

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Event 1 Girls 200 Yard Medley Relay

NBL: 1:50.76 2017

Montgomery

Team	Relay	Seed Time	Finals Time	Points
1 Cardinal Newman	A	1:59.79	1:53.87	40
1) Menconi, Sienna	2) Do, Morgan	3) Hamlin, Valentina	4) Cunningham, Lydia	
27.17 31.86 27.58 27.26				
2 Maria Carrillo	A	1:55.60	1:54.89	34
1) Morelle, Chloe 17	2) Wangler, Delanie 16	3) Grady, Eliza 16	4) Hawkins, Maeve 15	
29.63 32.96 28.08 24.22				
3 Analy	A	2:14.15	2:14.37	32
1) Worthington, Ella	2) Hamann, Liliana	3) Johnson, Lily	4) Cherney, Karter	
31.59 40.37 33.25 29.16				
4 Santa Rosa	A	2:16.35	2:15.10	30
1) Sullivan, Jace	2) Merrick, Laurel	3) Beck, Olivia 18	4) Carballo Hidalgo, Lucia	
37.27 35.02 30.89 31.92				
5 Rancho Cotate	A	2:20.89	2:18.71	28
1) Connelly, Audrey	2) Beck, Chloe	3) Molina Rivera, Janette	4) Barcelo, Faith	
34.48 40.09 32.01 32.13				
6 Montgomery High School	A	2:17.06	2:26.99	26
1) Preuss, Leah	2) Goodheart, Laila	3) Abrego, Keira	4) Paschall, Jillian	
32.38 37.13 49.73 27.75				
--- Healdsburg High School	A	2:11.67	DQ	
1) Hagerman, Chloe	2) Boardman, Ela	3) Greaves, Layla	4) Gordon, Charley	
37.10 36.01 26.55 30.99				
--- Ukiah	A	2:16.62	DQ	
1) Francis, Anya	2) Torres, Anali	3) Bird, Flora	4) Vagt, Bryn	
36.13 39.24 39.21 28.01				
--- Windsor High School	A	2:22.00	DQ	
1) Morrell, Patsy	2) Trujillo, Fey	3) Suarez Ramirez, Alexandra	4) Robertson, Josephine 18	
38.85 39.00 34.48 29.53				

## Event 2 Boys 200 Yard Medley Relay

NBL: 1:38.96

4/25/2026

Maria Carrillo

Maria Carrillo

L Wang, E Lee, S Kiehl, A Bouse

Team	Relay	Seed Time	Finals Time	Points
1 Maria Carrillo	A	1:47.74	1:38.96	40
1) Wang, Lucas 17	2) Lee, Emmerson 16	3) Kiehl, Samuel 17	4) Bouse, Alexander 16	
24.69 26.79 25.57 21.91				
2 Cardinal Newman	A	1:42.49	1:39.03	34
1) Farquhar, Luke	2) Gannon, James	3) Brophy, Fisher	4) Becerra, Jose	
25.87 26.15 24.43 22.58				
3 Analy	A	1:42.60	1:42.31	32
1) Black, Travis	2) Ambrose, Alex	3) Monroe, Orion	4) Hamann, Vinnie	
24.02 27.90 26.69 23.70				
4 Windsor High School	A	1:49.43	1:52.44	30
1) Pheffer, Avi 18	2) Boyce, Gavin	3) Donoho, Cooper 18	4) Estep, Titan	
26.30 32.65 28.57 24.92				
5 Healdsburg High School	A	2:01.34	2:01.01	28
1) Johannsen, Sebastian	2) Kluse, Milo	3) Greaves, Lucas	4) Ouchida-Pratt, Tas	
32.97 34.00 27.96 26.08				
6 Ukiah	A	2:01.00	2:05.41	26
1) Lefebvre, Griffin	2) Ballaho, Ali	3) Collins, Joseph	4) Wellington, Jack	
28.86 44.23 27.56 24.76				
7 Santa Rosa	A	2:01.72	2:09.55	24
1) Hostutler, Ezra 17	2) Hawks, Isaac	3) Mahe, Gaspar	4) McDougall, Finneas	
32.60 32.63 31.00 33.32				

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Event 3 Girls 200 Yard Freestyle

NBL: 1:50.44 2008

Maya Dirado

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Hamlin, Valentina		Cardinal Newman	1:59.62	2:00.01	20
27.64 29.82 30.74	31.81				
2 Merrick, Laurel		Santa Rosa	2:03.31	2:04.32	17
28.24 30.51 32.34	33.23				
3 England, Briana	17	Maria Carrillo	2:18.47	2:13.80	16
30.88 34.08 34.34	34.50				
4 Thumhart, Grace		Cardinal Newman	2:17.32	2:18.99	15
31.77 35.39 36.71	35.12				
5 Wagner, Serene	15	Maria Carrillo	2:20.66	2:19.53	14
31.15 34.91 36.48	36.99				
6 Cherney, Karter		Analy	2:29.03	2:22.93	13
31.34 36.29 37.80	37.50				
7 Dickey, Keely		Cardinal Newman	2:25.32	2:27.56	12
34.11 36.50 37.93	39.02				
8 Dunlop, Kailyn	17	Cardinal Newman	2:32.02	2:30.30	11
36.05 38.25 37.87	38.13				
<b>B - Final</b>					
9 O Herlihy, Roisin		Healdsburg High School	2:32.87	2:35.66	9
33.18 39.56 42.92	40.00				
10 Prieto-Trujillo, Alissa		Windsor High School	2:35.94	2:35.99	7
11 Banks, Taylor		Analy	2:41.48	2:43.94	6
37.08 41.45 43.50	41.91				
12 Thill, Avery		Healdsburg High School	2:49.71	2:46.28	5
36.99 42.06 44.35	42.88				
13 Healy, Macaela	17	Windsor High School	2:48.03	2:47.29	4
37.49 41.14 44.49	44.17				
14 Goodwin, Lea		Windsor High School	2:49.10	2:48.07	3
38.23 41.69 44.10	44.05				
15 Abrego, Keira		Montgomery High School	2:46.86	3:06.24	2
38.66 46.03 50.82	50.73				
--- Blain, Olive		Montgomery High School	2:36.20	DQ	
32.65 40.86 44.00	42.69				
<b>Preliminaries</b>					
7 Villabona, Chloe		Montgomery High School	2:28.68		
33.31 37.53 39.34	38.50				
18 Kornegay, Delaney		Ukiah	2:52.73		
39.95 43.97 45.15	43.66				
19 Torres, Anali		Ukiah	2:53.52		
37.05 43.53 46.28	46.66				
20 Ehrmantraut, Hope		Rancho Cotate	2:56.48		
35.53 42.67 49.36	48.92				
21 Prater, Annelise		Ukiah	2:59.12		
38.54 44.47 47.28	48.83				
22 Hewitt, Addy		Rancho Cotate	3:03.67		
41.88 47.83 49.29	44.67				
23 McAllister, Grace		Healdsburg High School	3:04.22		
41.92 45.94 48.31	48.05				
24 Cuadra, Sophie		Ukiah	3:06.93		
39.22 47.40 50.83	49.48				
25 Buss Capps, Zinaya		Santa Rosa	3:07.62		
42.66 46.90 50.92	47.14				

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 3 Girls 200 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
26 Iimura, Rylee		Windsor High School	3:16.17		
43.97 49.07 52.33	50.80				
27 Velasco Pina, Katherine		Santa Rosa	3:16.89		
43.53 50.52 52.26	50.58				
28 Abel, Bella		Healdsburg High School	3:18.95		
44.39 50.75 1:43.81					
29 Yi, Yumin		Rancho Cotate	3:27.96		
43.26 53.98 59.53	51.19				
30 Sahni, Simran		Analy	3:28.35		
47.09 52.24 57.02	52.00				
31 Hughes, Eralin		Santa Rosa	4:05.22		
52.60 1:01.16 1:06.50	1:04.96				

## Event 3 Girls 200 Yard Freestyle

NBL: 1:50.44 2008

Maya Dirado

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Hamlin, Valentina		Cardinal Newman	1:56.91	1:59.62	q
27.95 30.66 30.26	30.75				
2 Merrick, Laurel		Santa Rosa	2:02.59	2:03.31	q
28.14 31.05 31.90	32.22				
3 Thumhart, Grace		Cardinal Newman	2:23.67	2:17.32	q
31.40 35.24 35.34	35.34				
4 England, Briana	17	Maria Carrillo	2:10.94	2:18.47	q
32.18 34.63 35.82	35.84				
5 Wagner, Serene	15	Maria Carrillo	2:16.00	2:20.66	q
30.97 34.42 37.07	38.20				
6 Dickey, Keely		Cardinal Newman	2:26.50	2:25.32	q
34.54 36.63 37.07	37.08				
7 Villabona, Chloe		Montgomery High School	2:30.76	2:28.68	q
33.31 37.53 39.34	38.50				
8 Cherney, Karter		Analy	2:28.02	2:29.03	q
31.91 37.13 39.88	40.11				
9 Dunlop, Kailyn	17	Cardinal Newman	2:34.18	2:32.02	q
36.59 38.57 38.00	38.86				
10 O Herlihy, Roisin		Healdsburg High School	2:40.02	2:32.87	q
32.82 37.67 41.65	40.73				
11 Prieto-Trujillo, Alissa		Windsor High School	3:03.81	2:35.94	q
33.86 38.80 41.27	42.01				
12 Blain, Olive		Montgomery High School	2:28.48	2:36.20	q
32.68 39.27 42.77	41.48				
13 Banks, Taylor		Analy	2:45.46	2:41.48	q
33.92 39.19 44.47	43.90				
14 Abrego, Keira		Montgomery High School	3:01.31	2:46.86	q
37.67 42.39 43.78	43.02				
15 Healy, Macaela	17	Windsor High School	2:48.30	2:48.03	q
37.89 42.26 44.24	43.64				
16 Goodwin, Lea		Windsor High School	2:55.00	2:49.10	q
38.61 42.29 44.59	43.61				
17 Thill, Avery		Healdsburg High School	2:45.21	2:49.71	
36.66 42.54 46.39	44.12				
18 Kornegay, Delaney		Ukiah	2:56.67	2:52.73	
39.95 43.97 45.15	43.66				

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## Results

## Preliminaries ... (Event 3 Girls 200 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
19 Torres, Anali		Ukiah	2:58.09	2:53.52
37.05 43.53 46.28 46.66				
20 Ehrmantraut, Hope		Rancho Cotate	2:59.99	2:56.48
35.53 42.67 49.36 48.92				
21 Prater, Annelise		Ukiah	3:10.10	2:59.12
38.54 44.47 47.28 48.83				
22 Hewitt, Addy		Rancho Cotate	3:15.22	3:03.67
41.88 47.83 49.29 44.67				
23 McAllister, Grace		Healdsburg High School	3:02.22	3:04.22
41.92 45.94 48.31 48.05				
24 Cuadra, Sophie		Ukiah	3:19.10	3:06.93
39.22 47.40 50.83 49.48				
25 Buss Capps, Zinaya		Santa Rosa	2:52.75	3:07.62
42.66 46.90 50.92 47.14				
26 Iimura, Rylee		Windsor High School	3:05.38	3:16.17
43.97 49.07 52.33 50.80				
27 Velasco Pina, Katherine		Santa Rosa	3:15.11	3:16.89
43.53 50.52 52.26 50.58				
28 Abel, Bella		Healdsburg High School	3:15.21	3:18.95
44.39 50.75 1:43.81				
29 Yi, Yumin		Rancho Cotate	3:22.13	3:27.96
43.26 53.98 59.53 51.19				
30 Sahni, Simran		Analy	3:39.26	3:28.35
47.09 52.24 57.02 52.00				
31 Hughes, Eralin		Santa Rosa	3:40.85	4:05.22
52.60 1:01.16 1:06.50 1:04.96				

## Event 4 Boys 200 Yard Freestyle

NBL: 1:41.99 1989

Joey Rossetti

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Black, Travis		Analy	1:46.57	1:42.74	20
23.04 25.85 26.15 27.70					
2 Greaves, Lucas		Healdsburg High School	1:55.98	1:54.86	17
26.82 28.80 29.37 29.87					
3 Donecker, Jackson		Analy	1:59.97	1:58.36	16
26.39 29.88 31.48 30.61					
4 Savko, Michael	16	Maria Carrillo	1:59.58	1:58.67	15
26.59 29.92 30.92 31.24					
5 McAllister, Liam		Rancho Cotate	2:08.00	2:07.84	14
26.85 30.76 33.78 36.45					
6 Gannon, Joseph		Cardinal Newman	2:04.63	2:07.90	13
27.99 32.08 33.95 33.88					
7 Louton, Ryan	16	Maria Carrillo	2:10.74	2:09.69	12
28.19 32.13 34.36 35.01					
8 Guensch, Braxton		Montgomery High School	2:12.92	2:14.09	11
30.41 33.68 34.98 35.02					
<b>B - Final</b>					
9 Cosgrove, Rory		Analy	2:13.98	2:13.13	9
28.75 33.33 35.54 35.51					
10 Forsyth, Remy	17	Maria Carrillo	2:15.42	2:14.30	7
30.06 33.77 35.77 34.70					
11 Chase, Grayson		Santa Rosa	2:14.17	2:15.05	6
30.00 33.48 36.05 35.52					

