

GGST SPOOKTACULAR MEET  
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET  
OCTOBER 25-26, 2025  
Enter Online: <http://ome.fastswims.com>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **25-114**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on Meet Mobile.**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET PERSONNEL:**  
**Meet Referee:** Trevor Gillis      **Head Starter:** Brett Shaug  
**Meet Marshal:** Lupe Rodriguez      **Admin Official:** Debbie Fujii  
**Meet Director:** Cynthia Van Laar [ggstmeetdirector@gmail.com](mailto:ggstmeetdirector@gmail.com)

**LOCATION:** Morgan Hill Aquatic Center, 16200 Condit Rd, Morgan Hill, CA 95037

**DIRECTIONS:** From Southbound Highway 101: take Dunne Avenue exit, go left and cross over 101, go right at Condit Road. Pool is ¼ mile on the left. From Northbound Hwy 101: take Tennant Ave. exit, go right and make immediate left onto Condit Road. Pool is on the right. Parking: Park in the main lot on the south side of the facility (side with the solar panels) or on the EAST side of Conduit Road. Do not park at the House of Thunder Harley Davidson Dealership, Fifth Element, Comfort Inn & Suites, or Microtel. Those lots are for their patrons and guests only, and vehicles will be towed at your expense. Do NOT Park in the soccer field parking lot as you may get locked in if they close before the meet ends. Please secure vehicles and contents as the City of Morgan Hill, the Morgan Hill Aquatics Center, or Pacific Swimming will take **NO** responsibility for damage to or theft of any vehicles or personal belongings.

**COURSE:** OUTDOOR 25 YARD pool with up to 16 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 13'0" at the turn end. The Meet Host shall ensure the required course dimensions.

**TIME:** Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:00 to 8:45 AM in the instructional pool.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
  - The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed.
  - All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
  - All events are timed finals.
  - All events will swim fast to slow.
  - Athletes may compete in **MAXIMUM 3** events per day.
  - All Athletes aged 12 and under should complete competition within four (4) hours.
  - Entries will be accepted until the number of splashes exceeds the estimated timeline, per the "Four-Hour Rule," based on the athletes' age and gender.
  - If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
  - **All Coaches and Officials must present proof of their USA Swimming membership when requested, and be in good standing.**
  - **Lifeguards will be provided by MHAC and an AED will be available to participants**

**UNACCOMPANIED ATHLETES:** Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Member-Coach of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured. **No stakes are allowed in grass, buckets only.**
- Deck changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Athletes in the "A" Division must have met at least USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with **"NO TIME" will be accepted.**
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

**ENTRY PRIORITY:** Zone 1 South athletes have priority registration through Monday, October 6<sup>th</sup>, 2025, at 11:59PM

**ENTRY FEES:** \$4.50 per event, a \$10.00 participation fee, plus a \$10.00 facility surcharge per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

**MEFAP ENTRY FEES:** \$10.00 participation fee. Registered Pacific Swimming Outreach Athletes are eligible for the Meet Entry Fee Assistance Program (MEFAP). For more information on Outreach Qualification:

<https://www.pacswim.org/userfiles/kcfinder/files/Outreach%20Qualifications%202024.pdf>

**ONLINE ENTRIES:** To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a service fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the service fee is a separate fee from the Entry Fees. If you do not

wish to pay the service fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through Wednesday, October 15, 2025.

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with Athlete's best time. Entries must be postmarked by midnight, Monday, October 13, 2025 or hand delivered by 6:30 p.m. Wednesday, October 15, 2025. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**Make check payable to: Gilroy Gators Swim Team**  
**Mail/Hand deliver entries to: Cynthia Van Laar**  
**8549 Silvia Street**  
**Gilroy, CA 95020**

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Prior to 10:30 AM, close of check-in for events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Close of check-in for all remaining events on Saturday and Sunday shall be at 10:30 AM. Athletes who do not check in will not be seeded in the event and will not be allowed to compete in that event. Athletes who wish to scratch from an event after the close of check-in are requested to inform the Referee on the start side of the course.

**SCRATCHES:** Any Athletes not reporting for or competing in an individual event that they have checked in for/entered shall not be penalized.

**AWARDS:** Individual awards will be awarded in the A and B Divisions. Ribbons for the first through eighth place will be given to the following age groups: 8 & Under, 9-10, 11-12. No awards will be given for athletes 13 years of age and older. A Medals shall be given to new A times. Awards will not be mailed.

**ADMISSION:** Free.

**SNACK BAR & HOSPITALITY:** A Food truck will be available throughout the competition. Coaches and working Officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

#### EVENT SUMMARY

SATURDAY					SUNDAY				
8 & UN	10 & UN	9-10	11-12	13 & OV	8 & UN	10 & UN	9-10	11-12	13 & OV
25 BR	100 IM	200 IM	200 IM	200 IM	100 FR	50 FL	200 FR	200 FR	200 FR
25 BK	50 BK	100 BR	100 FL	100 FL	50 FR	50 BR	100 BK	100 BK	100 BK
		100 FR	50 BK	200 BK			50 FR	200 FL	200 FL
			200 BR	100 BR				100 BR	200 BR
			100 FR	100 FR				50 FR	50 FR

# ORDER OF EVENTS

Saturday, October 25		
EVENT #	EVENT	EVENT #
1	13 & O 200 I.M.	2
3	11-12 200 I.M.	4
5	9-10 200 I.M.	6
7	10 & U 100 I.M.	8
9	13 & O 100 Fly	10
11	11-12 100 Fly	12
13	9-10 100 Breast	14
15	8 & U 25 Breast	16
17	13 & O 200 Back	18
19	11-12 50 Back	20
21	10 & U 50 Back	22
23	8 & U 25 Back	24
25	13 & O 100 Breast	26
27	11-12 200 Breast	28
29	9-10 100 Free	30
31	11-12 100 Free	32
33	13 & O 100 Free	34

Sunday, October 26		
EVENT #	EVENT	EVENT #
35	13 & O 200 Free	36
37	11-12 200 Free	38
39	9-10 200 Free	40
41	8 & U 100 Free	42
43	13 & O 100 Back	44
45	11-12 100 Back	46
47	9-10 100 Back	48
49	13 & O 200 Fly	50
51	11-12 200 Fly	52
53	10 & U 50 Fly	54
55	13 & O 200 Breast	56
57	11-12 100 Breast	58
59	10 & U 50 Breast	60
61	8 & U 50 Free	62
63	9-10 50 Free	64
65	11-12 50 Free	66
67	13 & O 50 Free	68

Pacific Swimming – Hosted by Gilroy Gators Swim Team SHORT COURSE CBA+ October 25-26 Consolidated Entry Form															
Name: Last                      First                      Middle															
Club Abbr.			UNATT TEAM ABBR				Club Name								
Age			Date of Birth				Sex M    F			LSC – (PC, SN)					
USA-#															
Event #	Distance / Stroke						Entry Time				Circle one				
							: .				SCY / LCM				
							: .				SCY / LCM				
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							: .				SCY / LCM				
							: .				SCY / LCM				
# of entries _____ x \$4.50 = \$ _____ Participation Fee       \$ 10.00 Facility Surcharge     \$ 10.00 Total                     \$ _____															
Coach															
Athlete's Address															
Home Phone								Cell Phone							
Email															