

**NORTHERN NEVADA AQUATICS SILVER STATE CHAMPIONSHIPS  
PACIFIC SWIMMING LONG COURSE PRELIMINARIES & FINALS MEET  
JULY 10-12, 2026**

Enter Online: <https://ome.fastswims.com/>



**PACIFIC**  
SWIMMING

**NNA**  
Northern Nevada Aquatics

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **26-090**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet, which may include, but is not limited to, photographs, video, web casting, television, psych sheets, and live meet results. **The unofficial results of this meet may be posted in the Meet Mobile App, or in real time on the Internet at [www.northernnevadaaquatics.com](http://www.northernnevadaaquatics.com)**

**USE OF AUDIO AND VIDEO:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones, tablets, and Google Glass, is not permitted in changing areas, restrooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee. Flash photography at the start of a race is prohibited in any location.

**MEET PERSONNEL:**

**Meet Referee:** Jeremy Murray

**Head Starter:** Joshua Cosman

**Chief Judge:** Diana Cosman

**Admin Officials:** Veronica Harmon and Arianne Sorreta

**Meet Marshals:** Morgan McCord, Michelle Hall

**Meet Director:** Erik Scalise - [nnaswimmeet@gmail.com](mailto:nnaswimmeet@gmail.com) 775-331-0123

**LOCATION:** Moana Springs Community Aquatics and Fitness Center at 240 W Moana Lane, Reno, NV 89509. Parking is free all three days. Street parking will be available. Loading and unloading zones will be marked. Coned off parking available for Meet Officials.

**DIRECTIONS:** From I-580, take the Moana Lane (exit 32) exit and head West for approximately 1.0 mile. After passing the light on Virginia Street, turn left at the light at Baker Lane, then right at the driveway into the Moana Springs Aquatic Center. Park anywhere in the main parking lot. Overflow parking is at the baseball field parking lots south of the pool, continuing down Baker Lane, or in the Atlantis Casino overflow parking lot, traveling further down Baker Lane and turning left on Peckham Lane.

**COURSE:** INDOOR 50 METER by 25 yard pool with up to 8 lanes available for competition. An additional 2 long course lanes shall be available for warm-up/cool down throughout the competition. Colorado Timing system with touch pads and scoreboards will be used. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 13' at the start end and 3'6" at the turn end. The meet host shall ensure the required course dimensions.

**TIME:** Friday: Meet shall begin at 4:00 PM with warm-ups from 3:00-3:50 PM.

Saturday and Sunday: **Preliminary** sessions shall begin at 9:00 AM each day with warm-ups from 7:30 to 8:50 AM each day. Designated warm-up lane for 8 and under athletes will be available upon request. **Finals:** Start time and warm-up times will be determined by the Meet Referee and announced each day as early as possible.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All preliminary events shall be swum fast to slow, with the first three heats circle seeded.
- Athletes may compete in a **maximum of two (2) individual events on Friday and three (3) individual events per day on Saturday and Sunday.**
- Prelims for all age groups, 10 and under, 11, 12, 13, 14 and 15 and over will be swum together seeded by entry time.

- There will be one heat of finals (8 athletes per final) for 10 & under, 11, 12, 13, 14 and 15 & over for each gender.
- The 400 and over events will swim in regular event order as timed final events during the Friday PM session. No circle seeding; Friday night events are seeded fastest to slowest. They will be scored for high point designated by age groups. There will be positive check-in for Friday's events.
- Entries for each session will close before the stated entry deadlines if and when the estimated timeline for the session reaches 4 hours.
- **All USA Swimming member coaches and officials on deck shall be certified and in good standing.** All coaches are required to sign in and present their valid membership before coaching athletes at the meet.
- Red Cross certified lifeguards, AED, backboards, rescue tubes, and minor first aid supplies available.

