

QUICKSILVER SANTA CRUZ  
PACIFIC SWIMMING SHORT COURSE C/B/A+ COMPETENCIA  
October 11-12<sup>th</sup>, 2025  
Enter Online: <http://ome.fastswims.com>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **25-102**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet on Meet Mobile.**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**

<b>Meet Referee:</b> Mette Graversen	<b>Head Starter:</b> Jeff Reagan
<b>Meet Marshal:</b> Lucas Salles Cuhna	<b>Admin Official:</b> Kimber Guzik
<b>Meet Director:</b> Michael Greymont – <a href="mailto:mgreymont@mhgcg.com">mgreymont@mhgcg.com</a>	408-891-2948

**LOCATION:** Watsonville High School – 250 Beach Street Watsonville, CA

**DIRECTIONS:** From Bay Area, take Hwy 17 South to Hwy 1 South. Exit on Main Street and go East on Main. Follow until East Beach Street. Park in large lot with solar panels.

**COURSE:** Outdoor pool with up to 10 lanes available for competition. An additional 5 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 12'0" at the start end and 12'0" at the turn end. The Meet Host shall ensure the required course dimensions.

**TIME:** Meet will begin at 09:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. Note, this shall be a split mini-session, with 10 and Under athletes beginning at 9:00am and finishing within 2.5 hours. The 11 and Over Swimmers shall start 30 minutes after the completion of the initial mini-session.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 4 events per day.
- All Athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated timeline, per the "Four-Hour Rule," based on the Athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All Coaches and Officials must wear their USA Swimming membership cards in a visible manner.
- First aid will be available at check in. AED devices are located at the facility.
- Each session shall be limited to 450 participants.

**UNACCOMPANIED ATHLETES:** Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA

Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- There is no area for parent setup on deck with tents. That is available just outside of the doors of the pool.

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with **"NO TIME" will be Accepted**
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

**ENTRY PRIORITY:** There will be a 7 day entry priority period for Zone 1 South Athletes upon opening of entries.

**ENTRY FEES:** \$4.50 per event plus a \$10.00 SCY participation fee and a \$20.00 facility fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**MEFAP ENTRY FEES:** \$10.00 participation fee. Registered Pacific Swimming Outreach Athletes are eligible for the Meet Entry Fee Assistance Program (MEFAP). For more information on Outreach Qualification:

<https://www.pacswim.org/userfiles/kcfinder/files/Outreach%20Qualifications%202024.pdf>

**ONLINE ENTRIES:** To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a service fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the service fee is a separate fee from the Entry Fees. If you do not

wish to pay the service fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through Wednesday, October 1<sup>st</sup>, 2025.

**Mailed:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked by midnight, Monday September 29<sup>th</sup>, 2025. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to:** Quicksilver Santa Cruz

**Mail entries to:** QuickSilver Swimming

Attn: Meet Director

409 Tenant Ave STE 423

Morgan Hill, CA 95037

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. The first event for **Session A** shall close 30 minutes prior to **Session A**. All events for **Session A** shall close by 10:30AM. The first event for **Session B** shall close 30 minutes before the announced start time of Session B. Close of check-in for remaining events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event for **Session B**.

**SCRATCHES:** Any Athletes not reporting for or competing in an individual timed final event that they have checked in for/entered shall not be penalized.

**AWARDS:** Awards will be presented for 1<sup>st</sup> – 8<sup>th</sup> place per age group per event.

**ADMISSION:** Free. A program will available for download prior to the meet.

**SNACK BAR & HOSPITALITY:** A food truck(s) will be available throughout the competition. Coaches and working Officials will be provided lunch.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

# ORDER OF EVENTS

	Saturday Oct 11th, 2025				Sunday Oct 12, 2025	
	Mini Session A				Mini Session A	
Girls #	Event	Boys #		Girls #	Event	Boys #
1	9-10 100 Back	2		35	9-10 50 Back	36
3	8-Under 50 Back	4		37	8-Under 25 Back	38
5	9-10 50 Breast	6		39	9-10 50 Fly	40
7	8-Under 25 Breast	8		41	8-Under 25 Fly	42
9	9-10 100 IM	10		43	9-10 100 Breast	44
11	8-Under 100 IM	12		45	8-Under 50 Breast	46
13	9-10 50 Free	14		47	9-10 100 Free	48
15	8-Under 25 Free	16		49	8-Under 50 Free	50
	Mini Session B				Mini Session B	
17	13-Over 200 Back	18		51	11-12 50 Fly	52
19	11-12 100 Back	20		53	13-Over 100 Fly	54
21	13-Over 100 Breast	22		55	11-12 50 Back	56
23	11-12 50 Breast	24		57	13-Over 100 Back	58
25	13-Over 100 Free	26		59	11-12 100 Breast	60
27	11-12 50 Free	28		61	13-Over 200 Breast	62
29	13-Over 200 IM	30		63	11-12 100 Free	64
31	11-12 100 IM	32		65	13-Over 200 Free	66
33	13-Over 200 Fly	34				

Use the following URL to find the time standards: <https://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by QuickSilver Santa Cruz SHORT COURSE CBA+ COMPETENCIA October 11th – October 12th, 2025 Consolidated Entry Form															
Name: Last                      First                      Middle															
Club Abbr.			UNATT TEAM ABBR				Club Name								
Age			Date of Birth				Sex M    F			LSC – (PC, SN)					
USA-#															
Event #	Distance / Stroke						Entry Time				Circle one				
							: .				SCY / LCM				
							: .				SCY / LCM				
							: .				SCY / LCM				
							: .				SCY / LCM				
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							: .				SCY / LCM				
							: .				SCY / LCM				
							: .				SCY / LCM				
# of entries _____ x \$4.50 = \$ _____ Participation Fee       \$ 10.00 Facility Fee            \$ 20.00  Total                     \$ _____															
Coach															
Athlete's Address															
Home Phone								Cell Phone							
Email															