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## B - Final ... (Event 4 Boys 200 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
12 Flores, Steven		Rancho Cotate	2:24.25	2:20.51	5
31.65 36.09 36.97	35.80				
13 Wurtzel, Jonah	18	Santa Rosa	2:18.10	2:20.60	4
32.30 35.22 37.01	36.07				
14 Boyce, Gavin		Windsor High School	2:22.13	2:20.94	3
32.25 35.65 36.90	36.14				
15 Traverso, Hugo		Cardinal Newman	2:24.72	2:21.60	2
32.52 36.77 37.81	34.50				
16 Morales, Brent		Ukiah	2:38.69	2:37.28	1
35.22 39.67 41.98	40.41				

## Preliminaries

17 Kozubal, Jenner		Healdsburg High School	2:42.51		
32.24 39.73 1:30.54					
18 Denner, Silas		Windsor High School	2:45.74		
33.99	45.76				
19 McDougall, Finneas		Santa Rosa	2:47.56		
32.44 42.24 47.59	45.29				
20 Garcia, Joselito		Montgomery High School	3:20.33		
42.53 2:37.80					
--- Keel, Wesley		Healdsburg High School	DQ		
33.57 43.63 53.12	51.38				

## Event 4 Boys 200 Yard Freestyle

NBL: 1:41.99 1989

Joey Rossetti

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Black, Travis		Analy	1:43.16	1:46.57	q
23.84 26.48 27.80	28.45				
2 Greaves, Lucas		Healdsburg High School	1:52.92	1:55.98	q
25.78 28.37 30.37	31.46				
3 Savko, Michael	16	Maria Carrillo	1:58.73	1:59.58	q
26.68 30.41 31.40	31.09				
4 Donecker, Jackson		Analy	2:04.07	1:59.97	q
26.66 30.35 32.12	30.84				
5 Gannon, Joseph		Cardinal Newman	2:04.47	2:04.63	q
28.15 31.92 32.51	32.05				
6 McAllister, Liam		Rancho Cotate	2:14.57	2:08.00	q
27.12 31.56 34.33	34.99				
7 Louton, Ryan	16	Maria Carrillo	2:21.00	2:10.74	q
28.18 33.01 34.67	34.88				
8 Guensch, Braxton		Montgomery High School	2:12.09	2:12.92	q
29.81 34.74 35.18	33.19				
9 Cosgrove, Rory		Analy	2:19.26	2:13.98	q
28.64 33.39 36.26	35.69				
10 Chase, Grayson		Santa Rosa	2:15.76	2:14.17	q
29.28 33.50 36.07	35.32				
11 Forsyth, Remy	17	Maria Carrillo	2:16.59	2:15.42	q
28.88 34.65 35.86	36.03				
12 Wurtzel, Jonah	18	Santa Rosa	2:19.46	2:18.10	q
31.76 34.75 36.03	35.56				
13 Boyce, Gavin		Windsor High School	2:24.98	2:22.13	q
32.02 36.42 37.79	35.90				

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 4 Boys 200 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time	
14 Flores, Steven		Rancho Cotate	2:30.29	2:24.25	q
30.46 35.37 38.29	40.13				
15 Traverso, Hugo		Cardinal Newman	2:22.23	2:24.72	q
32.28 36.74 38.80	36.90				
16 Morales, Brent		Ukiah	2:51.22	2:38.69	q
35.12 39.40 44.90	39.27				
17 Kozubal, Jenner		Healdsburg High School	2:49.63	2:42.51	
32.24 39.73 1:30.54					
18 Denner, Silas		Windsor High School	2:51.71	2:45.74	
33.99	45.76				
19 McDougall, Finneas		Santa Rosa	2:43.17	2:47.56	
32.44 42.24 47.59	45.29				
20 Garcia, Joselito		Montgomery High School	3:20.57	3:20.33	
42.53 2:37.80					
--- Keel, Wesley		Healdsburg High School	2:59.00	DQ	
33.57 43.63 53.12	51.38				

## Event 5 Girls 200 Yard IM

NBL: 2:01.14 2010

Maya Dirado

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Greaves, Layla		Healdsburg High School	2:10.22	2:11.05	20
27.76 32.40 39.15	31.74				
2 Wangler, Delanie	16	Maria Carrillo	2:22.09	2:19.48	17
29.87 36.65 39.94	33.02				
3 Grady, Eliza	16	Maria Carrillo	2:19.99	2:19.74	16
29.69 34.15 43.85	32.05				
4 Morelle, Chloe	17	Maria Carrillo	2:22.74	2:22.97	15
31.23 34.52 42.90	34.32				
5 Romatier, Clea	17	Maria Carrillo	2:25.19	2:26.85	14
32.77 34.82 45.65	33.61				
6 Cunningham, Lydia		Cardinal Newman	2:28.99	2:28.88	13
31.70 38.45 42.12	36.61				
7 Dunne, Sophia		Cardinal Newman	2:29.46	2:32.42	12
33.09 39.11 44.60	35.62				
8 Molina Rivera, Janette		Rancho Cotate	2:48.27	2:46.60	11
32.84 41.80 52.86	39.10				
<b>B - Final</b>					
9 Connelly, Audrey		Rancho Cotate	2:50.98	2:46.82	9
35.56 42.20 51.29	37.77				
10 Hamann, Liliana		Analy	2:50.40	2:48.79	7
38.58 42.59 49.57	38.05				
11 Trujillo, Fey		Windsor High School	2:54.31	2:58.36	6
38.20 42.87 53.34	43.95				
12 Gordon, Charley		Healdsburg High School	3:13.20	3:11.14	5
38.85 51.05 57.75	43.49				
13 Suarez Ramirez, Alexandra		Windsor High School	3:11.58	3:11.32	4
39.01 56.03 59.51	36.77				
14 Gardner, Kamala		Ukiah	3:21.07	3:14.76	3
45.75 48.82 55.49	44.70				
15 Jones, Molly		Ukiah	3:13.40	3:16.90	2
41.70 54.96 57.84	42.40				

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## B - Final ... (Event 5 Girls 200 Yard IM)

Name	Age	School	Prelim Time	Finals Time	Points
16 Morrell, Patsy		Windsor High School	3:17.11	3:20.34	1
47.45 46.35 1:02.25	44.29				
<b>Preliminaries</b>					
17 Stickel, Roux		Analy	3:26.91		
41.24 52.73 1:01.67	51.27				
18 Kobetz, Rebecca		Ukiah	3:39.45		
	1:09.43	48.58			
19 Contreas, Victoria		Ukiah	3:42.12		
46.90	48.29				
20 Hakala, Aurora		Santa Rosa	3:43.52		
53.64 1:00.05 59.79	50.04				
--- Wahl, Shay		Windsor High School	DQ		
39.15 48.66 55.60	43.18				

## Event 5 Girls 200 Yard IM

NBL: 2:01.14 2010

Maya Dirado

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Greaves, Layla		Healdsburg High School	2:09.85	2:10.22	q
28.03 31.57 38.60	32.02				
2 Grady, Eliza		16 Maria Carrillo	2:17.00	2:19.99	q
29.62 34.62 42.80	32.95				
3 Wangler, Delanie		16 Maria Carrillo	2:18.00	2:22.09	q
29.89 36.76 41.15	34.29				
4 Morelle, Chloe		17 Maria Carrillo	2:17.00	2:22.74	q
30.79 34.57 42.69	34.69				
5 Romatier, Clea		17 Maria Carrillo	2:00.27	2:25.19	q
31.43 35.94 44.08	33.74				
6 Cunningham, Lydia		Cardinal Newman	2:30.00	2:28.99	q
31.60 38.20 43.04	36.15				
7 Dunne, Sophia		Cardinal Newman	2:34.52	2:29.46	q
33.93 38.72 42.16	34.65				
8 Molina Rivera, Janette		Rancho Cotate	2:47.77	2:48.27	q
32.19 43.13 53.15	39.80				
9 Hamann, Liliana		Analy	2:46.81	2:50.40	q
38.84 42.34 50.19	39.03				
10 Connelly, Audrey		Rancho Cotate	2:52.46	2:50.98	q
33.10 42.55 53.42	41.91				
11 Trujillo, Fey		Windsor High School	2:57.01	2:54.31	q
37.12 42.05 52.44	42.70				
12 Suarez Ramirez, Alexandra		Windsor High School	3:09.75	3:11.58	q
35.13 54.60 1:02.00	39.85				
13 Gordon, Charley		Healdsburg High School	3:08.04	3:13.20	q
38.65 48.38 58.58	47.59				
14 Jones, Molly		Ukiah	3:21.48	3:13.40	q
39.68 54.43 57.03	42.26				
15 Morrell, Patsy		Windsor High School	3:23.52	3:17.11	q
45.02 48.32 58.94	44.83				
16 Gardner, Kamala		Ukiah	3:18.13	3:21.07	q
43.67	44.81				
17 Stickel, Roux		Analy	3:25.19	3:26.91	
41.24 52.73 1:01.67	51.27				

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 5 Girls 200 Yard IM)

Name	Age	School	Seed Time	Prelim Time
18 Kobetz, Rebecca	48.58	Ukiah	3:56.46	3:39.45
	1:09.43			
19 Contreas, Victoria	48.29	Ukiah	3:34.32	3:42.12
	46.90			
20 Hakala, Aurora	50.04	Santa Rosa	3:40.45	3:43.52
	53.64			
---	1:00.05			
Wahl, Shay	43.18	Windsor High School	3:12.93	DQ
	39.15			
	48.66			
	55.60			

## Event 6 Boys 200 Yard IM

NBL: 1:55.67 2013

Stefan Keller

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Gannon, James	28.74	Cardinal Newman	1:57.12	1:56.51	20
	25.04				
	28.97				
	33.76				
2 Ambrose, Alex	28.75	Analy	2:00.42	1:59.36	17
	26.76				
	30.36				
	33.49				
3 Brophy, Fisher	29.34	Cardinal Newman	2:00.43	2:01.72	16
	26.04				
	31.50				
	34.84				
4 Kiehl, Samuel	17	Maria Carrillo	2:06.35	2:06.98	15
	27.01				
	32.92				
	37.39				
5 Monroe, Orion	31.18	Analy	2:05.49	2:09.27	14
	27.27				
	34.36				
	36.46				
6 Feng, Lucas	14	Maria Carrillo	2:14.89	2:10.13	13
	27.96				
	32.96				
	38.73				
7 Donoho, Cooper	18	Windsor High School	2:25.14	2:26.94	12
	29.32				
	37.54				
	45.66				
8 Collins, Joseph	34.48	Ukiah	2:27.00	2:27.67	11
	28.62				
	39.99				
	44.58				
<b>B - Final</b>					
9 Mahe, Gaspar	37.71	Santa Rosa	2:34.60	2:33.21	9
	31.06				
	38.91				
	45.53				
10 Rose, Onario	36.36	15 Maria Carrillo	2:32.22	2:34.27	7
	31.44				
	37.40				
	49.07				
11 Wellington, Jack	36.58	Ukiah	2:33.74	2:36.73	6
	29.96				
	38.40				
	51.79				
12 Hostutler, Ezra	39.09	17 Santa Rosa	2:33.97	2:37.77	5
	34.34				
	38.21				
	46.13				
13 Aquino, Ethan	37.03	Rancho Cotate	2:34.71	2:39.23	4
	32.50				
	42.33				
	47.37				
14 Kluse, Milo	39.23	Healdsburg High School	2:41.07	2:42.95	3
	30.36				
15 Reed, Rhett	41.24	Cardinal Newman	3:01.08	2:56.65	2
	37.58				
	42.32				
	55.51				
16 Bourde, Nathaniel	42.65	Santa Rosa	3:04.39	3:06.11	1
	37.48				
	48.00				
	57.98				
<b>Preliminaries</b>					
17 McKenzie, Cameron	43.79	Healdsburg High School	3:08.92		
	44.37				
	48.86				
	51.90				

