PACIFIC SWIMMING SHORT COURSE WINTER AGE GROUP CHAMPIONSHIPS
Hosted by SAN RAMON VALLEY AQUATICS
DECEMBER 11–13, 2026
Enter Online: http://ome.fastswims.com

SANCTION: Held under USA/Pacific Swimming Sanction No. **26-136**
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the Athlete or their guardian consents to the publication, via electronic, print, or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets, and live meet results. **The results of this meet may be posted in real time on the Meet Mobile app.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms, or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or their designee.

OFFICIALS: ***Meet Referee:*** Brett Shaug ***Head Starter:*** Sarah Obbagy
Meet Marshal: Sergey Kozlov ***Admin Official:*** Christopher Lam
Meet Director: Shilpa Nakka & Peter Deweese (meetdirector@srvaswimteam.org)

LOCATION: San Ramon Olympic Pool and Aquatic Center, 9900 Broadmoor Dr, San Ramon, CA 94583 (At California High School)

DIRECTIONS: Located next to California High School. From 680, take Bollinger Canyon exit, turn west onto Bollinger Canyon. Turn left (south) on San Ramon Valley Blvd and go approximately 2 miles. Turn left (east) on Montevideo Drive, go approximately 1/2 mile. Turn right at the stop sign onto Broadmoor Drive and go approximately 1/4 mile to the pool located on the left side.

PARKING: Parking is available behind the school in the south parking lot. Surrounding streets might have additional parking restrictions. Parking spaces between the front of the pool entrance and tennis courts are for Coaches and Officials ONLY. Parking will be limited due to other events at the high school. Meet attendees are highly encouraged to carpool. Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed.

COURSE: Two outdoor 25-yard pools with up to 18 lanes available for competition. Additional lanes will be available for warm-up/cool down throughout the competition. For the main pool the minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4'0" at the start end and 4' 0" at the turn end. For the auxiliary pool the minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 6'0" at the start end and 3' 6" at the turn end. The meet host shall ensure required course dimensions.

TIME: Meet will begin Friday at 5:00 pm, with warm-ups from 3:30 to 4:45 PM. On Saturday and Sunday, the meet will begin at 9:00 AM, with warm-ups from 7:30 to 8:45 AM each day. Pace and Race Start Lanes will be available upon request at 7:50 AM. Saturday and Sunday finals will start no earlier than 4:00 PM depending upon morning timelines.

GENERAL MEETING: There will be a General Meeting on **Tuesday, December 8, 2026**, at **7:30pm**. This will be held via Zoom and chaired by the Meet Referee. The purpose of the meeting is to review the Meet Announcement and answer any questions. The Zoom link will be provided by December 4, 2026 on the SRVA website. This meeting is in lieu of an on-deck meeting on the first day of the meet. All coaches are strongly urged to attend. A recorded link from the general meeting will be placed on the SRVA website.

SCRATCH DEADLINES:
- The scratch deadline for the **Friday Timed Finals session** will be Thursday, December 10th at 5:00 PM.
- The scratch deadline for the **Saturday preliminary session** will be Friday, December 11th, no later than 30 minutes after the start of timed finals.
- The scratch deadline for **Sunday preliminary session & 1650 Freestyle** will be Saturday, December 12th, no later than 30 minutes after the start of finals.

RULES: • Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

• All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

• All individual events are preliminaries and finals (Exception – all of Friday's events as well as the 1650 Freestyle.)

• All preliminary heats shall swim fast to slow, with the first three heats circle seeded and the fastest seed in Heat 1.

• Athletes may compete in a maximum of 3 individual events per day and a maximum of **seven 7** individual events, plus 4 relays for the entire meet.

• If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds shall be made for any mandatory scratches.

• **All Coaches and Officials on deck shall be certified and in good standing.**

• Prelims will be swim as combined age groups 10&U, 11–12 & 13–14 in preliminary heats

• Championship Finals Only with the top ten (10) athletes in 10&U, 11's, 12's, 13's and 14's year olds qualifying for each final.

