

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 3 Girls 200 Yard Medley Relay****National HS: 1:39.25 U 2015****Carmel (IN)****Carmel (IN)****NCS Meet: 1:40.73 N 2011****S. Burchill, Clarke, V. Burchill, Bilquist****Carondelet****Carondelet****M. White, A. Gargalikis, C. Ray, C. Chenault****1:45.59 AA-A All America Auto.****1:47.45 AA-C All America Cons.****1:47.86 CIFA CIF Automatic****1:50.86 CIFC CIF Consideration**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 San Ramon Valley		1:43.16	1:42.85 AA-A
1) Miller, Abigail SR	2) Klass, Sarah JR	3) Garcia, Gianna SR	4) Fusari, Alexa JR
26.08	55.65 (29.57) 1:19.93 (24.28)	1:42.85 (22.92)	
2 Monte Vista		1:43.26	1:42.93 AA-A
1) Howard, Abriana SO	2) Hartman, Zoie FR	3) Turner, Makenna SO	4) Dahl, Lauryn JR
26.53	54.54 (28.01) 1:18.88 (24.34)	1:42.93 (24.05)	
3 Granada		1:45.62	1:44.41 AA-A
1) Friedrich, Anna JR	2) Kaleta, Tori SR	3) Krafcik, Sophia JR	4) Heckman, Miranda FR
26.46	56.09 (29.63) 1:21.39 (25.30)	1:44.41 (23.02)	
4 Las Lomas		1:46.20	1:45.32 AA-A
1) Middleton, Tara SR	2) Ward, Madison SR	3) Johnson, Ava SO	4) Heng, Gabby SR
26.86	55.90 (29.04) 1:21.97 (26.07)	1:45.32 (23.35)	
5 Terra Linda		1:46.00	1:45.72 AA-C
1) Cunnann, Mia SR	2) Morris, Halle JR	3) Jasko, Nicolette FR	4) Boyle, Taylor SO
27.43	55.47 (28.04) 1:20.87 (25.40)	1:45.72 (24.85)	
6 Heritage		1:47.43	1:47.74 CIFA
1) Klinger, Allie SR	2) Sudweeks, Katrina SR	3) Brownrigg, Emma SO	4) Backlund, Stephanie JR
26.94	56.70 (29.76) 1:23.27 (26.57)	1:47.74 (24.47)	
7 Campolindo		1:47.93	1:47.91 CIFC
1) Wood, Jane SR	2) Hanley, Paige FR	3) Hanley, Alexa SR	4) Rasmussen, Emily SO
26.73	56.96 (30.23) 1:23.42 (26.46)	1:47.91 (24.49)	
8 Dougherty Valley		1:47.56	1:48.02 CIFC
1) Taylor, Maddie SO	2) Kim, Nawoo SO	3) Wang, Sarah SR	4) Park, Taylor SO
27.67	58.14 (30.47) 1:23.38 (25.24)	1:48.02 (24.64)	
B - Final			
9 Foothill		1:48.47	1:47.91 CIFC
1) Truex, Kennedy SR	2) Larsen, Olivia SR	3) Morse, Hailey SR	4) Heacox, Paige SR
26.87	57.12 (30.25) 1:23.56 (26.44)	1:47.91 (24.35)	
10 Alameda		1:50.15	1:51.03
1) Boles, Catherine SR	2) Cardenas, Julianna SO	3) Fornshell, Laura SR	4) Delore, Maddy JR
26.22	59.64 (33.42) 1:26.20 (26.56)	1:51.03 (24.83)	
11 California		1:50.32	1:51.13
1) Liebow, Elise FR	2) Eder, Julia FR	3) Lampron, Paige SO	4) Hammill, Taylor SO
28.17	59.58 (31.41) 1:26.14 (26.56)	1:51.13 (24.99)	
12 Miramonte		1:50.62	1:51.37
1) Wu, Charlotte FR	2) Larsen, Kathy SO	3) Moran, Melanie JR	4) Lyons, Katie FR
28.40	1:00.20 (31.80) 1:27.28 (27.08)	1:51.37 (24.09)	
13 Amador Valley		1:50.99	1:51.55
1) Brown, Jenna FR	2) Davis, Jacqueline JR	3) Lawrence, Marissa FR	4) Claridge, Emily FR
28.98	1:00.23 (31.25) 1:26.83 (26.60)	1:51.55 (24.72)	
14 Montgomery		1:51.03	1:51.80
1) Kwan, Julie FR	2) Marion, Lea FR	3) Ratcliffe, Eva SR	4) Nowack, Theresa JR
28.12	59.42 (31.30) 1:26.07 (26.65)	1:51.80 (25.73)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****B - Final ... (Event 3 Girls 200 Yard Medley Relay)**

	Team	Relay	Prelim Time	Finals Time
15	Analay		1:51.09	1:51.84
	1) Alameida, Marie JR	2) Boisseau, Sophia SO	3) Auva'a, Lani SR	4) Schlutius, Christy SR
	27.59	1:01.05 (33.46)	1:26.18 (25.13)	1:51.84 (25.66)
16	James Logan		1:50.80	1:55.40
	1) Mendiola, Sheris SO	2) Torres, Jannae SO	3) Jelonek, Kiersten SO	4) Loya, Antoinette SR
	30.43	1:00.94 (30.51)	1:31.60 (30.66)	1:55.40 (23.80)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 3 Girls 200 Yard Medley Relay****National HS: 1:39.25 U 2015****Carmel (IN)****Carmel (IN)****NCS Meet: 1:40.73 N 2011****S. Burchill, Clarke, V. Burchill, Bilquist****Carondelet****Carondelet****M. White, A. Gargalikis, C. Ray, C. Chenault****1:45.59 AA-A All America Auto.****1:47.45 AA-C All America Cons.****1:47.86 CIFA CIF Automatic****1:50.86 CIFC CIF Consideration**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Ramon Valley			1:43.16 AA-A
1) Miller, Abigail SR	2) Klass, Sarah JR	3) Garcia, Gianna SR	4) Fusari, Alexa JR
25.95	55.72 (29.77)	1:20.01 (24.29)	1:43.16 (23.15)
2 Monte Vista			1:43.26 AA-A
1) Howard, Abriana SO	2) Hartman, Zoie FR	3) Turner, Makenna SO	4) Dahl, Lauryn JR
26.52	54.67 (28.15)	1:19.42 (24.75)	1:43.26 (23.84)
3 Granada			1:45.62 AA-C
1) Friedrich, Anna JR	2) Kaleta, Tori SR	3) Krafcik, Sophia JR	4) Heckman, Miranda FR
31.72	57.55 (25.83)	1:22.60 (25.05)	1:45.62 (23.02)
4 Terra Linda			1:46.00 AA-C
1) Cunnann, Mia SR	2) Morris, Halle JR	3) Jasko, Nicolette FR	4) Boyle, Taylor SO
27.78	55.78 (28.00)	1:21.59 (25.81)	1:46.00 (24.41)
5 Las Lomas			1:46.20 AA-C
1) Middleton, Tara SR	2) Ward, Madison SR	3) Johnson, Ava SO	4) Heng, Gabby SR
27.16	56.20 (29.04)	1:22.63 (26.43)	1:46.20 (23.57)
6 Heritage			1:47.43 AA-C
1) Klinger, Allie SR	2) Sudweeks, Katrina SR	3) Brownrigg, Emma SO	4) Backlund, Stephanie JR
26.82	56.41 (29.59)	1:22.79 (26.38)	1:47.43 (24.64)
7 Dougherty Valley			1:47.56 CIFA
1) Taylor, Maddie SO	2) Kim, Nawoo SO	3) Wang, Sarah SR	4) Park, Taylor SO
27.31	57.42 (30.11)	1:23.10 (25.68)	1:47.56 (24.46)
8 Campolindo			1:47.93 CIFC
1) Wood, Jane SR	2) Hanley, Paige FR	3) Smith, Sydney SO	4) Rasmussen, Emily SO
26.80	56.73 (29.93)	1:23.23 (26.50)	1:47.93 (24.70)
9 Foothill			1:48.47 CIFC
1) Truex, Kennedy SR	2) Larsen, Olivia SR	3) Morse, Hailey SR	4) Heacox, Paige SR
26.79	57.13 (30.34)	1:23.92 (26.79)	1:48.47 (24.55)
10 Alameda			1:50.15 CIFC
1) Boles, Catherine SR	2) Cardenas, Julianna SO	3) Fornshell, Laura SR	4) Delore, Maddy JR
25.77	59.05 (33.28)	1:25.59 (26.54)	1:50.15 (24.56)
11 California			1:50.32 CIFC
1) Liebow, Elise FR	2) Eder, Julia FR	3) Lampron, Paige SO	4) Hammill, Taylor SO
28.27	59.11 (30.84)	1:25.45 (26.34)	1:50.32 (24.87)
12 Miramonte			1:50.62 CIFC
1) Wu, Charlotte FR	2) Larsen, Kathy SO	3) Moran, Melanie JR	4) Lyons, Katie FR
32.07	59.24 (27.17)	1:26.39 (27.15)	1:50.62 (24.23)
13 James Logan			1:50.80 CIFC
1) Sharma, Supriya SR	2) Torres, Jannae SO	3) Mendiola, Sheris SO	4) Loya, Antoinette SR
27.76	57.99 (30.23)	1:27.41 (29.42)	1:50.80 (23.39)
14 Amador Valley			1:50.99
1) Brown, Jenna FR	2) Davis, Jacqueline JR	3) Lawrence, Marissa FR	4) Claridge, Emily FR
28.71	59.39 (30.68)	1:25.90 (26.51)	1:50.99 (25.09)

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Team	Relay	Seed Time	Prelim Time
15 Montgomery			1:51.03
1) Kwan, Julie FR	2) Marion, Lea FR	3) Ratcliffe, Eva SR	4) Nowack, Theresa JR
27.84	58.80 (30.96)	1:25.16 (26.36)	1:51.03 (25.87)
16 Analy			1:51.09
1) Alameida, Marie JR	2) Boisseau, Sophia SO	3) Auva'a, Lani SR	4) Schlutius, Christy SR
27.82	1:00.31 (32.49)	1:25.55 (25.24)	1:51.09 (25.54)
17 Maria Carrillo			1:51.61
1) Scobey, Taylor FR	2) Brockley, Piper SR	3) Fong, Alexandra JR	4) Tan, Hannah SO
30.50	59.73 (29.23)	1:25.61 (25.88)	1:51.61 (26.00)
18 Bishop O'Dowd			1:52.88
1) Naas, Valerie SO	2) Arnold, Jacqueline FR	3) Sue, Erika SO	4) Jernigan, Aris JR
30.42	1:00.39 (29.97)	1:27.47 (27.08)	1:52.88 (25.41)
19 Acalanes			1:52.94
1) MacKay, Ava FR	2) Passalacqua, Caroline JR	3) Lo, Emily SO	4) Catalanello, Sophie SR
30.56	1:02.83 (32.27)	1:27.15 (24.32)	1:52.94 (25.79)
20 Redwood			1:53.03
1) Sowa, Alice JR	2) Birchenough, Claire SO	3) Dohoney, Trinity SO	4) Shirado, Audrey SO
30.43	1:00.56 (30.13)	1:27.33 (26.77)	1:53.03 (25.70)
21 Santa Rosa			1:53.05
1) Clarkson, Reilly JR	2) Pride, Rachel SO	3) Sargis, Taylor SR	4) Mertz, Caroline SR
28.78	59.94 (31.16)	1:27.60 (27.66)	1:53.05 (25.45)
22 Dublin			1:53.09
1) Bui, Alexandra FR	2) Nguyen, Celine JR	3) Jackman, Callan SO	4) Cano, Olivia SO
29.75	1:02.33 (32.58)	1:28.11 (25.78)	1:53.09 (24.98)
23 Piedmont High School			1:53.19
1) Reynolds, Sophie JR	2) Fennell, Kelsey JR	3) Liu, Skyler SO	4) Lewis, Alisha SR
27.26	1:01.14 (33.88)	1:26.74 (25.60)	1:53.19 (26.45)
24 Marin Academy			1:53.30
1) Lewis, Augusta SO	2) Prince-Judd, Madison SR	3) Lewis, Olivia SR	4) Smit, Ella JR
28.85	1:03.15 (34.30)	1:29.29 (26.14)	1:53.30 (24.01)
25 Marin Catholic			1:54.23
1) Raukar, Cali SR	2) Wiley, Sophia SR	3) Jordan, Lindsey SR	4) Galuszk, Natalie SR
26.29	59.62 (33.33)	1:27.71 (28.09)	1:54.23 (26.52)
26 San Francisco University High			1:54.52
1) Garland, Gabby FR	2) Marzke, Cassie SO	3) Daro, Lucy JR	4) Schnabel, Jiana SR
29.90	1:01.29 (31.39)	1:26.81 (25.52)	1:54.52 (27.71)
27 Sir Francis Drake			1:54.62
1) Duro, Dominique JR	2) Campbell, Serena FR	3) McCarthy, Kate FR	4) Moynihan, Bella FR
29.33	1:01.78 (32.45)	1:29.07 (27.29)	1:54.62 (25.55)
28 Athenian			1:54.92
1) Cottrill, Emma JR	2) Hansen, Avery SO	3) van Steyn, Kenna JR	4) Arnold, Annemarie JR
26.71	1:01.05 (34.34)	1:27.43 (26.38)	1:54.92 (27.49)
29 Clayton Valley Charter			1:54.95
1) Mancini, Gabi FR	2) duLong, Erica SO	3) Cline, Camille FR	4) Wickware, Julia SO
29.86	1:01.65 (31.79)	1:30.04 (28.39)	1:54.95 (24.91)
30 Deer Valley High School			1:55.02
1) Gonzales, Maggi SO	2) Labonte, Sky SO	3) Lindeman, Andie JR	4) Tong, Natalie SO
29.72	1:02.30 (32.58)	1:29.34 (27.04)	1:55.02 (25.68)
31 Northgate			1:55.42
1) Proctor, Rebecca JR	2) Polkinghorn, Carlie JR	3) Jochner, Maddie JR	4) Gearing, Delanie FR
29.80	1:02.19 (32.39)	1:29.73 (27.54)	1:55.42 (25.69)
32 Tamalpais			1:56.35
1) Carney, Kyra FR	2) Zener, Alexa SR	3) Gamboa, Nicole SR	4) Firmage, Kalia FR
30.14	1:02.74 (32.60)	1:30.54 (27.80)	1:56.35 (25.81)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 3 Girls 200 Yard Medley Relay)**

Team	Relay		Seed Time	Prelim Time
33 Castro Valley				1:56.54
1) Gong, Monica FR	2) Spring, Brooke JR	3) Scheberies, Jacklyn FR	4) Le, Cynthia FR	
29.58	1:02.69 (33.11)	1:30.38 (27.69)	1:56.54 (26.16)	
34 College Preparatory				1:56.72
1) Hu, Jessica JR	2) Owyong, Mallory SO	3) Cane, Katherine JR	4) Castro, Martha JR	
29.31	1:03.48 (34.17)	1:30.13 (26.65)	1:56.72 (26.59)	
35 Lick-Wilmerding				1:57.20
1) Lisker, Aidan SR	2) Lukawski, Audrey SO	3) Snisarenko, Emily SO	4) Martin, Sonia SR	
30.81	1:01.99 (31.18)	1:31.61 (29.62)	1:57.20 (25.59)	
36 Mission San Jose				1:57.21
1) Chen, Anna SR	2) Ren, Alicia JR	3) Feng, Pearl FR	4) Zheng, Wynne SO	
29.57	1:02.48 (32.91)	1:31.57 (29.09)	1:57.21 (25.64)	
37 Washington				1:58.29
1) Raghuraman, Keerthana FR	2) Wandinger, Clarissa SO	3) Baglietto, Lauren SO	4) LaFontaine, Anna SO	
28.74	1:04.04 (35.30)	1:33.43 (29.39)	1:58.29 (24.86)	
38 Sonoma Valley				1:59.12
1) Ladouceur, Hannah SO	2) Taggesell, Cameron JR	3) Graczyk, Maya FR	4) Parr, Abby SO	
28.78	1:04.82 (36.04)	1:33.10 (28.28)	1:59.12 (26.02)	
--- Carondelet High School				DQ
1) Coloma, Samantha SR	2) Williams, Holly JR	3) Hamilton, Sarah FR	4) Carr, Allison JR	
25.31	55.01 (29.70)	1:20.81 (25.80)	DQ (23.38)	
--- Berean Christian				DQ
1) Fair, Taylor JR	2) Aitelli, Audrey SR	3) Schoell, Melissa SR	4) Howard, Kara SO	
29.14	1:00.84 (31.70)	1:27.42 (26.58)	DQ (24.83)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 4 Boys 200 Yard Medley Relay****National HS: 1:27.47 U 2014****Baylor (TN)****Baylor (TN)****NCS Meet: 1:30.26 N 2015****Kaliszak, Tynes, McHugh, Selby****Northgate****Northgate****C. Kirkpatrick, S. Wu, M. Tittle, M. Bottene****1:34.13 AA-A All America Auto.****1:34.58 CIFA CIF Automatic****1:35.69 AA-C All America Cons.****1:37.58 CIFC CIF Consideration**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 San Ramon Valley		1:30.92	1:30.68 AA-A
1) Rollo, Jake SR	2) Haket, Brannan SR	3) Poppe, Hank SR	4) Williams, Michael SR
23.32	48.29 (24.97) 1:10.33 (22.04)	1:30.68 (20.35)	
2 Campolindo		1:34.86	1:31.36 AA-A
1) Griffin, Jolen JR	2) Brassinga, Peter JR	3) Erickson, Nicky SR	4) Stevens, Cole SR
22.88	49.11 (26.23) 1:10.59 (21.48)	1:31.36 (20.77)	
3 Amador Valley		1:35.78	1:35.43 AA-C
1) Jhong, Chris SO	2) Reznick, Cole SO	3) Gilchrist, Alex SR	4) Naughton, Jack JR
24.54	50.83 (26.29) 1:14.01 (23.18)	1:35.43 (21.42)	
4 Foothill		1:35.78	1:35.46 AA-C
1) Cooper, Jonah FR	2) Mui, Jonathan SR	3) Schafer, Joe SR	4) Li, Aaron JR
23.23	49.84 (26.61) 1:13.76 (23.92)	1:35.46 (21.70)	
5 Heritage		1:36.53	1:36.58 CIFC
1) James, Tyler JR	2) Brownrigg, Evan SR	3) Barsanti, Nathan JR	4) Fitch, Raymond FR
23.97	51.85 (27.88) 1:14.24 (22.39)	1:36.58 (22.34)	
6 Northgate		1:36.48	1:36.68 CIFC
1) Bottene, Maxwell SR	2) Welsh, Cole SO	3) Rodriguez, Andrew FR	4) Litvinov, Alex SO
23.01	51.26 (28.25) 1:13.83 (22.57)	1:36.68 (22.85)	
7 Miramonte		1:36.09	1:37.34 CIFC
1) Chan, Carter SR	2) Schillinger, Christian JR	3) Sullivan, Liam SO	4) Lammert, Justin JR
25.10	51.95 (26.85) 1:15.82 (23.87)	1:37.34 (21.52)	
--- De La Salle High School		1:33.68	DQ
1) White, Forrest SR	2) Simpson, Jake SR	3) O'Connell, Daniel SO	4) Driscoll, Robert JR
22.76	47.41 (24.65) 1:10.42 (23.01)	DQ (21.78)	
B - Final			
9 Granada		1:37.57	1:37.29 CIFC
1) Hayes, Matthew SO	2) Tovera, Jared FR	3) DeMayo, Dante JR	4) Eckles, Michael SR
24.50	53.02 (28.52) 1:15.48 (22.46)	1:37.29 (21.81)	
10 Redwood		1:36.75	1:37.51 CIFC
1) Kurakin, Ivan SO	2) DeSomma, Emillio SR	3) Sowa, Victor SO	4) Stiles, Ryan SR
25.40	51.51 (26.11) 1:14.86 (23.35)	1:37.51 (22.65)	
11 Las Lomas		1:39.33	1:38.45
1) Sytnik, Gennady JR	2) Simpson, William JR	3) Williams, Noah SR	4) Santi, Vince JR
24.33	51.53 (27.20) 1:16.11 (24.58)	1:38.45 (22.34)	
12 Dougherty Valley		1:38.15	1:38.54
1) Blanco, Mattias FR	2) Salinamakki, Nishanth JR	3) Yao, Michael JR	4) Yoon, Isaac JR
24.66	51.65 (26.99) 1:16.21 (24.56)	1:38.54 (22.33)	
13 Alameda		1:38.61	1:38.88
1) Chan, Darien SR	2) Korelov, Misha JR	3) Lee, Tobey SR	4) Chan, Donovan FR
27.04	53.63 (26.59) 1:17.39 (23.76)	1:38.88 (21.49)	
14 California		1:39.31	1:39.60
1) Sun, Henry JR	2) Huang, Vincent JR	3) Tan, Jonathan FR	4) Webster, David JR
26.07	52.51 (26.44) 1:17.61 (25.10)	1:39.60 (21.99)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****B - Final ... (Event 4 Boys 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time
--- College Park		1:37.77	DQ
1) Lanzara, Matt FR	2) Wilcox, Matt SO	3) Fetterman, Jordan JR	4) Carpenter, Carpenter JR
25.26	52.41 (27.15) 1:15.55 (23.14)	DQ (21.29)	
--- Monte Vista		1:38.18	DQ
1) Remmert, Sean JR	2) Teshima, Ryan JR	3) Pantic-Horne, Jake SR	4) Koury, Josh JR
25.14	53.84 (28.70) 1:16.02 (22.18)	DQ (21.76)	