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Event 6 Boys 200 Yard IM

NBL: 1:55.67 2013

Stefan Keller

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Gannon, James		Cardinal Newman	1:56.60	1:57.12	q
24.58 30.21 33.60 28.73					
2 Ambrose, Alex		Analy	1:58.18	2:00.42	q
26.51 30.93 34.42 28.56					
3 Brophy, Fisher		Cardinal Newman	2:00.39	2:00.43	q
25.62 31.57 34.14 29.10					
4 Monroe, Orion		Analy	2:11.09	2:05.49	q
26.77 33.95 34.49 30.28					
5 Kiehl, Samuel		17 Maria Carrillo	2:04.02	2:06.35	q
26.65 32.96 36.60 30.14					
6 Feng, Lucas		14 Maria Carrillo	2:19.97	2:14.89	q
28.56 35.24 39.02 32.07					
7 Donoho, Cooper		18 Windsor High School	2:27.07	2:25.14	q
28.86 36.92 43.99 35.37					
8 Collins, Joseph		Ukiah	2:25.79	2:27.00	q
28.55 38.96 45.05 34.44					
9 Rose, Onario		15 Maria Carrillo	2:10.00	2:32.22	q
30.49 37.48 49.63 34.62					
10 Wellington, Jack		Ukiah	2:31.33	2:33.74	q
29.57 38.12 51.57 34.48					
11 Hostutler, Ezra		17 Santa Rosa	2:40.91	2:33.97	q
34.20 38.19 44.51 37.07					
12 Mahe, Gaspar		Santa Rosa	2:28.95	2:34.60	q
31.22 39.59 45.21 38.58					
13 Aquino, Ethan		Rancho Cotate	2:37.80	2:34.71	q
31.81 41.08 45.84 35.98					
14 Kluse, Milo		Healdsburg High School	2:40.32	2:41.07	q
29.38 45.39 46.94 39.36					
15 Reed, Rhett		Cardinal Newman	3:03.00	3:01.08	q
37.66 43.08 56.36 43.98					
16 Bourde, Nathaniel		Santa Rosa	3:04.00	3:04.39	q
38.87 47.34 57.01 41.17					
17 McKenzie, Cameron		Healdsburg High School	3:12.95	3:08.92	
44.37 48.86 51.90 43.79					

## Event 7 Girls 50 Yard Freestyle

NBL: 23.87 2008

Maya Dirado

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Hawkins, Maeve	15	Maria Carrillo	24.77	24.94	20
2 Worthington, Ella		Analy	27.10	26.97	17
3 Beck, Olivia	18	Santa Rosa	27.06	27.20	16
4 Ross, Sidney		Piner	27.35	27.22	15
5 Chau, Lilian	16	Maria Carrillo	27.68	27.84	14
6 Doherty, Georgia	14	Maria Carrillo	27.76	27.88	13
7 Edwards, Abigail		Cardinal Newman	27.98	28.01	12
8 Vagt, Bryn		Ukiah	28.22	28.75	11
<b>B - Final</b>					
9 Zingg, Momo	16	Maria Carrillo	28.43	28.03	9
10 Andersen, Addie		Analy	30.55	29.72	7

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## B - Final ... (Event 7 Girls 50 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
11 Robertson, Josephine	18	Windsor High School	29.75	30.03	6
12 Paschall, Jillian		Montgomery High School	29.45	30.58	5
13 Derr, Samantha		Montgomery High School	30.25	30.86	4
14 Diaz, Evelyn		Rancho Cotate	30.97	32.07	3
15 Koehn, Lila		Ukiah	31.40	32.38	2
16 Carballo Hidalgo, Lucia		Santa Rosa	31.09	33.21	1

## Preliminaries

17 Bickel, Ella		Cardinal Newman	31.58		
18 Gordon, Charley		Healdsburg High School	31.65		
19 Barcelo, Faith		Rancho Cotate	32.15		
20 Kosta, Margaret		Healdsburg High School	32.31		
21 Petersen, Faeona		Santa Rosa	32.46		
22 Yeilding, Siena		Healdsburg High School	33.13		
23 Bird, Flora		Ukiah	34.06		
24 Morgan, Audrey		Rancho Cotate	34.42		
25 Goodwin, Lea		Windsor High School	34.54		
26 McCartney, Kyra		Ukiah	34.88		
27 Crosbie, Rylan		Cardinal Newman	35.27		
28 Sahni, Simran		Analy	36.15		
29 Witzman, Angela		Windsor High School	37.95		
30 Jayaswal, Priya	17	Windsor High School	38.16		
31 Johnson Gulver, Jessie		Piner	40.33		
32 Heyfron, Ireland		Healdsburg High School	40.36		
33 Ower, Adelaide		Analy	41.30		
34 Block, Mia		Montgomery High School	44.86		
35 Davies, Nicolette		Rancho Cotate	45.14		
36 Padilla Ruiz, Angie		Montgomery High School	45.94		
37 Meyreles, Isabel		Santa Rosa	54.76		

## Event 7 Girls 50 Yard Freestyle

NBL: 23.87 2008 Maya Dirado

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Hawkins, Maeve	15	Maria Carrillo	25.17	24.77	q
2 Beck, Olivia	18	Santa Rosa	27.57	27.06	q
3 Worthington, Ella		Analy	27.62	27.10	q
4 Ross, Sidney		Piner	27.97	27.35	q
5 Chau, Lilian	16	Maria Carrillo	26.00	27.68	q
6 Doherty, Georgia	14	Maria Carrillo	27.82	27.76	q
7 Edwards, Abigail		Cardinal Newman	29.00	27.98	q
8 Vagt, Bryn		Ukiah	28.43	28.22	q
9 Zingg, Momo	16	Maria Carrillo	29.00	28.43	q
10 Paschall, Jillian		Montgomery High School	30.18	29.45	q
11 Robertson, Josephine	18	Windsor High School	29.76	29.75	q
12 Derr, Samantha		Montgomery High School	30.10	30.25	q
13 Andersen, Addie		Analy	30.43	30.55	q
14 Diaz, Evelyn		Rancho Cotate	32.18	30.97	q
15 Carballo Hidalgo, Lucia		Santa Rosa	32.31	31.09	q
16 Koehn, Lila		Ukiah	32.00	31.40	q
17 Bickel, Ella		Cardinal Newman	32.51	31.58	
18 Gordon, Charley		Healdsburg High School	30.49	31.65	

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 7 Girls 50 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
19 Barcelo, Faith		Rancho Cotate	31.53	32.15
20 Kosta, Margaret		Healdsburg High School	33.31	32.31
21 Petersen, Faeona		Santa Rosa	33.31	32.46
22 Yeilding, Siena		Healdsburg High School	35.56	33.13
23 Bird, Flora		Ukiah	32.56	34.06
24 Morgan, Audrey		Rancho Cotate	37.03	34.42
25 Goodwin, Lea		Windsor High School	35.78	34.54
26 McCartney, Kyra		Ukiah	39.32	34.88
27 Crosbie, Rylan		Cardinal Newman	35.24	35.27
28 Sahni, Simran		Analy	36.96	36.15
29 Witzman, Angela		Windsor High School	37.89	37.95
30 Jayaswal, Priya	17	Windsor High School	38.13	38.16
31 Johnson Gulver, Jessie		Piner	41.20	40.33
32 Heyfron, Ireland		Healdsburg High School	35.30	40.36
33 Ower, Adelaide		Analy	43.00	41.30
34 Block, Mia		Montgomery High School	47.18	44.86
35 Davies, Nicolette		Rancho Cotate	45.89	45.14
36 Padilla Ruiz, Angie		Montgomery High School	45.63	45.94
37 Meyreles, Isabel		Santa Rosa	53.39	54.76

## Event 8 Boys 50 Yard Freestyle

NBL: 21.22 2024		Finn Brophy				
Name	Age	School	Prelim Time	Finals Time	Points	
<b>A - Final</b>						
1 Lee, Emmerson	16	Maria Carrillo	21.77	21.78	20	
2 Scheller, Magnus	16	Maria Carrillo	22.10	22.32	17	
3 Farquhar, Luke		Cardinal Newman	22.49	22.37	16	
4 Pheffer, Avi	18	Windsor High School	22.43	22.91	15	
5 Becerra, Jose		Cardinal Newman	23.77	23.59	14	
6 Estep, Titan		Windsor High School	24.74	25.05	13	
7 Wellington, Jack		Ukiah	25.02	25.40	12	
<b>B - Final</b>						
9 Wiking, Jude		Montgomery High School	26.34	25.84	9	
10 McDonell, Eric		Cardinal Newman	27.26	26.31	7	
11 Paz, AJ		Analy	26.50	26.61	6	
12 Voyles, Trevor		Rancho Cotate	25.54	26.74	5	
13 Kozubal, Jenner		Healdsburg High School	29.39	28.71	4	
14 Rose, Onario	15	Maria Carrillo	27.55	28.96	3	
15 Hendry, Nash		Healdsburg High School	29.66	29.76	2	
--- Bouse, Kai	15	Maria Carrillo	26.15	DQ		
<b>Preliminaries</b>						
6 Addiego, Gavin		Windsor High School	24.30			
11 Johnson, Caleb		Santa Rosa	26.27			
18 Ahmad, Kamran		Windsor High School	29.93			
19 Morales, Brent		Ukiah	30.39			
20 Bonnell, Benjamin		Piner	34.10			
21 Byrne, Flynn		Santa Rosa	34.86			
22 Garcia, Joselito		Montgomery High School	35.77			
23 Roman, Vincent		Piner	36.29			
24 Link, Liam		Analy	38.55			
25 Bustos, Carlos		Analy	40.60			
26 Blair, Teylor		Piner	41.69			

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Event 8 Boys 50 Yard Freestyle

NBL: 21.22		2024		Finn Brophy			
Name	Age	School	Seed Time	Prelim Time			
<b>Preliminaries</b>							
1	Lee, Emmerson	16	Maria Carrillo	21.76	21.77	q	
2	Scheller, Magnus	16	Maria Carrillo	22.09	22.10	q	
3	Pheffer, Avi	18	Windsor High School	22.94	22.43	q	
4	Farquhar, Luke		Cardinal Newman	22.56	22.49	q	
5	Becerra, Jose		Cardinal Newman	23.37	23.77	q	
6	Addiego, Gavin		Windsor High School	24.87	24.30	q	
7	Estep, Titan		Windsor High School	24.97	24.74	q	
8	Wellington, Jack		Ukiah	24.60	25.02	q	
9	Voyles, Trevor		Rancho Cotate	27.10	25.54	q	
10	Bouse, Kai	15	Maria Carrillo	30.00	26.15	q	
11	Johnson, Caleb		Santa Rosa	25.89	26.27	q	
12	Wiking, Jude		Montgomery High School	25.85	26.34	q	
13	Paz, AJ		Analy	27.78	26.50	q	
14	McDonell, Eric		Cardinal Newman	27.58	27.26	q	
15	Rose, Onario	15	Maria Carrillo	27.50	27.55	q	
16	Kozubal, Jenner		Healdsburg High School	30.45	29.39	q	
17	Hendry, Nash		Healdsburg High School	29.84	29.66		
18	Ahmad, Kamran		Windsor High School	29.97	29.93		
19	Morales, Brent		Ukiah	32.37	30.39		
20	Bonnell, Benjamin		Piner	36.04	34.10		
21	Byrne, Flynn		Santa Rosa	34.09	34.86		
22	Garcia, Joselito		Montgomery High School	37.26	35.77		
23	Roman, Vincent		Piner	37.60	36.29		
24	Link, Liam		Analy	34.98	38.55		
25	Bustos, Carlos		Analy	44.87	40.60		
26	Blair, Teylor		Piner	38.80	41.69		

## Event 9 Girls 100 Yard Butterfly

NBL: 56.20		1982		Jenna Johnson			
Name	Age	School	Prelim Time	Finals Time	Points		
<b>A - Final</b>							
1	Ross, Sidney		Piner	1:05.35	1:03.50	20	
	29.42	34.08					
2	Struna-Meyer, Casey	17	Maria Carrillo	1:03.59	1:06.09	17	
	29.48	36.61					
3	Do, Morgan		Cardinal Newman	1:05.73	1:06.59	16	
	30.04	36.55					
4	Noel, Ava	16	Maria Carrillo	1:09.18	1:09.06	15	
	31.63	37.43					
5	Chau, Lilian	16	Maria Carrillo	1:10.95	1:11.06	14	
	32.42	38.64					
6	Wagner, Serene	15	Maria Carrillo	1:12.12	1:13.58	13	
	32.98	40.60					
7	Molina Rivera, Janette		Rancho Cotate	1:13.65	1:15.92	12	
	33.59	42.33					
8	Johnson, Lily		Analy	1:17.90	1:16.71	11	
	34.81	41.90					

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

**B - Final ... (Event 9 Girls 100 Yard Butterfly)**

Name	Age	School	Prelim Time	Finals Time	Points
<b>B - Final</b>					
9 Bickel, Ella		Cardinal Newman	1:22.33	1:20.43	9
37.42 43.01					
10 Trull, Madelyn		Windsor High School	1:27.00	1:31.20	7
40.98 50.22					
11 Banks, Taylor		Analy	1:34.11	1:35.01	6
43.63 51.38					
12 Carlson, Danielle		Windsor High School	1:41.95	1:40.53	5
46.61 53.92					
13 Contreas, Victoria		Ukiah	1:42.49	1:44.63	4
47.91 56.72					
14 Ehrmantraut, Hope		Rancho Cotate	1:43.55	1:46.17	3
46.18 59.99					
15 Richards, Star		Santa Rosa	1:43.17	1:47.92	2
48.71 59.21					
16 Velasco Pina, Katherine		Santa Rosa	1:52.76	1:52.98	1
49.12 1:03.86					