• Medical supervision, including lifeguards, EMT, AED, will be provided by the City of San Ramon staff who are going to be working onsite during the meet

DISTANCE RULES: • 1650 Freestyle event is timed finals and shall swim on Sunday afternoon after the mixed relays. A start time, timeline, and heat sheet will be announced after check-in has closed and ample warm-up will be provided for 1650 athletes. If local conditions warrant, genders may be combined in one course, alternating heats of girls and boys. Athletes in these events shall provide their own timers and lap counters. Check-in for the 1650 Freestyle will close on **Saturday, December 12th, no later than 30 minutes after the start of finals.** Athletes may check-in early on the designated 1650 Freestyle check-in sheets at the check-in desk or online.

• Eligibility: Athletes may qualify for the 1650 Freestyle with a 1650 SCY, 1500 LCM, 1500 SCM, 1000 SCY, 800 LCM, or 800 SCM qualifying time. The 1650 is not eligible as a bonus event.

• Seeding: 1650 SCY, 1500 LCM, 1500 SCM, 1000 SCY, 800 LCM, and 800 SCM.

• All age groups will be combined and shall be seeded fast to slow.

• The 1650 Freestyle will be scored and awarded as single age (11, 12, 13, and 14 year olds)

• Athletes in these events shall provide their own timers and lap counters.

BONUS EVENTS: Athletes with at least one (1) Age Group Championships qualifying standard for their age/gender may enter as many bonus events as desired, up to 7 individual events for the meet. **The 1650 Free is not eligible as a Bonus Event**. Athletes entering bonus events should enter using their best official time in each event, please do not enter made-up or converted times. Athletes must have recorded an official time in an event in order to enter as a bonus event. NT entries and made-up or coach-verified times will NOT be accepted.

RELAYS: All relay events are timed finals. Single Gender Relays will be swum at the conclusion of finals on Saturday and Sunday. Mixed Gender Relays will be swum at the conclusion of prelims on Saturday and Sunday. Relays will be seeded fast to slow. Relay entries must be submitted by the entry deadline. Relay entries will not be accepted without an entry time. No deck entered relays will be allowed. Relay only athletes must be entered on the relay only entry list prior to the entry deadline to be eligible to swim on relays. Clubs may enter a maximum of two (2) relays per event. Mixed Relays must consist of 2 male and 2 female athletes. Relay cards, positive check-in/scratches shall be due by 10:30 AM day of the event.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet shall be accompanied by a USA Swimming Member-Coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes shall be certified by a USA Swimming member-coach as being proficient in performing a racing start or shall start the race in the water without the use of the backstroke ledge. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or their designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.

ELIGIBILITY: • Athletes shall be current members of USA Swimming and shall enter their name and registration number on their entries exactly as they are shown in their USA Swimming Registration. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.

- Meet is open to Pacific Swimming Athletes only.
- Athletes shall have met the "2026-27 AG Champs" time standard in at least one entered event. TIME STANDARDS / ATHLETES WITH A DISABILITY TIME STANDARDS
- Athlete's entering bonus events shall have recorded an official time in each bonus event entered. Coach Verified times shall NOT be accepted.
- Entries with "NO TIME" shall be rejected.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodation. The athlete (or athlete's coach) is responsible for notifying the Meet Referee, prior to competition, of any athlete with a disability and of the requested accommodation and/or modifications. The athlete/coach shall provide a Personal Assistant or any equipment (tappers, deck mats, etc.) if required. Failure to provide advance notice may limit the ability to accommodate all requests
- The Athlete's age shall be the age of the Athlete on the first day of the meet.

PROOF OF TIME: Proof of time shall be required for this meet per Pacific Swimming rule Section 4.C.2. All entry times will be verified against the USA Swimming SWIMS database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. **Entry times must have been achieved prior to the closing date of entries for the meet** (Wednesday, Dec 2, 2026). If a time cannot be proven prior to the applicable scratch deadline, the Athlete shall be administratively scratched from the event. When possible, the Coaches shall be notified of the Athletes who have not proven their entry time. **No refunds shall be given if a time cannot be proven.**

ENTRY FEES: $8.00 per individual event, $10.00 participation fee per Athlete, plus a $20.00 facility surcharge per Athlete. $20.00 per relay. **Note, relay only Athletes ARE NOT required to pay the participation/facility fees. All entry fees SHALL be included with entry. No refunds shall be made, except mandatory scratch downs.