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Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Ramon Valley			1:30.92 AA-A
1) Rollo, Jake SR	2) Haket, Brannan SR	3) Poppe, Hank SR	4) Williams, Michael SR
22.87	48.15 (25.28) 1:10.63 (22.48)	1:30.92 (20.29)	
2 De La Salle High School			1:33.68 AA-A
1) White, Forrest SR	2) Simpson, Jake SR	3) Cannon, Zachary JR	4) O'Connell, Daniel SO
22.76	47.86 (25.10) 1:11.98 (24.12)	1:33.68 (21.70)	
3 Campolindo			1:34.86 AA-C
1) Stevens, Cole SR	2) Brassinga, Peter JR	3) Ludwig, Derek SR	4) Younger, Max SO
23.21	49.82 (26.61) 1:13.37 (23.55)	1:34.86 (21.49)	
*4 Foothill			1:35.78 CIFC
1) Cooper, Jonah FR	2) Mui, Jonathan SR	3) Schafer, Joe SR	4) Li, Aaron JR
23.36	49.53 (26.17) 1:13.68 (24.15)	1:35.78 (22.10)	
*4 Amador Valley			1:35.78 CIFC
1) Jhong, Chris SO	2) Reznick, Cole SO	3) Gilchrist, Alex SR	4) Naughton, Jack JR
24.88	50.97 (26.09) 1:14.28 (23.31)	1:35.78 (21.50)	
6 Miramonte			1:36.09 CIFC
1) Chan, Carter SR	2) Schillinger, Christian JR	3) Abramson, Tyler JR	4) Lammert, Justin JR
25.27	51.82 (26.55) 1:14.72 (22.90)	1:36.09 (21.37)	
7 Northgate			1:36.48 CIFC
1) Bottene, Maxwell SR	2) Welsh, Cole SO	3) Rodriguez, Andrew FR	4) Litvinov, Alex SO
23.39	51.25 (27.86) 1:13.96 (22.71)	1:36.48 (22.52)	
8 Heritage			1:36.53 CIFC
1) James, Tyler JR	2) Brownrigg, Evan SR	3) Barsanti, Nathan JR	4) Fitch, Raymond FR
24.25	51.98 (27.73) 1:14.41 (22.43)	1:36.53 (22.12)	
9 Redwood			1:36.75 CIFC
1) Kurakin, Ivan SO	2) DeSomma, Emillio SR	3) Sowa, Victor SO	4) Stiles, Ryan SR
25.14	51.10 (25.96) 1:14.51 (23.41)	1:36.75 (22.24)	
10 Granada			1:37.57 CIFC
1) Hayes, Matthew SO	2) Tovera, Jared FR	3) DeMayo, Dante JR	4) Eckles, Michael SR
24.53	53.00 (28.47) 1:16.07 (23.07)	1:37.57 (21.50)	
11 College Park			1:37.77
1) Lanzara, Matt FR	2) Wilcox, Matt SO	3) Fetterman, Jordan JR	4) Carpenter, Carpenter JR
25.71	52.81 (27.10) 1:16.12 (23.31)	1:37.77 (21.65)	
12 Dougherty Valley			1:38.15
1) Blanco, Mattias FR	2) Salinamakki, Nishanth JR	3) Yao, Michael JR	4) Yoon, Isaac JR
24.42	51.48 (27.06) 1:15.99 (24.51)	1:38.15 (22.16)	
13 Monte Vista			1:38.18
1) Remmert, Sean JR	2) Teshima, Ryan JR	3) Pantic-Horne, Jake SR	4) Koury, Josh JR
25.14	53.67 (28.53) 1:16.14 (22.47)	1:38.18 (22.04)	
14 Alameda			1:38.61
1) Chan, Darien SR	2) Korelov, Misha JR	3) Lee, Tobey SR	4) Chan, Donovan FR
26.94	53.20 (26.26) 1:16.76 (23.56)	1:38.61 (21.85)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 4 Boys 200 Yard Medley Relay)**

Team	Relay	Seed Time	Prelim Time
15 Sir Francis Drake			1:39.23
1) Sullivan, Emerson SO	2) Hanson, Wyatt SO	3) Hanson, Spencer SO	4) Woodhead, Dylan SR
23.94	51.53 (27.59)	1:17.01 (25.48)	1:39.23 (22.22)
16 California			1:39.31
1) Sun, Henry JR	2) Huang, Vincent JR	3) Tan, Jonathan FR	4) Webster, David JR
25.70	52.21 (26.51)	1:17.28 (25.07)	1:39.31 (22.03)
17 Las Lomas			1:39.33
1) Sytnik, Gennady JR	2) Simpson, William JR	3) Williams, Noah SR	4) Santi, Vince JR
25.51	52.69 (27.18)	1:17.51 (24.82)	1:39.33 (21.82)
18 Tamalpais			1:39.62
1) Wang, Zihao FR	2) Glenn, Zack JR	3) Fredrich, Marcus SO	4) Hettler, Jackson SR
27.30	54.02 (26.72)	1:17.65 (23.63)	1:39.62 (21.97)
19 Mission San Jose			1:40.09
1) Lu, Mars SO	2) Zhang, Lyon JR	3) Person, Gus JR	4) Choi, Tomas JR
26.81	53.11 (26.30)	1:17.79 (24.68)	1:40.09 (22.30)
20 San Marin			1:40.49
1) Hardman, Daniel SR	2) Luis, Nathan FR	3) Jackson, Zane SR	4) Prochnow, Noah SO
24.79	53.70 (28.91)	1:18.32 (24.62)	1:40.49 (22.17)
21 College Preparatory			1:40.51
1) Vo, George SR	2) Jacobs, Noah SR	3) Watson, Grant SR	4) Presten, Mark JR
27.95	55.35 (27.40)	1:17.75 (22.40)	1:40.51 (22.76)
22 Clayton Valley Charter			1:41.98
1) Miller, Jerron JR	2) Vizental, Anthony FR	3) Broussard, Shawn JR	4) Brandt, Cameron JR
26.22	54.63 (28.41)	1:19.22 (24.59)	1:41.98 (22.76)
23 Berkeley			1:42.21
1) Ingenito, Nicholas SR	2) Faller, Jack JR	3) Choy, Daniel SR	4) Hendrikse-Liu, Maxime FR
27.19	53.83 (26.64)	1:19.27 (25.44)	1:42.21 (22.94)
24 Marin Academy			1:42.24
1) Maas, Henry SO	2) Sternberg, Ethan SO	3) Sternberg, Max SO	4) Flynn, Edan SR
26.38	54.42 (28.04)	1:19.97 (25.55)	1:42.24 (22.27)
25 Maria Carrillo			1:42.42
1) Virtue, Daniel SR	2) Pettibone, Holman JR	3) Madden, John SO	4) Flood, Cameron SO
26.23	53.72 (27.49)	1:19.46 (25.74)	1:42.42 (22.96)
26 James Logan			1:42.55
1) Becker, Brian JR	2) Wang, Brian SR	3) Le, Jackson JR	4) Lee, Lawrence SO
27.49	54.17 (26.68)	1:20.52 (26.35)	1:42.55 (22.03)
27 Terra Linda			1:42.71
1) Salvemini, Nico FR	2) Mueller, Max FR	3) Parker, Cole FR	4) Lechner, Kevin SO
28.05	55.85 (27.80)	1:20.35 (24.50)	1:42.71 (22.36)
28 Irvington			1:43.35
1) Sun, Brandon FR	2) Liu, Andrew SO	3) Maher, Michael FR	4) Chua, Kaynen JR
26.58	55.86 (29.28)	1:21.09 (25.23)	1:43.35 (22.26)
29 Concord			1:44.13
1) McIntyre, Ian FR	2) Stanziano, Evan JR	3) Bergen, Lars FR	4) Fiene, Austin SR
28.80	55.78 (26.98)	1:21.37 (25.59)	1:44.13 (22.76)
30 Hercules			1:45.01
1) Puga, Marc JR	2) Palabrica, Juan Pablo SR	3) Lin, Alexander SR	4) McDonald, Brandon SO
26.08	54.90 (28.82)	1:22.54 (27.64)	1:45.01 (22.47)
31 Moreau Catholic			1:45.29
1) Ly, Minh SR	2) Ng, Matthew SR	3) Do, Christopher JR	4) Santillan, Joshua SR
28.82	57.60 (28.78)	1:22.42 (24.82)	1:45.29 (22.87)
32 Bishop O'Dowd			1:45.61
1) Wenzler, Giovanni JR	2) Clark-Clough, Gabriel JR	3) Leboa, Tyler JR	4) Entrekin, Nick SO
27.20	57.27 (30.07)	1:21.67 (24.40)	1:45.61 (23.94)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 4 Boys 200 Yard Medley Relay)**

	Team	Relay	Seed Time	Prelim Time
33	San Francisco University High			1:45.89
	1) Wooley, Theo FR	2) Kumar, Hari JR	3) Yu, Michael JR	4) Nagle, Will SR
	31.58	56.31 (24.73)	1:22.20 (25.89)	1:45.89 (23.69)
34	Acalanes			1:46.04
	1) Davidson, Nick FR	2) Stone, Jake FR	3) Chen, James SO	4) Winther, Jack SR
	28.33	57.26 (28.93)	1:22.93 (25.67)	1:46.04 (23.11)
35	Technology			1:46.20
	1) Shinn, Kenneth JR	2) Silveira, Aaron FR	3) Hagmann, Kai JR	4) Dang, Dustin SO
	26.85	57.66 (30.81)	1:22.34 (24.68)	1:46.20 (23.86)
36	San Leandro			1:49.03
	1) Felarca, Jason JR	2) Fishbaugh, Adam JR	3) Guibert, Marco FR	4) McKeown, Jake JR
	31.16	58.70 (27.54)	1:24.50 (25.80)	1:49.03 (24.53)
37	Freedom High School			1:49.40
	1) Ruiz, Daniel SO	2) Pels, Nick JR	3) Mendoza, Matt SR	4) Fowler, Braedan JR
	28.74	1:00.80 (32.06)	1:25.81 (25.01)	1:49.40 (23.59)
---	Alhambra High School			DQ
	1) Ballot, Donovan SO	2) Moore, Tony SO	3) Fowler, Ryan SR	4) Lucido, Nick SR
	27.85	55.50 (27.65)	1:20.15 (24.65)	DQ (24.57)
---	San Rafael			DQ
	1) Berkenfield, Jack SR	2) Cumming, Aidan SR	3) Holmes, Clayton SR	4) Zahradnik, Anton JR
	27.87	54.68 (26.81)	1:24.87 (30.19)	DQ (22.66)
---	Castro Valley			DQ
	1) Tran, Kyle SO	2) Macchiavello, Marco JR	3) Kuan, Mathew SO	4) Severs, Luke SO
	28.48	57.34 (28.86)	1:21.76 (24.42)	DQ (22.16)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 5 Girls 200 Yard Freestyle**

National HS: 1:41.82 U 2015 Kathleen Ledecky
 NCS Meet: 1:44.45 N 2013 Chelsea Chenault
 1:49.09 AA-A All America Auto.
 1:50.78 CIFA CIF Automatic
 1:50.82 AA-C All America Cons.
 1:53.78 CIFC CIF Consideration

Stone Ridge (MD)
 Carondelet

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Heckman, Miranda	FR	Granada	1:47.70	1:47.54	AA-A
	25.52	52.94 (27.42)	1:20.44 (27.50)	1:47.54 (27.10)		
2	Raukar, Cali	SR	Marin Catholic	1:49.32	1:48.78	AA-A
	25.83	53.20 (27.37)	1:20.92 (27.72)	1:48.78 (27.86)		
3	Dahlke, Miki	SR	Tamalpais	1:49.37	1:49.22	CIFA
	25.57	53.00 (27.43)	1:21.26 (28.26)	1:49.22 (27.96)		
4	He, Jessica	JR	Mission San Jose	1:49.69	1:49.45	CIFA
	25.87	53.60 (27.73)	1:21.51 (27.91)	1:49.45 (27.94)		
5	Han, Malorie	SR	Carondelet High School	1:49.67	1:49.53	CIFA
	25.78	53.57 (27.79)	1:21.67 (28.10)	1:49.53 (27.86)		
6	Campbell, Alicia	SO	Campolindo	1:50.97	1:49.68	CIFA
	25.31	53.03 (27.72)	1:21.49 (28.46)	1:49.68 (28.19)		
7	Woods, Mary	SR	Livermore	1:49.24	1:50.53	CIFA
	25.41	52.84 (27.43)	1:21.53 (28.69)	1:50.53 (29.00)		
8	Ward, Emily	SR	Campolindo	1:50.82	1:53.22	CIFC
	26.08	54.63 (28.55)	1:23.73 (29.10)	1:53.22 (29.49)		
B - Final						
9	Howell, Samantha	JR	Amador Valley	1:51.46	1:51.35	CIFC
	26.07	53.99 (27.92)	1:22.51 (28.52)	1:51.35 (28.84)		
10	Hawkins, Daniella	FR	California	1:51.35	1:51.46	CIFC
	25.98	54.08 (28.10)	1:22.88 (28.80)	1:51.46 (28.58)		
11	Therien, Claire	SR	San Ramon Valley	1:51.94	1:51.51	CIFC
	25.72	53.56 (27.84)	1:22.56 (29.00)	1:51.51 (28.95)		
12	Turner, Makenna	SO	Monte Vista	1:51.41	1:51.58	CIFC
	26.32	54.32 (28.00)	1:23.22 (28.90)	1:51.58 (28.36)		
13	Fornshell, Laura	SR	Alameda	1:52.75	1:52.12	CIFC
	26.59	54.72 (28.13)	1:23.72 (29.00)	1:52.12 (28.40)		
14	Cavalli, Sophia	SO	Campolindo	1:52.08	1:52.54	CIFC
	26.54	54.65 (28.11)	1:23.72 (29.07)	1:52.54 (28.82)		
15	Zacharias, Danielle	SR	San Ramon Valley	1:52.41	1:52.70	CIFC
	26.45	54.50 (28.05)	1:23.35 (28.85)	1:52.70 (29.35)		
16	Boles, Catherine	SR	Alameda	1:51.83	1:54.23	
	26.09	54.46 (28.37)	1:24.06 (29.60)	1:54.23 (30.17)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 5 Girls 200 Yard Freestyle**

National HS: 1:41.82 U 2015 Kathleen Ledecky
NCS Meet: 1:44.45 N 2013 Chelsea Chenault
 1:49.09 AA-A All America Auto.
 1:50.78 CIFA CIF Automatic
 1:50.82 AA-C All America Cons.
 1:53.78 CIFC CIF Consideration

