09.06 (37.84)			
12 Demushkin, Brayden		Cardinal Newman	1:17.06	1:13.69
33.01	1:13.69 (40.68)			
13 Swallow, Ian	18	Santa Rosa	1:16.70	1:14.71
33.46	1:14.71 (41.25)			
14 Sanchez, Edwin	17	Santa Rosa	1:40.30	1:43.66
41.95	1:43.66 (1:01.71)			
--- Hernandez, Nery		Ukiah	1:16.10	DQ
35.38	DQ (39.90)			

Event 10 Boys 100 Yard Butterfly

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Kimbro, Ty		Analy	56.48	53.54 q
24.99	53.54 (28.55)			
2 Scheller, Magnus	15	Maria Carrillo	56.65	54.62 q
25.27	54.62 (29.35)			
3 Ireland, Tristan		Ukiah	1:00.66	58.46 q
26.89	58.46 (31.57)			
4 Malgren, Wiley	17	Maria Carrillo	1:00.78	59.97 q
27.71	59.97 (32.26)			
5 Gradus, Joshua		Ukiah	1:00.47	1:01.21 q
27.07	1:01.21 (34.14)			
6 Hamann, Vincent		Analy	1:03.83	1:01.88 q
28.78	1:01.88 (33.10)			
7 Smith, Rocco		Cardinal Newman	1:03.31	1:01.95 q
28.81	1:01.95 (33.14)			
8 Savko, Michael	15	Maria Carrillo	1:03.77	1:03.40 q
28.98	1:03.40 (34.42)			
9 Becerra, Jose		Cardinal Newman	1:04.30	1:03.59 q
29.45	1:03.59 (34.14)			
10 Donoho, Cooper	17	Windsor High School	1:06.19	1:04.76 q
28.51	1:04.76 (36.25)			
11 Estep, Titan		Windsor High School	1:11.81	1:08.26 q
31.15	1:08.26 (37.11)			
12 Hernandez, Nery		Ukiah	1:17.99	1:16.10 q
35.50	1:16.10 (40.60)			

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 10 Boys 100 Yard Butterfly)

Name	Age	School	Seed Time	Prelim Time	
13 Swallow, Ian	18	Santa Rosa	1:18.06	1:16.70	q
33.36	1:16.70 (43.34)				
14 Demushkin, Brayden		Cardinal Newman	1:12.90	1:17.06	q
33.15	1:17.06 (43.91)				
15 Sanchez, Edwin	17	Santa Rosa	1:41.26	1:40.30	q
42.11	1:40.30 (58.19)				

Event 11 Girls 100 Yard Freestyle

Name	Age	School	Prelim Time	Finals Time	
A - Final					
1 Noel, Ava	15	Maria Carrillo	56.01	56.11	
26.77	56.11 (29.34)				
2 Struna-Meyer, Casey	16	Maria Carrillo	57.36	57.74	
27.93	57.74 (29.81)				
3 Whetstone, Taylor		Rancho Cotate	1:00.81	59.73	
28.58	59.73 (31.15)				
4 England, Briana	16	Maria Carrillo	1:02.24	1:01.08	
29.61	1:01.08 (31.47)				
5 Mistretta, Isabella		Cardinal Newman	1:05.04	1:02.44	
29.91	1:02.44 (32.53)				
6 Boardman, Bella	18	Windsor High School	1:05.19	1:06.23	
31.79	1:06.23 (34.44)				
7 Goulart, Juliana	18	Maria Carrillo	1:08.34	1:08.26	
32.52	1:08.26 (35.74)				
8 Cebulski, Harper		Cardinal Newman	1:08.78	1:09.88	
33.19	1:09.88 (36.69)				
B - Final					
9 Johnson, Lily		Analy	1:09.44	1:05.99	
32.15	1:05.99 (33.84)				
10 Gordon, Charley		Healdsburg High School	1:10.53	1:09.69	
32.82	1:09.69 (36.87)				
11 McKeon Postel, Alyson		Analy	1:15.80	1:14.54	
35.03	1:14.54 (39.51)				
12 Reyes, Michelle		Ukiah	1:15.22	1:14.88	
35.15	1:14.88 (39.73)				
13 Jones, Molly		Ukiah	1:15.75	1:15.52	
37.03	1:15.52 (38.49)				
14 Diaz, Evelyn		Rancho Cotate	1:17.20	1:15.95	
35.03	1:15.95 (40.92)				
15 England-Mottard, Kathryn		Montgomery High School	1:15.16	1:17.17	
35.48	1:17.17 (41.69)				
16 Francis, Anya		Ukiah	1:17.17	1:18.29	
36.56	1:18.29 (41.73)				

Preliminaries

17 Thill, Avery		Healdsburg High School	1:17.43		
18 Bradley, Leigha		Rancho Cotate	1:20.01		
19 Hakala, Aurora		Santa Rosa	1:20.55		
20 Buss Capps, Zinaya		Santa Rosa	1:23.23		
21 Goodwin, Lea		Windsor High School	1:23.26		
22 Crosbie, Rylan		Cardinal Newman	1:23.32		
23 Toledo, Natalie		Rancho Cotate	1:24.24		
24 McKnight, Keira		Analy	1:24.53		
25 Carlson, Danielle		Windsor High School	1:24.96		

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 11 Girls 100 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time
26 Jayaswal, Priya	16	Windsor High School	1:31.14	
27 Yeilding, Siena		Healdsburg High School	1:31.61	
28 Contreas, Victoria		Ukiah	1:36.53	

Event 11 Girls 100 Yard Freestyle

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Noel, Ava	15	Maria Carrillo	57.33	56.01 q
26.69	56.01 (29.32)			
2 Struna-Meyer, Casey	16	Maria Carrillo	59.69	57.36 q
27.76	57.36 (29.60)			
3 Whetstone, Taylor		Rancho Cotate	1:00.45	1:00.81 q
29.17	1:00.81 (31.64)			
4 England, Briana	16	Maria Carrillo	1:01.00	1:02.24 q
30.22	1:02.24 (32.02)			
5 Mistretta, Isabella		Cardinal Newman	1:04.85	1:05.04 q
30.34	1:05.04 (34.70)			
6 Boardman, Bella	18	Windsor High School	1:05.28	1:05.19 q
31.25	1:05.19 (33.94)			
7 Goulart, Juliana	18	Maria Carrillo	1:09.97	1:08.34 q
32.65	1:08.34 (35.69)			
8 Cebulski, Harper		Cardinal Newman	1:08.65	1:08.78 q
32.74	1:08.78 (36.04)			
9 Johnson, Lily		Analy	1:11.02	1:09.44 q
33.45	1:09.44 (35.99)			
10 Gordon, Charley		Healdsburg High School	1:11.29	1:10.53 q
32.89	1:10.53 (37.64)			
11 England-Mottard, Kathryn		Montgomery High School	1:18.35	1:15.16 q
34.02	1:15.16 (41.14)			
12 Reyes, Michelle		Ukiah	1:14.74	1:15.22 q
35.27	1:15.22 (39.95)			
13 Jones, Molly		Ukiah	1:24.13	1:15.75 q
36.15	1:15.75 (39.60)			
14 McKeon Postel, Alyson		Analy	1:18.68	1:15.80 q
35.85	1:15.80 (39.95)			
15 Francis, Anya		Ukiah	1:25.87	1:17.17 q
37.05	1:17.17 (40.12)			
16 Diaz, Evelyn		Rancho Cotate	1:20.41	1:17.20 q
36.98	1:17.20 (40.22)			
17 Thill, Avery		Healdsburg High School	1:28.22	1:17.43
36.10	1:17.43 (41.33)			
18 Bradley, Leigha		Rancho Cotate	1:18.60	1:20.01
37.57	1:20.01 (42.44)			
19 Hakala, Aurora		Santa Rosa	1:31.47	1:20.55
38.62	1:20.55 (41.93)			
20 Buss Capps, Zinaya		Santa Rosa	1:30.36	1:23.23
38.06	1:23.23 (45.17)			
21 Goodwin, Lea		Windsor High School	1:25.62	1:23.26
39.84	1:23.26 (43.42)			
22 Crosbie, Rylan		Cardinal Newman	1:26.89	1:23.32
37.16	1:23.32 (46.16)			
23 Toledo, Natalie		Rancho Cotate	1:22.87	1:24.24
37.73	1:24.24 (46.51)			

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 11 Girls 100 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
24 McKnight, Keira		Analy	1:21.67	1:24.53
	39.77			1:24.53 (44.76)
25 Carlson, Danielle		Windsor High School	1:25.89	1:24.96
	41.32			1:24.96 (43.64)
26 Jayaswal, Priya	16	Windsor High School	1:30.25	1:31.14
	39.54			1:31.14 (51.60)
27 Yeilding, Siena		Healdsburg High School	1:29.93	1:31.61
	41.25			1:31.61 (50.36)
28 Contreas, Victoria		Ukiah	1:36.13	1:36.53
	44.51			1:36.53 (52.02)