**Event 9 Girls 100 Yard Butterfly**

NBL: 56.20 1982 Jenna Johnson

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Struna-Meyer, Casey	17	Maria Carrillo	1:04.00	1:03.59	q
28.69 34.90					
2 Ross, Sidney		Piner	1:08.50	1:05.35	q
29.42 35.93					
3 Do, Morgan		Cardinal Newman	1:05.50	1:05.73	q
29.94 35.79					
4 Noel, Ava	16	Maria Carrillo	1:06.00	1:09.18	q
31.44 37.74					
5 Chau, Lilian	16	Maria Carrillo	1:09.00	1:10.95	q
33.13 37.82					
6 Wagner, Serene	15	Maria Carrillo	1:08.38	1:12.12	q
32.35 39.77					
7 Molina Rivera, Janette		Rancho Cotate	1:15.83	1:13.65	q
33.35 40.30					
8 Johnson, Lily		Analy	1:16.55	1:17.90	q
35.85 42.05					
9 Bickel, Ella		Cardinal Newman	1:19.37	1:22.33	q
36.01 46.32					
10 Trull, Madelyn		Windsor High School	1:25.48	1:27.00	q
39.64 47.36					
11 Banks, Taylor		Analy	1:32.48	1:34.11	q
43.00 51.11					
12 Carlson, Danielle		Windsor High School	1:40.09	1:41.95	q
47.79 54.16					
13 Contreas, Victoria		Ukiah	1:52.24	1:42.49	q
47.44 55.05					
14 Richards, Star		Santa Rosa	1:41.32	1:43.17	q
46.54 56.63					
15 Ehrmantraut, Hope		Rancho Cotate	1:57.89	1:43.55	q
46.15 57.40					

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 9 Girls 100 Yard Butterfly)

Name	Age	School	Seed Time	Prelim Time	
16 Velasco Pina, Katherine 50.29 1:02.47		Santa Rosa	1:52.22	1:52.76	q

## Event 10 Boys 100 Yard Butterfly

NBL: 50.87 2019

Connor Wong

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Wang, Lucas 23.69 28.33	17	Maria Carrillo	51.32	52.02	20
2 Becerra, Jose 25.86 31.05		Cardinal Newman	1:00.49	56.91	17
3 Malgren, Wiley 26.58 31.64	18	Maria Carrillo	59.29	58.22	16
4 Mejia Duarte, Pablo 27.79 31.33		Maria Carrillo	1:00.71	59.12	15
5 Hamann, Vinnie 27.30 32.29		Analy	59.23	59.59	14
6 Savko, Michael 27.84 33.08	16	Maria Carrillo	1:00.41	1:00.92	13
7 Martinez, Alessandro 29.68 33.97		Cardinal Newman	1:01.21	1:03.65	12
8 Collins, Joseph 29.83 34.95		Ukiah	1:03.21	1:04.78	11

**B - Final**

9 Tantarelli, Luciano 28.81 33.16		Analy	1:04.24	1:01.97	9
10 McDonell, Eric 28.73 34.40		Cardinal Newman	1:06.06	1:03.13	7
11 Spurdle, Mason 31.52 37.45		Windsor High School	1:06.79	1:08.97	6
12 Mahe, Gaspar 32.11 40.48		Santa Rosa	1:11.74	1:12.59	5
13 Bourde, Nathaniel 38.82 46.69		Santa Rosa	1:23.18	1:25.51	4

## Event 10 Boys 100 Yard Butterfly

NBL: 50.87 2019

Connor Wong

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Wang, Lucas 23.50 27.82	17	Maria Carrillo	52.40	51.32	q
2 Hamann, Vinnie 27.03 32.20		Analy	58.54	59.23	q
3 Malgren, Wiley 27.41 31.88	18	Maria Carrillo	56.82	59.29	q
4 Savko, Michael 27.20 33.21	16	Maria Carrillo	1:00.09	1:00.41	q
5 Becerra, Jose 27.13 33.36		Cardinal Newman	59.69	1:00.49	q
6 Mejia Duarte, Pablo 28.07 32.64		Maria Carrillo	1:02.00	1:00.71	q
7 Martinez, Alessandro 29.07 32.14		Cardinal Newman	1:03.87	1:01.21	q

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 10 Boys 100 Yard Butterfly)

Name	Age	School	Seed Time	Prelim Time	
8 Collins, Joseph 29.62 33.59		Ukiah	1:06.06	1:03.21	q
9 Tantarelli, Luciano 30.00 34.24		Analy	1:06.61	1:04.24	q
10 McDonell, Eric 30.42 35.64		Cardinal Newman	1:08.52	1:06.06	q
11 Spurdle, Mason 30.47 36.32		Windsor High School	1:15.42	1:06.79	q
12 Mahe, Gaspar 31.75 39.99		Santa Rosa	1:06.57	1:11.74	q
13 Bourde, Nathaniel 37.74 45.44		Santa Rosa	1:22.63	1:23.18	q

## Event 11 Girls 100 Yard Freestyle

NBL: 50.94 2023

Natalie Farquhar

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Menconi, Sienna 24.88 27.06		Cardinal Newman	51.71	51.94	20
2 Hawkins, Maeve 26.11 28.84	15	Maria Carrillo	54.19	54.95	17
3 Merrick, Laurel 27.13 30.06		Santa Rosa	56.23	57.19	16
4 Edwards, Abigail 28.89 32.11		Cardinal Newman	1:01.37	1:01.00	15
5 Doherty, Georgia 30.75 32.67	14	Maria Carrillo	1:01.67	1:03.42	14
6 Lando, Emma 30.62 33.65		Cardinal Newman	1:03.56	1:04.27	13
7 Struna-Meyer, Madi 30.97 33.51	15	Maria Carrillo	1:04.49	1:04.48	12
8 Hamlin, Chloe 31.43 36.42	14	Maria Carrillo	1:07.53	1:07.85	11
<b>B - Final</b>					
9 Cherney, Karter 31.09 34.69		Analy	1:09.46	1:05.78	9
10 Andersen, Addie 31.64 34.88		Analy	1:08.47	1:06.52	7
11 Dickey, Keely 33.76 35.53		Cardinal Newman	1:08.98	1:09.29	6
12 Cebulski, Harper 33.36 36.99		Analy	1:11.12	1:10.35	5
13 Hagerman, Chloe 33.29 37.36		Healdsburg High School	1:08.57	1:10.65	4
14 O Herlihy, Roisin 33.52 37.18		Healdsburg High School	1:08.71	1:10.70	3
15 Francis, Anya 33.95 38.94		Ukiah	1:11.76	1:12.89	2
16 Reineck, Emmie 34.52 38.94		Windsor High School	1:11.88	1:13.46	1
<b>Preliminaries</b>					
9 Villabona, Chloe 32.89 34.93		Montgomery High School	1:07.82		

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 11 Girls 100 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
18 Wahl, Shay		Windsor High School	1:12.03		
33.85 38.18					
19 Carballo Hidalgo, Lucia		Santa Rosa	1:12.79		
33.37 39.42					
20 Jones, Molly		Ukiah	1:13.56		
21 Diaz, Evelyn		Rancho Cotate	1:13.75		
34.37 39.38					
22 Abrego, Keira		Montgomery High School	1:13.96		
34.97 38.99					
23 Cruz, Isabel		Ukiah	1:14.93		
36.16 38.77					
24 Albers, Caitlin		Windsor High School	1:15.47		
35.94 39.53					
25 Barcelo, Faith		Rancho Cotate	1:15.66		
36.25 39.41					
26 Bruland, Zinnia		Santa Rosa	1:16.13		
36.31 39.82					
27 Valtenbergs, Lilia		Healdsburg High School	1:17.18		
36.10 41.08					
28 Bird, Flora		Ukiah	1:17.76		
35.16 42.60					
29 McAllister, Grace		Healdsburg High School	1:22.72		
39.67 43.05					
30 Cruz, Taylor		Piner	1:23.03		
40.10 42.93					
31 Toledo, Natalie		Rancho Cotate	1:24.09		
38.44 45.65					
32 Villagomez, Marlise		Windsor High School	1:29.58		
39.83 49.75					
33 Johnson Gulver, Jessie		Piner	1:30.06		
42.88 47.18					
34 Ower, Adelaide		Analy	1:31.56		
43.23 48.33					
35 Kahn, Isabella		Rancho Cotate	1:39.92		
36 Padilla Ruiz, Angie		Montgomery High School	1:47.25		
48.61 58.64					
37 Meyreles, Isabel		Santa Rosa	2:05.94		
57.94 1:08.00					

## Event 11 Girls 100 Yard Freestyle

NBL: 50.94 2023

Natalie Farquhar

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Menconi, Sienna		Cardinal Newman	51.32	51.71	q
24.94 26.77					
2 Hawkins, Maeve	15	Maria Carrillo	55.29	54.19	q
25.94 28.25					
3 Merrick, Laurel		Santa Rosa	56.29	56.23	q
26.96 29.27					
4 Edwards, Abigail		Cardinal Newman	1:10.00	1:01.37	q
29.10 32.27					
5 Doherty, Georgia	14	Maria Carrillo	1:00.72	1:01.67	q
29.89 31.78					

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 11 Girls 100 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time	
6 Lando, Emma 30.10 33.46		Cardinal Newman	1:05.14	1:03.56	q
7 Struna-Meyer, Madi 30.42 34.07	15	Maria Carrillo	1:05.00	1:04.49	q
8 Hamlin, Chloe 32.52 35.01	14	Maria Carrillo	1:08.46	1:07.53	q
9 Villabona, Chloe 32.89 34.93		Montgomery High School	1:08.78	1:07.82	q
10 Andersen, Addie 32.38 36.09		Analy	1:06.89	1:08.47	q
11 Hagerman, Chloe 31.71 36.86		Healdsburg High School	1:15.21	1:08.57	q
12 O Herlihy, Roisin 32.35 36.36		Healdsburg High School	1:11.11	1:08.71	q
13 Dickey, Keely 33.47 35.51		Cardinal Newman	1:12.48	1:08.98	q
14 Cherney, Karter 31.42 38.04		Analy	1:07.29	1:09.46	q
15 Cebulski, Harper 33.60 37.52		Analy	1:15.76	1:11.12	q
16 Francis, Anya 33.73 38.03		Ukiah	1:15.20	1:11.76	q
17 Reineck, Emmie 34.02 37.86		Windsor High School	1:13.25	1:11.88	
18 Wahl, Shay 33.85 38.18		Windsor High School	1:15.46	1:12.03	
19 Carballo Hidalgo, Lucia 33.37 39.42		Santa Rosa	1:14.21	1:12.79	
20 Jones, Molly		Ukiah	1:17.52	1:13.56	
21 Diaz, Evelyn 34.37 39.38		Rancho Cotate	1:16.82	1:13.75	
22 Abrego, Keira 34.97 38.99		Montgomery High School	1:20.86	1:13.96	
23 Cruz, Isabel 36.16 38.77		Ukiah	1:19.85	1:14.93	
24 Albers, Caitlin 35.94 39.53		Windsor High School	1:20.06	1:15.47	
25 Barcelo, Faith 36.25 39.41		Rancho Cotate	1:16.22	1:15.66	
26 Bruland, Zinnia 36.31 39.82		Santa Rosa	1:19.04	1:16.13	
27 Valtenbergs, Lilia 36.10 41.08		Healdsburg High School	1:22.34	1:17.18	
28 Bird, Flora 35.16 42.60		Ukiah	1:21.10	1:17.76	
29 McAllister, Grace 39.67 43.05		Healdsburg High School	1:26.33	1:22.72	
30 Cruz, Taylor 40.10 42.93		Piner	1:35.30	1:23.03	
31 Toledo, Natalie 38.44 45.65		Rancho Cotate	1:22.38	1:24.09	

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 11 Girls 100 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
32 Villagomez, Marlise 39.83 49.75		Windsor High School	1:42.24	1:29.58
33 Johnson Gulver, Jessie 42.88 47.18		Piner	1:34.50	1:30.06
34 Ower, Adelaide 43.23 48.33		Analy	1:32.35	1:31.56
35 Kahn, Isabella		Rancho Cotate	1:37.07	1:39.92
36 Padilla Ruiz, Angie 48.61 58.64		Montgomery High School	1:47.72	1:47.25
37 Meyreles, Isabel 57.94 1:08.00		Santa Rosa	2:21.11	2:05.94