Stone Ridge (MD)
Carondelet

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Heckman, Miranda	FR	Granada		1:47.70 AA-A
	25.57	53.22 (27.65)	1:20.77 (27.55)	1:47.70 (26.93)	
2	Woods, Mary	SR	Livermore		1:49.24 CIFA
	25.13	52.40 (27.27)	1:20.64 (28.24)	1:49.24 (28.60)	
3	Raukar, Cali	SR	Marin Catholic		1:49.32 CIFA
	26.15	54.23 (28.08)	1:22.13 (27.90)	1:49.32 (27.19)	
4	Dahlke, Miki	SR	Tamalpais		1:49.37 CIFA
	25.92	53.99 (28.07)	1:22.05 (28.06)	1:49.37 (27.32)	
5	Han, Malorie	SR	Carondelet High School		1:49.67 CIFA
	25.13	53.15 (28.02)	1:21.55 (28.40)	1:49.67 (28.12)	
6	He, Jessica	JR	Mission San Jose		1:49.69 CIFA
	25.74	53.78 (28.04)	1:21.84 (28.06)	1:49.69 (27.85)	
7	Ward, Emily	SR	Campolindo		1:50.82 AA-C
	25.95	54.14 (28.19)	1:22.40 (28.26)	1:50.82 (28.42)	
8	Campbell, Alicia	SO	Campolindo		1:50.97 CIFC
	26.15	54.21 (28.06)	1:22.70 (28.49)	1:50.97 (28.27)	
9	Hawkins, Daniella	FR	California		1:51.35 CIFC
	25.88	54.07 (28.19)	1:22.67 (28.60)	1:51.35 (28.68)	
10	Turner, Makenna	SO	Monte Vista		1:51.41 CIFC
	25.68	53.49 (27.81)	1:21.96 (28.47)	1:51.41 (29.45)	
11	Howell, Samantha	JR	Amador Valley		1:51.46 CIFC
	26.38	54.52 (28.14)	1:23.49 (28.97)	1:51.46 (27.97)	
12	Boles, Catherine	SR	Alameda		1:51.83 CIFC
	25.77	53.73 (27.96)	1:22.52 (28.79)	1:51.83 (29.31)	
13	Therien, Claire	SR	San Ramon Valley		1:51.94 CIFC
	26.04	54.22 (28.18)	1:23.10 (28.88)	1:51.94 (28.84)	
14	Cavalli, Sophia	SO	Campolindo		1:52.08 CIFC
	26.47	54.78 (28.31)	1:23.44 (28.66)	1:52.08 (28.64)	
15	Zacharias, Danielle	SR	San Ramon Valley		1:52.41 CIFC
	26.46	54.70 (28.24)	1:23.21 (28.51)	1:52.41 (29.20)	
16	Fornshell, Laura	SR	Alameda		1:52.75 CIFC
	26.43	54.84 (28.41)	1:23.83 (28.99)	1:52.75 (28.92)	
17	Sears, Monica	SR	Redwood		1:53.66 CIFC
	26.31	55.02 (28.71)	1:24.28 (29.26)	1:53.66 (29.38)	
18	Smith, Rachel	SR	San Ramon Valley		1:53.83
	26.08	54.63 (28.55)	1:24.00 (29.37)	1:53.83 (29.83)	
19	Wheaton, Roxanne	SO	Las Lomas		1:54.29
	26.36	55.03 (28.67)	1:23.79 (28.76)	1:54.29 (30.50)	
20	Yu, Suri	FR	Washington		1:54.50
	26.01	54.03 (28.02)	1:23.44 (29.41)	1:54.50 (31.06)	
21	Backlund, Stephanie	JR	Heritage		1:54.72
	26.61	55.90 (29.29)	1:25.52 (29.62)	1:54.72 (29.20)	
22	Gillis, Jessica	SR	Las Lomas		1:54.84
	26.78	56.02 (29.24)	1:25.81 (29.79)	1:54.84 (29.03)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 5 Girls 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
23	Drake, Katrina	SO	Miramonte		1:54.99
	26.73	55.69 (28.96)	1:25.22 (29.53)	1:54.99 (29.77)	
24	Schreiber, Haley	SR	Monte Vista		1:55.03
	26.87	55.63 (28.76)	1:25.20 (29.57)	1:55.03 (29.83)	
25	Daro, Lucy	JR	San Francisco University High		1:55.05
	26.48	55.22 (28.74)	1:24.19 (28.97)	1:55.05 (30.86)	
26	Lampron, Paige	SO	California		1:55.42
	27.22	56.13 (28.91)	1:25.63 (29.50)	1:55.42 (29.79)	
27	Park, Taylor	SO	Dougherty Valley		1:55.84
	26.95	55.78 (28.83)	1:25.68 (29.90)	1:55.84 (30.16)	
*28	David, Madeline	JR	Foothill		1:55.99
	26.64	56.13 (29.49)	1:26.23 (30.10)	1:55.99 (29.76)	
*28	Liu, Sasha	FR	Piedmont High School		1:55.99
	27.25	56.21 (28.96)	1:26.07 (29.86)	1:55.99 (29.92)	
30	Chang, Jio	SR	Campolindo		1:56.66
	27.67	56.84 (29.17)	1:26.72 (29.88)	1:56.66 (29.94)	
31	Adey, Olivia	SO	San Ramon Valley		1:56.91
	27.25	56.24 (28.99)	1:26.46 (30.22)	1:56.91 (30.45)	
32	Gordillo, Remy	JR	Liberty		1:57.16
	27.75	56.88 (29.13)	1:26.70 (29.82)	1:57.16 (30.46)	
33	Moufarrej, Sofia	JR	Granada		1:57.31
	27.32	56.88 (29.56)	1:27.32 (30.44)	1:57.31 (29.99)	
34	Jackman, Callan	SO	Dublin		1:57.58
	27.45	57.86 (30.41)	1:28.04 (30.18)	1:57.58 (29.54)	
35	Gerhold, Teresa	JR	Terra Linda		1:57.85
	26.67	56.48 (29.81)	1:27.07 (30.59)	1:57.85 (30.78)	
36	Jernigan, Aris	JR	Bishop O'Dowd		1:58.74
	27.30	57.31 (30.01)	1:27.96 (30.65)	1:58.74 (30.78)	
37	Jones, Megan	FR	Santa Rosa		1:59.04
	27.41	57.44 (30.03)	1:28.28 (30.84)	1:59.04 (30.76)	
38	Engs, Eloise	FR	Miramonte		1:59.15
	26.75	55.97 (29.22)	1:26.96 (30.99)	1:59.15 (32.19)	
39	Tehaney, Grace	SO	Miramonte		1:59.29
	28.19	58.38 (30.19)	1:28.93 (30.55)	1:59.29 (30.36)	
40	Claridge, Emily	FR	Amador Valley		1:59.92
	27.05	57.09 (30.04)	1:28.50 (31.41)	1:59.92 (31.42)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 6 Boys 200 Yard Freestyle**

National HS:	1:33.83	U	2009	Tom Shields	Edison (CA)
NCS Meet:	1:34.31	N	5/13/2016	Maxime Rooney	Granada
	1:39.07			AA-A All America Auto.	
	1:39.75			CIFA CIF Automatic	
	1:40.69			AA-C All America Cons.	
	1:43.00			CIFC CIF Consideration	

	Name	Yr	School	Prelim Time	Finals Time
A - Final					
1	Rooney, Maxime	SR	Granada	1:34.31	1:33.70 U AA-A
	21.69	45.31 (23.62)	1:09.24 (23.93)	1:33.70 (24.46)	
2	White, Forrest	SR	De La Salle High School	1:38.60	1:38.56 AA-A
	22.80	47.57 (24.77)	1:12.94 (25.37)	1:38.56 (25.62)	
3	Smith, Edward		Dublin	1:40.67	1:39.37 CIFA
	23.26	48.25 (24.99)	1:13.83 (25.58)	1:39.37 (25.54)	
4	Barsanti, Nathan	JR	Heritage	1:39.98	1:39.67 CIFA
	23.19	48.41 (25.22)	1:14.33 (25.92)	1:39.67 (25.34)	
5	Cheney, Teagan	JR	San Ramon Valley	1:39.20	1:39.81 AA-C
	22.66	47.47 (24.81)	1:13.26 (25.79)	1:39.81 (26.55)	
6	Andrews, Theo	SR	Tamalpais	1:40.65	1:40.05 AA-C
	23.42	48.38 (24.96)	1:14.26 (25.88)	1:40.05 (25.79)	
7	Korelov, Misha	JR	Alameda	1:40.39	1:41.11 CIFC
	23.16	47.81 (24.65)	1:13.62 (25.81)	1:41.11 (27.49)	
8	Lu, Tyler	FR	Quarry Lane	1:42.05	1:42.53 CIFC
	23.50	49.08 (25.58)	1:15.33 (26.25)	1:42.53 (27.20)	
B - Final					
9	Kurakin, Ivan	SO	Redwood	1:42.56	1:41.61 CIFC
	24.14	50.17 (26.03)	1:15.63 (25.46)	1:41.61 (25.98)	
10	Collins, Leo	FR	Redwood	1:44.18	1:41.89 CIFC
	24.61	50.27 (25.66)	1:16.21 (25.94)	1:41.89 (25.68)	
11	David, Calvin	FR	Foothill	1:42.16	1:42.07 CIFC
	23.96	49.90 (25.94)	1:16.01 (26.11)	1:42.07 (26.06)	
12	James, Tyler	JR	Heritage	1:42.53	1:42.43 CIFC
	23.94	49.73 (25.79)	1:16.40 (26.67)	1:42.43 (26.03)	
13	Turner, Lomax	JR	Terra Linda	1:43.63	1:43.18
	24.17	50.10 (25.93)	1:16.40 (26.30)	1:43.18 (26.78)	
14	Erickson, Nicky	SR	Campolindo	1:42.21	1:44.28
	24.28	50.68 (26.40)	1:17.54 (26.86)	1:44.28 (26.74)	
15	Weigelt, Niklas	SO	Clayton Valley Charter	1:44.51	1:44.82
	24.27	50.71 (26.44)	1:17.77 (27.06)	1:44.82 (27.05)	
16	Moody, Alex	JR	Branson	1:44.57	1:44.97
	24.97	50.98 (26.01)	1:17.76 (26.78)	1:44.97 (27.21)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 6 Boys 200 Yard Freestyle**

National HS: 1:33.83 U 2009 Tom Shields
NCS Meet: 1:34.31 N 5/13/2016 Maxime Rooney
 1:39.07 AA-A All America Auto.
 1:39.75 CIFA CIF Automatic
 1:40.69 AA-C All America Cons.
 1:43.00 CIFIC CIF Consideration

Edison (CA)
Granada

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Rooney, Maxime	SR	Granada		1:34.31 N AA-A
21.34	45.34 (24.00)	1:09.34 (24.00)	1:34.31 (24.97)	
2 White, Forrest	SR	De La Salle High School		1:38.60 AA-A
22.91	47.82 (24.91)	1:13.14 (25.32)	1:38.60 (25.46)	
3 Cheney, Teagan	JR	San Ramon Valley		1:39.20 CIFA
22.61	47.28 (24.67)	1:13.12 (25.84)	1:39.20 (26.08)	
4 Barsanti, Nathan	JR	Heritage		1:39.98 AA-C
23.16	48.18 (25.02)	1:13.74 (25.56)	1:39.98 (26.24)	
5 Korelov, Misha	JR	Alameda		1:40.39 AA-C
23.39	48.36 (24.97)	1:14.08 (25.72)	1:40.39 (26.31)	
6 Andrews, Theo	SR	Tamalpais		1:40.65 AA-C
23.49	48.89 (25.40)	1:14.71 (25.82)	1:40.65 (25.94)	
7 Smith, Edward		Dublin		1:40.67 AA-C
23.57	48.69 (25.12)	1:14.60 (25.91)	1:40.67 (26.07)	
8 Lu, Tyler	FR	Quarry Lane		1:42.05 CIFIC
23.46	48.71 (25.25)	1:15.11 (26.40)	1:42.05 (26.94)	
9 David, Calvin	FR	Foothill		1:42.16 CIFIC
23.17	48.87 (25.70)	1:15.33 (26.46)	1:42.16 (26.83)	
10 Erickson, Nicky	SR	Campolindo		1:42.21 CIFIC
23.67	49.49 (25.82)	1:15.93 (26.44)	1:42.21 (26.28)	
11 James, Tyler	JR	Heritage		1:42.53 CIFIC
23.64	49.40 (25.76)	1:16.12 (26.72)	1:42.53 (26.41)	
12 Kurakin, Ivan	SO	Redwood		1:42.56 CIFIC
23.78	49.46 (25.68)	1:16.10 (26.64)	1:42.56 (26.46)	
13 Turner, Lomax	JR	Terra Linda		1:43.63
24.22	50.20 (25.98)	1:16.74 (26.54)	1:43.63 (26.89)	
14 Collins, Leo	FR	Redwood		1:44.18
24.52	50.15 (25.63)	1:16.35 (26.20)	1:44.18 (27.83)	
15 Weigelt, Niklas	SO	Clayton Valley Charter		1:44.51
24.18	50.46 (26.28)	1:17.65 (27.19)	1:44.51 (26.86)	
16 Moody, Alex	JR	Branson		1:44.57
24.11	50.19 (26.08)	1:17.16 (26.97)	1:44.57 (27.41)	
17 Baker, Alec	FR	Campolindo		1:44.67
24.74	51.32 (26.58)	1:18.00 (26.68)	1:44.67 (26.67)	
18 Smith, Samuel		Dublin		1:45.01
24.21	50.60 (26.39)	1:17.91 (27.31)	1:45.01 (27.10)	
19 Fournier, Troy	JR	Heritage		1:45.11
24.73	51.64 (26.91)	1:18.81 (27.17)	1:45.11 (26.30)	
20 Hayes, Matthew	SO	Granada		1:45.45
25.01	52.35 (27.34)	1:19.30 (26.95)	1:45.45 (26.15)	
21 Yao, Timothy	SO	Dougherty Valley		1:45.73
24.75	51.32 (26.57)	1:18.42 (27.10)	1:45.73 (27.31)	
22 Suehiro, Alex	FR	California		1:45.77
24.25	50.29 (26.04)	1:17.99 (27.70)	1:45.77 (27.78)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 6 Boys 200 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
23	Blanco, Mattias	FR	Dougherty Valley		1:45.91
	24.54	51.03 (26.49)	1:18.23 (27.20)	1:45.91 (27.68)	
*24	Wheeler, Michael	SO	Campolindo		1:45.94
	24.78	51.56 (26.78)	1:18.76 (27.20)	1:45.94 (27.18)	
*24	Chin, Brandon	SR	Castro Valley		1:45.94
	24.19	50.36 (26.17)	1:17.94 (27.58)	1:45.94 (28.00)	
26	Seip, Connor	FR	Northgate		1:46.13
	24.11	50.82 (26.71)	1:18.52 (27.70)	1:46.13 (27.61)	
27	O'Connell, Daniel	SO	De La Salle High School		1:46.47
	24.07	50.60 (26.53)	1:18.37 (27.77)	1:46.47 (28.10)	
28	Skinner, Nick	FR	Foothill		1:46.49
	24.48	51.56 (27.08)	1:19.43 (27.87)	1:46.49 (27.06)	
29	Mitchell, Chase	SR	Clayton Valley Charter		1:46.74
	24.94	52.24 (27.30)	1:19.43 (27.19)	1:46.74 (27.31)	
30	Mertz, David	FR	Santa Rosa		1:47.01
	25.35	52.45 (27.10)	1:19.91 (27.46)	1:47.01 (27.10)	
31	Andrade, Colton	JR	Monte Vista		1:47.87
	24.74	51.48 (26.74)	1:19.51 (28.03)	1:47.87 (28.36)	
32	Ha, Chris	JR	Mission San Jose		1:47.92
	24.37	51.49 (27.12)	1:19.58 (28.09)	1:47.92 (28.34)	
33	Woo, Justin	JR	Dougherty Valley		1:48.14
	25.93	53.81 (27.88)	1:21.70 (27.89)	1:48.14 (26.44)	
34	Wu, Scott	SR	Miramonte		1:48.17
	24.97	52.20 (27.23)	1:20.11 (27.91)	1:48.17 (28.06)	
35	Low, Alex	SO	Campolindo		1:48.25
	24.93	52.15 (27.22)	1:19.96 (27.81)	1:48.25 (28.29)	
36	Balica, Sebastain	SO	Castro Valley		1:48.47
	24.96	52.17 (27.21)	1:20.49 (28.32)	1:48.47 (27.98)	
37	Sharma, Apoorva	SO	Dougherty Valley		1:48.73
	24.99	52.01 (27.02)	1:19.87 (27.86)	1:48.73 (28.86)	
38	Daily, Spencer	SO	San Ramon Valley		1:49.07
	24.36	51.63 (27.27)	1:20.38 (28.75)	1:49.07 (28.69)	
39	Hoskins, Callan	JR	Miramonte		1:49.08
	25.50	52.93 (27.43)	1:20.75 (27.82)	1:49.08 (28.33)	
40	Chui, Calvin	FR	Foothill		1:49.65
	25.82	53.34 (27.52)	1:21.67 (28.33)	1:49.65 (27.98)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 7 Girls 200 Yard IM**

National HS: 1:53.82 U 2009 Dagny Knutson
NCS Meet: 1:56.17 N 2010 Maya DiRado
 2:02.49 AA-A All America Auto.
 2:04.08 CIFA CIF Automatic
 2:04.60 AA-C All America Cons.
 2:08.00 CIFC CIF Consideration

Minot (ND)
 Maria Carrillo

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Chong, Christina	SR	San Ramon Valley	2:02.08	2:00.69	AA-A
	26.72	56.55 (29.83)	1:31.53 (34.98)	2:00.69 (29.16)		
2	Lo, Emily	SO	Acalanes	2:02.73	2:01.75	AA-A
	26.73	57.87 (31.14)	1:32.26 (34.39)	2:01.75 (29.49)		
3	Hartman, Zoie	FR	Monte Vista	2:04.09	2:02.18	AA-A
	27.14	58.34 (31.20)	1:33.18 (34.84)	2:02.18 (29.00)		
4	Miller, Abigail	SR	San Ramon Valley	2:03.45	2:03.22	CIFA
	26.65	56.81 (30.16)	1:32.83 (36.02)	2:03.22 (30.39)		
5	Coloma, Samantha	SR	Carondelet High School	2:04.98	2:03.74	CIFA
	26.77	57.00 (30.23)	1:34.28 (37.28)	2:03.74 (29.46)		
6	Liu, Skyler	SO	Piedmont High School	2:03.90	2:04.95	CIFC
	26.42	57.91 (31.49)	1:34.88 (36.97)	2:04.95 (30.07)		
7	Meier, Charlotte	JR	San Ramon Valley	2:05.81	2:06.85	CIFC
	26.57	57.64 (31.07)	1:36.66 (39.02)	2:06.85 (30.19)		
8	Ward, Madison	SR	Las Lomas	2:05.90	2:07.46	CIFC
	27.87	1:00.75 (32.88)	1:36.35 (35.60)	2:07.46 (31.11)		
B - Final						
9	Friedrich, Anna	JR	Granada	2:06.68	2:05.59	CIFC
	26.46	56.98 (30.52)	1:35.76 (38.78)	2:05.59 (29.83)		
10	Morris, Halle	JR	Terra Linda	2:06.36	2:05.64	CIFC
	27.51	1:00.73 (33.22)	1:35.82 (35.09)	2:05.64 (29.82)		
11	Lampron, Laura	SO	California	2:07.64	2:07.16	CIFC
	27.14	58.82 (31.68)	1:37.15 (38.33)	2:07.16 (30.01)		
12	Howard, Abriana	SO	Monte Vista	2:07.10	2:08.29	
	27.21	58.83 (31.62)	1:38.33 (39.50)	2:08.29 (29.96)		
13	Lightstone, Serena	SR	Mission San Jose	2:07.70	2:08.93	
	27.83	59.58 (31.75)	1:38.51 (38.93)	2:08.93 (30.42)		
14	Witkay, Kelsey	SR	Carondelet High School	2:08.37	2:09.33	
	27.76	1:01.39 (33.63)	1:38.84 (37.45)	2:09.33 (30.49)		
15	Duarte, Mackenzie	JR	Alhambra High School	2:08.94	2:10.75	
	27.53	1:00.69 (33.16)	1:38.10 (37.41)	2:10.75 (32.65)		
16	Hammill, Taylor	SO	California	2:07.96	2:11.88	
	30.11	1:01.87 (31.76)	1:41.74 (39.87)	2:11.88 (30.14)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 7 Girls 200 Yard IM**