#### RELAYS:

- Relays will be deck entered by 10:00 am each day at the Clerk of Course, where entry cards will be available.
- Relays are **OPEN RELAYS**, any combination of ages and genders will be accepted.
- Clubs may enter as many relays as they wish. Relay only athletes will be allowed. Athletes are limited to one relay per day each. Relays will not be scored or awarded.
- Order of the athletes must be clearly marked on the relay entry and shall not be changed after being called to block.
- Relays are timed finals. There will not be a break before the relays.

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Each athlete entered into this meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water without the use of a backstroke ledge. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** The following prohibitions apply to all areas of the meet venue including the pool deck, locker rooms, spectator seating, standing areas, and all areas used by athletes during the meet and during warm-up periods:

- No smoking, vaping, or the use of other tobacco products.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No propane heaters are permitted, except for snack bar/meet operations.
- No glass containers are allowed in the meet venue.
- Only athletes, coaches, officials, and volunteers shall be allowed on the pool deck, limited spectators are specifically allowed as outlined in the "Admissions" section.
- Deck changes are prohibited.
- Limited club, vendor and coach's tents are allowed on the pool deck.
- Deck space will be limited; there is additional outside space in the adjacent park. Please plan accordingly.
- Coaches, parents, and siblings are not allowed in any of the swimming pools.
- During general warm-up, athletes must enter the pool feet-first with one hand in contact with the deck or gutter (3-point entry).
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

#### ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on their entries exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, athletes shall be required to register online via USA Swimming's online member registration before

being allowed to swim in the meet.

- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodation. The athlete (or athlete's coach) is responsible for notifying the Meet Referee, prior to competition, of any athlete with a disability and of the requested accommodation and/or modifications. The athlete/coach shall provide a Personal Assistant or any equipment (tappers, deck mats, etc.) if required. Failure to provide advance notice may limit the ability to accommodate all requests.
- Athletes 19 years of age and over may compete in the meet in the 15 and over age group and will be eligible for high-point and individual awards.
- The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY TIMES:** Entries must be submitted using the athlete's best conforming long course time or non-conforming short course meters/yards time for each event. Entries with **"NO TIME" will be accepted and coaches may enter an estimated time (except for the 800 Free; see "DISTANCE EVENTS" below).**

#### **DISTANCE EVENTS:**

- There will be positive check-in for Friday events. Check-in will close at 3:30pm on Friday, July 10<sup>th</sup>.
- Individual 400 meter and over events will be swum fastest to slowest and will not be circle seeded.
- **Per Zone 4 policy, to be eligible to enter the 800 Freestyle, an Athlete must have previously established a USA Swimming Motivational "B" time or better in any freestyle event of 400m/500y or longer, applicable to their age group and competition category on the first day of the meet. Para Athletes entering under this policy must provide documentation of their classification to the Meet Referee no later than the close of entries for the meet.**
- Athletes In the 800 meter freestyle must provide their own lap counters and timers.
- If local conditions warrant, the Meet Referee may combine women's and men's heats.
- Distance events may be limited to the top 28 (4 heats) entries in each event for each gender.

**SEEDING:** Event seeding shall be in the following order: conforming long course meters (LCM), non-conforming short course meters (SCM), non-conforming short course yards (SCY) - USA Swimming rules 207.11.7B. **Preliminary heats will be swum fastest to slowest, with the first three (3) heats being circle seeded.**

**CHECK-IN:** The meet will be pre seeded. There will be no positive check-in for 200 and under events. Athletes shall not be required to check-in except for the 400 meter individual events and the 800 meter freestyle (see above under "DISTANCE EVENTS"). Athletes shall report to the ready area one heat prior to their scheduled time for each event. Check in for distance events will be due by 3:30pm the day of the event (Friday).

**Scratches:** For Saturday and Sunday prelim events, all scratches will be due by 6:00pm on the preceding day. All scratches need to be given to the administrative official at the admin desk or emailed by the cut off time to [nnaswimmeet@gmail.com](mailto:nnaswimmeet@gmail.com).