MEFAP ENTRY FEES: $10.00 participation fee. Registered Pacific Swimming Outreach Athletes are eligible for the Meet Entry Fee Assistance Program (MEFAP). For more information on Outreach Qualification:
https://www.pacswim.org/userfiles/kcfinder/files/Outreach%20Qualifications%202026%282%29.pdf

ONLINE ENTRIES: To enter online go to **http://ome.fastswims.com** to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a service fee for this service, 6.5% of the total Entry Fees plus $0.75 per transaction, regardless of number of Athletes. Please note that the service fee is a separate fee from the Entry Fees. If you do not wish to pay the service fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an Athlete by Pacific Swimming. Online entries will be accepted through Wednesday, Dec 2nd 2026.

MAILED OR HAND DELIVERED ENTRIES: Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with Athlete's best time. Entries shall be postmarked by midnight, Tuesday, Dec 1st 2026. No late entries shall be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: SRVA
Mail entries to: SRVA
PO BOX 973
San Ramon, CA 94583

SEEDING: For seeding individual events, qualifying short course yards, long course meters, and short course meters, then bonus short course yards, bonus long course meters, and bonus short course meters. (USA Swimming Rule 207.11.7B) **See Distance Rules for distance events seeding**.

SCRATCH RULES: Pacific Swimming Scratch Rules shall be enforced. A copy shall be available at the Clerk of Course. Athletes, Coaches, and Parents/Guardians who wish to scratch event(s) must submit via the digital Clerk of Course at the following link: **SRVA AGC DEC 2026**. A QR code will be posted at the facility. The digital Clerk of Course can also be used for distance and timed finals positive check-in, and scratches from finals. A confirmation email will be sent once the scratch/positive check-in has been received.

PRELIMINARY HEATS AND TIMED FINALS: Except for the 1650 Freestyle, athletes are automatically checked in for all individual preliminary and timed final events. Athletes who wish to withdraw must submit a scratch prior to the applicable scratch deadline.

- Athletes may compete in up to 3 individual events per day and a total of 7 individual events for the competition. Any Athlete exceeds these event limits prior to the applicable scratch deadline will be administratively scratched from their later events that exceed these limits. Athletes must scratch; "No-Shows" and "Declared False Starts" count toward an Athlete's event totals for each day/competition.
- Failure to compete or failure to declare a false start in a preliminary event shall result in being barred from their next preliminary individual event (excluding the 1650 Freestyle).
- There shall be no penalty for missing a Timed Final event. "No-Shows" and "Declared False Starts" in a timed final event will still count toward an Athlete's event total for the day/competition.

Scratch/Check-In Deadlines:

- **Friday** Timed Finals: Thursday, December 10 at 5:00 PM.
- **Saturday** Preliminaries: Friday, December 11, 30 minutes after the start of the Friday timed finals session.
- **Sunday** Preliminaries & **1650 Freestyle**: Saturday, December 12, 30 minutes after the start of the Saturday finals session.

FINALS: Any athlete qualifying for a final based upon the results of the preliminaries in an individual event who does not wish to compete shall scratch within 30 minutes after the announcement of qualifiers for that event. During this period, qualifiers may also notify the Administrative Referee that they may not intend to compete in finals. In this case, they shall declare their final intention within 30 minutes after the announcement of qualifiers for their last individual preliminary event.

- Any athlete qualifying for finals in an individual event who fails to report to the blocks in said final race prior to the calling of the alternate shall be barred from all further individual final events for that day, excluding relays. Should the athlete have no additional individual final events for that day they shall be barred from their next individual preliminary event.
- A declared false start under Article 101.1.3E or deliberate delay of meet under Article 101.1.5 is not permitted during finals and will be regarded as a failure to compete.
- If the No-Show occurs on the last day that the Athlete is entered in an individual event in the meet, and no other individual event penalty is applicable, the Athlete shall be fined $100.00. The fine shall be increased to $150.00 if after 30 days of receiving the letter of notification the party has not made the payment.