National HS: 1:53.82 U 2009 Dagny Knutson
NCS Meet: 1:56.17 N 2010 Maya DiRado
 2:02.49 AA-A All America Auto.
 2:04.08 CIFA CIF Automatic
 2:04.60 AA-C All America Cons.
 2:08.00 CIFC CIF Consideration

Minot (ND)
 Maria Carrillo

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Chong, Christina	SR	San Ramon Valley		2:02.08 AA-A
27.05	57.51 (30.46)	1:32.79 (35.28)	2:02.08 (29.29)	
2 Lo, Emily	SO	Acalanes		2:02.73 CIFA
26.60	58.03 (31.43)	1:33.04 (35.01)	2:02.73 (29.69)	
3 Miller, Abigail	SR	San Ramon Valley		2:03.45 CIFA
26.51	56.78 (30.27)	1:33.69 (36.91)	2:03.45 (29.76)	
4 Liu, Skyler	SO	Piedmont High School		2:03.90 CIFA
26.33	57.94 (31.61)	1:34.17 (36.23)	2:03.90 (29.73)	
5 Hartman, Zoie	FR	Monte Vista		2:04.09 AA-C
27.43	59.32 (31.89)	1:34.57 (35.25)	2:04.09 (29.52)	
6 Coloma, Samantha	SR	Carondelet High School		2:04.98 CIFC
26.25	56.16 (29.91)	1:34.18 (38.02)	2:04.98 (30.80)	
7 Meier, Charlotte	JR	San Ramon Valley		2:05.81 CIFC
26.77	57.47 (30.70)	1:35.89 (38.42)	2:05.81 (29.92)	
8 Ward, Madison	SR	Las Lomas		2:05.90 CIFC
27.75	1:00.94 (33.19)	1:36.06 (35.12)	2:05.90 (29.84)	
9 Morris, Halle	JR	Terra Linda		2:06.36 CIFC
27.98	1:00.52 (32.54)	1:36.31 (35.79)	2:06.36 (30.05)	
10 Friedrich, Anna	JR	Granada		2:06.68 CIFC
26.57	57.73 (31.16)	1:36.81 (39.08)	2:06.68 (29.87)	
11 Howard, Abriana	SO	Monte Vista		2:07.10 CIFC
27.39	58.47 (31.08)	1:37.74 (39.27)	2:07.10 (29.36)	
12 Lampron, Laura	SO	California		2:07.64 CIFC
27.07	59.18 (32.11)	1:38.02 (38.84)	2:07.64 (29.62)	
13 Lightstone, Serena	SR	Mission San Jose		2:07.70 CIFC
28.02	59.17 (31.15)	1:37.43 (38.26)	2:07.70 (30.27)	
14 Hammill, Taylor	SO	California		2:07.96 CIFC
28.73	1:00.23 (31.50)	1:38.75 (38.52)	2:07.96 (29.21)	
15 Witkay, Kelsey	SR	Carondelet High School		2:08.37
27.37	1:00.06 (32.69)	1:37.92 (37.86)	2:08.37 (30.45)	
16 Duarte, Mackenzie	JR	Alhambra High School		2:08.94
27.63	1:01.23 (33.60)	1:37.28 (36.05)	2:08.94 (31.66)	
17 Skinner, Ryane	SR	Foothill		2:09.04
27.97	1:01.23 (33.26)	1:38.47 (37.24)	2:09.04 (30.57)	
18 Jochner, Maddie	JR	Northgate		2:09.86
28.32	1:01.61 (33.29)	1:38.23 (36.62)	2:09.86 (31.63)	
19 Hendricks, Rachel	JR	Campolindo		2:09.88
27.54	1:00.42 (32.88)	1:38.57 (38.15)	2:09.88 (31.31)	
20 Lewis, Augusta	SO	Marin Academy		2:10.04
27.83	1:00.68 (32.85)	1:38.89 (38.21)	2:10.04 (31.15)	
21 Lukawski, Audrey	SO	Lick-Wilmerding		2:10.09
28.51	1:01.79 (33.28)	1:38.78 (36.99)	2:10.09 (31.31)	
22 Smethurst, Emma	SO	Northgate		2:10.73
28.60	1:02.02 (33.42)	1:39.02 (37.00)	2:10.73 (31.71)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 7 Girls 200 Yard IM)**

	Name	Yr	School	Seed Time	Prelim Time
23	Kwan, Julie	FR	Montgomery		2:11.24
	28.09	1:00.10 (32.01)	1:39.54 (39.44)	2:11.24 (31.70)	
24	Wang, Sarah	SR	Dougherty Valley		2:11.64
	27.09	59.50 (32.41)	1:39.33 (39.83)	2:11.64 (32.31)	
25	Franzwa, Hannah	FR	California		2:12.16
	27.64	1:03.31 (35.67)	1:40.83 (37.52)	2:12.16 (31.33)	
26	van Steyn, Kenna	JR	Athenian		2:12.39
	28.22	1:01.92 (33.70)	1:40.10 (38.18)	2:12.39 (32.29)	
27	Baker, Liv	SR	Campolindo		2:12.42
	28.58	1:00.89 (32.31)	1:40.54 (39.65)	2:12.42 (31.88)	
28	Fair, Taylor	JR	Berean Christian		2:12.92
	29.06	1:01.88 (32.82)	1:41.29 (39.41)	2:12.92 (31.63)	
29	Kim, Nawoo	SO	Dougherty Valley		2:13.07
	28.76	1:05.15 (36.39)	1:41.04 (35.89)	2:13.07 (32.03)	
30	Amberg, Nicole	SR	Carondelet High School		2:13.16
	28.12	1:01.29 (33.17)	1:40.42 (39.13)	2:13.16 (32.74)	
31	Cano, Olivia	SO	Dublin		2:13.18
	28.53	1:01.91 (33.38)	1:42.03 (40.12)	2:13.18 (31.15)	
32	Arnold, Jacqueline	FR	Bishop O'Dowd		2:13.32
	28.44	1:02.48 (34.04)	1:40.06 (37.58)	2:13.32 (33.26)	
33	Larsen, Kathy	SO	Miramonte		2:14.15
	29.60	1:03.06 (33.46)	1:40.95 (37.89)	2:14.15 (33.20)	
34	duLong, Erica	SO	Clayton Valley Charter		2:14.44
	29.01	1:03.64 (34.63)	1:42.39 (38.75)	2:14.44 (32.05)	
35	Loventhal, Maya	SR	Las Lomas		2:14.59
	29.11	1:02.67 (33.56)	1:42.22 (39.55)	2:14.59 (32.37)	
36	Follmer, Elizabeth	FR	Campolindo		2:15.57
	28.72	1:01.50 (32.78)	1:43.72 (42.22)	2:15.57 (31.85)	
37	Eberle, Hailey	SR	Miramonte		2:17.26
	29.16	1:04.76 (35.60)	1:44.15 (39.39)	2:17.26 (33.11)	
---	Peng, Sophy	JR	American High School		DQ
	28.30	1:02.13 (33.83)	1:41.10 (38.97)	DQ (31.12)	
---	Umansky, Paulina	FR	Amador Valley		DQ
	29.48	1:03.20 (33.72)	1:43.06 (39.86)	DQ (32.75)	
---	Lewis, Olivia	SR	Marin Academy		DQ
	27.58	1:00.40 (32.82)	1:40.80 (40.40)	DQ (31.82)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 8 Boys 200 Yard IM**

National HS:	1:41.39	U	2011	David Nolan	Hershey (PA)
NCS Meet:	1:47.52	N	2012	Steven Stumph	Campolindo
	1:50.28			AA-A All America Auto.	
	1:52.59			AA-C All America Cons.	
	1:53.05			CIFA CIF Automatic	
	1:56.05			CIFC CIF Consideration	

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	DeSomma, Emilio	SR	Redwood	1:49.71	1:49.19	AA-A
	23.25	50.37 (27.12)	1:22.27 (31.90)	1:49.19 (26.92)		
2	Jhong, Chris	SO	Amador Valley	1:49.69	1:49.62	AA-A
	24.30	51.45 (27.15)	1:23.49 (32.04)	1:49.62 (26.13)		
3	Stevens, Cole	SR	Campolindo	1:50.76	1:50.22	AA-A
	23.69	50.61 (26.92)	1:23.48 (32.87)	1:50.22 (26.74)		
4	Zhang, Lyon	JR	Mission San Jose	1:50.76	1:52.19	AA-C
	24.97	53.15 (28.18)	1:24.83 (31.68)	1:52.19 (27.36)		
5	Murphy, Jack	SO	Analy	1:52.66	1:52.28	AA-C
	24.33	51.30 (26.97)	1:25.12 (33.82)	1:52.28 (27.16)		
6	Reznick, Cole	SO	Amador Valley	1:52.36	1:52.52	AA-C
	24.76	53.33 (28.57)	1:25.21 (31.88)	1:52.52 (27.31)		
7	Rollo, Jake	SR	San Ramon Valley	1:50.62	1:52.58	AA-C
	25.32	53.23 (27.91)	1:25.16 (31.93)	1:52.58 (27.42)		
8	Rodriguez, Andrew	FR	Northgate	1:52.46	1:52.94	CIFA
	24.02	52.91 (28.89)	1:26.16 (33.25)	1:52.94 (26.78)		
B - Final						
9	Sullivan, Emerson	SO	Sir Francis Drake	1:53.27	1:52.29	AA-C
	24.34	52.81 (28.47)	1:25.40 (32.59)	1:52.29 (26.89)		
10	Sytnik, Gennady	JR	Las Lomas	1:56.76	1:54.22	CIFC
	24.41	52.12 (27.71)	1:26.93 (34.81)	1:54.22 (27.29)		
11	Gilchrist, Alex	SR	Amador Valley	1:54.30	1:54.56	CIFC
	24.91	53.69 (28.78)	1:27.16 (33.47)	1:54.56 (27.40)		
12	Pantic-Horne, Jake	SR	Monte Vista	1:54.70	1:55.28	CIFC
	24.90	54.96 (30.06)	1:27.35 (32.39)	1:55.28 (27.93)		
13	Fetterman, Jordan	JR	College Park	1:55.92	1:55.87	CIFC
	24.60	54.52 (29.92)	1:27.74 (33.22)	1:55.87 (28.13)		
14	Fetterman, Matt	FR	College Park	1:56.96	1:56.48	
	25.21	55.05 (29.84)	1:28.74 (33.69)	1:56.48 (27.74)		
15	Chan, Carter	SR	Miramonte	1:57.49	1:57.50	
	25.47	54.03 (28.56)	1:29.22 (35.19)	1:57.50 (28.28)		
16	Cramer, Parker	SO	California	1:57.59	1:58.63	
	25.92	56.87 (30.95)	1:31.13 (34.26)	1:58.63 (27.50)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 8 Boys 200 Yard IM**

National HS:	1:41.39	U	2011	David Nolan	Hershey (PA)
NCS Meet:	1:47.52	N	2012	Steven Stumph	Campolindo
	1:50.28			AA-A All America Auto.	
	1:52.59			AA-C All America Cons.	
	1:53.05			CIFA CIF Automatic	
	1:56.05			CIFC CIF Consideration	

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Jhong, Chris	SO	Amador Valley		1:49.69 AA-A
	24.12	51.44 (27.32)	1:23.31 (31.87)	1:49.69 (26.38)	
2	DeSomma, Emilio	SR	Redwood		1:49.71 AA-A
	23.59	51.33 (27.74)	1:23.31 (31.98)	1:49.71 (26.40)	
3	Rollo, Jake	SR	San Ramon Valley		1:50.62 AA-C
	24.91	51.81 (26.90)	1:23.59 (31.78)	1:50.62 (27.03)	
*4	Zhang, Lyon	JR	Mission San Jose		1:50.76 AA-C
	24.62	52.86 (28.24)	1:23.52 (30.66)	1:50.76 (27.24)	
*4	Stevens, Cole	SR	Campolindo		1:50.76 AA-C
	24.13	51.35 (27.22)	1:23.85 (32.50)	1:50.76 (26.91)	
6	Reznick, Cole	SO	Amador Valley		1:52.36 AA-C
	24.81	54.03 (29.22)	1:25.51 (31.48)	1:52.36 (26.85)	
7	Rodriguez, Andrew	FR	Northgate		1:52.46 AA-C
	23.77	51.86 (28.09)	1:25.48 (33.62)	1:52.46 (26.98)	
8	Murphy, Jack	SO	Analy		1:52.66 CIFA
	24.48	51.70 (27.22)	1:25.67 (33.97)	1:52.66 (26.99)	
9	Sullivan, Emerson	SO	Sir Francis Drake		1:53.27 CIFC
	24.31	51.75 (27.44)	1:26.03 (34.28)	1:53.27 (27.24)	
10	Gilchrist, Alex	SR	Amador Valley		1:54.30 CIFC
	24.27	52.68 (28.41)	1:26.71 (34.03)	1:54.30 (27.59)	
11	Pantic-Horne, Jake	SR	Monte Vista		1:54.70 CIFC
	24.01	52.89 (28.88)	1:26.11 (33.22)	1:54.70 (28.59)	
12	Fetterman, Jordan	JR	College Park		1:55.92 CIFC
	24.64	54.10 (29.46)	1:27.49 (33.39)	1:55.92 (28.43)	
13	Sytnik, Gennady	JR	Las Lomas		1:56.76
	24.84	53.20 (28.36)	1:29.12 (35.92)	1:56.76 (27.64)	
14	Fetterman, Matt	FR	College Park		1:56.96
	24.67	54.51 (29.84)	1:29.05 (34.54)	1:56.96 (27.91)	
15	Chan, Carter	SR	Miramonte		1:57.49
	25.54	54.59 (29.05)	1:29.30 (34.71)	1:57.49 (28.19)	
16	Cramer, Parker	SO	California		1:57.59
	25.83	56.32 (30.49)	1:30.22 (33.90)	1:57.59 (27.37)	
17	DeMayo, Dante	JR	Granada		1:57.63
	24.24	54.55 (30.31)	1:29.49 (34.94)	1:57.63 (28.14)	
18	Thomas, Adonis	SO	Ygnacio Valley		1:58.45
	25.63	55.64 (30.01)	1:30.97 (35.33)	1:58.45 (27.48)	
19	Tovera, Jared	FR	Granada		1:58.99
	25.06	55.29 (30.23)	1:31.23 (35.94)	1:58.99 (27.76)	
*20	Dutra, Joseph	SO	Liberty		1:59.07
	25.73	56.50 (30.77)	1:30.38 (33.88)	1:59.07 (28.69)	
*20	Schafer, Joe	SR	Foothill		1:59.07
	26.04	55.91 (29.87)	1:30.56 (34.65)	1:59.07 (28.51)	
22	Hanson, Wyatt	SO	Sir Francis Drake		1:59.61
	25.23	54.79 (29.56)	1:30.28 (35.49)	1:59.61 (29.33)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 8 Boys 200 Yard IM)**

	Name	Yr	School	Seed Time	Prelim Time
23	Sun, Henry	JR	California		1:59.64
	25.81	55.74 (29.93)	1:30.65 (34.91)	1:59.64 (28.99)	
24	Ayers, Samuel	SO	Campolindo		1:59.73
	25.95	55.90 (29.95)	1:31.89 (35.99)	1:59.73 (27.84)	
25	Ludwig, Derek	SR	Campolindo		1:59.96
	24.97	55.40 (30.43)	1:31.40 (36.00)	1:59.96 (28.56)	
26	Zhang, Richard	FR	Miramonte		2:00.71
	25.90	56.00 (30.10)	1:32.04 (36.04)	2:00.71 (28.67)	
27	Gonzalez, Alex	SR	Granada		2:00.83
	25.92	55.31 (29.39)	1:31.82 (36.51)	2:00.83 (29.01)	
28	Sternberg, Max	SO	Marin Academy		2:01.04
	25.96	55.95 (29.99)	1:32.14 (36.19)	2:01.04 (28.90)	
29	Fredrich, Marcus	SO	Tamalpais		2:01.07
	25.25	56.37 (31.12)	1:33.67 (37.30)	2:01.07 (27.40)	
30	Moore, Tony	SO	Alhambra High School		2:01.35
	25.97	58.88 (32.91)	1:32.56 (33.68)	2:01.35 (28.79)	
31	Jacobs, Noah	SR	College Preparatory		2:01.99
	26.45	59.29 (32.84)	1:33.71 (34.42)	2:01.99 (28.28)	
32	Brownrigg, Evan	SR	Heritage		2:02.18
	26.77	58.36 (31.59)	1:32.30 (33.94)	2:02.18 (29.88)	
33	Sproul, Nathaniel	SR	Granada		2:02.32
	25.68	55.70 (30.02)	1:33.69 (37.99)	2:02.32 (28.63)	
34	Salinamakki, Nishanth	JR	Dougherty Valley		2:02.34
	26.51	59.32 (32.81)	1:33.55 (34.23)	2:02.34 (28.79)	
35	Giacoppo, Gabriel	FR	Branson		2:02.54
	26.37	57.21 (30.84)	1:34.41 (37.20)	2:02.54 (28.13)	
36	Vizental, Anthony	FR	Clayton Valley Charter		2:02.55
	26.09	58.06 (31.97)	1:32.67 (34.61)	2:02.55 (29.88)	
37	Ruegg, Matt	JR	Acalanes		2:03.93
	26.45	58.57 (32.12)	1:35.03 (36.46)	2:03.93 (28.90)	
38	Chan, Alvin	JR	Dougherty Valley		2:04.13
	25.92	58.73 (32.81)	1:36.25 (37.52)	2:04.13 (27.88)	
39	Dahlgren, Seaver	FR	Branson		2:04.67
	27.43	59.55 (32.12)	1:35.17 (35.62)	2:04.67 (29.50)	
40	Loyet, Mason	FR	Campolindo		2:04.91
	27.55	1:00.91 (33.36)	1:34.04 (33.13)	2:04.91 (30.87)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 9 Girls 50 Yard Freestyle**

National HS: 21.64 U 2015 Abbey Weitzel
 NCS Meet: 22.61 N 2009 Kasey Carlson
 23.31 AA-A All America Auto.
 23.71 AA-C All America Cons.
 23.81 CIFA CIF Automatic
 24.81 CIFIC CIF Consideration