**Preliminary and Timed-Final Events:** Athletes who must withdraw from an event in which they have been seeded are requested to notify the Referee immediately. Any athletes not reporting for or competing in a preliminary or timed-final event that they have been checked in for **shall not be penalized.**

**Finals Events:** Any athlete qualifying for any level of finals in an individual event who does not wish to compete must scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that they may not intend to compete in finals. In this case, they must declare their final intention within 30 minutes after the announcement of qualifiers following their last individual preliminary event of that day. Otherwise, all qualifiers not properly scratched **will be seeded in finals.**

**Penalty for No-show in Finals:** Any athlete originally qualifying for any finals race in an individual event, who fails to show up and compete in said final race prior to calling the first alternate, without having been properly scratched first, shall be barred from the **remainder of any finals events for that day.** Should the athlete have no additional finals events for that day, they will be barred from their next preliminary event.

**Exceptions:** No penalty shall apply for failure to withdraw or compete in a finals event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the failure is caused by circumstances beyond the control of the athlete, or the athlete qualified for finals due to scratches of one or more original finalists, or the athlete is an alternate for finals.

**ENTRY FEES:** \$6.00 per event plus a \$15.00 per Athlete participation fee and a \$15.00 facility surcharge. Entries shall be rejected if payment is not sent at time of request. No refunds shall be made, except mandatory scratch downs.

**MEFAP ENTRY FEES:** \$15.00 participation fee. Registered Pacific Swimming Outreach Athletes are eligible for the Meet Entry Fee Assistance Program (MEFAP). For more information on Outreach Qualification:  
<https://www.pacswim.org/userfiles/kcfinder/files/Outreach%20Qualifications%202025%20rev%2011.13.25.pdf>

**ENTRY DEADLINES:** Entries for each session will close by the applicable deadline listed below, or when a session becomes full and is closed early per the rules section above, whichever is first. **NO LATE ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ACCEPTED.** Check <https://ome.fastswims.com> for session open or closed status.

**ONLINE ENTRIES:** Go to <http://ome.fastswims.com> to receive an immediate entry confirmation. The "billing information" email should be brought to the meet as proof of entry. This method requires payment by credit card. FastSwims charges a service fee for this service, equal to 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the service fee is a separate fee from the Entry Fees. If you do not wish to pay the service fee, enter the meet using a mail entry or through a team HyTek file entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through **Wednesday, July 1, 2026, at 11:59 pm**, or until the meet has filled, whichever comes first.

**HYTEK ENTRIES:** Clubs wishing to submit their team's entries via HyTek entry file should contact [nnaswimmeet@gmail.com](mailto:nnaswimmeet@gmail.com) as soon as possible to coordinate and should submit their entries at least 7 days before the deadline for online entries to help ensure enough space remains in the meet. Only a single-entry file submission will be accepted from any one club, and must be accompanied by payment in full. After acceptance, additional entries will need to use one of the other entry methods, and scratches will need to follow the scratch procedures for the meet.

**MAILED/HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly using the athlete's best conforming long course time or non-conforming short course meters/yards time for each event. Entries must be **postmarked by midnight, Monday, June 29, 2026** or **hand delivered by 10:30am, Thursday, July 2, 2026, and may be rejected if a session is already full.** Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make checks payable to:**

**Mail payment with entries to:**

**Northern Nevada Aquatics**

Northern Nevada Aquatics  
NNA Silver State Champs  
1135 Terminal Way #106  
Reno, NV 89502

**Or Hand Deliver: by 10:30 am Thurs. July 2, 2026 to:**

NNA SSC Entries  
4570 Rio Encantado Lane  
Reno, NV 89502

**AWARDS:** Distinctive awards will be given to 1<sup>st</sup> through 8<sup>th</sup> place for boys and girls age groups: 10 & under, 11, 12, 13, 14, and 15 & over. Points will be awarded as follows (9, 7, 6, 5, 4, 3, 2, 1) for 1<sup>st</sup> through 8<sup>th</sup> place for age groups 10 & under, 11, 12, 13, 14, and 15 & over. Individual High-Point awards will be awarded for 10 & under, 11, 12, 13, 14, and 15 & over in both girl and boy age groups. Awards must be picked up at the meet. **NO awards will be mailed.**

**ADMISSION:** Free for spectators. There may be limited access to the building depending on current City of Reno facility protocols. No spectators will be allowed into the swim area behind the blocks.