Event 12 Boys 100 Yard Freestyle

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Scheller, Magnus	15	Maria Carrillo	50.01	50.47
	24.21			50.47 (26.26)
2 Sullivan, Jacob		Cardinal Newman	52.37	51.36
	24.53			51.36 (26.83)
3 Spencer, Bennett		Ukiah	53.14	53.18
	25.68			53.18 (27.50)
4 Phelps, Trystan	15	Maria Carrillo	53.87	53.96
	25.13			53.96 (28.83)
5 Kiehl, Nathan		Maria Carrillo	54.81	53.97
	25.56			53.97 (28.41)
6 Kluse, Leo		Healdsburg High School	56.80	54.51
	26.38			54.51 (28.13)
7 Peterson, Grady		Montgomery High School	55.85	55.46
	25.89			55.46 (29.57)
8 Beranek, Ian		Cardinal Newman	55.83	55.79
	26.88			55.79 (28.91)
B - Final				
9 Tantarelli, Luciano		Analy	57.80	55.70
	26.08			55.70 (29.62)
10 Salcido, Alessandro		Analy	59.06	59.33
	27.57			59.33 (31.76)
11 Poole, Jason	17	Maria Carrillo	1:00.61	59.51
	28.49			59.51 (31.02)
12 Addiego, Gavin		Windsor High School	59.22	59.79
	28.79			59.79 (31.00)
13 Kluse, Milo		Healdsburg High School	1:00.87	1:00.34
	29.10			1:00.34 (31.24)
14 McDonell, Eric		Cardinal Newman	1:01.26	1:00.93
	28.90			1:00.93 (32.03)
15 Petersen, Andreas	17	Santa Rosa	1:03.74	1:02.86
	27.89			1:02.86 (34.97)
16 Flores, Steven		Rancho Cotate	1:06.31	1:07.77
	31.89			1:07.77 (35.88)
Preliminaries				
17 Scarioni, Justus		Healdsburg High School	1:06.74	
18 Wilson, Anthony		Piner	1:09.41	
19 Loughmiller, Wyatt		Windsor High School	1:09.53	
20 Gabbert, Hayden		Montgomery High School	1:15.27	
21 Rechin, Boedy		Cardinal Newman	1:16.22	

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 12 Boys 100 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time
22 Rakoski, David	18	Windsor High School	1:19.43	
23 Anderson, Nolan		Healdsburg High School	1:19.97	
24 Rodriguez, Felix		Rancho Cotate	1:21.11	
25 Garcia, Joselito		Montgomery High School	1:36.94	
26 Ballaho, Ali		Ukiah	1:39.45	
--- Roman, Vincent		Piner	NS	

Event 12 Boys 100 Yard Freestyle

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Scheller, Magnus	15	Maria Carrillo	52.26	50.01 q
23.94	50.01 (26.07)			
2 Sullivan, Jacob		Cardinal Newman	52.21	52.37 q
24.71	52.37 (27.66)			
3 Spencer, Bennett		Ukiah	53.24	53.14 q
26.10	53.14 (27.04)			
4 Phelps, Trystan	15	Maria Carrillo	55.35	53.87 q
25.89	53.87 (27.98)			
5 Kiehl, Nathan		Maria Carrillo	54.00	54.81 q
25.56	54.81 (29.25)			
6 Beranek, Ian		Cardinal Newman	55.61	55.83 q
26.83	55.83 (29.00)			
7 Peterson, Grady		Montgomery High School	56.17	55.85 q
26.40	55.85 (29.45)			
8 Kluse, Leo		Healdsburg High School	53.40	56.80 q
27.07	56.80 (29.73)			
9 Tantarelli, Luciano		Analy	58.13	57.80 q
27.10	57.80 (30.70)			
10 Salcido, Alessandro		Analy	59.22	59.06 q
27.66	59.06 (31.40)			
11 Addiego, Gavin		Windsor High School	1:02.01	59.22 q
28.02	59.22 (31.20)			
12 Poole, Jason	17	Maria Carrillo	1:00.35	1:00.61 q
28.89	1:00.61 (31.72)			
13 Kluse, Milo		Healdsburg High School	1:01.93	1:00.87 q
28.90	1:00.87 (31.97)			
14 McDonell, Eric		Cardinal Newman	1:00.66	1:01.26 q
29.04	1:01.26 (32.22)			
15 Petersen, Andreas	17	Santa Rosa	1:03.19	1:03.74 q
29.43	1:03.74 (34.31)			
16 Flores, Steven		Rancho Cotate	1:09.13	1:06.31 q
30.89	1:06.31 (35.42)			
17 Scarioni, Justus		Healdsburg High School	1:07.64	1:06.74
31.09	1:06.74 (35.65)			
18 Wilson, Anthony		Piner	1:13.81	1:09.41
34.24	1:09.41 (35.17)			
19 Loughmiller, Wyatt		Windsor High School	1:11.00	1:09.53
32.21	1:09.53 (37.32)			
20 Gabbert, Hayden		Montgomery High School	1:15.65	1:15.27
33.59	1:15.27 (41.68)			
21 Rechin, Boedy		Cardinal Newman	1:10.00	1:16.22
34.99	1:16.22 (41.23)			

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 12 Boys 100 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
22 Rakoski, David	18	Windsor High School	1:18.33	1:19.43
36.27	1:19.43 (43.16)			
23 Anderson, Nolan		Healdsburg High School	1:19.95	1:19.97
37.10	1:19.97 (42.87)			
24 Rodriguez, Felix		Rancho Cotate	1:20.94	1:21.11
38.34	1:21.11 (42.77)			
25 Garcia, Joselito		Montgomery High School	1:45.76	1:36.94
45.60	1:36.94 (51.34)			
26 Ballaho, Ali		Ukiah	2:22.07	1:39.45
44.31	1:39.45 (55.14)			
--- Roman, Vincent		Piner	1:35.30	NS

Event 13 Girls 500 Yard Freestyle

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Morelle, Lutece		Maria Carrillo	5:29.75	5:33.41
29.53	1:01.65 (32.12)	1:34.81 (33.16)	2:08.34 (33.53)	
2:42.26 (33.92)	3:16.38 (34.12)	3:50.28 (33.90)	4:24.59 (34.31)	
4:59.08 (34.49)	5:33.41 (34.33)			
2 Boardman, Ela		Healdsburg High School	5:42.24	5:37.97
29.19	1:02.00 (32.81)	1:35.83 (33.83)	2:09.98 (34.15)	
2:44.69 (34.71)	3:19.25 (34.56)	3:54.02 (34.77)	4:29.22 (35.20)	
5:04.01 (34.79)	5:37.97 (33.96)			
3 Edwards, Abigail		Cardinal Newman	6:03.46	5:56.15
30.89	1:04.73 (33.84)	1:40.45 (35.72)	2:16.78 (36.33)	
2:53.08 (36.30)	3:30.21 (37.13)	4:06.78 (36.57)	4:44.05 (37.27)	
5:20.66 (36.61)	5:56.15 (35.49)			
4 Thumhart, Grace		Cardinal Newman	6:06.55	6:04.43
32.84	1:09.73 (36.89)	1:46.71 (36.98)	2:23.46 (36.75)	
3:00.31 (36.85)	3:37.14 (36.83)	4:14.57 (37.43)	4:51.35 (36.78)	
5:28.83 (37.48)	6:04.43 (35.60)			
5 Johnson, Lily		Analy	6:20.31	6:08.36
32.97	1:08.97 (36.00)	1:45.73 (36.76)	2:23.04 (37.31)	
3:00.87 (37.83)	3:39.15 (38.28)	4:16.95 (37.80)	4:55.08 (38.13)	
5:32.59 (37.51)	6:08.36 (35.77)			
6 Kraemer, Jessica		Ukiah	6:08.88	6:09.29
32.46	1:09.15 (36.69)	1:46.40 (37.25)	2:23.58 (37.18)	
3:01.79 (38.21)	3:40.26 (38.47)	4:19.02 (38.76)	4:58.21 (39.19)	
5:35.16 (36.95)	6:09.29 (34.13)			
7 Cherney, Karter		Analy	6:10.97	6:18.52
33.53	1:10.29 (36.76)	1:47.93 (37.64)	2:26.64 (38.71)	
3:05.48 (38.84)	3:44.24 (38.76)	4:22.98 (38.74)	5:02.00 (39.02)	
5:40.60 (38.60)	6:18.52 (37.92)			
8 Morgan, Sloane		Santa Rosa	6:33.18	6:43.17
33.94	1:10.61 (36.67)	1:49.84 (39.23)	2:31.62 (41.78)	
3:11.03 (39.41)	3:53.02 (41.99)	4:37.15 (44.13)	5:19.71 (42.56)	
6:02.21 (42.50)	6:43.17 (40.96)			
B - Final				
9 Hawkins, Maeve	14	Maria Carrillo	6:33.63	6:39.44
34.22	1:13.39 (39.17)	1:53.67 (40.28)	2:34.10 (40.43)	
3:15.25 (41.15)	3:56.31 (41.06)	5:19.01 (1:22.70)	6:00.48 (41.47)	
6:39.44 (38.96)				

