

CALIFORNIA DOLPHIN SWIM TEAM
PACIFIC SWIMMING SHORT COURSE B/BB+ LAST CHANCE MEET
NOVEMBER 14-15, 2026
ENTER ONLINE: <http://ome.fastswims.com>



SANCTION: Held under USA/Pacific Swimming Sanction No. **26-125**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the Athlete or their guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, webcasting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on Meet Mobile.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, restrooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or their designee.

MEET PERSONNEL:

Meet Referee: David Kaplan	Head Starter: Charles Lou
Meet Marshal: Keseavan Jayaraman	Admin Official: Kellie Amador
Meet Director: Holly Gallagher	cdstmeetdirector@gmail.com

LOCATION: Ohlone College Pool Fremont Campus: 50 Pine Street, Fremont CA 9453

DIRECTIONS: Highway I-680 South take EXIT 16 for Mission Boulevard/CA-238, keep left at the fork, follow signs for Mission San Jose/Ohlone College, turn left onto CA-238 S/Mission Blvd, after 1.1 mi, turn left onto Pine St, continue straight onto Aquatic Way and turn left enter Ohlone College Parking Structure. The pool is located next to the Ohlone College Parking Structure.

PARKING: Park in the Ohlone College Parking Structure. No drop-offs are allowed in the driving lanes of the Parking Structure. Please pull into an empty parking space and drop off. If you are parking, a valid parking permit is required at all times to park on the Ohlone College campus. A Daily Permit can be purchased for \$4.00 at the kiosk machines located in the Ohlone College Parking Structure. Overnight parking is not allowed.

COURSE: Outdoor 25-yard pool with up to 10 lanes available for competition. An additional 8 lanes will be available for warm-up/warm-down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. The Meet Host shall ensure the required course dimensions.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under Athletes only will be held from 8:45 AM to 8:55 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet.
- All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.
- All athletes 18 and older must have completed the Athlete Protection Training to be allowed to compete.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a maximum of three (3) events per day.
- All Athletes aged 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated timeline, per the "Four-Hour Rule," based on the Athletes age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- Athletes must provide their own timers for the 400 IM and their own timers and counters for the 500 Free and 1650 Free.
- The 400 IM and 500 Free will be limited to 30 entries of each gender and the 1650 Free will be limited to 10 entries of each gender, filled in the order entries are received.
- Events 400 yards and longer may be swum alternating heats of Girls and Boys or seeded combining Girls and Boys at the discretion of the meet referee.

- All Coaches and Officials on deck shall be certified and in good standing.
- Lifeguards will be available to provide medical assistance to all participants.

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete's legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete's USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the Athlete or the Athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by Athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or their designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, Athlete/Coach areas, Spectator areas and open ceiling locker rooms) any time Athletes, Coaches, Officials and/or Spectators are present.
- **THIS IS A CLOSED DECK MEET. ONLY COACHES, ATHLETES, OFFICIALS, AND VOLUNTEERS ARE ALLOWED ON DECK.**
- Entry and set up (pop-ups) are not allowed before 7 AM on Saturday and Sunday.
- All pathways must be clear, and no pop-ups are allowed on pathways and in front of entry and exit gates as well as yellow tape marked areas. Pathways and entry and exit gates must be clear for emergency personnel and vehicles to pass through. Pop-ups are allowed on the grassy areas around the pool.
- No umbrellas are allowed beyond the cordoned-off areas at the starting blocks and race start areas on the deck for safety reasons.
- No overnight parking is allowed. Facilities will not be provided for after-meet hours.
- Neither CDST nor Ohlone College is responsible for items that are lost or stolen.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the Athlete with the registration and times database. The meet host will check all Athlete registrations against the SWIMS database and if not found to be registered, Athletes shall be required to register online via USA Swimming's online member registration before being allowed to swim in the meet.
- Athletes in the BB Division must have met, at least, the USA Swimming Motivational BB minimum time standard. Athletes in the B Division must have met at least the listed B minimum time standard.
- Athletes must have met the minimum USA Swimming Motivational 'B' time standard for their age group in ALL events entered EXCEPT for the 400 IM where they must have met the 11-12 'BB' time standard, the 500 Free where they must have met the 10 & Under 'BB' time standard, and the 1650 Free where they must have met the 11-12 'BB' time standard.
- To compete in 10 & Under events, athletes 8 and younger must have met the 10 & Under 'B' minimum time standard.
- Entries with "NO TIME" will be rejected.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations. The athlete (or athlete's coach) is responsible for notifying the Meet Referee, prior to competition, of any athlete with a disability and of the requested accommodation and/or modifications. The athlete/coach shall provide a Personal Assistant or any equipment (tappers, deck mats, etc.) if required. Failure to provide advance notice may limit the ability to accommodate all requests.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such Athletes must have met standards for the 17-18 age group.
- The Athlete's age will be the age of the Athlete on the first day of the meet.

ENTRY PRIORITY: Meet entries will be accepted no earlier than 7:00 AM Monday **October 12, 2026**. Entries from members of year-round Zone 2 clubs *in good standing* entered online by 11:59 PM Saturday **October 17, 2026** will be given first priority acceptance. Entries from members of all Zone 2 clubs (year-round and seasonal) entered online between 12:00 AM Sunday **October 18, 2026** and 11:59 PM Saturday **October 24, 2026** will be given second priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSCs, entered online by the entry deadline will be considered in the order they are received. No mail-in or hand-delivered entries accepted.

