



Zone 2 Priority Clubs for CDST site: CDST, ALGA, EBAT, LAC, ONDA, PST, TVAC

SANCTION: Held under USA/Pacific Swimming Sanction No. **25-109**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the Athlete or their guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on Meet Mobile app.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, restrooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or their designee.

MEET PERSONNEL:

Meet Referee: David Benjamin/K.C. Yap	Head Starter: Jason Jeffries
Meet Marshal: Keseavan Jayaraman	Admin Official: Gayle Thayer
Meet Director: Holly Gallagher, cdstmeetdirector@gmail.com	

LOCATION: Ohlone College Pool at the Fremont Campus: 50 Pine Street, Fremont CA 94539

DIRECTIONS: Highway I-680 South take EXIT 16 for Mission Boulevard/CA-238, Keep left at the fork, follow signs for Mission San Jose/Ohlone College, turn left onto CA-238 S/Mission Blvd, after 1.1 mi, turn left onto Pine St, continue straight onto Aquatic Way and turn left enter Ohlone College Parking Structure. The pool is located next to the Ohlone College Parking Structure.

PARKING: Park in the Ohlone College Parking Structure. No drop-offs are allowed in the driving lanes of the Parking Structure. Please pull into an empty parking space and drop off. If you are parking, a valid parking permit is required at all times to park on the Ohlone College campus. A Daily Permit can be purchased for \$4.00 at the kiosk machines located in the Ohlone College Parking Structure. Overnight parking is not allowed.

COURSE: Outdoor 25-yard pool with up to 10 lanes available for competition. An additional 8 lanes will be available for warm-up/warm-down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. The Meet Host shall ensure the required course dimensions.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under Athletes only will be held from 8:45 to 8:55 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All athletes 18 and older must have completed the Athlete Protection Training to be allowed to compete.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a **MAXIMUM of 3 events** per day.
- All Athletes aged 12 and under should complete competition within four (4) hours.

- Entries will be accepted until the number of splashes exceeds the estimated timeline, per the “Four-Hour Rule,” based on the Athlete's age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Refunds will be made for any mandatory scratches.
- **THIS IS A CLOSED DECK MEET. ONLY COACHES, ATHLETES, OFFICIALS, AND VOLUNTEERS ARE ALLOWED ON DECK.**
- **All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.**
- Medical supervision: Lifeguards will be available to provide medical assistance to all participants.
- All athletes entered in the 500-yard freestyle shall provide their own timers and lap counters.
- Athletes entering Events 33 and 68 (Girls Open 500FR and Boys Open 500FR respectively), must have achieved the 10 & Under USA Swimming Motivational B time standard for the event (8:36.69 girls, 8:24.29 boys). Athletes entering events 33 and 68 are capped to maximum duration of one (1) hour, filled in the order entries are received.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or their designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- Entry and set up (pop-ups) are not allowed before 7 AM on Saturday and Sunday.
- All pathways must be clear, and no pop-ups are allowed on pathways and in front of entry and exit gates as well as yellow tape marked areas. Pathways and entry and exit gates must be clear for emergency personnel and vehicles to pass through. Pop-ups are allowed on the grassy areas around the pool.
- No umbrellas are allowed beyond the cordoned off areas at the starting blocks and race start areas on the deck for safety reasons.
- No overnight parking is allowed. Facilities will not be provided for after-meet hours.
- Neither CDST nor Ohlone College is responsible for items that are lost or stolen.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Athletes in the BB+ Division must have met, at least, the USA Swimming Motivational BB minimum time standard. (For 8 & Under, athletes in the “A” division must have met at least the listed “A” time standard.) Athletes in the B Division must have met at least the listed B minimum time standard. All entry times slower than the listed B time standard will be in the C Division.
- Entries with **"NO TIME" will NOT be accepted.**

- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet. Athletes aged 18 and over must take and pass the Athlete Protection Training of USA-Swimming before being allowed to compete.

ENTRY PRIORITY: Meet entries will be accepted no earlier than 7:00 AM Monday **September 15, 2025**. Entries from members of assigned year-round Zone 2 clubs in good standing entered online by 11:59 PM Saturday **September 20, 2025** will be given first priority acceptance. Entries from members of all Zone 2 clubs (year-round and seasonal) entered online between 12:00 AM Sunday **September 21, 2025** and 11:59 PM Saturday **September 27, 2025** will be given second priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSCs, entered online by the entry deadline will be considered in the order they are received.