Saugus (CA)
 Las Lomas

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Murphy, Madelyn	SR	Carondelet High School	22.69	22.49	N AA-A
2	Cottrill, Emma	JR	Athenian	23.09	23.27	AA-A
3	Barattolo, Isabella	JR	Monte Vista	23.57	23.70	AA-C
4	Klinger, Allie	SR	Heritage	23.74	23.81	CIFA
5	Loya, Antoinette	SR	James Logan	23.76	23.89	CIFIC
6	Cane, Katherine	JR	College Preparatory	23.86	24.01	CIFIC
7	O'Brien, Ashleen	FR	Campolindo	24.08	24.11	CIFIC
8	McGowan, Bryn	JR	Northgate	23.83	24.21	CIFIC
B - Final						
9	Fusari, Alexa	JR	San Ramon Valley	24.17	23.80	CIFA
10	Heng, Gabby	SR	Las Lomas	24.18	24.00	CIFIC
11	Kosturos, Sophia	FR	Miramonte	24.25	24.01	CIFIC
12	Chang, Audrey	SR	Miramonte	24.21	24.07	CIFIC
13	Smit, Ella	JR	Marin Academy	24.25	24.13	CIFIC
14	Hornbuckle, Alyssa	JR	Monte Vista	24.24	24.14	CIFIC
15	Fellner, Lucy	SR	Acalanes	24.37	24.26	CIFIC
16	Carr, Allison	JR	Carondelet High School	24.27	24.43	CIFIC

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 9 Girls 50 Yard Freestyle**

National HS: 21.64 U 2015 Abbey Weitzel
NCS Meet: 22.61 N 2009 Kasey Carlson
 23.31 AA-A All America Auto.
 23.71 AA-C All America Cons.
 23.81 CIFA CIF Automatic
 24.81 CIFIC CIF Consideration

Saugus (CA)
Las Lomas

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Murphy, Madelyn	SR	Carondelet High School	22.69	AA-A
2 Cottrill, Emma	JR	Athenian	23.09	AA-A
3 Barattolo, Isabella	JR	Monte Vista	23.57	AA-C
4 Klinger, Allie	SR	Heritage	23.74	CIFA
5 Loya, Antoinette	SR	James Logan	23.76	CIFA
6 McGowan, Bryn	JR	Northgate	23.83	CIFIC
7 Cane, Katherine	JR	College Preparatory	23.86	CIFIC
8 O'Brien, Ashleen	FR	Campolindo	24.08	CIFIC
9 Fusari, Alexa	JR	San Ramon Valley	24.17	CIFIC
10 Heng, Gabby	SR	Las Lomas	24.18	CIFIC
11 Chang, Audrey	SR	Miramonte	24.21	CIFIC
12 Hornbuckle, Alyssa	JR	Monte Vista	24.24	CIFIC
*13 Smit, Ella	JR	Marin Academy	24.25	CIFIC
*13 Kosturos, Sophia	FR	Miramonte	24.25	CIFIC
15 Carr, Allison	JR	Carondelet High School	24.27	CIFIC
16 Fellner, Lucy	SR	Acalanes	24.37	CIFIC
17 Middleton, Tara	SR	Las Lomas	24.38	CIFIC
18 Gray, Mary	JR	John Swett	24.46	CIFIC
*19 Berkenfield, Coco	FR	San Rafael	24.50	CIFIC
*19 Schoell, Melissa	SR	Berean Christian	24.50	CIFIC
21 Johnson, Ava	SO	Las Lomas	24.51	CIFIC
*22 Lyons, Katie	FR	Miramonte	24.54	CIFIC
*22 Simkins, Savannah	SO	Terra Linda	24.54	CIFIC
24 Klass, Sarah	JR	San Ramon Valley	24.55	CIFIC
25 Eckel, Caroline	FR	Granada	24.62	CIFIC
*26 Delore, Maddy	JR	Alameda	24.68	CIFIC
*26 Kjelsberg, Alyssa	JR	San Ramon Valley	24.68	CIFIC
28 Dahl, Lauryn	JR	Monte Vista	24.77	CIFIC
29 Fairbanks, Megan	SR	Granada	24.85	
30 Arauzo, Danielle	SR	Northgate	24.93	
*31 Cossu, Taylor	JR	Northgate	24.94	
*31 Morrison, Kylie	JR	Miramonte	24.94	
33 Etnyre, Lauren	SO	Campolindo	25.01	
34 Marzke, Cassie	SO	San Francisco University High	25.10	
35 Chen, Ariana	JR	Mission San Jose	25.13	
36 Brown, Jenna	FR	Amador Valley	25.19	
37 Boyle, Taylor	SO	Terra Linda	25.27	
38 Shirado, Audrey	SO	Redwood	25.29	
39 Rasmussen, Emily	SO	Campolindo	25.32	
40 Devadason, Sherlyn	SO	California	25.39	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 10 Boys 50 Yard Freestyle**

National HS: 19.29 U 2013 Caleb Dressel
 NCS Meet: 20.23 N 2012 Sven Campbell
 20.72 AA-A All America Auto.
 20.99 CIFA CIF Automatic
 21.04 AA-C All America Cons.
 21.99 CIFIC CIF Consideration

Clay (FL)
 Campolindo

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Poppe, Hank	SR	San Ramon Valley	21.35	20.80	CIFA
2	Cunanan, Nathaniel	JR	Terra Linda	20.96	20.87	CIFA
3	Haket, Brannan	SR	San Ramon Valley	21.00	20.89	CIFA
4	Williams, Michael	SR	San Ramon Valley	20.82	20.90	CIFA
5	Clemensen, Erik	SR	Castro Valley	20.95	21.23	CIFIC
6	Levy, Ryan	SR	Clayton Valley Charter	21.28	21.26	CIFIC
7	Vines, Anthony	SR	Clayton Valley Charter	21.31	21.44	CIFIC
8	Faller, Jack	JR	Berkeley	21.52	21.56	CIFIC
B - Final						
9	Cardinal, Jackson	SR	San Ramon Valley	21.56	21.48	CIFIC
*10	Fowler, Braedan	JR	Freedom High School	21.62	21.56	CIFIC
*10	Nashan, Kai	SO	Campolindo	21.64	21.56	CIFIC
12	Thompson, Redden	SR	Athenian	21.55	21.58	CIFIC
13	Conrad, Casey	JR	Acalanes	21.99	21.94	CIFIC
14	Remmert, Sean	JR	Monte Vista	21.61	21.99	CIFIC
15	LaChance, Regis	SR	Amador Valley	21.87	22.05	
16	Lammert, Justin	JR	Miramonte	21.75	22.36	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 10 Boys 50 Yard Freestyle**

National HS: 19.29 U 2013 Caleb Dressel
NCS Meet: 20.23 N 2012 Sven Campbell
 20.72 AA-A All America Auto.
 20.99 CIFA CIF Automatic
 21.04 AA-C All America Cons.
 21.99 CIFIC CIF Consideration

Clay (FL)
Campolindo

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Williams, Michael	SR	San Ramon Valley		20.82 CIFA
2	Clemensen, Erik	SR	Castro Valley		20.95 CIFA
3	Cunanan, Nathaniel	JR	Terra Linda		20.96 CIFA
4	Haket, Brannan	SR	San Ramon Valley		21.00 AA-C
5	Levy, Ryan	SR	Clayton Valley Charter		21.28 CIFIC
6	Vines, Anthony	SR	Clayton Valley Charter		21.31 CIFIC
7	Poppe, Hank	SR	San Ramon Valley		21.35 CIFIC
8	Faller, Jack	JR	Berkeley		21.52 CIFIC
9	Thompson, Redden	SR	Athenian		21.55 CIFIC
10	Cardinal, Jackson	SR	San Ramon Valley		21.56 CIFIC
11	Remmert, Sean	JR	Monte Vista		21.61 CIFIC
12	Fowler, Braedan	JR	Freedom High School		21.62 CIFIC
*13	Nashan, Kai	SO	Campolindo		21.64 CIFIC
*13	Abramson, Tyler	JR	Miramonte		21.64 CIFIC
15	Lammert, Justin	JR	Miramonte		21.75 CIFIC
16	Hardman, Daniel	SR	San Marin		21.86 CIFIC
17	LaChance, Regis	SR	Amador Valley		21.87 CIFIC
18	Conrad, Casey	JR	Acalanes		21.99 CIFIC
19	Carpenter, Carpenter	JR	College Park		22.00
20	Li, Aaron	JR	Foothill		22.01
21	Eckles, Ryan	SR	Granada		22.04
22	Younger, Max	SO	Campolindo		22.09
*23	Brown, Cal	FR	Clayton Valley Charter		22.14
*23	Dahlke, Thomas	SO	Tamalpais		22.14
*25	Bonta, Max	SR	Montgomery		22.15
*25	Chan, Donovan	FR	Alameda		22.15
27	Naughton, Jack	JR	Amador Valley		22.16
28	Fellner, Tommy	SR	Acalanes		22.21
29	O'Brien, Eli	JR	Miramonte		22.31
30	Glenn, Zack	JR	Tamalpais		22.34
31	Jorgens, Joseph	JR	Washington		22.36
32	Hettler, Jackson	SR	Tamalpais		22.38
33	McCormick, Jack	JR	Piner		22.42
34	Driscoll, Robert	JR	De La Salle High School		22.51
35	Santi, Vince	JR	Las Lomas		22.53
36	Prochnow, Noah	SO	San Marin		22.70
*37	Chua, Kaynen	JR	Irvington		22.75
*37	Becker, Brian	JR	James Logan		22.75
39	Ayers, Samuel	SO	Campolindo		22.90
40	Choi, Tomas	JR	Mission San Jose		22.93

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 11 Girls 100 Yard Butterfly**

National HS: 51.70 U 2014 Katie McLaughlin
 NCS Meet: 52.43 N 5/13/2015 Brittany Usinger
 54.84 AA-A All America Auto.
 55.81 CIFA CIF Automatic
 55.98 AA-C All America Cons.
 57.81 CIFIC CIF Consideration

S. Margarita CA
 Acalanes

Name		Yr	School	Prelim Time	Finals Time
A - Final					
1	Murphy, Madelyn	SR	Carondelet High School	54.38	52.15 N AA-A
	24.64		52.15 (27.51)		
2	Garcia, Gianna	SR	San Ramon Valley	53.63	53.67 AA-A
	24.81		53.67 (28.86)		
3	Turner, Makenna	SO	Monte Vista	54.99	54.76 AA-A
	25.35		54.76 (29.41)		
4	O'Brien, Ashleen	FR	Campolindo	55.57	55.48 CIFA
	25.86		55.48 (29.62)		
*5	Liu, Skyler	SO	Piedmont High School	55.20	55.54 CIFA
	26.01		55.54 (29.53)		
*5	Balmaceda, Sophia	SO	American High School	56.34	55.54 CIFA
	26.09		55.54 (29.45)		
7	Auva'a, Lani	SR	Analy	55.59	56.50 CIFIC
	25.84		56.50 (30.66)		
8	Fong, Alexandra	JR	Maria Carrillo	56.92	56.92 CIFIC
	26.60		56.92 (30.32)		
B - Final					
*9	Reynolds, Sophie	JR	Piedmont High School	57.26	57.16 CIFIC
	26.55		57.16 (30.61)		
*9	Liebowitz, Alexis	JR	San Ramon Valley	57.37	57.16 CIFIC
	26.38		57.16 (30.78)		
11	Ayan-Eaton, Juliana	FR	Redwood	57.93	57.26 CIFIC
	26.87		57.26 (30.39)		
12	Meier, Charlotte	JR	San Ramon Valley	57.15	57.42 CIFIC
	26.81		57.42 (30.61)		
13	Witkay, Kelsey	SR	Carondelet High School	57.52	57.48 CIFIC
	27.42		57.48 (30.06)		
14	Wang, Sarah	SR	Dougherty Valley	58.16	57.51 CIFIC
	26.42		57.51 (31.09)		
15	Krafcik, Sophia	JR	Granada	58.10	58.17
	26.84		58.17 (31.33)		
16	Hanley, Alexa	SR	Campolindo	58.23	58.44
	27.10		58.44 (31.34)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 11 Girls 100 Yard Butterfly**

National HS: 51.70 U 2014 Katie McLaughlin
 NCS Meet: 52.43 N 5/13/2015 Brittany Usinger
 54.84 AA-A All America Auto.
 55.81 CIFA CIF Automatic
 55.98 AA-C All America Cons.
 57.81 CIFIC CIF Consideration

S. Margarita CA
 Acalanes

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Garcia, Gianna	SR	San Ramon Valley	53.63	AA-A
24.94	53.63	(28.69)		
2 Murphy, Madelyn	SR	Carondelet High School	54.38	AA-A
25.20	54.38	(29.18)		
3 Turner, Makenna	SO	Monte Vista	54.99	CIFA
25.92	54.99	(29.07)		
4 Liu, Skyler	SO	Piedmont High School	55.20	CIFA
26.11	55.20	(29.09)		
5 O'Brien, Ashleen	FR	Campolindo	55.57	CIFA
25.72	55.57	(29.85)		
6 Auva'a, Lani	SR	Analy	55.59	CIFA
25.74	55.59	(29.85)		
7 Balmaceda, Sophia	SO	American High School	56.34	CIFIC
26.33	56.34	(30.01)		
8 Fong, Alexandra	JR	Maria Carrillo	56.92	CIFIC
26.47	56.92	(30.45)		
9 Meier, Charlotte	JR	San Ramon Valley	57.15	CIFIC
26.48	57.15	(30.67)		
10 Reynolds, Sophie	JR	Piedmont High School	57.26	CIFIC
26.67	57.26	(30.59)		
11 Liebowitz, Alexis	JR	San Ramon Valley	57.37	CIFIC
26.15	57.37	(31.22)		
12 Witkay, Kelsey	SR	Carondelet High School	57.52	CIFIC
27.20	57.52	(30.32)		
13 Ayan-Eaton, Juliana	FR	Redwood	57.93	
27.08	57.93	(30.85)		
14 Krafcik, Sophia	JR	Granada	58.10	
26.80	58.10	(31.30)		
15 Wang, Sarah	SR	Dougherty Valley	58.16	
26.71	58.16	(31.45)		
16 Hanley, Alexa	SR	Campolindo	58.23	
27.11	58.23	(31.12)		
17 Devadason, Sherlyn	SO	California	58.54	
27.79	58.54	(30.75)		
18 Lewis, Olivia	SR	Marin Academy	58.78	
27.33	58.78	(31.45)		
19 Hendrawan, Ashley	FR	Alameda	58.81	
27.72	58.81	(31.09)		
20 Horne, Natasha	SO	Monte Vista	58.84	
27.43	58.84	(31.41)		
21 Hamilton, Sarah	FR	Carondelet High School	58.90	
27.57	58.90	(31.33)		
22 Hendricks, Rachel	JR	Campolindo	59.03	
27.72	59.03	(31.31)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 11 Girls 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time
23	Hata, Kimi	SR	Miramonte		59.06
	27.92	59.06	(31.14)		
24	Dohoney, Trinity	SO	Redwood		59.09
	27.65	59.09	(31.44)		
25	Gillis, Jessica	SR	Las Lomas		59.19
	27.87	59.19	(31.32)		
26	Schneider, Emilie Claire	JR	San Marin		59.22
	27.98	59.22	(31.24)		
27	Park, Taylor	SO	Dougherty Valley		59.29
	27.86	59.29	(31.43)		
28	Lawrence, Marissa	FR	Amador Valley		59.33
	27.51	59.33	(31.82)		
29	Myers, Adele	JR	Granada		59.51
	28.46	59.51	(31.05)		
30	Lewis, Augusta	SO	Marin Academy		59.60
	28.21	59.60	(31.39)		
31	Taylor, Maddie	SO	Dougherty Valley		59.71
	28.12	59.71	(31.59)		
32	Jasko, Nicolette	FR	Terra Linda		59.72
	27.60	59.72	(32.12)		
33	Smith, Sydney	SO	Campolindo		1:00.01
	27.37	1:00.01	(32.64)		
34	Ratcliffe, Eva	SR	Montgomery		1:00.21
	27.65	1:00.21	(32.56)		
35	Moran, Melanie	JR	Miramonte		1:00.50
	28.32	1:00.50	(32.18)		
*36	Rosen, Rachel	FR	San Ramon Valley		1:00.80
	29.06	1:00.80	(31.74)		
*36	Sterling, Piper	FR	Northgate		1:00.80
	28.50	1:00.80	(32.30)		
38	Morse, Hailey	SR	Foothill		1:01.47
	28.75	1:01.47	(32.72)		
39	Chamber, Haley	FR	California		1:02.00
	28.20	1:02.00	(33.80)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 12 Boys 100 Yard Butterfly**

National HS: 45.52 U 2013 Joseph Schooling
 NCS Meet: 47.17 N 5/13/2016 Maxime Rooney
 49.37 AA-A All America Auto.
 49.57 CIFA CIF Automatic
 50.27 AA-C All America Cons.
 51.57 CIFC CIF Consideration

Bolles (FL)
 Granada

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Rooney, Maxime	SR	Granada	47.17	47.66	AA-A
	22.11		47.66 (25.55)			
2	Watson, Grant	SR	College Preparatory	48.14	48.21	AA-A
	22.55		48.21 (25.66)			
3	Griffin, Jolen	JR	Campolindo	48.27	48.38	AA-A
	22.75		48.38 (25.63)			
4	DeSomma, Emilio	SR	Redwood	48.80	48.64	AA-A
	22.88		48.64 (25.76)			
5	Erickson, Nicky	SR	Campolindo	49.87	49.52	CIFA
	23.51		49.52 (26.01)			
6	Rodriguez, Andrew	FR	Northgate	50.33	50.10	AA-C
	23.65		50.10 (26.45)			
7	Brock, Evan	SR	San Ramon Valley	50.28	50.24	AA-C
	23.92		50.24 (26.32)			
8	Pantic-Horne, Jake	SR	Monte Vista	50.26	50.28	CIFC
	23.47		50.28 (26.81)			
B - Final						
9	Cooper, Jonah	FR	Foothill	51.09	50.01	AA-C
	23.69		50.01 (26.32)			
10	DeMayo, Dante	JR	Granada	50.41	50.08	AA-C
	23.44		50.08 (26.64)			
11	Vines, Anthony	SR	Clayton Valley Charter	51.09	50.97	CIFC
	23.88		50.97 (27.09)			
12	Shaw, Ryan	SR	Campolindo	51.11	51.08	CIFC
	23.97		51.08 (27.11)			
13	Turner, Lomax	JR	Terra Linda	51.27	51.27	CIFC
	24.16		51.27 (27.11)			
14	Fetterman, Jordan	JR	College Park	51.99	51.46	CIFC
	24.39		51.46 (27.07)			
15	O'Connell, Daniel	SO	De La Salle High School	52.46	51.79	
	23.88		51.79 (27.91)			
16	Gilchrist, Alex	SR	Amador Valley	51.65	52.31	
	24.56		52.31 (27.75)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 12 Boys 100 Yard Butterfly**