NOTE: Heat sheets and timelines for each day will be posted on SRVA website

AWARDS: Individual Events: Medals 1st – 3rd; Ribbons 4th – 10th place. Relay Events: Medals 1st-3rd
Individual High Point: Distinctive awards for high point male and female for ages 10 &Under, 11, 12, 13, 14.
Team Awards: Meet management will recognize the Top-3 highest overall score and Top-3 highest quality score. Overall score is traditional team scoring. Quality points are tabulated through Hy-Tek Meet Manager software, calculating points per rostered athlete on each team.

SCORING: Individual: 11-9-8-7-6-5-4-3-2-1 (10 Lanes) **Relay:** 22-18-16-14-12-10-8-6-4-2 (10 Lanes)

ADMISSION: Free.

SNACK BAR: A snack bar will be available during the meet.

HOSPITALITY: Lunch and limited hospitality will be available to all working Officials and Coaches.

MISCELLANEOUS: No overnight parking is allowed at the facility. SRVA website has information about nearby hotels for overnight stay purposes.

EVENT SUMMARY:

Friday, December 11th, 2026		
10 & under	**11-12**	**13-14**
500 FREE	500 FREE	50 BACK
200 IM	400 IM	50 BREAST
		500 FREE
		50 FLY
		400 IM

Saturday, December 12th, 2026		
10 & under	**11-12**	**13-14**
200 FREE	200 FREE	200 FREE
100 IM	100 IM	200 BREAST
50 FREE	200 BREAST	50 FREE
50 BREAST	50 FREE	200 BACK
100 FLY	200 BACK	100 FLY
	50 BREAST	
	100 FLY	
MIXED 200 FREE RELAY	MIXED 200 FREE RELAY	MIXED 200 FREE RELAY
200 MEDLEY RELAY	200 MEDLEY RELAY	200 MEDLEY RELAY

Sunday, December 13th, 2026		
10 & under	**11-12**	**13-14**
50 FLY	200 IM	200 IM
100 BACK	50 FLY	100 BACK
100 BREAST	100 BACK	100 BREAST
100 FREE	100 BREAST	200 FLY
50 BACK	200 FLY	100 FREE
	100 FREE	1650 FREE
	50 BACK	
	1650 FREE	
MIXED 200 MEDLEY RELAY	MIXED 200 MEDLEY RELAY	MIXED 200 MEDLEY RELAY
200 FREE RELAY	200 FREE RELAY	200 EE RELAY

- 1650 Freestyle event is timed finals and shall swim on Sunday after the mixed relays. A start time, timeline, and heat sheet will be announced after check-in has closed and ample warm-up will be provided for 1650 athletes. If local conditions warrant, genders may be combined in one course, alternating heats of girls and boys. Athletes in these events shall provide their own timers and lap counters.
- Events will be swum by age group during prelims and separated out to single age during finals.

ORDER OF EVENTS

FRIDAY – ALL TIMED FINALS

GIRLS	EVENT	BOYS
1	13-14 50 Back	2
3	10&U 500 Free	4
5	13-14 50 Breast	6
7	11-12 500 Free	8
9	13-14 500 Free	10
11	10&U 200 IM	12
13	13-14 50 Fly	14
15	11-12 400 IM	16
17	13-14 400 IM	18

SATURDAY – PRELIMS/FINALS

GIRLS	EVENTS	BOYS
19	11-12 200 Free	20
21	10&U 200 free	22
23	13-14 200 Free	24
25	11-12 100 IM	26
27	10&U 100 IM	28
29	13-14 200 Breast	30
31	11-12 200 Breast	32
33	10&U 50 Free	34
35	13-14 50 Free	36
37	11-12 50 Free	38
39	13-14 200 Back	40
41	11-12 200 Back	42
43	10&U 50 Breast	44
45	11-12 50 Breast	46
47	13-14 100 Fly	48
49	10&U 100 Fly	50
51	11-12 100 Fly	52
101	13-14 Mixed 200 Free Relay**#	
102	10&U Mixed 200 Free Relay**#	
103	11-12 Mixed 200 Free Relay **#	
53	13–14 200 Medley Relay†	54
55	10&U 200 Medley Relay†	56
57	11–12 200 Medley Relay†	58