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

B - Final ... (Event 13 Girls 500 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time
10 Dunlop, Kailyn	16	Cardinal Newman	6:40.36	6:43.04
36.90	1:17.17 (40.27)	1:57.76 (40.59)	2:39.07 (41.31)	
3:20.98 (41.91)	4:02.55 (41.57)	4:43.36 (40.81)	5:24.11 (40.75)	
6:04.37 (40.26)	6:43.04 (38.67)			
11 Blain, Olive		Montgomery High School	6:45.89	6:49.91
33.16	1:10.95 (37.79)	1:51.77 (40.82)	2:33.09 (41.32)	
3:14.52 (41.43)	3:57.11 (42.59)	4:40.94 (43.83)	5:26.96 (46.02)	
6:10.35 (43.39)	6:49.91 (39.56)			
12 Wiley, Cylan		Montgomery High School	7:19.02	7:10.44
38.05	1:20.44 (42.39)	2:04.13 (43.69)	2:47.59 (43.46)	
3:31.95 (44.36)	4:16.45 (44.50)	5:01.04 (44.59)	5:44.98 (43.94)	
6:29.78 (44.80)	7:10.44 (40.66)			
13 Suarez Ramirez, Alexandra		Windsor High School	7:13.94	7:13.31
36.57	1:19.40 (42.83)	2:03.90 (44.50)	2:49.81 (45.91)	
3:36.17 (46.36)	4:19.99 (43.82)	5:05.63 (45.64)	5:51.80 (46.17)	
6:35.35 (43.55)	7:13.31 (37.96)			
14 Gardner, Kamala		Ukiah	7:34.37	7:21.79
38.13	1:21.71 (43.58)	2:07.27 (45.56)	2:53.53 (46.26)	
3:37.94 (44.41)	4:25.19 (47.25)	5:10.89 (45.70)	5:56.53 (45.64)	
6:40.62 (44.09)	7:21.79 (41.17)			
15 Seligson, Iris		Analy	7:31.11	7:23.88
38.22	1:21.03 (42.81)	2:05.62 (44.59)	2:50.61 (44.99)	
3:35.90 (45.29)	4:21.59 (45.69)	5:08.65 (47.06)	5:55.90 (47.25)	
6:41.94 (46.04)	7:23.88 (41.94)			
16 Morgan, Brynn		Rancho Cotate	7:24.35	7:27.71
38.11	1:21.63 (43.52)	2:07.13 (45.50)	2:54.05 (46.92)	
3:40.31 (46.26)	4:27.77 (47.46)	5:14.36 (46.59)	6:00.68 (46.32)	
6:46.91 (46.23)	7:27.71 (40.80)			

Preliminaries

12 Prieto-Trujillo, Alissa		Windsor High School	7:02.41	
18 Paschall, Jillian		Montgomery High School	7:43.72	
19 Healy, Macaela	16	Windsor High School	7:55.24	
20 Solorio Tapia, Iris		Piner	7:56.77	
21 Barcelo, Faith		Rancho Cotate	8:06.86	
22 Iimura, Rylee		Windsor High School	8:18.39	
23 Ehrmantraut, Hope		Rancho Cotate	8:51.59	
24 Johnson Gulver, Jessie		Piner	9:04.94	

Event 13 Girls 500 Yard Freestyle

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Morelle, Lutece		Maria Carrillo	5:32.50	5:29.75 q
28.81	1:01.10 (32.29)	1:34.02 (32.92)	2:07.46 (33.44)	
2:40.84 (33.38)	3:14.58 (33.74)	3:48.59 (34.01)	4:22.90 (34.31)	
4:56.88 (33.98)	5:29.75 (32.87)			
2 Boardman, Ela		Healdsburg High School	5:40.12	5:42.24 q
29.09	1:01.92 (32.83)	1:36.21 (34.29)	2:11.05 (34.84)	
2:46.21 (35.16)	3:21.34 (35.13)	3:56.76 (35.42)	4:32.33 (35.57)	
5:07.74 (35.41)	5:42.24 (34.50)			
3 Edwards, Abigail		Cardinal Newman	6:04.60	6:03.46 q
30.40	1:04.13 (33.73)	1:39.97 (35.84)	2:16.91 (36.94)	
2:54.34 (37.43)	3:32.15 (37.81)	4:09.79 (37.64)	4:48.16 (38.37)	
5:26.12 (37.96)	6:03.46 (37.34)			

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 13 Girls 500 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time	
4 Thumhart, Grace		Cardinal Newman	5:56.48	6:06.55	q
33.84	1:10.58 (36.74)	1:47.81 (37.23)	2:24.72 (36.91)		
3:01.57 (36.85)	3:38.49 (36.92)	4:15.95 (37.46)	4:52.85 (36.90)		
5:29.98 (37.13)	6:06.55 (36.57)				
5 Kraemer, Jessica		Ukiah	6:11.94	6:08.88	q
32.56	1:08.96 (36.40)	1:45.78 (36.82)	2:23.11 (37.33)		
2:59.98 (36.87)	3:38.65 (38.67)	4:17.86 (39.21)	4:55.79 (37.93)		
5:34.12 (38.33)	6:08.88 (34.76)				
6 Cherney, Karter		Analy	6:19.22	6:10.97	q
33.41	1:09.40 (35.99)	1:45.88 (36.48)	2:23.50 (37.62)		
3:01.40 (37.90)	3:40.01 (38.61)	4:18.68 (38.67)	4:56.71 (38.03)		
5:34.52 (37.81)	6:10.97 (36.45)				
7 Johnson, Lily		Analy	6:21.32	6:20.31	q
35.01	1:12.50 (37.49)	1:50.80 (38.30)	2:29.45 (38.65)		
3:08.32 (38.87)	3:47.20 (38.88)	4:25.66 (38.46)	5:04.46 (38.80)		
5:42.71 (38.25)	6:20.31 (37.60)				
8 Morgan, Sloane		Santa Rosa	6:33.28	6:33.18	q
33.04	1:09.66 (36.62)	1:47.35 (37.69)	2:26.68 (39.33)		
3:09.69 (43.01)	3:52.00 (42.31)	4:35.21 (43.21)	5:14.51 (39.30)		
5:56.63 (42.12)	6:33.18 (36.55)				
9 Hawkins, Maeve	14	Maria Carrillo	5:23.89	6:33.63	q
35.35	1:14.72 (39.37)	1:54.70 (39.98)	2:34.90 (40.20)		
3:15.10 (40.20)	3:55.63 (40.53)	4:35.94 (40.31)	5:16.38 (40.44)		
5:56.39 (40.01)	6:33.63 (37.24)				
10 Dunlop, Kailyn	16	Cardinal Newman	6:40.49	6:40.36	q
35.34	1:14.82 (39.48)	1:55.69 (40.87)	2:36.83 (41.14)		
3:17.82 (40.99)	3:58.75 (40.93)	4:39.92 (41.17)	5:20.57 (40.65)		
6:00.98 (40.41)	6:40.36 (39.38)				
11 Blain, Olive		Montgomery High School	6:31.42	6:45.89	q
33.91	1:12.95 (39.04)	1:53.30 (40.35)	2:34.24 (40.94)		
3:16.46 (42.22)	3:59.37 (42.91)	4:42.09 (42.72)	5:24.10 (42.01)		
6:05.65 (41.55)	6:45.89 (40.24)				
12 Prieto-Trujillo, Alissa		Windsor High School	7:02.98	7:02.41	q
1:13.74	4:50.13 ()	7:02.41 (2:12.28)			
13 Suarez Ramirez, Alexandra		Windsor High School	7:42.37	7:13.94	q
38.92	1:22.23 (43.31)	2:05.60 (43.37)	2:50.19 (44.59)		
3:35.42 (45.23)	4:20.48 (45.06)	5:05.14 (44.66)	5:50.27 (45.13)		
6:36.21 (45.94)	7:13.94 (37.73)				
14 Wiley, Cylan		Montgomery High School	7:23.88	7:19.02	q
38.41	1:21.18 (42.77)	2:05.61 (44.43)	2:50.31 (44.70)		
3:34.76 (44.45)	4:20.06 (45.30)	5:04.21 (44.15)	5:49.97 (45.76)		
6:35.96 (45.99)	7:19.02 (43.06)				
15 Morgan, Brynn		Rancho Cotate	7:42.20	7:24.35	q
37.45	1:21.30 (43.85)	2:06.83 (45.53)	2:52.85 (46.02)		
3:38.69 (45.84)	4:25.26 (46.57)	5:11.36 (46.10)	5:56.01 (44.65)		
6:41.49 (45.48)	7:24.35 (42.86)				
16 Seligson, Iris		Analy	7:21.68	7:31.11	q
35.66	1:17.88 (42.22)	2:02.89 (45.01)	2:48.19 (45.30)		
3:34.20 (46.01)	4:22.70 (48.50)	5:11.16 (48.46)	5:59.08 (47.92)		
6:47.47 (48.39)	7:31.11 (43.64)				