**** NOTE:** Athletes who falsify their entry form by listing a club to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.

ENTRY FEES: \$5.50 per individual event plus a \$10.00 participation fee, plus a \$20 facility surcharge per Athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs. Only the event fees will be refunded in case of mandatory scratch downs.

MEFAP ENTRY FEES: \$10.00 participation fee. Registered Pacific Swimming Outreach Athletes are eligible for the Meet Entry Fee Assistance Program (MEFAP). For more information on Outreach Qualification:

<https://www.pacswim.org/userfiles/kcfinder/files/Outreach%20Qualifications%202026%282%29.pdf>

ONLINE ENTRIES: To enter online go to <http://ome.fastswims.com> to receive an immediate entry confirmation. This method requires payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of Athletes. Please note that the processing fee is a separate fee from the Entry Fees. Online entries will be accepted through **Wednesday November 4, 2026**, or until capacity is reached, whichever occurs first.

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Prior to 10:30 AM, close of check-in for each event shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Close of check-in for all remaining events shall be at 10:30 AM. Athletes who do not check in will not be seeded and will not be allowed to compete in that event. **NOTE:** Do not rely on Meet Mobile for event start time.

SCRATCHES: Any Athletes not reporting for or competing in an individual timed final event that they have checked in for/entered shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: First through eighth places in each division (B, BB) will be awarded for the 10&Under, 11-12, and 13-14 age groups using the USA Swimming Motivational Time Standards. All athletes achieving an A time for the first time will be awarded a standard A medal, regardless of place achieved in the event. No awards will be given for athletes 15 years of age and older. No awards will be given for the 400 IM, 500 Free or 1650 Free. Individual awards must be picked up at the meet. We will not mail or distribute awards after the meet.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working Officials will be provided lunch.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of athletes entered against the number of Officials who worked representing each club per day of the meet. Clubs who fail to provide the required number of Officials, in accordance with the table below, shall be fined \$100 per missing Official per day.

Number of athletes entered in meet per club per day	Number of trained and carded officials REQUIRED (minimum per day)
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Athletes over 100	+1

EVENT SUMMARY

SATURDAY			SUNDAY		
10 & Under	11-12	13 & Over	10 & Under	11-12	13 & Over
200 Free	200 Free	200 Free	200 IM	200 IM	200 IM
50 Breast	100 Breast	100 Breast	50 Back	100 Back	100 Back
50 Fly	100 Fly	100 Fly	100 Fly	200 Fly	200 Fly
100 Back	200 Back	200 Back	50 Free	50 Free	50 Free
100 Free	50 Back	100 Free	100 Breast	50 Breast	200 Breast
100 IM	100 Free	50 Back		50 Fly	50 Fly
	100 IM			200 Breast	50 Breast
OPEN 500 Free			OPEN 400 IM		
			OPEN 1650 Free		

ORDER OF EVENTS

SATURDAY NOVEMBER 14, 2026		
GIRLS	EVENT	BOYS
1	13&Over 200 Free	2
3	11-12 200 Free	4
5	10&Un 200 Free	6
7	13&Over 100 Breast	8
9	11-12 100 Breast	10
11	10&Un 50 Breast	12
13	13&Over 100 Fly	14
15	11-12 100 Fly	16
17	10&Un 50 Fly	18
19	13&Over 200 Back	20
21	11-12 200 Back	22
23	10&Un 100 Back	24
25	13&Over 100 Free	26
27	11-12 50 Back	28
29	10&Un 100 Free	30
31	13&Over 50 Back	32
33	11-12 100 Free	34
35	10&Un 100 IM	36
37	11-12 100 IM	38
39	Open 500 Free*	40

SUNDAY NOVEMBER 15, 2026		
GIRLS	EVENT	BOYS
41	13&Over 200 IM	42
43	11-12 200 IM	44
45	10&Un 200 IM	46
47	13&Over 100 Back	48
49	11-12 100 Back	50
51	10&Un 50 Back	52
53	13&Over 200 Fly	54
55	11-12 200 FLY	56
57	10&Un 100 Fly	58
59	13&Over 50 Free	60
61	11-12 50 Free	62
63	10&Un 50 Free	64
65	13&Over 200 Breast	66
67	11-12 50 Breast	68
69	10&Un 100 breast	70
71	13&Over 50 FLY	72
73	11-12 50 FLY	74
75	13&Over 50 Breast	76
77	11-12 200 Breast	78
79	Open 400 IM*	80
81	Open 1650 Free*	82

* Athletes must provide their own timers for the 400 IM and their own timers and counters for the 500/1650 Free. Events 400 yards and longer may be swum alternating heats of girls and boys or seeded combining girls and boys. The 400 IM and 500 Free will be limited to 30 entries of each gender and the 1650 Free will be limited to 10 entries of each gender, filled in the order entries are received. Athletes must have met the minimum USA Swimming Motivational 'B' time standard for their age group in ALL events entered EXCEPT for the 400 IM where they must have met the 11-12 'BB' time standard, the 500 Free where they must have met the 10 & Under 'BB' time standard, and the 1650 Free where they must have met the 11-12 'BB' time standard.

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>