SUNDAY–PRELIMS/FINALS

GIRLS	EVENT	BOYS
59	11-12 200 IM	60
61	13-14 200 IM	62
63	10&U 50 Fly	64
65	11-12 50 Fly	66
67	13-14 100 Back	68
69	10&U 100 Back	70
71	11-12 100 Back	72
73	13-14 100 Breast	74
75	10&U 100 Breast	76
77	11-12 100 Breast	78
79	13-14 200 Fly	80
81	11-12 200 Fly	82
83	10&U 100 Free	84
85	13-14 100 Free	86
87	11-12 100 Free	88
89	10&U 50 Back	90
91	11-12 50 Back	92
104	13-14 Mixed 200 Medley Relay**#	
105	10&U Mixed 200 Medley Relay**#	
106	11-12 Mixed 200 Medley Relay**#	
201	11-14 1650 Free*	202
93	13–14 200 Free Relay†	94
95	10&U 200 Free Relay†	96
97	11–12 200 Free Relay†	98

****Mixed Gender Relays – must consist of two (2) female and two (2) male athletes**
#Mixed Gender Relays will swim at the conclusion of the prelim session (before distance).

†Single Gender Relays will swim at the conclusion of finals

*1650 Freestyle event is timed finals and shall swim on Sunday afternoon following the conclusion of the Mixed 200 Medley Relays. Athletes in these events shall provide their own timers and lap counters.

Events will be swum by age group designations above during preliminaries and separated into single age during finals.

Time standards are located on the Pacific Swimming website: www.pacswim.org/swim-meet-times/standards

RELAY ENTRY FORM

CLUB				LSC	
GENDER	**AGE GROUP**	**EVENT**	**#**	**A TEAM**	**B TEAM**
GENDER	**AGE GROUP**	**EVENT**	**#**	**A TEAM**	**B TEAM**
GENDER	**AGE GROUP**	**EVENT**	**#**	**A TEAM**	**B TEAM**
COACH NAME					
COACH EMAIL					

RELAY ONLY ATHLETES

CLUB NAME	LSC	CLUB ABBREVIATION

AGE	NAME (LAST, FIRST, MI)	GENDER	USA-S REGISTRATION NUMBER
		M F	
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PACIFIC SWIMMING 14 & U WINTER AGE GROUP CHAMPIONSHIP
Hosted by SAN RAMON LIVERMORE AQUATICS
DECEMBER 11-13, 2026

To be accepted, all entry information must be completely filled out. Please print!

Last Name	First Name	Init.

LSC	Club Abbr.	**Club Name**

Age	Age Group	USA Swimming Registration Number	Gender M F	Date of Birth

Event Number	Qualifying Entry Time	**(LCM /SCY)** Distance/Stroke

Athlete's Address:	Total Entries _____ x $8 *US Dollars*	$
Athlete's Phone #	Participation Fee Facility Surcharge	$ 10.00 $ [20.00]
Athlete's/parent's email:	----------	----------
Athlete's Coach:	**Total Due**	$

IMPORTANT!

Please PRINT clearly. Be sure to include all information. Athletes must have achieved an AGC Qualifying Standard in at least ONE entered event. Athletes must have recorded an official time in ALL BONUS EVENTS. NT Entries will NOT be accepted. Bonus Events should be entered with the athlete's best official time in that event.

MADE UP TIMES WILL NOT BE ACCEPTED.

All clubs will be assigned Timer Assignments by the Meet Director. The FRIDAY PM Session requires that the athlete provide their own timers and counters. Parents, please take your turn at timing, we cannot make this