**SNACK BAR:** Limited snack sales located in the lobby or patio area may be available during the meet.

**HOSPITALITY:** Coaches, Officials and Timers will be provided with water and snacks during the meet session. Lunches will be provided for coaches and officials.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours. **Deck space will be limited; there is additional space outside. Please plan accordingly based on weather.**

**TIMERS:** Clubs will be assigned lanes based on the number of participating athletes from each club (host club will not be expected to time). The individual Clubs will be responsible for scheduling their own timers for their assigned lanes for each session.

**MINIMUM OFFICIALS:** All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, registered apprentice officials are also welcome to train with working officials. **Participating clubs shall, by the entry deadline, provide to the Meet Director or designee a list of officials who have agreed to represent that club for each meet session, in accordance with the following table:**

<b>Club athletes entered in session</b>	<b>Fully certified officials required for that session</b>
<b>1-10</b>	<b>0</b>
<b>11-25</b>	<b>1</b>
<b>26-50</b>	<b>2</b>
<b>51-75</b>	<b>3</b>
<b>76-100</b>	<b>4</b>
<b>101 or more</b>	<b>5</b>

One half-hour before the scheduled start of each session, the Meet Referee or designee shall conduct an inventory of officials, and shall compare the number of athletes against the number of Officials present representing each club. Those clubs that have not provided sufficient officials shall have all their athletes treated as “time only” athletes in all respects for that session. Neither the athletes nor the club shall be eligible for awards from that session.

### SCHEDULE OF EVENTS

Preliminary/Morning Sessions						
Saturday, July 11, 2026				Sunday, July 12, 2026		
Girls #	Event Description	Boys #		Girls #	Event Description	Boys #
7	Open 200 IM	8		23	Open 200 Free	24
9	13 & O 200 Fly	10		25	Open 100 Back	26
11	Open 50 Fly	12		27	13 & O 200 Breast	28
13	Open 100 Breast	14		29	Open 50 Breast	30
15	13 & O 200 Back	16		31	Open 100 Fly	32
17	Open 50 Back	18		33	Open 50 Free	34
19	Open 100 Free	20				
21	Open 400 Medley Relay*			35	Open 400 Free Relay*	

**Finals / Evening Sessions**

Friday, July 10, 2026				Saturday, July 11, 2026				Sunday, July 12, 2026			
Age	Girls #	Event	Boys #	Age	Girls #	Event	Boys #	Age	Girls #	Event	Boys #
15 & O	1	400 Free	2	15 & O	7	200 IM	8	15 & O	23	200 Free	24
14											
13											
12											
11											
10 & U											
15 & O	3	400 IM	4	15 & O	9	200 Fly	10	15 & O	25	100 Back	26
14											
13											
12											
11											
15 & O	5	800 Free	6	13	11	50 Fly	12	10 & U	27	200 Breast	28
14											
13											
10 & U											
				15 & O	13	100 Breast	14	15 & O	29	50 Breast	30
				14	15	200 Back	16	14	31	100 Fly	32
				15 & O	17	50 Back	18	12	33	50 Free	34
				14	19	100 Free	20	15 & O			
				13				14			
				12				13			
				11				12			
				10 & U				10 & U			

Pacific Swimming – Hosted by NNA  
**SILVER STATE CHAMPIONSHIPS PRELIMINARIES & FINALS**  
 July 10-12, 2026  
 Consolidated Entry Form

Name: Last,	First	Middle
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Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M    F	LSC – (PC, SN, etc.)
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USA-#															
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Event #	Distance / Stroke	Entry Time	Circle One
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM
		: .	SCY / LCM / SCM

Number of Events x \$6.00	\$ _____
Participation Fee	\$ 15.00
Facility Surcharge	\$ 15.00
Total	\$ _____

Coach
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Athlete's Address
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Home Phone	Cell Phone
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Email
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