National HS: 45.52 U 2013 Joseph Schooling
NCS Meet: 47.17 N 5/13/2016 Maxime Rooney
 49.37 AA-A All America Auto.
 49.57 CIFA CIF Automatic
 50.27 AA-C All America Cons.
 51.57 CIFIC CIF Consideration

Bolles (FL)
Granada

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Rooney, Maxime	SR	Granada		47.17N AA-A
21.92		47.17 (25.25)		
2 Watson, Grant	SR	College Preparatory		48.14 AA-A
22.64		48.14 (25.50)		
3 Griffin, Jolen	JR	Campolindo		48.27 AA-A
22.56		48.27 (25.71)		
4 DeSomma, Emillio	SR	Redwood		48.80 AA-A
23.00		48.80 (25.80)		
5 Erickson, Nicky	SR	Campolindo		49.87 AA-C
23.61		49.87 (26.26)		
6 Pantic-Horne, Jake	SR	Monte Vista		50.26 AA-C
23.50		50.26 (26.76)		
7 Brock, Evan	SR	San Ramon Valley		50.28 CIFIC
24.10		50.28 (26.18)		
8 Rodriguez, Andrew	FR	Northgate		50.33 CIFIC
23.43		50.33 (26.90)		
9 DeMayo, Dante	JR	Granada		50.41 CIFIC
23.78		50.41 (26.63)		
*10 Vines, Anthony	SR	Clayton Valley Charter		51.09 CIFIC
24.18		51.09 (26.91)		
*10 Cooper, Jonah	FR	Foothill		51.09 CIFIC
23.78		51.09 (27.31)		
12 Shaw, Ryan	SR	Campolindo		51.11 CIFIC
23.82		51.11 (27.29)		
13 Turner, Lomax	JR	Terra Linda		51.27 CIFIC
24.24		51.27 (27.03)		
14 Gilchrist, Alex	SR	Amador Valley		51.65
24.20		51.65 (27.45)		
15 Fetterman, Jordan	JR	College Park		51.99
24.62		51.99 (27.37)		
16 O'Connell, Daniel	SO	De La Salle High School		52.46
24.45		52.46 (28.01)		
17 Sowa, Victor	SO	Redwood		52.56
24.55		52.56 (28.01)		
18 Abouayash, Joseph	SR	Monte Vista		52.61
24.57		52.61 (28.04)		
19 Ludwig, Derek	SR	Campolindo		52.87
24.83		52.87 (28.04)		
20 Daily, Spencer	SO	San Ramon Valley		52.93
24.09		52.93 (28.84)		
21 Fowler, Ryan	SR	Alhambra High School		53.01
25.26		53.01 (27.75)		
22 LaChance, Regis	SR	Amador Valley		53.10
24.43		53.10 (28.67)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 12 Boys 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Prelim Time
23	Mendoza, Matt	SR	Freedom High School		53.16
	24.88		53.16 (28.28)		
24	Di, Da	SO	Castro Valley		53.21
	24.96		53.21 (28.25)		
25	Zhang, Alec	SR	Monte Vista		53.24
	24.67		53.24 (28.57)		
26	Thompson, Mason	SO	Valley Christian		53.42
	24.68		53.42 (28.74)		
27	Yao, Michael	JR	Dougherty Valley		53.49
	24.74		53.49 (28.75)		
28	Lee, Lawrence	SO	James Logan		53.53
	25.05		53.53 (28.48)		
29	Fredrich, Marcus	SO	Tamalpais		53.58
	25.36		53.58 (28.22)		
30	Dobusch, Nick	FR	Kelseyville		53.59
	25.69		53.59 (27.90)		
31	Sullivan, Liam	SO	Miramonte		53.66
	25.07		53.66 (28.59)		
32	Lee, Tobey	SR	Alameda		53.74
	24.94		53.74 (28.80)		
33	Sproul, Nathaniel	SR	Granada		53.75
	25.21		53.75 (28.54)		
34	Cumming, Aidan	SR	San Rafael		54.00
	25.45		54.00 (28.55)		
35	Antonio, Audrik	SO	Dublin		54.15
	24.68		54.15 (29.47)		
36	Sharma, Apoorva	SO	Dougherty Valley		54.61
	25.52		54.61 (29.09)		
37	Flanders, Harry	FR	San Ramon Valley		54.62
	25.66		54.62 (28.96)		
38	Wenzler, Giovanni	JR	Bishop O'Dowd		55.15
	25.81		55.15 (29.34)		
---	Iannaccone, Ryan	FR	De La Salle High School		DQ
	24.83		DQ (28.76)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 13 Girls 100 Yard Freestyle**

National HS: 47.82 U 2009 Abbey Weitzel
 NCS Meet: 49.27 N 2013 Chelsea Chenault
 50.59 AA-A All America Auto.
 51.40 AA-C All America Cons.
 51.48 CIFA CIF Automatic
 52.98 CIFC CIF Consideration

Saugus (CA)
 Carondelet

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Dahlke, Miki	SR	Tamalpais	49.81	49.95	AA-A
	24.07		49.95 (25.88)			
2	Cottrill, Emma	JR	Athenian	50.59	50.77	AA-C
	24.28		50.77 (26.49)			
3	Han, Malorie	SR	Carondelet High School	51.00	51.05	AA-C
	24.59		51.05 (26.46)			
4	Klinger, Allie	SR	Heritage	51.49	51.28	AA-C
	24.59		51.28 (26.69)			
5	Campbell, Alicia	SO	Campolindo	51.86	51.42	CIFA
	24.93		51.42 (26.49)			
6	He, Jessica	JR	Mission San Jose	51.17	51.58	CIFC
	25.00		51.58 (26.58)			
7	Brockley, Piper	SR	Maria Carrillo	51.89	51.98	CIFC
	24.69		51.98 (27.29)			
8	Barattolo, Isabella	JR	Monte Vista	51.89	52.00	CIFC
	24.83		52.00 (27.17)			
B - Final						
9	Kosturos, Sophia	FR	Miramonte	52.45	51.81	CIFC
	24.99		51.81 (26.82)			
10	Drake, Katrina	SO	Miramonte	52.40	51.86	CIFC
	24.74		51.86 (27.12)			
11	Fusari, Alexa	JR	San Ramon Valley	52.12	51.99	CIFC
	24.92		51.99 (27.07)			
12	Cunanan, Mia	SR	Terra Linda	52.45	52.29	CIFC
	25.15		52.29 (27.14)			
13	Hornbuckle, Alyssa	JR	Monte Vista	51.90	52.37	CIFC
	25.12		52.37 (27.25)			
14	Truex, Kennedy	SR	Foothill	52.21	52.59	CIFC
	25.51		52.59 (27.08)			
15	Lampron, Laura	SO	California	52.53	52.76	CIFC
	25.39		52.76 (27.37)			
16	Alameida, Marie	JR	Analy	52.48	54.52	
	25.83		54.52 (28.69)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 13 Girls 100 Yard Freestyle**

National HS: 47.82 U 2009 Abbey Weitzel
NCS Meet: 49.27 N 2013 Chelsea Chenault
 50.59 AA-A All America Auto.
 51.40 AA-C All America Cons.
 51.48 CIFA CIF Automatic
 52.98 CIFIC CIF Consideration

Saugus (CA)
Carondelet

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Dahlke, Miki	SR	Tamalpais	49.81	AA-A
	24.03		49.81 (25.78)		
2	Cottrill, Emma	JR	Athenian	50.59	AA-A
	24.19		50.59 (26.40)		
3	Han, Malorie	SR	Carondelet High School	51.00	AA-C
	24.45		51.00 (26.55)		
4	He, Jessica	JR	Mission San Jose	51.17	AA-C
	24.91		51.17 (26.26)		
5	Klinger, Allie	SR	Heritage	51.49	CIFIC
	24.68		51.49 (26.81)		
6	Campbell, Alicia	SO	Campolindo	51.86	CIFIC
	25.05		51.86 (26.81)		
*7	Brockley, Piper	SR	Maria Carrillo	51.89	CIFIC
	24.88		51.89 (27.01)		
*7	Barattolo, Isabella	JR	Monte Vista	51.89	CIFIC
	24.76		51.89 (27.13)		
9	Hornbuckle, Alyssa	JR	Monte Vista	51.90	CIFIC
	24.89		51.90 (27.01)		
10	Fusari, Alexa	JR	San Ramon Valley	52.12	CIFIC
	25.16		52.12 (26.96)		
11	Truex, Kennedy	SR	Foothill	52.21	CIFIC
	25.19		52.21 (27.02)		
12	Drake, Katrina	SO	Miramonte	52.40	CIFIC
	25.01		52.40 (27.39)		
*13	Cunanan, Mia	SR	Terra Linda	52.45	CIFIC
	25.26		52.45 (27.19)		
*13	Kosturos, Sophia	FR	Miramonte	52.45	CIFIC
	25.31		52.45 (27.14)		
15	Alameida, Marie	JR	Analy	52.48	CIFIC
	24.92		52.48 (27.56)		
16	Lampron, Laura	SO	California	52.53	CIFIC
	25.31		52.53 (27.22)		
17	Smith, Rachel	SR	San Ramon Valley	52.55	CIFIC
	25.47		52.55 (27.08)		
18	Daro, Lucy	JR	San Francisco University High	52.62	CIFIC
	25.55		52.62 (27.07)		
19	Loya, Antoinette	SR	James Logan	52.65	CIFIC
	25.23		52.65 (27.42)		
20	Heng, Gabby	SR	Las Lomas	52.74	CIFIC
	25.73		52.74 (27.01)		
21	Yu, Suri	FR	Washington	52.97	CIFIC
	25.88		52.97 (27.09)		
22	Chang, Audrey	SR	Miramonte	53.35	
	26.16		53.35 (27.19)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 13 Girls 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
23	Schoell, Melissa	SR	Berean Christian		53.44
	25.96		53.44 (27.48)		
24	Carr, Allison	JR	Carondelet High School		53.54
	25.81		53.54 (27.73)		
*25	Arauzo, Danielle	SR	Northgate		53.55
	25.84		53.55 (27.71)		
*25	Cossu, Taylor	JR	Northgate		53.55
	25.66		53.55 (27.89)		
27	Fellner, Lucy	SR	Acalanes		53.57
	25.61		53.57 (27.96)		
28	Birchenough, Claire	SO	Redwood		53.94
	25.73		53.94 (28.21)		
29	Brownrigg, Emma	SO	Heritage		53.95
	25.96		53.95 (27.99)		
30	McGowan, Bryn	JR	Northgate		54.02
	26.00		54.02 (28.02)		
31	Engs, Eloise	FR	Miramonte		54.19
	25.84		54.19 (28.35)		
32	Johnson, Ava	SO	Las Lomas		54.41
	26.03		54.41 (28.38)		
33	Simkins, Savannah	SO	Terra Linda		54.42
	26.10		54.42 (28.32)		
34	Cane, Katherine	JR	College Preparatory		54.50
	26.18		54.50 (28.32)		
35	Etnyre, Lauren	SO	Campolindo		54.51
	26.48		54.51 (28.03)		
36	Adey, Olivia	SO	San Ramon Valley		54.68
	26.45		54.68 (28.23)		
37	Berkenfield, Coco	FR	San Rafael		54.96
	26.46		54.96 (28.50)		
38	Mancini, Gabi	FR	Clayton Valley Charter		55.17
	26.76		55.17 (28.41)		
39	Hamilton, Sarah	FR	Carondelet High School		55.31
	26.32		55.31 (28.99)		
40	Morlock, Natalie	SR	Acalanes		56.13
	26.62		56.13 (29.51)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 14 Boys 100 Yard Freestyle**

National HS: 42.34 U 2011 David Nolan
NCS Meet: 44.10 N 2015 Rooney, Maxime
 45.28 AA-A All America Auto.
 45.97 AA-C All America Cons.
 46.38 CIFA CIF Automatic
 47.88 CIFIC CIF Consideration

Hershey (PA)
Granada

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Bottene, Maxwell		SR Northgate	44.58	44.51	AA-A
	21.20		44.51 (23.31)			
2	Williams, Michael		SR San Ramon Valley	45.01	45.06	AA-A
	21.54		45.06 (23.52)			
3	Barsanti, Nathan		JR Heritage	45.92	45.52	AA-C
	22.04		45.52 (23.48)			
4	Cunnam, Nathaniel		JR Terra Linda	45.92	45.62	AA-C
	21.98		45.62 (23.64)			
5	Cheney, Teagan		JR San Ramon Valley	45.45	45.72	AA-C
	21.78		45.72 (23.94)			
6	Watson, Grant		SR College Preparatory	45.82	45.74	AA-C
	22.06		45.74 (23.68)			
7	Andrews, Theo		SR Tamalpais	46.10	46.35	CIFA
	22.32		46.35 (24.03)			
8	Watts, Donavon		SR Castro Valley	46.56	46.52	CIFIC
	22.12		46.52 (24.40)			
B - Final						
9	Levy, Ryan		SR Clayton Valley Charter	46.66	46.70	CIFIC
	22.27		46.70 (24.43)			
10	Cardinal, Jackson		SR San Ramon Valley	47.10	46.85	CIFIC
	22.72		46.85 (24.13)			
11	Thompson, Redden		SR Athenian	46.96	46.86	CIFIC
	22.80		46.86 (24.06)			
12	Clemensen, Erik		SR Castro Valley	46.85	47.01	CIFIC
	22.51		47.01 (24.50)			
13	Remmert, Sean		JR Monte Vista	47.56	47.38	CIFIC
	22.84		47.38 (24.54)			
14	Nashan, Kai		SO Campolindo	47.52	47.41	CIFIC
	22.82		47.41 (24.59)			
15	Fowler, Braedan		JR Freedom High School	47.55	47.62	CIFIC
	23.08		47.62 (24.54)			
16	Conrad, Casey		JR Acalanes	47.81	47.84	CIFIC
	22.94		47.84 (24.90)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 14 Boys 100 Yard Freestyle**

National HS: 42.34 U 2011 David Nolan
NCS Meet: 44.10 N 2015 Rooney, Maxime
 45.28 AA-A All America Auto.
 45.97 AA-C All America Cons.
 46.38 CIFA CIF Automatic
 47.88 CIFC CIF Consideration

Hershey (PA)
Granada

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Bottene, Maxwell		SR Northgate		44.58 AA-A
	21.44		44.58 (23.14)		
2	Williams, Michael		SR San Ramon Valley		45.01 AA-A
	21.73		45.01 (23.28)		
3	Cheney, Teagan		JR San Ramon Valley		45.45 AA-C
	21.95		45.45 (23.50)		
4	Watson, Grant		SR College Preparatory		45.82 AA-C
	21.89		45.82 (23.93)		
*5	Barsanti, Nathan		JR Heritage		45.92 AA-C
	22.15		45.92 (23.77)		
*5	Cunanan, Nathaniel		JR Terra Linda		45.92 AA-C
	22.19		45.92 (23.73)		
7	Andrews, Theo		SR Tamalpais		46.10 CIFA
	22.20		46.10 (23.90)		
8	Watts, Donavon		SR Castro Valley		46.56 CIFC
	22.39		46.56 (24.17)		
9	Levy, Ryan		SR Clayton Valley Charter		46.66 CIFC
	22.15		46.66 (24.51)		
10	Clemensen, Erik		SR Castro Valley		46.85 CIFC
	22.40		46.85 (24.45)		
11	Thompson, Redden		SR Athenian		46.96 CIFC
	22.51		46.96 (24.45)		
12	Cardinal, Jackson		SR San Ramon Valley		47.10 CIFC
	22.88		47.10 (24.22)		
13	Nashan, Kai		SO Campolindo		47.52 CIFC
	22.90		47.52 (24.62)		
14	Fowler, Braedan		JR Freedom High School		47.55 CIFC
	22.92		47.55 (24.63)		
15	Remmert, Sean		JR Monte Vista		47.56 CIFC
	22.56		47.56 (25.00)		
16	Conrad, Casey		JR Acalanes		47.81 CIFC
	23.00		47.81 (24.81)		
17	Webster, David		JR California		47.96
	22.86		47.96 (25.10)		
18	Robison, Brad		JR Acalanes		47.98
	23.08		47.98 (24.90)		
19	Brown, Cal		FR Clayton Valley Charter		48.11
	22.78		48.11 (25.33)		
20	Lee, Lawrence		SO James Logan		48.15
	23.28		48.15 (24.87)		
21	Wandling, Ryan		SR Monte Vista		48.35
	23.47		48.35 (24.88)		
22	Dahlke, Thomas		SO Tamalpais		48.47
	23.17		48.47 (25.30)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 14 Boys 100 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
23	Taibl, Carl	JR	San Ramon Valley		48.88
	22.76		48.88 (26.12)		
*24	Jorgens, Joseph	JR	Washington		48.93
	23.26		48.93 (25.67)		
*24	Fellner, Tommy	SR	Acalanes		48.93
	23.46		48.93 (25.47)		
26	Younger, Max	SO	Campolindo		49.14
	24.18		49.14 (24.96)		
27	Mui, Jonathan	SR	Foothill		49.15
	23.75		49.15 (25.40)		
*28	Chan, Donovan	FR	Alameda		49.17
	24.36		49.17 (24.81)		
*28	Dakis, Michael	FR	Miramonte		49.17
	23.43		49.17 (25.74)		
30	Li, Aaron	JR	Foothill		49.21
	23.03		49.21 (26.18)		
31	Pierson, Keegan	SO	Las Lomas		49.32
	23.57		49.32 (25.75)		
32	Pugeda, Marc	JR	Hercules		49.37
	23.28		49.37 (26.09)		
33	Bradley, Ewan	JR	Las Lomas		49.50
	23.65		49.50 (25.85)		
34	Prochnow, Noah	SO	San Marin		49.51
	23.66		49.51 (25.85)		
35	Seip, Connor	FR	Northgate		49.53
	24.01		49.53 (25.52)		
36	Iannaccone, Erick	JR	De La Salle High School		49.67
	23.94		49.67 (25.73)		
37	Schioldager, Ryan	SR	Miramonte		49.89
	23.71		49.89 (26.18)		
38	Thompson, Jacob	SR	Alameda		50.47
	24.27		50.47 (26.20)		
39	Hettler, Jackson	SR	Tamalpais		50.89
	24.65		50.89 (26.24)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 15 Girls 500 Yard Freestyle**

National HS: 4:26.50 U 2015 Kathleen Ledecky
 NCS Meet: 4:38.05 N 2012 Chelsea Chenault
 4:52.18 AA-A All America Auto.
 4:57.63 AA-C All America Cons.
 4:58.30 CIFA CIF Automatic
 5:10.30 CIFIC CIF Consideration