**** NOTE: Athletes who falsify their entry form by listing a club to which they are not legitimately associated will be rejected from the meet. Furthermore, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.**

ENTRY FEES: \$4.50 per event plus a \$10.00 participation fee per Athlete, plus a \$20 facility surcharge fee per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs. Only the event fees will be refunded in case of mandatory scratch downs.

MEFAP ENTRY FEES: \$10.00 participation fee. Registered Pacific Swimming Outreach Athletes are eligible for the Meet Entry Fee Assistance Program (MEFAP). For more information on Outreach Qualification:
<https://www.pacswim.org/userfiles/kcfinder/files/Outreach%20Qualifications%202024.pdf>

ONLINE ENTRIES: To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a service fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the service fee is a separate fee from the Entry Fees. Online entries will be accepted through Wednesday, **October 8, 2025** or until capacity is reached under the four-hour rule, whichever occurs first. Mailed or hand-delivered paper entries will NOT be accepted.

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Prior to 10:30 AM, close of check-in for each event shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. **Close of check-in for all remaining events for that day shall be at 10:30 AM.** Athletes who do not check in will not be seeded and will not be allowed to compete in that event. Athletes who wish to scratch from an event after the close of check-in are requested to inform the Referee on the starting end of the competition course. **NOTE:** Do not rely on Meet Mobile for event start time.

SCRATCHES: Any Athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: First through eighth places in each division (C, B, BB) will be awarded for the 9-10, 11-12, 13-14 age groups. First through eighth place in each division (PC-C, PC-B, PC-A) will be awarded for the 8 & Under age group. All athletes achieving an A time for the first time will be awarded a standard A medal, regardless of place achieved in the event. No awards will be given for athletes 15 years of age and older. No awards will be given for Open events. Individual awards must be picked up at the meet. We will not mail or distribute awards after the meet.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working Officials will be provided lunch.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of athletes entered against the number of Officials that worked representing each club per day of the meet. Those clubs who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Number of athletes entered in meet per club per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Athletes over 100	+1

EVENT SUMMARY

SATURDAY				SUNDAY			
8&U	9-10	11-12	13&O	8&U	9-10	11-12	13&O
100 FR	50 FR	50 FR	100 FR	50 FR	200 FR	200 FR	200 FR
25 FL	50 FL	200 FL	100 FL	50 BK	50 BK	50 BK	100 BK
25 BR	100 BR	100 BR	200 BR	25 FR	100 FR	100 FR	50 FR
25 BK	100 BK	200 BK	200 BK	50 FL	100 IM	200 IM	200 IM
Girls Open 500 FR				Boys Open 500 FR			

SCHEDULE OF EVENTS

SATURDAY OCTOBER 18, 2025				SUNDAY OCTOBER 19, 2025			
Girls	Age Group	EVENT	Boys	Girls	Age Group	EVENT	Boys
1	13&O	100 FR	2	35	13&O	200 FR	36
3	11-12	50 FR	4	37	11-12	200 FR	38
5	9-10	50 FR	6	39	9-10	200 FR	40
7	8&U	100 FR	8	41	8&U	50 FR	42
9	13&O	100 FL	10	43	13&O	100 BK	44
11	11-12	200 FL	12	45	11-12	50 BK	46
13	9-10	50 FL	14	47	9-10	50 BK	48
15	8&U	25 FL	16	49	8&U	50 BK	50
17	13&O	200 BR	18	51	13&O	50 FR	52
19	11-12	100 BR	20	53	11-12	100 FR	54
21	9-10	100 BR	22	55	9-10	100 FR	56
23	8&U	25 BR	24	57	8&U	25 FR	58
25	13&O	200 BK	26	59	13&O	200 IM	60
27	11-12	200 BK	28	61	11-12	200 IM	62
29	9-10	100 BK	30	63	9-10	100 IM	64
31	8&U	25 BK	32	65	8&U	50 FL	66
33	Girls Open**	500 FR			Boys Open**	500 FR	68

**All athletes entering the 500 Free must provide their own timers and lap counters. Athletes entering these events must have met the listed time standard (8:36.69 girls, 8:24.29 boys).

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>