## Event 12 Boys 100 Yard Freestyle

NBL: 46.56 2024

Finn Brophy

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Scheller, Magnus 22.79 24.84	16	Maria Carrillo	48.06	47.63	20
2 Bouse, Alexander 23.51 25.91	16	Maria Carrillo	50.13	49.42	17
3 Lefebvre, Griffin 25.36 27.76		Ukiah	53.05	53.12	16
4 Feng, Lucas 25.56 28.58	14	Maria Carrillo	54.46	54.14	15
5 McAllister, Liam 26.02 28.65		Rancho Cotate	55.88	54.67	14
6 Martinez, Alessandro 26.46 28.79		Cardinal Newman	56.82	55.25	13
7 Estep, Titan 27.42 30.53		Windsor High School	56.88	57.95	12
<b>B - Final</b>					
9 Louton, Ryan 26.80 30.45	16	Maria Carrillo	58.37	57.25	9
10 Kluse, Milo 27.41 31.47		Healdsburg High School	57.11	58.88	7
11 Johannsen, Sebastian 28.27 31.09		Healdsburg High School	59.38	59.36	6
12 Ouchida-Pratt, Tas 28.13 31.64		Healdsburg High School	58.69	59.77	5
13 Hawks, Isaac 28.85 31.53		Santa Rosa	59.17	1:00.38	4
14 Guensch, Braxton 29.02 31.75		Montgomery High School	1:00.93	1:00.77	3
15 Wiking, Jude 28.10 33.51		Montgomery High School	1:00.41	1:01.61	2
16 Flores, Steven 29.16 32.92		Rancho Cotate	1:01.87	1:02.08	1
<b>Preliminaries</b>					
6 Addiego, Gavin 26.28 30.24		Windsor High School	56.52		
15 Johnson, Caleb 27.89 32.67		Santa Rosa	1:00.56		
18 Wurtzel, Jonah 31.09 32.00	18	Santa Rosa	1:03.09		

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 12 Boys 100 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
19 Paz, AJ		Analy	1:03.22		
29.95 33.27					
20 Reed, Rhett		Cardinal Newman	1:10.01		
32.24 37.77					
21 Rechin, Boedy		Cardinal Newman	1:11.89		
33.97 37.92					
22 Ahmad, Kamran		Windsor High School	1:13.78		
33.11 40.67					
23 Carrasco, Dylan		Analy	1:15.39		
33.42 41.97					
24 Welch, William		Ukiah	1:15.92		
35.01 40.91					
25 Riggs, Caleb		Cardinal Newman	1:16.58		
35.43 41.15					
26 Ballaho, Ali		Ukiah	1:17.62		
33.46 44.16					
27 Roman, Vincent		Piner	1:23.38		
40.27 43.11					
28 Blair, Teylor		Piner	1:27.78		
29 Link, Liam		Analy	1:39.89		
45.49 54.40					
30 Bustos, Carlos		Analy	1:45.40		
47.44 57.96					

## Event 12 Boys 100 Yard Freestyle

NBL: 46.56 2024

Finn Brophy

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Scheller, Magnus	16	Maria Carrillo	47.74	48.06	q
23.06 25.00					
2 Bouse, Alexander	16	Maria Carrillo	50.00	50.13	q
23.81 26.32					
3 Lefebvre, Griffin		Ukiah	53.61	53.05	q
24.95 28.10					
4 Feng, Lucas	14	Maria Carrillo	53.54	54.46	q
26.06 28.40					
5 McAllister, Liam		Rancho Cotate	58.09	55.88	q
25.93 29.95					
6 Addiego, Gavin		Windsor High School	56.86	56.52	q
26.28 30.24					
7 Martinez, Alessandro		Cardinal Newman	58.01	56.82	q
27.22 29.60					
8 Estep, Titan		Windsor High School	57.69	56.88	q
27.44 29.44					
9 Kluse, Milo		Healdsburg High School	58.59	57.11	q
27.09 30.02					
10 Louton, Ryan	16	Maria Carrillo	58.94	58.37	q
27.64 30.73					
11 Ouchida-Pratt, Tas		Healdsburg High School	1:00.76	58.69	q
27.78 30.91					
12 Hawks, Isaac		Santa Rosa	1:00.14	59.17	q
28.89 30.28					

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 12 Boys 100 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time	
13 Johannsen, Sebastian 27.98 31.40		Healdsburg High School	1:00.35	59.38	q
14 Wiking, Jude 28.25 32.16		Montgomery High School	1:00.64	1:00.41	q
15 Johnson, Caleb 27.89 32.67		Santa Rosa	58.74	1:00.56	q
16 Guensch, Braxton 29.59 31.34		Montgomery High School	1:01.59	1:00.93	q
17 Flores, Steven 28.76 33.11		Rancho Cotate	1:05.39	1:01.87	
18 Wurtzel, Jonah 31.09 32.00	18	Santa Rosa	1:04.39	1:03.09	
19 Paz, AJ 29.95 33.27		Analy	1:04.21	1:03.22	
20 Reed, Rhett 32.24 37.77		Cardinal Newman	1:12.34	1:10.01	
21 Rechin, Boedy 33.97 37.92		Cardinal Newman	1:15.19	1:11.89	
22 Ahmad, Kamran 33.11 40.67		Windsor High School	1:14.26	1:13.78	
23 Carrasco, Dylan 33.42 41.97		Analy	1:16.38	1:15.39	
24 Welch, William 35.01 40.91		Ukiah	1:21.90	1:15.92	
25 Riggs, Caleb 35.43 41.15		Cardinal Newman	1:15.00	1:16.58	
26 Ballaho, Ali 33.46 44.16		Ukiah	1:17.50	1:17.62	
27 Roman, Vincent 40.27 43.11		Piner	1:23.46	1:23.38	
28 Blair, Teylor		Piner	1:27.84	1:27.78	
29 Link, Liam 45.49 54.40		Analy	1:32.07	1:39.89	
30 Bustos, Carlos 47.44 57.96		Analy	1:44.47	1:45.40	

## Event 13 Girls 500 Yard Freestyle

NBL: 4:54.33 2012

Jenna Bauer

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Hamlin, Valentina 28.54 31.02 33.41 32.42	31.93	32.60 Cardinal Newman 33.02 33.01 33.13	5:16.58 33.34	5:22.42	20
2 Boardman, Ela 29.66 33.54 35.42 33.71	34.55	34.72 Healdsburg High School 34.95 35.17 35.34	5:48.94 35.54	5:42.60	17
3 Struna-Meyer, Casey 28.57 31.06 35.41 33.23	32.38	17 Maria Carrillo 32.83 39.45 38.15 36.60	5:50.92 36.01	5:43.69	16
4 England, Briana 32.89 34.91 37.38 35.18	36.52	17 Maria Carrillo 36.94 37.24 37.41 37.47	6:17.89 37.54	6:03.48	15

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## A - Final ... (Event 13 Girls 500 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
5 Thumhart, Grace		Cardinal Newman	6:00.93	6:05.22	14
32.48 36.28 37.05	37.02	38.06 37.19 37.44	36.79		
37.23 35.68					
6 Johnson, Lily		Analy	6:17.47	6:10.65	13
32.72 36.58 37.91	38.41	37.74 38.72 37.81	38.39		
38.20 34.17					
7 Goodheart, Laila		Montgomery High School	6:29.35	6:32.34	12
32.45 37.27 38.72	39.91	40.26 40.59 41.23	41.16		
40.73 40.02					
8 Suarez Ramirez, Alexandra		Windsor High School	6:45.19	6:53.05	11
34.52 39.47 41.54	44.04	43.60 40.45 45.01	42.56		
41.21 40.65					

## B - Final

9 Sullivan, Jace		Santa Rosa	6:46.72	6:48.51	9
35.40 41.42 41.67	42.01	41.90 42.50 41.90	42.00		
41.31 38.40					
10 Blain, Olive		Montgomery High School	6:57.77	7:00.72	7
35.13 41.57 43.67	43.10	43.63 43.89 42.68	44.36		
42.72 39.97					
11 Prieto-Trujillo, Alissa		Windsor High School	7:17.82	7:14.01	6
		4:25.54			
12 Beck, Chloe		Rancho Cotate	7:19.07	7:17.28	5
37.05 42.70 43.77	43.77	45.03 45.46 46.09	45.41	45.25	
43.77 42.75					
13 Gardner, Kamala		Ukiah	7:26.25	7:24.35	4
37.07					
45.59 43.25					
14 Cruz, Isabel		Ukiah	7:39.48	7:36.55	3
		45.91 46.41	47.77		
47.42 41.92					
15 Healy, Macaela	17	Windsor High School	7:42.39	7:40.77	2
39.86 45.14 46.66	47.13	48.04 47.71 46.78	47.21		
47.73 44.51					
16 Richards, Star		Santa Rosa	7:42.07	7:45.33	1
40.17 45.19 47.54	47.79	48.08 48.38 49.36	47.93		
47.66 43.23					

## Preliminaries

14 Huppi, Verena		Analy	7:38.85		
38.61 43.18 44.79	46.58	47.04 47.92 47.84	48.40		
48.73 45.76					
18 Arreguin, Natalia		Healdsburg High School	7:44.98		
37.22 42.77 47.65		49.33 48.56	49.30		
48.76 44.09					
19 Bruland, Zinnia		Santa Rosa	8:17.83		
43.06 49.17 51.02	51.78	51.28 51.24 54.34	52.07		
50.34 43.53					
20 Kosta, Margaret		Healdsburg High School	8:27.59		
43.88 51.35 51.16		54.50 49.34	49.45		
51.16 44.71					
21 Kobetz, Rebecca		Ukiah	8:47.89		
49.85 51.86 53.85	55.22	55.61 54.83 55.43	55.83		
51.26 44.15					

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 13 Girls 500 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
22 Kiesel, Mikayla		Santa Rosa	9:02.80		
43.23	50.36	54.23	57.86	57.89	57.09
56.36	50.48		57.56	57.74	

## Event 13 Girls 500 Yard Freestyle

NBL: 4:54.33 2012

Jenna Bauer

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Hamlin, Valentina		Cardinal Newman	5:10.08	5:16.58	q
28.31	30.65	31.69	31.72	31.85	32.49
32.69	32.34		32.31	32.53	
2 Boardman, Ela		Healdsburg High School	6:06.52	5:48.94	q
29.64	34.21	34.90	35.15	35.40	36.01
36.09	35.20		36.17	36.17	
3 Struna-Meyer, Casey	17	Maria Carrillo	5:40.00	5:50.92	q
28.19	31.47	32.45	32.80	41.18	39.37
36.16	34.26		37.85	37.19	
4 Thumhart, Grace		Cardinal Newman	6:08.37	6:00.93	q
32.87	36.34	36.52	37.01	36.78	36.30
36.76	35.54		36.58	36.23	
5 Johnson, Lily		Analy	6:12.46	6:17.47	q
34.14	37.04	38.13	39.06	38.45	38.22
38.43	37.00		38.46	38.54	
6 England, Briana	17	Maria Carrillo	6:14.00	6:17.89	q
33.04	35.75	37.61	37.98	38.09	39.20
38.95	38.60		39.44	39.23	
7 Goodheart, Laila		Montgomery High School	6:35.18	6:29.35	q
31.57	36.25	38.06	39.94	40.66	40.63
41.41	38.78		41.13	40.92	
8 Suarez Ramirez, Alexandra		Windsor High School	6:33.25	6:45.19	q
33.96	39.11	41.52	41.58	41.88	43.16
41.21	37.65		42.57	42.55	
9 Sullivan, Jace		Santa Rosa	6:55.32	6:46.72	q
35.26	40.30	41.84	41.24	41.72	41.74
40.75	39.45		41.85	42.57	
10 Blain, Olive		Montgomery High School	6:52.62	6:57.77	q
34.30	40.92	42.93	42.39	45.09	42.41
42.19	40.78		43.57	43.19	
11 Prieto-Trujillo, Alissa		Windsor High School	7:02.41	7:17.82	q
36.38					
43.39					
12 Beck, Chloe		Rancho Cotate	7:24.24	7:19.07	q
37.03	42.65	44.75	44.46	44.57	46.03
43.49	42.34		47.65	46.10	
13 Gardner, Kamala		Ukiah	7:45.61	7:26.25	q
		45.09	45.01		
1:29.16					
14 Huppi, Verena		Analy	6:50.62	7:38.85	q
38.61	43.18	44.79	46.58	47.04	47.92
48.73	45.76		47.84	47.84	48.40
15 Cruz, Isabel		Ukiah	7:50.22	7:39.48	q
40.48	46.35	48.21	47.81	47.03	46.55
47.51	41.63		46.41	47.50	

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 13 Girls 500 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
16 Richards, Star		Santa Rosa	7:24.58	7:42.07 q
39.95 44.72 47.19 47.34 47.80 47.97 47.99			48.31	
48.12 42.68				
17 Healy, Macaela	17	Windsor High School	7:48.03	7:42.39
38.88 43.91 46.82 48.73 48.58 47.90 48.13			47.84	
47.52 44.08				
18 Arreguin, Natalia		Healdsburg High School	7:49.67	7:44.98
37.22 42.77 47.65 49.33 48.56			49.30	
48.76 44.09				
19 Bruland, Zinnia		Santa Rosa	8:27.35	8:17.83
43.06 49.17 51.02 51.78 51.28 51.24 54.34			52.07	
50.34 43.53				
20 Kosta, Margaret		Healdsburg High School	7:45.21	8:27.59
43.88 51.35 54.50 49.34			49.45	
51.16 44.71				
21 Kobetz, Rebecca		Ukiah	8:39.00	8:47.89
49.85 51.86 53.85 55.22 55.61 54.83 55.43			55.83	
51.26 44.15				
22 Kiesel, Mikayla		Santa Rosa	8:35.95	9:02.80
43.23 50.36 54.23 57.86 57.89 57.09 57.56			57.74	
56.36 50.48				