Stone Ridge (MD)
 Carondelet

Name	Yr	School	Prelim Time	Finals Time	
A - Final					
1 Heckman, Miranda	FR	Granada	4:43.04	4:43.79	AA-A
26.07	54.75 (28.68)	1:23.46 (28.71)	1:52.31 (28.85)		
2:21.20 (28.89)	2:50.14 (28.94)	3:18.92 (28.78)	3:47.72 (28.80)		
4:16.52 (28.80)	4:43.79 (27.27)				
2 Hawkins, Daniella	FR	California	4:51.76	4:53.16	AA-C
26.45	55.28 (28.83)	1:24.77 (29.49)	1:54.41 (29.64)		
2:24.10 (29.69)	2:53.89 (29.79)	3:23.60 (29.71)	3:53.76 (30.16)		
4:23.85 (30.09)	4:53.16 (29.31)				
3 Zacharias, Danielle	SR	San Ramon Valley	4:56.81	4:57.48	AA-C
26.97	55.90 (28.93)	1:25.59 (29.69)	1:55.45 (29.86)		
2:25.59 (30.14)	2:55.86 (30.27)	3:26.58 (30.72)	3:57.13 (30.55)		
4:27.65 (30.52)	4:57.48 (29.83)				
4 Therien, Claire	SR	San Ramon Valley	4:55.75	4:59.00	CIFIC
26.93	56.44 (29.51)	1:26.71 (30.27)	1:57.45 (30.74)		
2:28.37 (30.92)	2:59.04 (30.67)	3:29.53 (30.49)	3:59.77 (30.24)		
4:29.91 (30.14)	4:59.00 (29.09)				
5 Woods, Mary	SR	Livermore	4:56.65	4:59.27	CIFIC
27.07	56.63 (29.56)	1:26.86 (30.23)	1:57.43 (30.57)		
2:27.91 (30.48)	2:58.62 (30.71)	3:29.17 (30.55)	4:00.06 (30.89)		
4:30.33 (30.27)	4:59.27 (28.94)				
6 Lampron, Paige	SO	California	5:01.00	5:00.97	CIFIC
27.58	57.25 (29.67)	1:27.71 (30.46)	1:58.20 (30.49)		
2:28.61 (30.41)	2:59.26 (30.65)	3:30.01 (30.75)	4:00.95 (30.94)		
4:31.40 (30.45)	5:00.97 (29.57)				
7 Howell, Samantha	JR	Amador Valley	4:59.87	5:00.98	CIFIC
27.29	56.86 (29.57)	1:27.23 (30.37)	1:57.62 (30.39)		
2:28.26 (30.64)	2:59.07 (30.81)	3:29.67 (30.60)	4:00.62 (30.95)		
4:31.43 (30.81)	5:00.98 (29.55)				
8 Hammill, Taylor	SO	California	4:59.98	5:01.94	CIFIC
27.45	57.06 (29.61)	1:26.86 (29.80)	1:57.26 (30.40)		
2:27.85 (30.59)	2:58.42 (30.57)	3:29.18 (30.76)	4:00.13 (30.95)		
4:31.57 (31.44)	5:01.94 (30.37)				
B - Final					
9 Fornshell, Laura	SR	Alameda	5:01.48	4:58.36	CIFIC
27.18	56.91 (29.73)	1:27.23 (30.32)	1:58.03 (30.80)		
2:28.20 (30.17)	2:58.81 (30.61)	3:29.12 (30.31)	3:59.53 (30.41)		
4:29.69 (30.16)	4:58.36 (28.67)				
10 Sears, Monica	SR	Redwood	5:08.31	5:02.56	CIFIC
28.07	58.46 (30.39)	1:28.61 (30.15)	1:58.96 (30.35)		
2:29.14 (30.18)	2:59.56 (30.42)	3:29.56 (30.00)	4:00.56 (31.00)		
4:31.79 (31.23)	5:02.56 (30.77)				
11 Schreiber, Haley	SR	Monte Vista	5:05.20	5:04.53	CIFIC
27.45	57.33 (29.88)	1:27.85 (30.52)	1:58.68 (30.83)		
2:29.56 (30.88)	3:00.68 (31.12)	3:31.92 (31.24)	4:02.99 (31.07)		
4:34.01 (31.02)	5:04.53 (30.52)				

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****B - Final ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Prelim Time	Finals Time	
12	Liu, Sasha	FR	Piedmont High School	5:08.45	5:06.18	CIFC
	27.65	57.28 (29.63)	1:27.74 (30.46)	1:58.60 (30.86)		
	2:29.38 (30.78)	3:00.62 (31.24)	3:32.06 (31.44)	4:03.68 (31.62)		
	4:35.16 (31.48)	5:06.18 (31.02)				
13	Wheaton, Roxanne	SO	Las Lomas	5:08.52	5:06.68	CIFC
	28.09	58.61 (30.52)	1:29.54 (30.93)	2:00.57 (31.03)		
	2:31.26 (30.69)	3:02.34 (31.08)	3:33.73 (31.39)	4:04.99 (31.26)		
	4:36.19 (31.20)	5:06.68 (30.49)				
14	Wayman, Erin	SR	San Ramon Valley	5:04.08	5:07.19	CIFC
	27.65	57.73 (30.08)	1:28.46 (30.73)	1:59.33 (30.87)		
	2:30.43 (31.10)	3:01.71 (31.28)	3:33.18 (31.47)	4:04.92 (31.74)		
	4:36.58 (31.66)	5:07.19 (30.61)				
15	Valentine, Emma	SO	Granada	5:10.05	5:08.28	CIFC
	27.72	58.33 (30.61)	1:29.64 (31.31)	2:01.23 (31.59)		
	2:32.27 (31.04)	3:03.99 (31.72)	3:35.28 (31.29)	4:06.79 (31.51)		
	4:38.22 (31.43)	5:08.28 (30.06)				
16	Gallagher, Lily	FR	Washington	5:10.04	5:13.54	
	27.74	57.76 (30.02)	1:28.53 (30.77)	1:59.73 (31.20)		
	2:31.31 (31.58)	3:03.13 (31.82)	3:35.51 (32.38)	4:08.33 (32.82)		
	4:41.36 (33.03)	5:13.54 (32.18)				

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 15 Girls 500 Yard Freestyle**

National HS: 4:26.50 U 2015 Kathleen Ledecy
NCS Meet: 4:38.05 N 2012 Chelsea Chenault
 4:52.18 AA-A All America Auto.
 4:57.63 AA-C All America Cons.
 4:58.30 CIFA CIF Automatic
 5:10.30 CIFC CIF Consideration

Stone Ridge (MD)
Carondelet

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Heckman, Miranda	FR	Granada		4:43.04 AA-A
	26.06	54.73 (28.67)	1:23.59 (28.86)	1:52.36 (28.77)	
	2:21.10 (28.74)	2:49.73 (28.63)	3:18.37 (28.64)	3:46.94 (28.57)	
	4:15.64 (28.70)	4:43.04 (27.40)			
2	Hawkins, Daniella	FR	California		4:51.76 AA-A
	26.14	54.75 (28.61)	1:23.97 (29.22)	1:53.47 (29.50)	
	2:22.90 (29.43)	2:52.68 (29.78)	3:22.37 (29.69)	3:52.49 (30.12)	
	4:22.51 (30.02)	4:51.76 (29.25)			
3	Therien, Claire	SR	San Ramon Valley		4:55.75 AA-C
	26.50	55.41 (28.91)	1:25.11 (29.70)	1:55.21 (30.10)	
	2:25.52 (30.31)	2:55.78 (30.26)	3:26.00 (30.22)	3:55.83 (29.83)	
	4:25.89 (30.06)	4:55.75 (29.86)			
4	Woods, Mary	SR	Livermore		4:56.65 AA-C
	26.59	55.95 (29.36)	1:25.70 (29.75)	1:55.80 (30.10)	
	2:26.15 (30.35)	2:57.04 (30.89)	3:27.74 (30.70)	3:57.92 (30.18)	
	4:27.85 (29.93)	4:56.65 (28.80)			
5	Zacharias, Danielle	SR	San Ramon Valley		4:56.81 AA-C
	26.79	55.72 (28.93)	1:25.43 (29.71)	1:55.53 (30.10)	
	2:25.80 (30.27)	2:56.39 (30.59)	3:26.54 (30.15)	3:57.02 (30.48)	
	4:27.45 (30.43)	4:56.81 (29.36)			
6	Howell, Samantha	JR	Amador Valley		4:59.87 CIFC
	27.21	56.57 (29.36)	1:26.26 (29.69)	1:56.44 (30.18)	
	2:26.42 (29.98)	2:56.86 (30.44)	3:27.10 (30.24)	3:58.03 (30.93)	
	4:29.05 (31.02)	4:59.87 (30.82)			
7	Hammill, Taylor	SO	California		4:59.98 CIFC
	27.54	56.95 (29.41)	1:26.79 (29.84)	1:56.70 (29.91)	
	2:26.90 (30.20)	2:56.98 (30.08)	3:27.32 (30.34)	3:58.49 (31.17)	
	4:29.45 (30.96)	4:59.98 (30.53)			
8	Lampron, Paige	SO	California		5:01.00 CIFC
	27.64	57.46 (29.82)	1:27.64 (30.18)	1:58.34 (30.70)	
	2:28.92 (30.58)	2:59.46 (30.54)	3:30.00 (30.54)	4:00.62 (30.62)	
	4:31.12 (30.50)	5:01.00 (29.88)			
9	Fornshell, Laura	SR	Alameda		5:01.48 CIFC
	27.44	56.84 (29.40)	1:26.96 (30.12)	1:57.58 (30.62)	
	2:28.09 (30.51)	2:58.89 (30.80)	3:29.73 (30.84)	4:00.70 (30.97)	
	4:31.72 (31.02)	5:01.48 (29.76)			
10	Wayman, Erin	SR	San Ramon Valley		5:04.08 CIFC
	27.71	57.75 (30.04)	1:28.34 (30.59)	1:58.87 (30.53)	
	2:29.47 (30.60)	3:00.46 (30.99)	3:31.56 (31.10)	4:02.69 (31.13)	
	4:33.81 (31.12)	5:04.08 (30.27)			
11	Schreiber, Haley	SR	Monte Vista		5:05.20 CIFC
	27.66	57.33 (29.67)	1:27.61 (30.28)	1:58.37 (30.76)	
	2:29.45 (31.08)	3:00.65 (31.20)	3:32.23 (31.58)	4:03.17 (30.94)	
	4:34.63 (31.46)	5:05.20 (30.57)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

Name		Yr	School	Seed Time	Prelim Time	
12	Sears, Monica	SR	Redwood		5:08.31	CIFC
	28.20	59.58 (31.38)	1:30.76 (31.18)	2:01.56 (30.80)		
	2:32.48 (30.92)	3:03.70 (31.22)	3:35.15 (31.45)	4:06.80 (31.65)		
	4:38.16 (31.36)	5:08.31 (30.15)				
13	Liu, Sasha	FR	Piedmont High School		5:08.45	CIFC
	28.10	57.77 (29.67)	1:28.38 (30.61)	1:59.12 (30.74)		
	2:30.01 (30.89)	3:01.37 (31.36)	3:33.56 (32.19)	4:05.70 (32.14)		
	4:37.32 (31.62)	5:08.45 (31.13)				
14	Wheaton, Roxanne	SO	Las Lomas		5:08.52	CIFC
	27.52	57.40 (29.88)	1:27.71 (30.31)	1:58.57 (30.86)		
	2:29.48 (30.91)	3:00.85 (31.37)	3:32.90 (32.05)	4:04.78 (31.88)		
	4:36.87 (32.09)	5:08.52 (31.65)				
15	Gallagher, Lily	FR	Washington		5:10.04	CIFC
	28.31	58.57 (30.26)	1:28.81 (30.24)	1:59.43 (30.62)		
	2:30.16 (30.73)	3:01.45 (31.29)	3:33.09 (31.64)	4:05.32 (32.23)		
	4:37.86 (32.54)	5:10.04 (32.18)				
16	Valentine, Emma	SO	Granada		5:10.05	CIFC
	28.11	58.26 (30.15)	1:29.21 (30.95)	2:00.43 (31.22)		
	2:32.19 (31.76)	3:03.95 (31.76)	3:35.80 (31.85)	4:07.42 (31.62)		
	4:39.36 (31.94)	5:10.05 (30.69)				
17	Jones, Megan	FR	Santa Rosa		5:11.58	
	27.64	58.19 (30.55)	1:29.13 (30.94)	2:00.25 (31.12)		
	2:31.87 (31.62)	3:03.78 (31.91)	3:36.07 (32.29)	4:08.44 (32.37)		
	4:40.65 (32.21)	5:11.58 (30.93)				
18	Cavalli, Sophia	SO	Campolindo		5:12.06	
	27.79	57.35 (29.56)	1:27.74 (30.39)	1:58.82 (31.08)		
	2:30.52 (31.70)	3:02.58 (32.06)	3:34.95 (32.37)	4:07.34 (32.39)		
	4:40.55 (33.21)	5:12.06 (31.51)				
19	David, Madeline	JR	Foothill		5:13.03	
	28.14	58.38 (30.24)	1:29.40 (31.02)	2:01.23 (31.83)		
	2:32.99 (31.76)	3:04.52 (31.53)	3:36.71 (32.19)	4:09.12 (32.41)		
	4:41.30 (32.18)	5:13.03 (31.73)				
20	Campbell, Shannon	FR	Campolindo		5:13.21	
	27.97	58.65 (30.68)	1:29.74 (31.09)	2:01.13 (31.39)		
	2:32.67 (31.54)	3:04.59 (31.92)	3:36.51 (31.92)	4:09.04 (32.53)		
	4:41.25 (32.21)	5:13.21 (31.96)				
21	Backlund, Stephanie	JR	Heritage		5:13.26	
	27.60	57.75 (30.15)	1:28.75 (31.00)	2:00.21 (31.46)		
	2:32.08 (31.87)	3:04.05 (31.97)	3:36.39 (32.34)	4:08.88 (32.49)		
	4:41.65 (32.77)	5:13.26 (31.61)				
22	Chang, Jio	SR	Campolindo		5:13.79	
	29.50	1:00.48 (30.98)	1:31.59 (31.11)	2:03.19 (31.60)		
	2:34.94 (31.75)	3:07.15 (32.21)	3:39.02 (31.87)	4:10.95 (31.93)		
	4:42.94 (31.99)	5:13.79 (30.85)				
23	Mertz, Caroline	SR	Santa Rosa		5:13.88	
	28.69	59.27 (30.58)	1:30.80 (31.53)	2:02.68 (31.88)		
	2:34.65 (31.97)	3:06.84 (32.19)	3:38.72 (31.88)	4:10.34 (31.62)		
	4:42.33 (31.99)	5:13.88 (31.55)				
24	Wortzman, Zoe	SO	Tamalpais		5:13.99	
	28.81	59.89 (31.08)	1:31.30 (31.41)	2:03.27 (31.97)		
	2:34.83 (31.56)	3:06.64 (31.81)	3:38.92 (32.28)	4:11.27 (32.35)		
	4:43.36 (32.09)	5:13.99 (30.63)				

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
25	Adey, Sophia	SR	San Ramon Valley		5:15.98
	28.55	59.67 (31.12)	1:31.26 (31.59)	2:03.04 (31.78)	
	2:34.88 (31.84)	3:07.04 (32.16)	3:39.41 (32.37)	4:11.84 (32.43)	
	4:44.53 (32.69)	5:15.98 (31.45)			
26	Woodbury, Seraph	FR	Northgate		5:17.17
	28.94	59.76 (30.82)	1:30.96 (31.20)	2:02.88 (31.92)	
	2:35.16 (32.28)	3:07.57 (32.41)	3:39.94 (32.37)	4:12.77 (32.83)	
	4:45.55 (32.78)	5:17.17 (31.62)			
27	Sprague, Delaney	JR	Carondelet High School		5:18.35
	28.24	58.97 (30.73)	1:30.34 (31.37)	2:02.47 (32.13)	
	2:34.80 (32.33)	3:07.63 (32.83)	3:40.30 (32.67)	4:13.15 (32.85)	
	4:46.14 (32.99)	5:18.35 (32.21)			
28	Gordillo, Remy	JR	Liberty		5:18.97
	29.60	1:00.83 (31.23)	1:32.38 (31.55)	2:04.24 (31.86)	
	2:35.97 (31.73)	3:08.12 (32.15)	3:40.07 (31.95)	4:12.81 (32.74)	
	4:46.02 (33.21)	5:18.97 (32.95)			
29	Neufeld, Christy	FR	Carondelet High School		5:20.27
	27.94	59.24 (31.30)	1:31.49 (32.25)	2:04.27 (32.78)	
	2:37.09 (32.82)	3:09.89 (32.80)	3:42.45 (32.56)	4:15.41 (32.96)	
	4:48.19 (32.78)	5:20.27 (32.08)			
30	Hornbuckle, Ashley	JR	Monte Vista		5:20.52
	28.51	59.61 (31.10)	1:31.95 (32.34)	2:04.71 (32.76)	
	2:37.44 (32.73)	3:10.41 (32.97)	3:43.22 (32.81)	4:16.21 (32.99)	
	4:49.30 (33.09)	5:20.52 (31.22)			
31	Anderson, Sophia	SO	Carondelet High School		5:20.55
	28.74	59.92 (31.18)	1:31.48 (31.56)	2:03.41 (31.93)	
	2:35.80 (32.39)	3:08.45 (32.65)	3:41.32 (32.87)	4:14.49 (33.17)	
	4:47.88 (33.39)	5:20.55 (32.67)			
32	Lyons, Katie	FR	Miramonte		5:20.75
	28.40	59.67 (31.27)	1:31.38 (31.71)	2:04.08 (32.70)	
	2:36.60 (32.52)	3:09.58 (32.98)	3:43.14 (33.56)	4:16.23 (33.09)	
	4:49.23 (33.00)	5:20.75 (31.52)			
33	Hendrawan, Ashley	FR	Alameda		5:21.12
	29.46	1:01.35 (31.89)	1:33.61 (32.26)	2:06.14 (32.53)	
	2:38.78 (32.64)	3:11.42 (32.64)	3:44.22 (32.80)	4:16.82 (32.60)	
	4:49.18 (32.36)	5:21.12 (31.94)			
34	Senchev, Helen	SO	Castro Valley		5:23.15
	28.83	1:00.38 (31.55)	1:32.16 (31.78)	2:04.48 (32.32)	
	2:37.08 (32.60)	3:09.89 (32.81)	3:42.47 (32.58)	4:15.87 (33.40)	
	4:49.76 (33.89)	5:23.15 (33.39)			
35	Gerhold, Teresa	JR	Terra Linda		5:23.40
	28.24	1:00.19 (31.95)	1:33.02 (32.83)	2:06.03 (33.01)	
	2:38.73 (32.70)	3:12.20 (33.47)	3:44.97 (32.77)	4:18.18 (33.21)	
	4:51.57 (33.39)	5:23.40 (31.83)			
36	Gaither, Audrey	JR	Redwood		5:24.06
	28.71	59.34 (30.63)	1:31.17 (31.83)	2:03.40 (32.23)	
	2:36.10 (32.70)	3:09.33 (33.23)	3:42.65 (33.32)	4:16.45 (33.80)	
	4:50.39 (33.94)	5:24.06 (33.67)			
37	Fornoles, Amber	SO	Amador Valley		5:24.99
	27.90	58.62 (30.72)	1:30.45 (31.83)	2:02.40 (31.95)	
	2:35.06 (32.66)	3:08.52 (33.46)	3:42.32 (33.80)	4:16.69 (34.37)	
	4:51.49 (34.80)	5:24.99 (33.50)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 15 Girls 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
38	Umansky, Paulina	FR	Amador Valley		5:25.18
	28.81	1:00.27 (31.46)	1:32.68 (32.41)	2:05.72 (33.04)	
	2:38.51 (32.79)	3:11.79 (33.28)	3:44.81 (33.02)	4:18.26 (33.45)	
	4:52.12 (33.86)	5:25.18 (33.06)			
39	Moynihan, Bella	FR	Sir Francis Drake		5:27.78
	28.59	1:00.47 (31.88)	1:33.33 (32.86)	2:06.33 (33.00)	
	2:39.67 (33.34)	3:13.06 (33.39)	3:46.62 (33.56)	4:20.77 (34.15)	
	4:54.59 (33.82)	5:27.78 (33.19)			
40	Muller, Jenna	JR	Campolindo		5:31.25
	29.24	1:01.20 (31.96)	1:34.35 (33.15)	2:07.87 (33.52)	
	2:41.58 (33.71)	3:15.68 (34.10)	3:49.41 (33.73)	4:23.80 (34.39)	
	4:57.96 (34.16)	5:31.25 (33.29)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 16 Boys 500 Yard Freestyle**