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 13 Girls 500 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
17 Gardner, Kamala		Ukiah	8:13.32	7:34.37
38.87	1:24.48 (45.61)	2:11.54 (47.06)	2:59.57 (48.03)	
3:46.15 (46.58)	4:33.89 (47.74)	5:20.83 (46.94)	6:07.61 (46.78)	
6:53.27 (45.66)	7:34.37 (41.10)			
18 Paschall, Jillian		Montgomery High School	7:12.56	7:43.72
35.36	1:18.45 (43.09)	2:05.77 (47.32)	2:54.80 (49.03)	
3:43.07 (48.27)	4:32.93 (49.86)	5:22.60 (49.67)	6:10.24 (47.64)	
6:58.71 (48.47)	7:43.72 (45.01)			
19 Healy, Macaela	16	Windsor High School	8:04.22	7:55.24
39.97	1:25.19 (45.22)		3:01.13 ()	
7:09.53 ()	7:55.24 (45.71)			
20 Solorio Tapia, Iris		Piner	7:30.26	7:56.77
38.21	1:23.55 (45.34)		3:00.55 ()	
3:49.69 (49.14)	4:40.78 (51.09)	5:31.01 (50.23)	6:21.78 (50.77)	
7:13.04 (51.26)	7:56.77 (43.73)			
21 Barcelo, Faith		Rancho Cotate	8:09.06	8:06.86
38.97	1:26.11 (47.14)	2:16.23 (50.12)	3:07.77 (51.54)	
4:01.02 (53.25)	4:52.59 (51.57)	5:44.12 (51.53)	6:33.77 (49.65)	
7:22.38 (48.61)	8:06.86 (44.48)			
22 Iimura, Rylee		Windsor High School	8:16.83	8:18.39
44.41	1:33.85 (49.44)	2:25.19 (51.34)	3:16.43 (51.24)	
4:08.13 (51.70)	4:59.60 (51.47)	5:50.89 (51.29)	6:41.40 (50.51)	
7:31.07 (49.67)	8:18.39 (47.32)			
23 Ehrmantraut, Hope		Rancho Cotate	8:40.22	8:51.59
46.83	1:39.74 (52.91)	2:34.11 (54.37)	3:29.28 (55.17)	
4:24.22 (54.94)	5:19.34 (55.12)	6:15.11 (55.77)	7:09.85 (54.74)	
8:03.35 (53.50)	8:51.59 (48.24)			
24 Johnson Gulver, Jessie		Piner	9:15.00	9:04.94
45.53	1:37.61 (52.08)	2:32.52 (54.91)	3:29.31 (56.79)	
4:26.20 (56.89)	5:24.23 (58.03)	6:20.89 (56.66)	7:17.24 (56.35)	
8:13.42 (56.18)	9:04.94 (51.52)			

Event 14 Boys 500 Yard Freestyle

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Gannon, James		Cardinal Newman	4:52.75	4:40.40
24.91	51.93 (27.02)	1:19.68 (27.75)	1:48.11 (28.43)	
2:16.95 (28.84)	2:45.98 (29.03)	3:14.83 (28.85)	3:43.37 (28.54)	
4:12.13 (28.76)	4:40.40 (28.27)			
2 Kiehl, Samuel	16	Maria Carrillo	4:59.58	4:56.31
26.08	54.89 (28.81)	1:24.72 (29.83)	1:54.90 (30.18)	
2:24.61 (29.71)	2:54.80 (30.19)	3:25.52 (30.72)	3:56.38 (30.86)	
4:26.82 (30.44)	4:56.31 (29.49)			
3 Malgren, Wiley	17	Maria Carrillo	5:18.66	5:04.98
27.15	57.22 (30.07)	1:28.24 (31.02)	2:00.17 (31.93)	
2:31.49 (31.32)	3:02.42 (30.93)	3:33.79 (31.37)	4:04.14 (30.35)	
4:35.32 (31.18)	5:04.98 (29.66)			
4 Ambrose, Alexander		Analy	5:08.38	5:09.20
27.59	57.76 (30.17)	1:29.09 (31.33)	2:00.49 (31.40)	
2:31.77 (31.28)	3:03.10 (31.33)	3:34.81 (31.71)	4:06.38 (31.57)	
4:38.05 (31.67)	5:09.20 (31.15)			

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

A - Final ... (Event 14 Boys 500 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time
5 Greaves, Lucas		Healdsburg High School	5:14.59	5:12.43
27.64	58.41 (30.77)	1:30.15 (31.74)	2:01.97 (31.82)	
2:33.72 (31.75)	3:05.50 (31.78)	3:37.60 (32.10)	4:09.54 (31.94)	
4:41.23 (31.69)	5:12.43 (31.20)			
6 Miller, Zachary	16	Maria Carrillo	5:35.76	5:29.20
27.35	58.59 (31.24)	1:30.98 (32.39)	2:03.79 (32.81)	
2:37.28 (33.49)	3:11.42 (34.14)	3:46.19 (34.77)	4:21.03 (34.84)	
4:55.45 (34.42)	5:29.20 (33.75)			
7 West, Liam		Windsor High School	6:11.23	6:09.42
30.44	1:03.06 (32.62)	1:38.77 (35.71)	2:17.02 (38.25)	
2:56.22 (39.20)	3:35.79 (39.57)	4:15.25 (39.46)	4:54.51 (39.26)	
5:33.66 (39.15)	6:09.42 (35.76)			
8 Collins, Joseph		Ukiah	6:13.46	6:12.65
28.78	1:03.00 (34.22)	1:40.27 (37.27)	2:18.45 (38.18)	
2:57.54 (39.09)	3:36.79 (39.25)	4:16.01 (39.22)	4:56.17 (40.16)	
5:35.82 (39.65)	6:12.65 (36.83)			
B - Final				
9 Traverso, Hugo		Cardinal Newman	6:19.22	6:11.50
1:09.24		1:46.97 ()	2:25.39 (38.42)	
	3:41.92 ()	4:20.95 (39.03)	4:59.02 (38.07)	
5:37.33 (38.31)	6:11.50 (34.17)			
10 Wurtzel, Jonah	17	Santa Rosa	6:14.93	6:17.40
33.80	1:10.82 (37.02)	1:49.64 (38.82)	2:28.04 (38.40)	
3:07.06 (39.02)	3:46.52 (39.46)	4:25.93 (39.41)	5:04.26 (38.33)	
5:42.06 (37.80)	6:17.40 (35.34)			
11 Setzer, Sam		Windsor High School	6:56.93	6:52.67
34.68	1:13.67 (38.99)	1:54.43 (40.76)	2:36.31 (41.88)	
3:18.95 (42.64)	4:02.37 (43.42)	4:46.63 (44.26)	5:30.11 (43.48)	
6:12.92 (42.81)	6:52.67 (39.75)			
12 Lemus, Yeshua		Healdsburg High School	6:54.10	6:54.78
36.14	1:15.68 (39.54)	1:56.78 (41.10)	2:39.57 (42.79)	
3:23.08 (43.51)	4:07.21 (44.13)	4:51.37 (44.16)	6:54.77 (2:03.40)	
7:21.81 (27.04)	6:54.78 ()			
13 Chase, Grayson		Santa Rosa	7:21.14	7:17.81
36.00	1:17.03 (41.03)	2:00.18 (43.15)	2:45.82 (45.64)	
3:31.57 (45.75)	4:17.84 (46.27)	5:04.59 (46.75)	5:53.10 (48.51)	
6:39.61 (46.51)	7:17.81 (38.20)			
14 Sanchez, Edwin	17	Santa Rosa	8:35.25	8:41.05
37.89	1:23.72 (45.83)	2:15.42 (51.70)	3:08.55 (53.13)	
4:03.69 (55.14)	4:59.50 (55.81)	5:55.24 (55.74)	7:50.20 (1:54.96)	
8:41.05 (50.85)				

Event 14 Boys 500 Yard Freestyle

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Gannon, James		Cardinal Newman	4:41.97	4:52.75 q
25.38	53.25 (27.87)	1:22.63 (29.38)	1:52.89 (30.26)	
2:23.50 (30.61)	2:53.87 (30.37)	3:24.55 (30.68)	3:53.12 (28.57)	
4:22.98 (29.86)	4:52.75 (29.77)			
2 Kiehl, Samuel	16	Maria Carrillo	5:00.39	4:59.58 q
26.12	55.35 (29.23)	1:25.36 (30.01)	1:55.64 (30.28)	
2:25.84 (30.20)	2:56.40 (30.56)	3:27.71 (31.31)	3:58.79 (31.08)	
4:29.86 (31.07)	4:59.58 (29.72)			