## Event 14 Boys 500 Yard Freestyle

NBL: 4:36.35 2019

David Mertz

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Kiehl, Samuel	17	Maria Carrillo	5:01.01	4:57.95	20
26.50 28.89 29.61 30.09 30.08 30.86 31.06			30.86		
30.45 29.55					
2 Greaves, Lucas		Healdsburg High School	5:05.62	4:59.61	17
27.48 29.63 30.14 30.13 30.54 30.45 30.51			30.55		
30.27 29.91					
3 Hamann, Vinnie		Analy	5:17.74	5:09.32	16
27.74 30.05 30.77 31.34 31.41 31.49 31.91			31.90		
31.53 31.18					
4 Malgren, Wiley	18	Maria Carrillo	5:22.07	5:17.50	15
28.27 30.96 32.16 32.85 32.75 32.63 33.13			33.01		
31.54 30.20					
5 Donecker, Jackson		Analy	5:14.98	5:17.65	14
27.89 30.46 31.67 31.81 32.71 32.80 33.10			33.73		
33.23 30.25					
6 Gannon, Joseph		Cardinal Newman	5:35.75	5:43.26	13
29.57 33.42 35.36 34.69 35.37 35.61 33.97			35.20		
35.07 35.00					
7 Fowler, Lucas		Cardinal Newman	5:50.64	5:49.87	12
29.48 33.57 34.65 35.14 35.42 36.17 35.77			36.29		
36.92 36.46					
8 Donoho, Cooper	18	Windsor High School	6:01.54	6:01.66	11
30.40 35.51 36.91 37.39 36.61 37.89 37.77			37.48		
36.44 35.26					
<b>B - Final</b>					
9 Cosgrove, Rory		Analy	6:08.81	6:07.95	9
30.53 35.72 37.31 37.02 37.79 37.77 38.49			39.07		
38.18 36.07					

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## B - Final ... (Event 14 Boys 500 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
10 Chase, Grayson		Santa Rosa	6:23.06	6:15.36	7
32.44 36.54 38.21 38.39 39.12 39.60 39.80 39.45					
39.12 32.69					
11 Aquino, Ethan		Rancho Cotate	6:20.90	6:24.92	6
32.37 36.59 38.67 38.93 40.00 40.27 40.54 39.63					
39.82 38.10					
12 Traverso, Hugo		Cardinal Newman	6:26.31	6:27.87	5
33.01 36.69 38.56 40.42 2:38.08					
13 Spurdle, Mason		Windsor High School	6:35.03	6:45.62	4
33.74 38.82 40.81 41.83 42.49 42.59 42.46 43.02					
41.76 38.10					
14 Maraviglia, Paolo		Cardinal Newman	6:53.60	6:47.24	3
33.15 37.90 41.01 41.01 41.90 42.45 42.94 42.84					
43.98 40.06					
15 Chechile, Elias		Healdsburg High School	7:03.17	6:53.57	2
35.42 39.13 41.29 42.19 42.25 43.09 43.24 42.83					
42.94 41.19					
16 Hendry, Nash		Healdsburg High School	7:07.18	7:09.34	1
36.61 43.99 45.32					
40.24					

## Preliminaries

6 Miller, Zachary		17 Maria Carrillo	5:30.04		
26.98 30.26 31.95 33.54 34.11 34.49 34.38 34.78					
34.74 34.81					
18 McDougall, Finneas		Santa Rosa	7:45.96		
36.43 42.71 48.69 48.83 47.63 49.30 50.36 48.73					
50.54 42.74					
19 Denner, Silas		Windsor High School	7:52.13		
35.02 45.20 48.89 50.74 49.00 49.81 49.90 50.77					
49.48 43.32					
20 Welch, William		Ukiah	8:20.12		
37.07 45.62 50.36 50.70 51.56 53.86 52.85 52.77					
1:45.33					

## Event 14 Boys 500 Yard Freestyle

NBL: 4:36.35 2019

David Mertz

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Kiehl, Samuel		17 Maria Carrillo	4:56.31	5:01.01	q
25.97 28.67 28.91 29.67 30.46 30.99 31.80 32.29					
31.80 30.45					
2 Greaves, Lucas		Healdsburg High School	5:11.43	5:05.62	q
27.92 29.86 30.46 30.47 30.71 31.16 31.48 31.46					
31.25 30.85					
3 Donecker, Jackson		Analy	5:26.83	5:14.98	q
28.11 30.24 31.29 31.59 31.95 32.31 33.03 32.73					
32.20 31.53					
4 Hamann, Vinnie		Analy	5:19.56	5:17.74	q
26.21 29.90 31.63 32.46 32.95 32.93 32.74 33.40					
33.11 32.41					
5 Malgren, Wiley		18 Maria Carrillo	5:04.98	5:22.07	q
28.06 31.18 32.10 33.09 33.11 34.16 33.57 33.60					
32.25 30.95					

2026 NBL Championships - 4/24/2026 to 4/25/2026

Results

Preliminaries ... (Event 14 Boys 500 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time	
6 Miller, Zachary	17	Maria Carrillo	5:18.00	5:30.04	q
26.98 30.26 31.95	33.54 34.11 34.49	34.38	34.78		
34.74 34.81					
7 Gannon, Joseph		Cardinal Newman	5:30.98	5:35.75	q
29.01 32.60 34.25	34.36 34.43 34.44	34.76	34.70		
32.97 34.23					
8 Fowler, Lucas		Cardinal Newman	5:45.00	5:50.64	q
27.34 31.70 34.29	35.76 35.58 36.37	36.87	37.70		
37.41 37.62					
9 Donoho, Cooper	18	Windsor High School	6:13.86	6:01.54	q
30.30 35.26 37.18	36.84 37.61 37.70	37.67	37.08		
37.21 34.69					
10 Cosgrove, Rory		Analy	6:15.39	6:08.81	q
30.23 36.11 37.33	37.62 38.04 39.34	38.44	38.28		
37.95 35.47					
11 Aquino, Ethan		Rancho Cotate	6:26.79	6:20.90	q
31.58 36.85 38.57	39.30 39.08 39.33	39.98	39.63		
38.45 38.13					
12 Chase, Grayson		Santa Rosa	6:25.93	6:23.06	q
32.22 37.28 39.01	40.70 39.53 40.47	41.58	40.72		
38.20 33.35					
13 Traverso, Hugo		Cardinal Newman	6:26.13	6:26.31	q
34.13 37.90 38.94	39.78 40.81 40.02				
36.32					
14 Spurdle, Mason		Windsor High School	6:59.60	6:35.03	q
32.64 37.64 38.94	40.39 41.52 41.40	41.22	41.63		
41.72 37.93					
15 Maraviglia, Paolo		Cardinal Newman	6:44.43	6:53.60	q
32.96 38.43 41.33	41.79 42.56 43.30	43.22	43.68		
43.75 42.58					
16 Chechile, Elias		Healdsburg High School	6:40.35	7:03.17	q
34.77 38.69 42.60	44.39 43.36 43.82	43.97			
40.18					
17 Hendry, Nash		Healdsburg High School	6:47.33	7:07.18	
34.85 39.44 43.75					
38.64					
18 McDougall, Finneas		Santa Rosa	7:48.15	7:45.96	
36.43 42.71 48.69	48.83 47.63 49.30	50.36	48.73		
50.54 42.74					
19 Denner, Silas		Windsor High School	7:53.51	7:52.13	
35.02 45.20 48.89	50.74 49.00 49.81	49.90	50.77		
49.48 43.32					
20 Welch, William		Ukiah	8:31.33	8:20.12	
37.07 45.62 50.36	50.70 51.56 53.86	52.85	52.77		
1:45.33					

Event 15 Girls 200 Yard Freestyle Relay

Team	NBL: 1:39.54	2024	Cardinal Newman Relay	Seed Time	Finals Time	Points
1 Maria Carrillo			A	1:53.08	1:48.59	40
1) Doherty, Georgia 14			2) Wangler, Delanie 16	3) Romatier, Clea 17	4) Zingg, Momo 16	
28.20 27.23 25.85			27.31			

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

**(Event 15 Girls 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
2 Cardinal Newman	A	1:55.00	1:51.31	34
1) Menconi, Sienna	2) Lando, Emma	3) Edwards, Abigail	4) Thumhart, Grace	
23.89 28.40 28.35	30.67			
3 Healdsburg High School	A	1:59.66	1:55.61	32
1) Boardman, Ela	2) Gordon, Charley	3) O Herlihy, Roisin	4) Greaves, Layla	
27.93 31.64 30.93	25.11			
4 Analy	A	1:59.15	1:58.45	30
1) Johnson, Lily	2) Cherney, Karter	3) Hamann, Liliana	4) Worthington, Ella	
30.45 29.72 31.89	26.39			
5 Montgomery High School	A	2:24.58	2:06.42	28
1) Paschall, Jillian	2) Abrego, Keira	3) Blain, Olive	4) Derr, Samantha	
29.78 34.01 32.01	30.62			
6 Rancho Cotate	A	2:16.98	2:13.38	26
1) Morgan, Audrey	2) Ehrmantraut, Hope	3) Toledo, Natalie	4) Diaz, Evelyn	
35.30 32.91 34.25	30.92			
--- Ukiah	A	2:15.89	DQ	
1) Koehn, Lila	2) Vagt, Bryn	3) Bird, Flora	4) Cruz, Isabel	
29.44 32.73 33.42	33.49			
--- Santa Rosa	A	2:07.02	DQ	
1) Merrick, Laurel	2) Petersen, Faeona	3) Bruland, Zinnia	4) Carballo Hidalgo, Lucia	
27.38 33.07 35.10	32.46			
--- Windsor High School	A	2:02.48	DQ	
1) Trujillo, Fey	2) Suarez Ramirez, Alexandra	3) Reineck, Emmie	4) Robertson, Josephine 18	
31.03 30.88 32.32	29.76			

**Event 16 Boys 200 Yard Freestyle Relay**

NBL: 1:31.26 2024

Maria Carrillo

Team	Relay	Seed Time	Finals Time	Points
1 Maria Carrillo	A	1:33.46	1:27.36	40
1) Scheller, Magnus 16	2) Bouse, Alexander 16	3) Lee, Emmerson 16	4) Wang, Lucas 17	
22.55 22.30 21.18	21.33			
2 Analy	A	1:33.21	1:34.00	34
1) Hamann, Vinnie	2) Ambrose, Alex	3) Monroe, Orion	4) Black, Travis	
24.65 23.62 24.30	21.43			
3 Healdsburg High School	A	1:46.27	1:43.19	32
1) Kluse, Milo	2) Johannsen, Sebastian	3) Ouchida-Pratt, Tas	4) Greaves, Lucas	
25.92 26.37 25.74	25.16			
4 Cardinal Newman	A	1:29.64	1:43.97	30
1) Fowler, Lucas	2) Gannon, Joseph	3) Martinez, Alessandro	4) McDonell, Eric	
27.47 25.01 25.56	25.93			
5 Windsor High School	A	1:39.34	1:44.33	28
1) Pheffer, Avi 18	2) Donoho, Cooper 18	3) Estep, Titan	4) Spurdle, Mason	
22.88 27.67 25.75	28.03			
6 Rancho Cotate	A	1:50.03	1:48.50	26
1) Voyles, Trevor	2) Flores, Steven	3) Aquino, Ethan	4) McAllister, Liam	
27.16 27.28 28.28	25.78			
7 Santa Rosa	A	1:49.83	1:49.60	24
1) Hostutler, Ezra 17	2) Wurtzel, Jonah 18	3) Hawks, Isaac	4) Chase, Grayson	
28.50 29.06 25.02	27.02			

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Event 17 Girls 100 Yard Backstroke