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 14 Boys 500 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time	
3 Ambrose, Alexander		Analy	5:07.45	5:08.38	q
27.47	57.80 (30.33)	1:29.08 (31.28)	2:00.09 (31.01)		
2:31.28 (31.19)	3:02.96 (31.68)	3:34.58 (31.62)	4:06.18 (31.60)		
4:37.65 (31.47)	5:08.38 (30.73)				
4 Greaves, Lucas		Healdsburg High School	5:25.00	5:14.59	q
27.90	58.57 (30.67)	1:30.20 (31.63)	2:02.01 (31.81)		
2:34.01 (32.00)	3:05.87 (31.86)	3:38.21 (32.34)	4:10.50 (32.29)		
4:42.81 (32.31)	5:14.59 (31.78)				
5 Malgren, Wiley	17	Maria Carrillo	5:19.56	5:18.66	q
27.48	58.42 (30.94)	1:30.87 (32.45)	2:03.34 (32.47)		
2:36.14 (32.80)	3:09.03 (32.89)	3:42.49 (33.46)	4:14.71 (32.22)		
4:47.85 (33.14)	5:18.66 (30.81)				
6 Miller, Zachary	16	Maria Carrillo	5:24.89	5:35.76	q
27.74	1:00.25 (32.51)	1:33.65 (33.40)	2:08.01 (34.36)		
2:42.30 (34.29)	3:16.86 (34.56)	3:51.67 (34.81)	4:26.67 (35.00)		
5:01.53 (34.86)	5:35.76 (34.23)				
7 West, Liam		Windsor High School	6:23.34	6:11.23	q
30.53	1:05.55 (35.02)	1:42.06 (36.51)	2:20.34 (38.28)		
2:57.93 (37.59)	3:36.41 (38.48)	4:16.31 (39.90)	4:56.37 (40.06)		
5:35.07 (38.70)	6:11.23 (36.16)				
8 Collins, Joseph		Ukiah	6:27.40	6:13.46	q
	1:02.31 ()	1:39.81 (37.50)			
3:38.67 ()			5:37.51 ()		
6:13.46 (35.95)					
9 Wurtzel, Jonah	17	Santa Rosa	6:22.21	6:14.93	q
33.89	1:11.29 (37.40)	1:49.44 (38.15)	2:28.09 (38.65)		
3:06.58 (38.49)	3:45.27 (38.69)	4:23.52 (38.25)	5:02.28 (38.76)		
5:39.73 (37.45)	6:14.93 (35.20)				
10 Traverso, Hugo		Cardinal Newman	6:13.71	6:19.22	q
31.97	1:08.14 (36.17)		2:26.01 ()		
3:05.20 (39.19)	3:45.69 (40.49)		5:04.32 ()		
5:43.69 (39.37)	6:19.22 (35.53)				
11 Lemus, Yeshua		Healdsburg High School	6:45.21	6:54.10	q
33.38	1:12.06 (38.68)	1:52.96 (40.90)	2:35.43 (42.47)		
			6:14.01 ()		
6:54.10 (40.09)					
12 Setzer, Sam		Windsor High School	7:05.96	6:56.93	q
35.43	1:16.67 (41.24)	1:59.17 (42.50)	2:40.86 (41.69)		
3:22.75 (41.89)	4:06.49 (43.74)	4:50.55 (44.06)	5:33.82 (43.27)		
6:16.84 (43.02)	6:56.93 (40.09)				
13 Chase, Grayson		Santa Rosa	7:15.40	7:21.14	q
36.37	1:18.33 (41.96)	2:03.95 (45.62)	2:48.10 (44.15)		
3:34.05 (45.95)	4:20.93 (46.88)	5:06.78 (45.85)	5:54.69 (47.91)		
6:41.02 (46.33)	7:21.14 (40.12)				
14 Sanchez, Edwin	17	Santa Rosa	9:01.44	8:35.25	q
36.94	1:19.40 (42.46)	2:06.11 (46.71)	3:00.64 (54.53)		
3:55.63 (54.99)	4:50.25 (54.62)	5:46.52 (56.27)	6:44.83 (58.31)		
7:40.70 (55.87)	8:35.25 (54.55)				

Event 15 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Ukiah	A	1:55.87	1:52.80
1) Kraemer, Jessica	2) Pintane, Eva	3) Danner, Ella	4) Nguyen, Thao Anh
28.46	55.95 (27.49)	1:25.10 (29.15)	1:52.80 (27.70)

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

(Event 15 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time
2 Cardinal Newman	A	2:04.91	1:58.53
1) Mistretta, Isabella	2) Hester, Audrey 16	3) Cebulski, Harper	4) Thumhart, Grace
28.72	56.93 (28.21)	1:28.21 (31.28)	1:58.53 (30.32)
3 Analy	A	2:05.21	2:04.36
32.54	59.46 (26.92)	1:30.74 (31.28)	2:04.36 (33.62)
4 Windsor High School	A	2:05.25	2:07.75
1) Mezzanatto, Payton 17	2) Prieto-Trujillo, Alissa	3) Robertson, Jojo 17	4) Boardman, Bella 18
31.64	1:06.75 (35.11)	1:37.93 (31.18)	2:07.75 (29.82)
5 Montgomery High School	A	2:11.13	2:10.12
1) England-Mottard, Kathryn	2) Derr, Samantha	3) Paschall, Jillian	4) Mathis, Emily
31.91	1:03.73 (31.82)	1:37.91 (34.18)	2:10.12 (32.21)
6 Piner	A	2:51.42	2:20.85
1) Ross, Sidney	2) Solorio Tapia, Iris	3) Bustamante Rodriguez, Lillian	4) Johnson Gulver, Jessie
27.24	1:00.99 (33.75)	1:40.90 (39.91)	2:20.85 (39.95)
7 Santa Rosa	A	2:24.33	2:29.02
1) Buss Capps, Zinaya	2) Hakala, Aurora	3) Rico Tapia, Sophia	4) Richards, Star
35.26	1:10.41 (35.15)	1:57.29 (46.88)	2:29.02 (31.73)
8 Healdsburg High School	A	2:32.23	2:33.24
1) Heyfron, Ireland	2) Wetzal, Abby	3) Yeilding, Siena	4) Thill, Avery
41.20	1:23.57 (42.37)	1:59.61 (36.04)	2:33.24 (33.63)
--- Maria Carrillo	A	1:47.98	DQ
1) Noel, Ava 15	2) Morelle, Chloe 16	3) Romatier, Clea 16	4) Struna-Meyer, Casey 16
26.48	52.81 (26.33)	1:19.11 (26.30)	DQ (25.49)
--- Rancho Cotate	A	2:15.23	DQ
1) Lewis, Ava	2) Kennedy, Drew	3) Giammona, Aubrey	4) Whetstone, Taylor
36.18	1:09.75 (33.57)	1:44.08 (34.33)	DQ (26.75)

Event 16 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Maria Carrillo	A	1:40.13	1:33.45
1) Kiehl, Nathan	2) Bouse, Alexander 15	3) Scheller, Magnus 15	4) Lee, Emmerson 15
23.60	46.64 (23.04)	1:11.02 (24.38)	1:33.45 (22.43)
2 Ukiah	A	1:37.98	1:38.40
1) Gradus, Joshua	2) Ireland, Tristan	3) Lefebvre, Griffin	4) Spencer, Bennett
25.17	48.90 (23.73)	1:13.88 (24.98)	1:38.40 (24.52)
3 Analy	A	1:37.95	1:39.01
1) Ambrose, Alexander	2) Salcido, Alessandro	3) Black, Travis	4) Tantarelli, Luciano
26.62	52.69 (26.07)	1:16.82 (24.13)	1:39.01 (22.19)
4 Windsor High School	A	1:43.23	1:43.14
1) Pheffer, Avi 17	2) Addiego, Gavin	3) Estep, Titan	4) West, Liam
23.94	50.37 (26.43)	1:16.75 (26.38)	1:43.14 (26.39)
5 Cardinal Newman	A	1:36.80	1:43.56
1) Beranek, Ian	2) Gardner, Patrick	3) Holmes, Adam	4) McDonell, Eric
25.74	50.85 (25.11)	1:15.91 (25.06)	1:43.56 (27.65)
6 Healdsburg High School	A	1:42.50	1:43.90
1) Greaves, Lucas	2) Johannsen, Sebastian	3) Johannsen, Julian	4) Kluse, Leo
24.55	51.05 (26.50)	1:17.00 (25.95)	1:43.90 (26.90)
7 Santa Rosa	A	1:54.50	1:53.37
1) Johnson, Caleb	2) Hawks, Isaac	3) Mahe, Gaspar	4) Wurtzel, Jonah 17
27.77	55.36 (27.59)	1:24.38 (29.02)	1:53.37 (28.99)
8 Montgomery High School	A	2:36.76	2:11.63
1) Garcia, Joselito	2) Martin, Erik	3) Gabbert, Hayden	4) Peterson, Grady
47.89	1:20.59 (32.70)	1:46.75 (26.16)	2:11.63 (24.88)

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Event 17 Girls 100 Yard Backstroke

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Greaves, Layla		Healdsburg High School	1:01.51	58.86
28.78	58.86 (30.08)			
2 Menconi, Jordyn		Cardinal Newman	1:05.99	1:00.45
29.57	1:00.45 (30.88)			
3 Morelle, Chloe	16	Maria Carrillo	1:03.28	1:03.27
30.75	1:03.27 (32.52)			
4 Boardman, Ela		Healdsburg High School	1:07.26	1:05.91
31.77	1:05.91 (34.14)			
5 Romatier, Clea	16	Maria Carrillo	1:08.80	1:08.46
33.48	1:08.46 (34.98)			
6 Johnson, Maddy		Analy	1:11.30	1:09.38
33.93	1:09.38 (35.45)			
7 Worthington, Ella		Analy	1:10.49	1:09.56
32.31	1:09.56 (37.25)			
8 Chau, Lilian	15	Maria Carrillo	1:12.22	1:11.38
34.35	1:11.38 (37.03)			
B - Final				
9 Beck, Olivia	17	Santa Rosa	1:12.31	1:14.45
35.77	1:14.45 (38.68)			
10 Mathis, Emily		Montgomery High School	1:19.69	1:20.84
38.96	1:20.84 (41.88)			
11 Sullivan, Jace		Santa Rosa	1:21.01	1:22.75
38.79	1:22.75 (43.96)			
12 Reyes, Michelle		Ukiah	1:26.69	1:27.15
13 Reineck, Emmie		Windsor High School	1:27.82	1:27.27
41.35	1:27.27 (45.92)			
14 Buss Capps, Zinaya		Santa Rosa	1:28.42	1:30.94
15 England-Mottard, Kathryn		Montgomery High School	1:31.08	1:32.02
43.38	1:32.02 (48.64)			
16 Walker, Jillian		Windsor High School	1:35.94	1:32.85
44.79	1:32.85 (48.06)			
Preliminaries				
17 Gardner, Twyla		Rancho Cotate	1:37.08	
18 Cruz, Isabel		Ukiah	1:37.25	
19 Gutierrez, Lluvitza		Ukiah	1:37.81	
20 Giammona, Aubrey		Rancho Cotate	1:38.35	
21 Iimura, Rylee		Windsor High School	1:53.23	
22 Goodwin, Lea		Windsor High School	2:09.39	
23 Contreas, Victoria		Ukiah	2:13.58	
--- Cotton, Kelsey	18	Maria Carrillo	DQ	

Event 17 Girls 100 Yard Backstroke

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Greaves, Layla		Healdsburg High School	57.80	1:01.51 q
29.85	1:01.51 (31.66)			
2 Morelle, Chloe	16	Maria Carrillo	1:01.00	1:03.28 q
30.91	1:03.28 (32.37)			
3 Menconi, Jordyn		Cardinal Newman	1:07.44	1:05.99 q
32.03	1:05.99 (33.96)			

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 17 Girls 100 Yard Backstroke)

Name	Age	School	Seed Time	Prelim Time	
4 Boardman, Ela		Healdsburg High School	1:07.12	1:07.26	q
32.13	1:07.26 (35.13)				
5 Romatier, Clea	16	Maria Carrillo	1:09.10	1:08.80	q
33.99	1:08.80 (34.81)				
6 Worthington, Ella		Analy	1:09.76	1:10.49	q
33.10	1:10.49 (37.39)				
7 Johnson, Maddy		Analy	1:12.23	1:11.30	q
34.86	1:11.30 (36.44)				
8 Chau, Lilian	15	Maria Carrillo	1:09.20	1:12.22	q
34.44	1:12.22 (37.78)				
9 Beck, Olivia	17	Santa Rosa	1:15.86	1:12.31	q
34.98	1:12.31 (37.33)				
10 Mathis, Emily		Montgomery High School	1:26.65	1:19.69	q
38.26	1:19.69 (41.43)				
11 Sullivan, Jace		Santa Rosa	1:24.73	1:21.01	q
38.66	1:21.01 (42.35)				
12 Reyes, Michelle		Ukiah	1:32.42	1:26.69	q
13 Reineck, Emmie		Windsor High School	1:29.24	1:27.82	q
41.45	1:27.82 (46.37)				
14 Buss Capps, Zinaya		Santa Rosa	1:37.38	1:28.42	q
43.01	1:28.42 (45.41)				
15 England-Mottard, Kathryn		Montgomery High School	1:33.59	1:31.08	q
43.24	1:31.08 (47.84)				
16 Walker, Jillian		Windsor High School	1:40.45	1:35.94	q
46.34	1:35.94 (49.60)				
17 Gardner, Twyla		Rancho Cotate	1:50.76	1:37.08	
18 Cruz, Isabel		Ukiah	1:39.60	1:37.25	
46.26	1:37.25 (50.99)				
19 Gutierrez, Lluvitza		Ukiah	1:23.83	1:37.81	
20 Giammona, Aubrey		Rancho Cotate	1:45.94	1:38.35	
21 Iimura, Rylee		Windsor High School	1:55.28	1:53.23	
54.47	1:53.23 (58.76)				
22 Goodwin, Lea		Windsor High School	1:47.59	2:09.39	
1:03.18	2:09.39 (1:06.21)				
23 Contreas, Victoria		Ukiah	2:18.84	2:13.58	
1:04.42	2:13.58 (1:09.16)				
--- Cotton, Kelsey	18	Maria Carrillo	1:23.00	DQ	

Event 18 Boys 100 Yard Backstroke

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Black, Travis		Analy	55.08	52.00
25.34	52.00 (26.66)			
2 Wang, Lucas	16	Maria Carrillo	53.41	53.14
25.62	53.14 (27.52)			
3 Phelps, Trystan	15	Maria Carrillo	58.61	57.64
28.08	57.64 (29.56)			
4 Pheffer, Avi	17	Windsor High School	1:00.35	58.41
28.16	58.41 (30.25)			
5 Greaves, Lucas		Healdsburg High School	1:02.14	1:02.05
30.42	1:02.05 (31.63)			

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

A - Final ... (Event 18 Boys 100 Yard Backstroke)

Name	Age	School	Prelim Time	Finals Time
6 Lefebvre, Griffin		Ukiah	1:00.36	1:02.11
30.49	1:02.11 (31.62)			
7 Trebe, Josh		Cardinal Newman	1:04.48	1:04.24
31.30	1:04.24 (32.94)			
8 Tantarelli, Luciano		Analy	1:06.76	1:06.84
32.01	1:06.84 (34.83)			

B - Final

9 Smith, Rocco		Cardinal Newman	1:07.04	1:06.44
32.79	1:06.44 (33.65)			
10 Beranek, Ian		Cardinal Newman	1:06.96	1:09.22
33.83	1:09.22 (35.39)			
11 Swallow, Ian	18	Santa Rosa	1:10.41	1:11.47
33.72	1:11.47 (37.75)			
12 Voyles, Trevor		Rancho Cotate	1:11.42	1:11.89
34.85	1:11.89 (37.04)			
13 Martin, Erik		Montgomery High School	1:12.36	1:14.37
35.13	1:14.37 (39.24)			
14 Johannsen, Sebastian		Healdsburg High School	1:10.53	1:14.70
36.70	1:14.70 (38.00)			
15 Riley-Turner, Nico		Windsor High School	1:15.22	1:18.16
37.63	1:18.16 (40.53)			
--- Ouchinda-Pratt, Tas		Healdsburg High School	1:19.60	DQ

Preliminaries

17 Scarioni, Justus		Healdsburg High School	1:20.07	
18 Spurdle, Mason		Windsor High School	1:21.67	
--- Ballaho, Ali		Ukiah	DQ	

Event 18 Boys 100 Yard Backstroke

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Wang, Lucas	16	Maria Carrillo	54.33	53.41 q
26.03	53.41 (27.38)			
2 Black, Travis		Analy	52.82	55.08 q
26.87	55.08 (28.21)			
3 Phelps, Trystan	15	Maria Carrillo	58.08	58.61 q
28.44	58.61 (30.17)			
4 Pheffer, Avi	17	Windsor High School	57.68	1:00.35 q
29.05	1:00.35 (31.30)			
5 Lefebvre, Griffin		Ukiah	1:01.07	1:00.36 q
29.54	1:00.36 (30.82)			
6 Greaves, Lucas		Healdsburg High School	1:03.74	1:02.14 q
30.68	1:02.14 (31.46)			
7 Trebe, Josh		Cardinal Newman	1:05.83	1:04.48 q
31.72	1:04.48 (32.76)			
8 Tantarelli, Luciano		Analy	1:06.20	1:06.76 q
32.29	1:06.76 (34.47)			
9 Beranek, Ian		Cardinal Newman	1:09.53	1:06.96 q
32.59	1:06.96 (34.37)			
10 Smith, Rocco		Cardinal Newman	1:09.71	1:07.04 q
33.23	1:07.04 (33.81)			
11 Swallow, Ian	18	Santa Rosa	1:09.32	1:10.41 q
33.44	1:10.41 (36.97)			