NBL: 56.81 2026 Sienna Menconi

NBL: 56.81 4/24/2026 Sienna Menconi

Cardinal Newman

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Menconi, Sienna		Cardinal Newman	56.81	57.15	20
27.87 29.28					
2 Greaves, Layla		Healdsburg High School	58.91	59.51	17
29.05 30.46					
3 Grady, Eliza	16	Maria Carrillo	1:03.41	1:02.93	16
29.99 32.94					
4 Morelle, Chloe	17	Maria Carrillo	1:04.51	1:04.72	15
30.86 33.86					
5 Romatier, Clea	17	Maria Carrillo	1:05.36	1:05.80	14
31.92 33.88					
6 Boardman, Ela		Healdsburg High School	1:06.69	1:07.00	13
32.52 34.48					
*7 Beck, Olivia	18	Santa Rosa	1:07.23	1:07.39	11.50
32.91 34.48					
*7 Preuss, Leah		Montgomery High School	1:06.75	1:07.39	11.50
32.45 34.94					
<b>B - Final</b>					
9 Worthington, Ella		Analy	1:09.76	1:10.54	9
33.13 37.41					
10 Dunne, Sophia		Cardinal Newman	1:09.12	1:12.46	7
35.46 37.00					
11 Connelly, Audrey		Rancho Cotate	1:17.39	1:14.82	6
35.32 39.50					
12 Dunlop, Kailyn	17	Cardinal Newman	1:21.52	1:20.33	5
40.13 40.20					
13 Vagt, Bryn		Ukiah	1:18.56	1:20.64	4
		Santa Rosa	1:20.00	1:21.27	3
39.48 41.79					
15 Jones-Landry, Farah	15	Maria Carrillo	1:21.55	1:21.80	2
39.97 41.83					
16 Hagerman, Chloe		Healdsburg High School	1:20.58	1:23.32	1
39.27 44.05					
<b>Preliminaries</b>					
17 Francis, Anya		Ukiah	1:23.08		
18 Reineck, Emmie		Windsor High School	1:23.96		
19 Morrell, Patsy		Windsor High School	1:27.22		
43.36 43.86					
20 Paschall, Jillian		Montgomery High School	1:30.32		
42.20 48.12					
21 Buss Capps, Zinaya		Santa Rosa	1:30.51		
22 Yeilding, Siena		Healdsburg High School	1:31.24		
43.34 47.90					
23 Gardner, Twyla		Rancho Cotate	1:31.40		
1:31.60					
24 Kornegay, Delaney		Ukiah	1:31.42		
44.75 46.67					
25 Walker, Jillian		Windsor High School	1:32.36		
44.64 47.72					

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 17 Girls 100 Yard Backstroke)

Name	Age	School	Prelim Time	Finals Time	Points
26 Cuadra, Sophie		Ukiah	1:34.33		
44.12 50.21					
27 Huppi, Verena		Analy	1:34.67		
28 Toledo, Natalie		Rancho Cotate	1:40.56		
47.23 53.33					
--- Alvarez, Akira		Windsor High School	DQ		
55.16 1:05.97					
--- Kiesel, Mikayla		Santa Rosa	DQ		
55.78 58.50					

## Event 17 Girls 100 Yard Backstroke

NBL: 56.81 2026 Sienna Menconi  
 NBL: 56.81 4/24/2026 Sienna Menconi

Cardinal Newman

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Menconi, Sienna		Cardinal Newman	56.23	56.81	q
27.88 28.93					
2 Greaves, Layla		Healdsburg High School	58.86	58.91	q
29.05 29.86					
3 Grady, Eliza	16	Maria Carrillo	1:03.00	1:03.41	q
30.06 33.35					
4 Morelle, Chloe	17	Maria Carrillo	1:01.00	1:04.51	q
30.86 33.65					
5 Romatier, Clea	17	Maria Carrillo	1:05.00	1:05.36	q
32.11 33.25					
6 Boardman, Ela		Healdsburg High School	1:05.91	1:06.69	q
32.55 34.14					
7 Preuss, Leah		Montgomery High School	1:08.74	1:06.75	q
32.34 34.41					
8 Beck, Olivia	18	Santa Rosa	1:08.77	1:07.23	q
32.14 35.09					
9 Dunne, Sophia		Cardinal Newman	1:14.00	1:09.12	q
33.83 35.29					
10 Worthington, Ella		Analy	1:10.39	1:09.76	q
32.72 37.04					
11 Connelly, Audrey		Rancho Cotate	1:15.98	1:17.39	q
37.18 40.21					
12 Vagt, Bryn		Ukiah	1:20.86	1:18.56	q
36.56 42.00					
13 Sullivan, Jace		Santa Rosa	1:24.06	1:20.00	q
38.67 41.33					
14 Hagerman, Chloe		Healdsburg High School	1:24.77	1:20.58	q
38.13 42.45					
15 Dunlop, Kailyn	17	Cardinal Newman	1:19.88	1:21.52	q
40.42 41.10					
16 Jones-Landry, Farah	15	Maria Carrillo	1:17.00	1:21.55	q
39.66 41.89					
17 Francis, Anya		Ukiah	1:28.10	1:23.08	
18 Reineck, Emmie		Windsor High School	1:26.42	1:23.96	
19 Morrell, Patsy		Windsor High School	1:27.53	1:27.22	
43.36 43.86					

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 17 Girls 100 Yard Backstroke)

Name	Age	School	Seed Time	Prelim Time
20 Paschall, Jillian 42.20 48.12		Montgomery High School	1:30.83	1:30.32
21 Buss Capps, Zinaya		Santa Rosa	1:37.47	1:30.51
22 Yeilding, Siena 43.34 47.90		Healdsburg High School	1:42.02	1:31.24
23 Gardner, Twyla 1:31.60		Rancho Cotate	1:53.90	1:31.40
24 Kornegay, Delaney 44.75 46.67		Ukiah	1:35.68	1:31.42
25 Walker, Jillian 44.64 47.72		Windsor High School	1:32.85	1:32.36
26 Cuadra, Sophie 44.12 50.21		Ukiah	1:41.91	1:34.33
27 Huppi, Verena		Analy	1:30.80	1:34.67
28 Toledo, Natalie 47.23 53.33		Rancho Cotate	1:43.89	1:40.56
--- Alvarez, Akira 55.16 1:05.97		Windsor High School	2:07.04	DQ
--- Kiesel, Mikayla 55.78 58.50		Santa Rosa	2:02.95	DQ

## Event 18 Boys 100 Yard Backstroke

NBL: 52.00 2026		Travis Black				
Name	Age	School	Prelim Time	Finals Time	Points	
<b>A - Final</b>						
1 Black, Travis 24.65 26.88		Analy	52.32	51.53	20	
2 Wang, Lucas 25.82 27.97	17	Maria Carrillo	52.99	53.79	17	
3 Pheffer, Avi 27.99 29.26	18	Windsor High School	56.37	57.25	16	
4 Phelps, Trystan 27.98 29.70	16	Maria Carrillo	57.97	57.68	15	
5 Farquhar, Luke 28.24 30.42		Cardinal Newman	57.44	58.66	14	
6 Lefebvre, Griffin 30.00 31.60		Ukiah	1:01.04	1:01.60	13	
7 Tantarelli, Luciano 31.43 33.17		Analy	1:05.88	1:04.60	12	
8 Johannsen, Sebastian 35.51 36.16		Healdsburg High School	1:08.85	1:11.67	11	
<b>B - Final</b>						
9 Voyles, Trevor 38.52 35.08		Rancho Cotate	1:13.04	1:13.60	9	
10 Riggs, Caleb 40.01 42.43		Cardinal Newman	1:23.52	1:22.44	7	
11 Ouchida-Pratt, Tas 39.49 44.21		Healdsburg High School	1:17.54	1:23.70	6	
12 Byrne, Flynn 44.25 47.86		Santa Rosa	1:36.59	1:32.11	5	
13 Carrasco, Dylan		Analy	2:06.14	1:52.31	4	

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Event 18 Boys 100 Yard Backstroke

NBL: 52.00		2026		Travis Black				
Name	Age	School	Seed Time	Prelim Time				
<b>Preliminaries</b>								
1	Black, Travis	Analy	51.31	52.32	q			
	25.06 27.26							
2	Wang, Lucas	17 Maria Carrillo	52.48	52.99	q			
	25.07 27.92							
3	Pheffer, Avi	18 Windsor High School	56.74	56.37	q			
	27.25 29.12							
4	Farquhar, Luke	Cardinal Newman	59.86	57.44	q			
	27.39 30.05							
5	Phelps, Trystan	16 Maria Carrillo	1:00.07	57.97	q			
	27.64 30.33							
6	Lefebvre, Griffin	Ukiah	1:02.08	1:01.04	q			
	29.82 31.22							
7	Tantarelli, Luciano	Analy	1:09.34	1:05.88	q			
	31.90 33.98							
8	Johannsen, Sebastian	Healdsburg High School	1:12.31	1:08.85	q			
	33.46 35.39							
9	Voyles, Trevor	Rancho Cotate	1:13.25	1:13.04	q			
	34.95 38.09							
10	Ouchida-Pratt, Tas	Healdsburg High School	1:22.92	1:17.54	q			
11	Riggs, Caleb	Cardinal Newman	1:27.50	1:23.52	q			
	38.96 44.56							
12	Byrne, Flynn	Santa Rosa	1:34.87	1:36.59	q			
	44.24 52.35							
13	Carrasco, Dylan	Analy	1:21.98	2:06.14	q			

## Event 19 Girls 100 Yard Breaststroke

NBL: 1:03.84		2016		Piper Prockley				
Name	Age	School	Prelim Time	Finals Time	Points			
<b>A - Final</b>								
1	Wangler, Delanie	16 Maria Carrillo	1:09.01	1:09.83	20			
	33.01 36.82							
2	Do, Morgan	Cardinal Newman	1:10.25	1:11.10	17			
	32.68 38.42							
3	Cunningham, Lydia	Cardinal Newman	1:14.19	1:13.85	16			
	34.70 39.15							
4	Preuss, Leah	Montgomery High School	1:19.50	1:18.15	15			
	37.50 40.65							
5	Lando, Emma	Cardinal Newman	1:18.51	1:18.76	14			
	36.18 42.58							
6	Struna-Meyer, Madi	15 Maria Carrillo	1:17.81	1:21.17	13			
	37.78 43.39							
7	Goodheart, Laila	Montgomery High School	1:19.54	1:21.26	12			
	37.87 43.39							
8	Hamlin, Chloe	14 Maria Carrillo	1:24.03	1:27.57	11			
	41.29 46.28							
<b>B - Final</b>								
9	Trujillo, Fey	Windsor High School	1:25.22	1:26.40	9			
	40.01 46.39							
10	Torres, Anali	Ukiah	1:27.53	1:29.70	7			
	41.86 47.84							

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## B - Final ... (Event 19 Girls 100 Yard Breaststroke)

Name	Age	School	Prelim Time	Finals Time	Points
11 Hamann, Liliana 41.85 47.92		Analy	1:27.56	1:29.77	6
12 Beck, Chloe 42.37 48.05		Rancho Cotate	1:31.06	1:30.42	5
13 Estep, Kendra 43.89 47.20		Windsor High School	1:31.00	1:31.09	4
14 Robertson, Josephine 43.83 48.41	18	Windsor High School	1:30.31	1:32.24	3
15 Derr, Samantha 43.16 49.26		Montgomery High School	1:33.45	1:32.42	2
16 Koehn, Lila 45.44 51.15		Ukiah	1:32.44	1:36.59	1

## Preliminaries

17 Jones-Landry, Farah 43.66 51.11	15	Maria Carrillo	1:34.77		
18 Cebulski, Harper 44.16 50.86		Analy	1:35.02		
19 Petersen, Faeona 45.75 51.19		Santa Rosa	1:36.94		
20 Crosbie, Rylan 45.10 54.51		Cardinal Newman	1:39.61		
21 Thill, Avery 46.69 54.41		Healdsburg High School	1:41.10		
22 Brown, Maddison 49.08 55.27		Windsor High School	1:44.35		
23 Stickel, Roux 50.59 53.98		Analy	1:44.57		
24 Cruz, Taylor 50.94 55.91		Piner	1:46.85		
25 Hakala, Aurora 52.62 55.25		Santa Rosa	1:47.87		
26 Heyfron, Ireland 50.66 57.68		Healdsburg High School	1:48.34		
27 Hewitt, Addy 52.83 56.89		Rancho Cotate	1:49.72		
28 McCartney, Kyra 52.18 1:00.42		Ukiah	1:52.60		
29 Prater, Annelise 55.82 58.25		Ukiah	1:54.07		
--- Hughes, Eralin 1:04.77 1:09.92		Santa Rosa	DQ		
--- Block, Mia 50.61 55.41		Montgomery High School	DQ		

## Event 19 Girls 100 Yard Breaststroke

NBL: 1:03.84 2016

Piper Prockley

Name	Age	School	Seed Time	Prelim Time	
1 Wangler, Delanie 32.13 36.88	16	Maria Carrillo	1:07.00	1:09.01	q
2 Do, Morgan 33.34 36.91		Cardinal Newman	1:10.23	1:10.25	q
3 Cunningham, Lydia 34.85 39.34		Cardinal Newman	1:17.54	1:14.19	q

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 19 Girls 100 Yard Breaststroke)