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 18 Boys 100 Yard Backstroke)

Name	Age	School	Seed Time	Prelim Time	
12 Johannsen, Sebastian		Healdsburg High School	1:12.38	1:10.53	q
	34.75			1:10.53 (35.78)	
13 Voyles, Trevor		Rancho Cotate	1:16.11	1:11.42	q
	34.63			1:11.42 (36.79)	
14 Martin, Erik		Montgomery High School	1:12.47	1:12.36	q
	32.80			1:12.36 (39.56)	
15 Riley-Turner, Nico		Windsor High School	1:15.68	1:15.22	q
	37.00			1:15.22 (38.22)	
16 Ouchinda-Pratt, Tas		Healdsburg High School	1:28.21	1:19.60	q
	38.74			1:19.60 (40.86)	
17 Scarioni, Justus		Healdsburg High School	1:27.56	1:20.07	
	38.89			1:20.07 (41.18)	
18 Spurdle, Mason		Windsor High School	1:24.07	1:21.67	
	39.57			1:21.67 (42.10)	
--- Ballaho, Ali		Ukiah	2:20.35	DQ	

Event 19 Girls 100 Yard Breaststroke

Name	Age	School	Prelim Time	Finals Time	
A - Final					
1 Puckett, Morgan		Cardinal Newman	1:12.90	1:08.84	
	32.11			1:08.84 (36.73)	
2 Kiehl, Hannah		Maria Carrillo	1:10.14	1:10.26	
	32.85			1:10.26 (37.41)	
3 Morelle, Lutece		Maria Carrillo	1:10.98	1:10.82	
	33.06			1:10.82 (37.76)	
4 Danner, Ella		Ukiah	1:15.09	1:14.72	
	35.46			1:14.72 (39.26)	
5 Pintane, Eva		Ukiah	1:22.09	1:23.25	
	39.60			1:23.25 (43.65)	
6 Seligson, Iris		Analy	1:34.66	1:30.46	
	40.43			1:30.46 (50.03)	
7 Estep, Kendra		Windsor High School	1:35.88	1:34.25	
	44.97			1:34.25 (49.28)	
8 Derr, Samantha		Montgomery High School	1:31.47	1:35.77	
	42.73			1:35.77 (53.04)	
B - Final					
9 Beck, Chloe		Rancho Cotate	1:43.07	1:39.08	
	46.29			1:39.08 (52.79)	
10 Thill, Avery		Healdsburg High School	1:45.31	1:46.47	
	50.38			1:46.47 (56.09)	
11 Hewitt, Addy		Rancho Cotate	1:48.50	1:46.71	
	51.00			1:46.71 (55.71)	
12 Francis, Anya		Ukiah	1:44.70	1:48.01	
	50.20			1:48.01 (57.81)	
13 Brown, Maddison		Windsor High School	1:47.64	1:50.24	
	51.83			1:50.24 (58.41)	
14 Murphy, Emma		Piner	1:52.03	1:50.33	
	52.52			1:50.33 (57.81)	
15 Witzman, Angela		Windsor High School	1:52.98	1:55.65	
	54.50			1:55.65 (1:01.15)	
--- Hakala, Aurora		Santa Rosa	1:49.55	DQ	
	51.72			DQ (1:00.91)	

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 19 Girls 100 Yard Breaststroke)

Name	Age	School	Prelim Time	Finals Time
Preliminaries				
11 Crosbie, Rylan		Cardinal Newman	1:45.25	
16 Cornwall, Ruby		Analy	1:51.03	
19 Krebbs, Julia	16	Maria Carrillo	1:53.33	
20 Heyfron, Ireland		Healdsburg High School	1:54.76	
21 Reeser, Kaylie		Ukiah	2:12.34	
--- Robertson, Jojo	17	Windsor High School	DQ	

Event 19 Girls 100 Yard Breaststroke

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Kiehl, Hannah		Maria Carrillo	1:11.09	1:10.14 q
	32.59	1:10.14 (37.55)		
2 Morelle, Lutece		Maria Carrillo	1:11.53	1:10.98 q
	33.25	1:10.98 (37.73)		
3 Puckett, Morgan		Cardinal Newman	1:09.51	1:12.90 q
	33.60	1:12.90 (39.30)		
4 Danner, Ella		Ukiah	1:17.06	1:15.09 q
	35.54	1:15.09 (39.55)		
5 Pintane, Eva		Ukiah	1:24.90	1:22.09 q
	38.20	1:22.09 (43.89)		
6 Derr, Samantha		Montgomery High School	1:34.56	1:31.47 q
	42.61	1:31.47 (48.86)		
7 Seligson, Iris		Analy	1:27.52	1:34.66 q
	42.69	1:34.66 (51.97)		
8 Estep, Kendra		Windsor High School	1:35.61	1:35.88 q
	44.66	1:35.88 (51.22)		
9 Beck, Chloe		Rancho Cotate	1:45.90	1:43.07 q
	46.84	1:43.07 (56.23)		
10 Francis, Anya		Ukiah	2:10.20	1:44.70 q
	49.29	1:44.70 (55.41)		
11 Crosbie, Rylan		Cardinal Newman	1:49.28	1:45.25 q
	48.16	1:45.25 (57.09)		
12 Thill, Avery		Healdsburg High School	1:50.20	1:45.31 q
	49.88	1:45.31 (55.43)		
13 Brown, Maddison		Windsor High School	1:52.11	1:47.64 q
	51.88	1:47.64 (55.76)		
14 Hewitt, Addy		Rancho Cotate	1:49.30	1:48.50 q
	51.16	1:48.50 (57.34)		
15 Hakala, Aurora		Santa Rosa	1:46.90	1:49.55 q
	51.35	1:49.55 (58.20)		
16 Cornwall, Ruby		Analy	1:50.02	1:51.03 q
	52.24	1:51.03 (58.79)		
17 Murphy, Emma		Piner	1:41.59	1:52.03
	52.66	1:52.03 (59.37)		
18 Witzman, Angela		Windsor High School	1:57.00	1:52.98
	52.86	1:52.98 (1:00.12)		
19 Krebbs, Julia	16	Maria Carrillo	1:35.00	1:53.33
	53.25	1:53.33 (1:00.08)		
20 Heyfron, Ireland		Healdsburg High School	1:47.00	1:54.76
	51.69	1:54.76 (1:03.07)		

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 19 Girls 100 Yard Breaststroke)

Name	Age	School	Seed Time	Prelim Time
21 Reeser, Kaylie		Ukiah	2:12.64	2:12.34
	1:02.60	2:12.34 (1:09.74)		
--- Robertson, Jojo	17	Windsor High School	1:29.44	DQ
	44.18	DQ (48.61)		

Event 20 Boys 100 Yard Breaststroke

Name	Age	School	Prelim Time	Finals Time
A - Final				
1 Brophy, Fisher	16	Maria Carrillo	1:02.60	1:01.42
	28.26	1:01.42 (33.16)		
2 Lee, Emmerson	15	Maria Carrillo	1:03.03	1:01.60
	28.77	1:01.60 (32.83)		
3 Miller, Zachary	16	Maria Carrillo	1:10.76	1:08.62
	32.37	1:08.62 (36.25)		
4 Holmes, Adam		Cardinal Newman	1:11.03	1:10.03
	32.62	1:10.03 (37.41)		
5 Gradus, Joshua		Ukiah	1:10.34	1:10.75
	32.58	1:10.75 (38.17)		
6 Gardner, Patrick		Cardinal Newman	1:10.57	1:11.04
	33.19	1:11.04 (37.85)		
7 Donoho, Cooper	17	Windsor High School	1:12.09	1:11.87
	33.75	1:11.87 (38.12)		
8 Boyce, Gavin		Windsor High School	1:11.44	1:12.02
	33.49	1:12.02 (38.53)		
B - Final				
9 Johannsen, Julian		Healdsburg High School	1:15.95	1:17.80
	36.94	1:17.80 (40.86)		
10 Hawks, Isaac		Santa Rosa	1:16.48	1:18.88
	35.94	1:18.88 (42.94)		
11 Mahe, Gaspar		Santa Rosa	1:17.71	1:19.50
	37.50	1:19.50 (42.00)		
12 Hostutler, Ezra	16	Santa Rosa	1:19.02	1:19.91
	37.71	1:19.91 (42.20)		
13 Anderson, Nolan		Healdsburg High School	1:30.30	1:28.61
	42.12	1:28.61 (46.49)		
14 Rechin, Boedy		Cardinal Newman	1:29.38	1:30.16
	43.40	1:30.16 (46.76)		
15 McKenzie, Cameron		Healdsburg High School	1:31.83	1:31.03
	43.38	1:31.03 (47.65)		
--- Maraviglia, Paolo		Cardinal Newman	1:28.34	DQ
	42.81	DQ (48.32)		

Event 20 Boys 100 Yard Breaststroke

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Brophy, Fisher	16	Maria Carrillo	1:03.81	1:02.60 q
	28.83	1:02.60 (33.77)		
2 Lee, Emmerson	15	Maria Carrillo	1:04.29	1:03.03 q
	29.36	1:03.03 (33.67)		
3 Gradus, Joshua		Ukiah	1:11.32	1:10.34 q
	32.36	1:10.34 (37.98)		
4 Gardner, Patrick		Cardinal Newman	1:15.00	1:10.57 q
	33.09	1:10.57 (37.48)		

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

Preliminaries ... (Event 20 Boys 100 Yard Breaststroke)

Name	Age	School	Seed Time	Prelim Time	
5 Miller, Zachary	16	Maria Carrillo	1:06.48	1:10.76	q
33.37	1:10.76 (37.39)				
6 Holmes, Adam		Cardinal Newman	1:15.00	1:11.03	q
33.45	1:11.03 (37.58)				
7 Boyce, Gavin		Windsor High School	1:12.08	1:11.44	q
33.38	1:11.44 (38.06)				
8 Donoho, Cooper	17	Windsor High School	1:13.57	1:12.09	q
33.32	1:12.09 (38.77)				
9 Johannsen, Julian		Healdsburg High School	1:12.38	1:15.95	q
35.92	1:15.95 (40.03)				
10 Hawks, Isaac		Santa Rosa	1:17.56	1:16.48	q
35.63	1:16.48 (40.85)				
11 Mahe, Gaspar		Santa Rosa	1:19.75	1:17.71	q
36.83	1:17.71 (40.88)				
12 Hostutler, Ezra	16	Santa Rosa	1:23.36	1:19.02	q
36.86	1:19.02 (42.16)				
13 Maraviglia, Paolo		Cardinal Newman	1:30.50	1:28.34	q
40.51	1:28.34 (47.83)				
14 Rechin, Boedy		Cardinal Newman	1:29.27	1:29.38	q
42.30	1:29.38 (47.08)				
15 Anderson, Nolan		Healdsburg High School	1:39.36	1:30.30	q
42.33	1:30.30 (47.97)				
16 McKenzie, Cameron		Healdsburg High School	1:37.13	1:31.83	q
43.20	1:31.83 (48.63)				

Event 21 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Cardinal Newman	A	3:52.70	3:44.64
1) Menconi, Sienna	2) Edwards, Abigail	3) Menconi, Jordyn	4) Puckett, Morgan
25.61	52.75 (52.75)	1:21.22 (28.47)	1:52.90 (1:00.15)
2:20.63 (27.73)	2:50.43 (57.53)	3:16.22 (25.79)	3:44.64 (54.21)
2 Maria Carrillo	A	3:48.83	3:51.66
1) Noel, Ava 15	2) Kiehl, Hannah	3) Benefield, Chloe 16	4) Struna-Meyer, Casey 16
26.94	56.05 (56.05)	1:24.46 (28.41)	1:55.94 (59.89)
2:24.09 (28.15)	2:54.52 (58.58)	3:21.45 (26.93)	3:51.66 (57.14)
3 Healdsburg High School	A	4:45.00	4:18.92
1) Greaves, Layla	2) O Herlihy, Roisin	3) Gordon, Charley	4) Boardman, Ela
26.32	54.95 (54.95)	1:27.85 (32.90)	2:06.39 (1:11.44)
2:38.72 (32.33)	3:17.91 (1:11.52)	3:46.77 (28.86)	4:18.92 (1:01.01)
4 Analy	A	4:40.19	4:30.33
30.74	1:05.57 (1:05.57)	1:41.17 (35.60)	2:22.25 (1:16.68)
2:53.94 (31.69)	3:29.13 (1:06.88)	3:59.19 (30.06)	4:30.33 (1:01.20)
5 Rancho Cotate	A	4:38.21	4:31.22
1) Whetstone, Taylor	2) Connelly, Audrey	3) Morgan, Brynn	4) Barcelo, Faith
32.17	1:07.87 (1:07.87)	1:41.27 (33.40)	2:20.08 (1:12.21)
2:49.60 (29.52)	3:22.90 (1:02.82)	3:55.64 (32.74)	4:31.22 (1:08.32)
6 Santa Rosa	A	4:40.01	4:44.76
1) Morgan, Sloane	2) Sullivan, Jace	3) Richards, Star	4) Beck, Olivia 17
32.12	1:09.49 (1:09.49)	1:44.18 (34.69)	2:25.38 (1:15.89)
3:01.41 (36.03)	3:39.70 (1:14.32)	4:10.45 (30.75)	4:44.76 (1:05.06)
7 Ukiah	A	5:17.76	4:50.86
1) Koehn, Lila	2) Reyes, Michelle	3) Zhou, Tanya	4) Francis, Anya
35.01	1:13.10 (1:13.10)	2:23.85 (1:10.75)	
2:59.46 (35.61)	3:38.89 (1:15.04)	4:12.90 (34.01)	4:50.86 (1:11.97)

2025 NBL Championships - 4/25/2025 to 4/26/2025

Results

(Event 21 Girls 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time
8 Windsor High School	A	5:06.36	5:02.24
1) Reineck, Emmie	2) Healy, Macaela 16	3) Goodwin, Emma 16	4) Prieto-Trujillo, Alissa
35.88	1:15.76 (1:15.76)	1:51.48 (35.72)	2:31.76 (1:16.00)
3:08.97 (37.21)	3:49.10 (1:17.34)	4:22.65 (33.55)	5:02.24 (1:13.14)
9 Piner	A	5:34.15	5:15.54
1) Ross, Sidney	2) Solorio Tapia, Iris	3) Bustamante Rodriguez, Lillian	4) Murphy, Emma
29.89	1:03.64 (1:03.64)	1:41.34 (37.70)	2:22.70 (1:19.06)
3:02.70 (40.00)	3:47.50 (1:24.80)	4:29.87 (42.37)	5:15.54 (1:28.04)

Event 22 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Maria Carrillo	A	3:23.37	3:21.24
1) Brophy, Fisher 16	2) Bouse, Alexander 15	3) Lee, Emmerson 15	4) Wang, Lucas 16
24.05	50.46 (50.46)	1:13.89 (23.43)	1:41.24 (50.78)
2:05.77 (24.53)	2:32.85 (51.61)	2:55.54 (22.69)	3:21.24 (48.39)
2 Cardinal Newman	A	3:27.56	3:26.97
1) Sullivan, Jacob	2) Becerra, Jose	3) Smith, Rocco	4) Gannon, James
24.66	51.69 (51.69)	1:16.68 (24.99)	1:44.76 (53.07)
2:10.63 (25.87)	2:38.98 (54.22)	3:01.70 (22.72)	3:26.97 (47.99)
3 Analy	A	3:49.95	3:50.45
1) Tantarelli, Luciano	2) Black, Travis	3) Hamann, Vincent	4) Salcido, Alessandro
26.66	55.35 (55.35)	1:23.56 (28.21)	1:55.78 (1:00.43)
2:24.20 (28.42)	2:55.90 (1:00.12)	3:21.95 (26.05)	3:50.45 (54.55)
4 Windsor High School	A	4:07.33	4:08.74
1) Addiego, Gavin	2) Boyce, Gavin	3) Donoho, Cooper 17	4) Estep, Titan
28.59	1:00.34 (1:00.34)	1:33.19 (32.85)	2:09.34 (1:09.00)
2:38.62 (29.28)	3:09.87 (1:00.53)	3:37.79 (27.92)	4:08.74 (58.87)
5 Healdsburg High School	A	4:10.55	4:10.81
1) Kluse, Milo	2) Medrano, Damian	3) Lemus, Yeshua	4) Ouchinda-Pratt, Tas
30.01	1:02.21 (1:02.21)	1:29.86 (27.65)	2:00.95 (58.74)
2:32.75 (31.80)	3:06.40 (1:05.45)	3:36.02 (29.62)	4:10.81 (1:04.41)
6 Santa Rosa	A	4:57.51	4:13.22
1) Swallow, Ian 18	2) Johnson, Caleb	3) Petersen, Andreas 17	4) Wurtzel, Jonah 17
30.13	1:06.63 (1:06.63)	1:32.52 (25.89)	2:05.49 (58.86)
2:35.05 (29.56)	3:08.33 (1:02.84)	3:39.74 (31.41)	4:13.22 (1:04.89)

Event 115 Girls 50 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
1 Noel, Ava	15	Maria Carrillo	NT	26.48
2 Kraemer, Jessica		Ukiah	NT	28.46

Event 116 Boys 50 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
1 Kiehl, Nathan		Maria Carrillo	NT	23.60

Event 123 Girls 100 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
1 Noel, Ava	15	Maria Carrillo	NT	56.05
2 Ross, Sidney		Piner	NT	1:03.64

Event 124 Boys 100 Yard Freestyle

Name	Age	School	Seed Time	Finals Time
1 Brophy, Fisher	16	Maria Carrillo	NT	50.46