Name	Age	School	Seed Time	Prelim Time	
4 Struna-Meyer, Madi 36.50 41.31	15	Maria Carrillo	1:19.00	1:17.81	q
5 Lando, Emma 36.90 41.61		Cardinal Newman	1:22.76	1:18.51	q
6 Preuss, Leah 37.19 42.31		Montgomery High School	1:19.04	1:19.50	q
7 Goodheart, Laila 36.72 42.82		Montgomery High School	1:17.73	1:19.54	q
8 Hamlin, Chloe 39.71 44.32	14	Maria Carrillo	1:24.72	1:24.03	q
9 Trujillo, Fey 39.92 45.30		Windsor High School	1:27.95	1:25.22	q
10 Torres, Anali 40.58 46.95		Ukiah	1:32.38	1:27.53	q
11 Hamann, Liliana 40.93 46.63		Analy	1:28.57	1:27.56	q
12 Robertson, Josephine 42.65 47.66	18	Windsor High School	1:29.44	1:30.31	q
13 Estep, Kendra 43.52 47.48		Windsor High School	1:31.50	1:31.00	q
14 Beck, Chloe 42.12 48.94		Rancho Cotate	1:39.40	1:31.06	q
15 Koehn, Lila 42.63 49.81		Ukiah	1:30.71	1:32.44	q
16 Derr, Samantha 43.54 49.91		Montgomery High School	1:30.36	1:33.45	q
17 Jones-Landry, Farah 43.66 51.11	15	Maria Carrillo	1:29.00	1:34.77	
18 Cebulski, Harper 44.16 50.86		Analy	1:37.08	1:35.02	
19 Petersen, Faeona 45.75 51.19		Santa Rosa	1:42.58	1:36.94	
20 Crosbie, Rylan 45.10 54.51		Cardinal Newman	1:39.38	1:39.61	
21 Thill, Avery 46.69 54.41		Healdsburg High School	1:39.34	1:41.10	
22 Brown, Maddison 49.08 55.27		Windsor High School	1:46.66	1:44.35	
23 Stickel, Roux 50.59 53.98		Analy	1:48.70	1:44.57	
24 Cruz, Taylor 50.94 55.91		Piner	1:48.05	1:46.85	
25 Hakala, Aurora 52.62 55.25		Santa Rosa	1:49.88	1:47.87	
26 Heyfron, Ireland 50.66 57.68		Healdsburg High School	1:50.56	1:48.34	
27 Hewitt, Addy 52.83 56.89		Rancho Cotate	1:52.38	1:49.72	
28 McCartney, Kyra 52.18 1:00.42		Ukiah	2:15.50	1:52.60	
29 Prater, Annelise 55.82 58.25		Ukiah	2:02.54	1:54.07	

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Preliminaries ... (Event 19 Girls 100 Yard Breaststroke)

Name	Age	School	Seed Time	Prelim Time
--- Hughes, Eralin		Santa Rosa	2:21.95	DQ
1:04.77 1:09.92				
--- Block, Mia		Montgomery High School	1:43.44	DQ
50.61 55.41				

## Event 20 Boys 100 Yard Breaststroke

NBL: 58.46 2026 James Gannon

NBL: 58.46 4/24/2026 James Gannon

Cardinal Newman

Name	Age	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Gannon, James		Cardinal Newman	58.46	58.31	20
26.88 31.43					
2 Lee, Emmerson	16	Maria Carrillo	59.77	59.28	17
27.72 31.56					
3 Monroe, Orion		Analy	1:00.15	1:00.70	16
28.42 32.28					
4 Ambrose, Alex		Analy	1:01.00	1:00.86	15
28.80 32.06					
5 Brophy, Fisher		Cardinal Newman	1:00.23	1:01.44	14
28.20 33.24					
6 Miller, Zachary	17	Maria Carrillo	1:06.30	1:04.43	13
29.81 34.62					
7 Fowler, Lucas		Cardinal Newman	1:09.95	1:11.58	12
33.17 38.41					
8 Boyce, Gavin		Windsor High School	1:10.28	1:12.00	11
33.77 38.23					
<b>B - Final</b>					
9 Mejia Duarte, Pablo		Maria Carrillo	1:14.77	1:13.83	9
34.43 39.40					
10 Hawks, Isaac		Santa Rosa	1:18.20	1:15.88	7
35.89 39.99					
11 Hostutler, Ezra	17	Santa Rosa	1:18.10	1:20.20	6
37.52 42.68					
12 Bonnell, Benjamin		Piner	1:23.81	1:23.14	5
38.43 44.71					
13 Rechin, Boedy		Cardinal Newman	1:24.97	1:23.70	4
39.94 43.76					
14 McKenzie, Cameron		Healdsburg High School	1:23.84	1:24.24	3
39.90 44.34					
15 Chechile, Elias		Healdsburg High School	1:26.08	1:30.30	2
42.11 48.19					
16 Yielding, Rowan		Healdsburg High School	1:32.45	1:31.18	1
43.98 47.20					
<b>Preliminaries</b>					
9 Bouse, Kai	15	Maria Carrillo	1:10.91		
33.06 37.85					
18 Ballaho, Ali		Ukiah	1:37.15		
44.74 52.41					

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

## Event 20 Boys 100 Yard Breaststroke

NBL: 58.46 2026 James Gannon

NBL: 58.46 4/24/2026 James Gannon

Cardinal Newman

Name	Age	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1 Gannon, James		Cardinal Newman	59.49	58.46	q
27.24 31.22					
2 Lee, Emmerson	16	Maria Carrillo	59.26	59.77	q
27.98 31.79					
3 Monroe, Orion		Analy	1:03.22	1:00.15	q
28.09 32.06					
4 Brophy, Fisher		Cardinal Newman	59.40	1:00.23	q
27.58 32.65					
5 Ambrose, Alex		Analy	59.95	1:01.00	q
28.77 32.23					
6 Miller, Zachary	17	Maria Carrillo	1:04.37	1:06.30	q
30.86 35.44					
7 Fowler, Lucas		Cardinal Newman	1:11.72	1:09.95	q
32.78 37.17					
8 Boyce, Gavin		Windsor High School	1:11.44	1:10.28	q
33.44 36.84					
9 Bouse, Kai	15	Maria Carrillo	1:10.00	1:10.91	q
33.06 37.85					
10 Mejia Duarte, Pablo		Maria Carrillo	1:15.00	1:14.77	q
34.84 39.93					
11 Hostutler, Ezra	17	Santa Rosa	1:22.19	1:18.10	q
37.18 40.92					
12 Hawks, Isaac		Santa Rosa	1:18.35	1:18.20	q
36.43 41.77					
13 Bonnell, Benjamin		Piner	1:26.66	1:23.81	q
39.33 44.48					
14 McKenzie, Cameron		Healdsburg High School	1:28.86	1:23.84	q
39.32 44.52					
15 Rechin, Boedy		Cardinal Newman	1:29.51	1:24.97	q
40.67 44.30					
16 Chechile, Elias		Healdsburg High School	1:31.28	1:26.08	q
40.49 45.59					
17 Yielding, Rowan		Healdsburg High School	1:47.38	1:32.45	
44.44 48.01					
18 Ballaho, Ali		Ukiah	1:36.61	1:37.15	
44.74 52.41					

## Event 21 Girls 400 Yard Freestyle Relay

NBL: 3:40.01 2007 Montgomery

Team	Relay	Seed Time	Finals Time	Points
1 Maria Carrillo	A	3:50.94	3:45.23	40
1) Hawkins, Maeve 15	2) Struna-Meyer, Casey 17	3) Noel, Ava 16	4) Grady, Eliza 16	
26.40 55.20 26.67 56.05 27.50 58.37 18.07 55.61				
2 Cardinal Newman	A	3:55.00	4:01.23	34
1) Do, Morgan	2) Dunne, Sophia	3) Cunningham, Lydia	4) Hamlin, Valentina	
28.28 1:29.72 32.24 29.10 1:01.64 27.46 57.63				
3 Montgomery High School	A	4:32.08	4:32.34	32
1) Goodheart, Laila	2) Derr, Samantha	3) Blain, Olive	4) Preuss, Leah	
31.92 1:08.12 32.95 1:08.93 32.49 1:11.89 29.63 1:03.40				

## 2026 NBL Championships - 4/24/2026 to 4/25/2026

## Results

**(Event 21 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
4 Rancho Cotate	A	4:39.97	4:37.68	30
1) Connelly, Audrey	2) Beck, Chloe	3) Barcelo, Faith	4) Molina Rivera, Janette	
30.82 1:06.56 33.12	1:13.22 34.22 1:14.62	29.63 1:03.28		
5 Santa Rosa	A	4:59.18	4:47.71	28
1) Richards, Star	2) Bruland, Zinnia	3) Sullivan, Jace	4) Beck, Olivia 18	
37.32 1:17.72 36.57	1:17.99 31.90 1:10.20	29.26 1:01.80		
6 Analy	A	5:15.54	4:54.22	26
1) Andersen, Addie	2) Banks, Taylor	3) Sahni, Simran	4) Cebulski, Harper	
32.13 1:06.61 34.33		32.70 1:09.75		
7 Ukiah	A	5:01.95	4:55.83	24
1) Koehn, Lila	2) Francis, Anya	3) Jones, Molly	4) Torres, Anali	
32.56 1:11.18	1:14.21 35.58 1:16.43	35.41 1:14.01		
8 Windsor High School	A	4:51.00	5:06.37	22
1) Prieto-Trujillo, Alissa	2) Carlson, Danielle	3) Reineck, Emmie	4) Healy, Macaela 17	
1:11.64 1:52.34	43.88 35.18 1:14.52	35.68 1:15.63		
9 Healdsburg High School	A	5:15.05	5:11.81	18
1) O Herlihy, Roisin	2) Heyfron, Ireland	3) Yeilding, Siena	4) Kosta, Margaret	
33.26 1:09.89 39.91	1:27.80 35.77 1:17.93	34.64 1:16.19		

**Event 22 Boys 400 Yard Freestyle Relay**

NBL: 3:15.99 2022 Maria Carrillo

Team	Relay	Seed Time	Finals Time	Points
1 Cardinal Newman	A	3:43.00	3:19.72	40
1) Becerra, Jose	2) Farquhar, Luke	3) Brophy, Fisher	4) Gannon, James	
24.03 50.95 23.66	50.08 23.38 50.74	22.69 47.95		
2 Maria Carrillo	A	3:43.83	3:27.60	34
1) Phelps, Trystan 16	2) Miller, Zachary 17	3) Malgren, Wiley 18	4) Scheller, Magnus 16	
25.47 53.41 24.62	53.70 25.10 53.17	22.48 47.32		
3 Rancho Cotate	A	4:10.45	4:01.75	32
1) Flores, Steven	2) Aquino, Ethan	3) Voyles, Trevor	4) McAllister, Liam	
29.73 1:01.75 28.28	1:00.71 28.78 1:03.27	26.16 56.02		
4 Ukiah	A	4:10.99	4:18.10	30
1) Wellington, Jack	2) Lefebvre, Griffin	3) Morales, Brent	4) Ballaho, Ali	
26.46 56.11 25.96	55.11 34.42 1:10.31	34.05 1:16.57		
5 Analy	A	4:13.22	4:18.49	28
1) Cosgrove, Rory	2) Paz, AJ	3) Carrasco, Dylan	4) Donecker, Jackson	
28.78 1:02.16 28.45	1:01.52 35.73 1:19.43	25.74 55.38		
6 Healdsburg High School	A	4:28.21	4:33.40	26
1) Kozubal, Jenner	2) Chechile, Elias	3) Hendry, Nash	4) McKenzie, Cameron	
31.22 1:08.66 32.02	1:06.79 1:09.37	33.40 1:08.58		
7 Windsor High School	A	4:52.75	4:34.14	24
1) Boyce, Gavin	2) Denner, Silas	3) Ahmad, Kamran	4) Spurdle, Mason	
30.48 1:04.86 33.11	1:13.03 33.18 1:14.11	29.56 1:02.14		
--- Santa Rosa	A	4:24.60	DQ	
1) Mahe, Gaspar	2) Bourde, Nathaniel	3) Wurtzel, Jonah 18	4) Chase, Grayson	
30.93 1:04.99 33.78	1:11.23 29.84 1:09.63	21.02 53.59		

**Event 115 Girls 50 Yard Freestyle**

Name	Age	School	Seed Time	Finals Time
1 Menconi, Sienna		Cardinal Newman	NT	23.89

**Event 124 Boys 100 Yard Freestyle**

Name	Age	School	Seed Time	Finals Time
1 Becerra, Jose		Cardinal Newman	NT	50.95
2 Phelps, Trystan	16	Maria Carrillo	NT	53.41

**2026 NBL Championships - 4/24/2026 to 4/25/2026****Results****Event 125 Girls 200 Yard Freestyle**

<u>Name</u>	<u>Age</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Struna-Meyer, Casey	17	Maria Carrillo	NT	2:04.84	

**Scores - Women**Women - Team Rankings - Through Event 126

1. Maria Carrillo	497	2. Cardinal Newman	395
3. Analy	204	4. Montgomery High School	156.5
5. Healdsburg High School	144	6. Rancho Cotate	138
7. Santa Rosa	135.5	8. Windsor High School	101
9. Ukiah	67	10. Piner	35

**Scores - Men**Men - Team Rankings - Through Event 126

1. Maria Carrillo	454	2. Cardinal Newman	347
3. Analy	305	4. Windsor High School	185
5. Healdsburg High School	173	6. Ukiah	126
7. Rancho Cotate	116	8. Santa Rosa	111
9. Montgomery High School	25	10. Piner	5