National HS: 4:13.87 U 2013 Jack Conger
NCS Meet: 4:20.60 N 2014 Maxime Rooney
 4:29.64 AA-A All America Auto.
 4:34.58 AA-C All America Cons.
 4:36.08 CIFA CIF Automatic
 4:48.08 CIFC CIF Consideration

Olney (MD)
Granada

Name		Yr	School	Prelim Time		Finals Time	
A - Final							
1	Jhong, Chris	SO	Amador Valley	4:29.51		4:27.62	AA-A
	24.90	51.73 (26.83)	1:18.76 (27.03)	1:45.88 (27.12)			
	2:12.88 (27.00)	2:39.49 (26.61)	3:06.41 (26.92)	3:33.42 (27.01)			
	4:00.33 (26.91)	4:27.62 (27.29)					
2	Smith, Edward		Dublin	4:30.34		4:28.92	AA-A
	24.43	50.89 (26.46)	1:17.65 (26.76)	1:44.72 (27.07)			
	2:11.61 (26.89)	2:38.69 (27.08)	3:06.34 (27.65)	3:34.42 (28.08)			
	4:02.52 (28.10)	4:28.92 (26.40)					
3	Kurakin, Ivan	SO	Redwood	4:33.93		4:32.65	AA-C
	24.94	51.86 (26.92)	1:19.04 (27.18)	1:46.77 (27.73)			
	2:14.31 (27.54)	2:42.12 (27.81)	3:09.93 (27.81)	3:37.98 (28.05)			
	4:05.64 (27.66)	4:32.65 (27.01)					
4	David, Calvin	FR	Foothill	4:32.94		4:33.47	AA-C
	24.47	51.57 (27.10)	1:19.25 (27.68)	1:47.63 (28.38)			
	2:16.03 (28.40)	2:44.31 (28.28)	3:11.87 (27.56)	3:39.59 (27.72)			
	4:07.06 (27.47)	4:33.47 (26.41)					
5	Rollo, Jake	SR	San Ramon Valley	4:32.61		4:35.85	CIFA
	24.71	51.49 (26.78)	1:18.71 (27.22)	1:46.26 (27.55)			
	2:14.13 (27.87)	2:42.21 (28.08)	3:10.52 (28.31)	3:39.20 (28.68)			
	4:07.89 (28.69)	4:35.85 (27.96)					
6	Murphy, Jack	SO	Analy	4:35.27		4:36.27	CIFC
	24.68	51.53 (26.85)	1:18.86 (27.33)	1:46.66 (27.80)			
	2:14.77 (28.11)	2:43.10 (28.33)	3:11.22 (28.12)	3:39.81 (28.59)			
	4:08.45 (28.64)	4:36.27 (27.82)					
7	Mertz, David	FR	Santa Rosa	4:39.18		4:39.39	CIFC
	25.57	52.87 (27.30)	1:20.62 (27.75)	1:48.69 (28.07)			
	2:17.22 (28.53)	2:45.61 (28.39)	3:14.20 (28.59)	3:42.93 (28.73)			
	4:11.51 (28.58)	4:39.39 (27.88)					
B - Final							
9	Weigelt, Niklas	SO	Clayton Valley Charter	4:43.85		4:36.87	CIFC
	25.20	52.48 (27.28)	1:20.16 (27.68)	1:48.44 (28.28)			
	2:16.34 (27.90)	2:45.08 (28.74)	3:13.78 (28.70)	3:42.93 (29.15)			
	4:10.63 (27.70)	4:36.87 (26.24)					
10	Fournier, Troy	JR	Heritage	4:43.38		4:37.42	CIFC
	25.30	52.71 (27.41)	1:20.69 (27.98)	1:48.76 (28.07)			
	2:17.07 (28.31)	2:45.16 (28.09)	3:13.47 (28.31)	3:41.80 (28.33)			
	4:10.07 (28.27)	4:37.42 (27.35)					
11	Smith, Samuel		Dublin	4:39.71		4:40.17	CIFC
	24.85	52.03 (27.18)	1:19.78 (27.75)	1:47.79 (28.01)			
	2:16.23 (28.44)	2:44.82 (28.59)	3:13.75 (28.93)	3:43.01 (29.26)			
	4:11.82 (28.81)	4:40.17 (28.35)					
12	Collins, Leo	FR	Redwood	4:44.47		4:41.16	CIFC
	25.29	53.01 (27.72)	1:21.44 (28.43)	1:49.68 (28.24)			
	2:18.43 (28.75)	2:47.11 (28.68)	3:15.75 (28.64)	3:44.45 (28.70)			
	4:13.54 (29.09)	4:41.16 (27.62)					

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****B - Final ... (Event 16 Boys 500 Yard Freestyle)**

Name		Yr	School	Prelim Time	Finals Time	
13	Lu, Tyler		FR Quarry Lane	4:44.98	4:45.25	CIFC
	25.17	52.11 (26.94)	1:19.71 (27.60)	1:48.29 (28.58)		
	2:17.11 (28.82)	2:46.84 (29.73)	3:16.54 (29.70)	3:46.48 (29.94)		
	4:16.02 (29.54)	4:45.25 (29.23)				
14	Chin, Brandon		SR Castro Valley	4:45.41	4:47.67	CIFC
	25.37	52.59 (27.22)	1:20.47 (27.88)	1:49.20 (28.73)		
	2:18.33 (29.13)	2:47.96 (29.63)	3:17.86 (29.90)	3:48.19 (30.33)		
	4:18.49 (30.30)	4:47.67 (29.18)				
15	Cramer, Parker		SO California	4:44.96	4:47.72	CIFC
	26.04	54.00 (27.96)	1:22.92 (28.92)	1:52.56 (29.64)		
	2:21.92 (29.36)	2:51.27 (29.35)	3:20.78 (29.51)	3:50.55 (29.77)		
	4:19.81 (29.26)	4:47.72 (27.91)				
16	Moody, Alex		JR Branson	4:45.46	4:47.77	CIFC
	25.91	53.86 (27.95)	1:22.49 (28.63)	1:51.94 (29.45)		
	2:21.87 (29.93)	2:51.22 (29.35)	3:20.76 (29.54)	3:49.86 (29.10)		
	4:19.01 (29.15)	4:47.77 (28.76)				

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 16 Boys 500 Yard Freestyle**

National HS: 4:13.87 U 2013 Jack Conger
NCS Meet: 4:20.60 N 2014 Maxime Rooney
 4:29.64 AA-A All America Auto.
 4:34.58 AA-C All America Cons.
 4:36.08 CIFA CIF Automatic
 4:48.08 CIFC CIF Consideration

Olney (MD)
Granada

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Jhong, Chris	SO	Amador Valley		4:29.51 AA-A
	25.22	52.51 (27.29)	1:20.64 (28.13)	1:48.51 (27.87)	
	2:15.99 (27.48)	2:42.64 (26.65)	3:09.44 (26.80)	3:35.95 (26.51)	
	4:02.84 (26.89)	4:29.51 (26.67)			
2	Smith, Edward		Dublin		4:30.34 AA-C
	24.56	51.15 (26.59)	1:18.13 (26.98)	1:45.69 (27.56)	
	2:13.27 (27.58)	2:40.68 (27.41)	3:08.17 (27.49)	3:35.86 (27.69)	
	4:03.75 (27.89)	4:30.34 (26.59)			
3	Rollo, Jake	SR	San Ramon Valley		4:32.61 AA-C
	24.66	51.35 (26.69)	1:18.50 (27.15)	1:46.04 (27.54)	
	2:13.65 (27.61)	2:41.58 (27.93)	3:09.44 (27.86)	3:37.53 (28.09)	
	4:05.63 (28.10)	4:32.61 (26.98)			
4	David, Calvin	FR	Foothill		4:32.94 AA-C
	24.96	52.36 (27.40)	1:20.32 (27.96)	1:48.57 (28.25)	
	2:16.54 (27.97)	2:44.21 (27.67)	3:11.85 (27.64)	3:39.45 (27.60)	
	4:06.56 (27.11)	4:32.94 (26.38)			
5	Kurakin, Ivan	SO	Redwood		4:33.93 AA-C
	25.52	52.73 (27.21)	1:20.89 (28.16)	1:48.90 (28.01)	
	2:16.78 (27.88)	2:44.31 (27.53)	3:12.09 (27.78)	3:40.17 (28.08)	
	4:06.99 (26.82)	4:33.93 (26.94)			
6	Murphy, Jack	SO	Analy		4:35.27 CIFA
	25.37	52.80 (27.43)	1:20.85 (28.05)	1:48.77 (27.92)	
	2:16.85 (28.08)	2:44.60 (27.75)	3:12.39 (27.79)	3:40.32 (27.93)	
	4:08.12 (27.80)	4:35.27 (27.15)			
7	Mertz, David	FR	Santa Rosa		4:39.18 CIFC
	25.51	52.85 (27.34)	1:20.90 (28.05)	1:48.73 (27.83)	
	2:16.81 (28.08)	2:45.13 (28.32)	3:13.63 (28.50)	3:42.36 (28.73)	
	4:11.25 (28.89)	4:39.18 (27.93)			
8	Korelov, Misha	JR	Alameda		4:39.68 CIFC
	25.58	53.05 (27.47)	1:20.98 (27.93)	1:49.09 (28.11)	
	2:16.91 (27.82)	2:45.00 (28.09)	3:13.88 (28.88)	3:42.99 (29.11)	
	4:11.74 (28.75)	4:39.68 (27.94)			
9	Smith, Samuel		Dublin		4:39.71 CIFC
	25.27	52.73 (27.46)	1:20.41 (27.68)	1:48.35 (27.94)	
	2:17.13 (28.78)	2:45.48 (28.35)	3:13.99 (28.51)	3:42.76 (28.77)	
	4:11.78 (29.02)	4:39.71 (27.93)			
10	Fournier, Troy	JR	Heritage		4:43.38 CIFC
	25.70	53.59 (27.89)	1:22.00 (28.41)	1:50.77 (28.77)	
	2:19.33 (28.56)	2:48.16 (28.83)	3:17.14 (28.98)	3:46.53 (29.39)	
	4:15.36 (28.83)	4:43.38 (28.02)			
11	Weigelt, Niklas	SO	Clayton Valley Charter		4:43.85 CIFC
	25.45	53.34 (27.89)	1:21.84 (28.50)	1:50.82 (28.98)	
	2:19.72 (28.90)	2:48.85 (29.13)	3:17.95 (29.10)	3:47.19 (29.24)	
	4:15.83 (28.64)	4:43.85 (28.02)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time	
12	Collins, Leo	FR	Redwood		4:44.47	CIFC
	26.02	54.42 (28.40)	1:22.82 (28.40)	1:51.34 (28.52)		
	2:20.16 (28.82)	2:48.78 (28.62)	3:17.56 (28.78)	3:46.75 (29.19)		
	4:16.34 (29.59)	4:44.47 (28.13)				
13	Cramer, Parker	SO	California		4:44.96	CIFC
	25.59	53.51 (27.92)	1:22.04 (28.53)	1:51.14 (29.10)		
	2:20.48 (29.34)	2:49.60 (29.12)	3:18.87 (29.27)	3:48.19 (29.32)		
	4:17.48 (29.29)	4:44.96 (27.48)				
14	Lu, Tyler	FR	Quarry Lane		4:44.98	CIFC
	25.02	51.91 (26.89)	1:19.46 (27.55)	1:47.70 (28.24)		
	2:15.87 (28.17)	2:44.69 (28.82)	3:14.56 (29.87)	3:45.36 (30.80)		
	4:16.18 (30.82)	4:44.98 (28.80)				
15	Chin, Brandon	SR	Castro Valley		4:45.41	CIFC
	25.42	52.76 (27.34)	1:20.80 (28.04)	1:49.56 (28.76)		
	2:18.65 (29.09)	2:47.91 (29.26)	3:17.54 (29.63)	3:47.30 (29.76)		
	4:16.81 (29.51)	4:45.41 (28.60)				
16	Moody, Alex	JR	Branson		4:45.46	CIFC
	25.72	53.70 (27.98)	1:21.91 (28.21)	1:50.85 (28.94)		
	2:20.06 (29.21)	2:49.09 (29.03)	3:18.13 (29.04)	3:47.17 (29.04)		
	4:16.32 (29.15)	4:45.46 (29.14)				
17	Wheeler, Michael	SO	Campolindo		4:46.21	CIFC
	25.93	54.38 (28.45)	1:23.64 (29.26)	1:53.00 (29.36)		
	2:22.56 (29.56)	2:52.02 (29.46)	3:21.24 (29.22)	3:50.08 (28.84)		
	4:18.78 (28.70)	4:46.21 (27.43)				
18	Fetterman, Matt	FR	College Park		4:46.73	CIFC
	25.48	53.68 (28.20)	1:22.33 (28.65)	1:51.87 (29.54)		
	2:21.08 (29.21)	2:50.33 (29.25)	3:19.98 (29.65)	3:49.20 (29.22)		
	4:18.70 (29.50)	4:46.73 (28.03)				
19	da Costa, Paige	FR	Granada		4:47.92	CIFC
	25.33	52.92 (27.59)	1:21.30 (28.38)	1:50.38 (29.08)		
	2:19.55 (29.17)	2:48.90 (29.35)	3:18.88 (29.98)	3:48.83 (29.95)		
	4:18.71 (29.88)	4:47.92 (29.21)				
20	Dutra, Joseph	SO	Liberty		4:48.15	
	26.05	54.81 (28.76)	1:23.71 (28.90)	1:52.55 (28.84)		
	2:22.09 (29.54)	2:51.35 (29.26)	3:20.48 (29.13)	3:50.16 (29.68)		
	4:19.70 (29.54)	4:48.15 (28.45)				
21	Clark, Will	SO	Miramonte		4:48.59	
	26.19	54.93 (28.74)	1:23.78 (28.85)	1:52.69 (28.91)		
	2:22.02 (29.33)	2:51.97 (29.95)	3:21.91 (29.94)	3:51.79 (29.88)		
	4:21.12 (29.33)	4:48.59 (27.47)				
22	Mitchell, Chase	SR	Clayton Valley Charter		4:48.97	
	25.01	52.59 (27.58)	1:20.82 (28.23)	1:50.00 (29.18)		
	2:19.50 (29.50)	2:49.32 (29.82)	3:18.81 (29.49)	3:48.85 (30.04)		
	4:19.56 (30.71)	4:48.97 (29.41)				
23	Suehiro, Alex	FR	California		4:49.86	
	26.52	54.94 (28.42)	1:24.05 (29.11)	1:53.61 (29.56)		
	2:23.20 (29.59)	2:52.74 (29.54)	3:22.25 (29.51)	3:51.67 (29.42)		
	4:21.17 (29.50)	4:49.86 (28.69)				
24	Yao, Timothy	SO	Dougherty Valley		4:49.92	
	26.31	54.43 (28.12)	1:22.93 (28.50)	1:51.82 (28.89)		
	2:21.12 (29.30)	2:50.66 (29.54)	3:20.59 (29.93)	3:50.11 (29.52)		
	4:20.08 (29.97)	4:49.92 (29.84)				

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
25	Heaney, Logan	SO	College Park		4:49.97
	25.71	53.91 (28.20)	1:22.79 (28.88)	1:52.19 (29.40)	
	2:21.69 (29.50)	2:51.63 (29.94)	3:21.58 (29.95)	3:51.38 (29.80)	
	4:21.05 (29.67)	4:49.97 (28.92)			
26	Percin, Sean	FR	Campolindo		4:50.13
	26.65	55.08 (28.43)	1:23.96 (28.88)	1:53.62 (29.66)	
	2:23.05 (29.43)	2:52.54 (29.49)	3:22.45 (29.91)	3:52.55 (30.10)	
	4:22.10 (29.55)	4:50.13 (28.03)			
27	Baker, Alec	FR	Campolindo		4:50.51
	26.05	54.45 (28.40)	1:23.94 (29.49)	1:53.78 (29.84)	
	2:23.61 (29.83)	2:53.24 (29.63)	3:22.89 (29.65)	3:52.26 (29.37)	
	4:21.35 (29.09)	4:50.51 (29.16)			
28	Andrade, Colton	JR	Monte Vista		4:50.82
	25.91	54.24 (28.33)	1:23.48 (29.24)	1:52.84 (29.36)	
	2:22.46 (29.62)	2:52.28 (29.82)	3:22.32 (30.04)	3:52.53 (30.21)	
	4:22.22 (29.69)	4:50.82 (28.60)			
29	Suhaili, Kenneth	FR	Dougherty Valley		4:51.80
	25.79	54.23 (28.44)	1:23.37 (29.14)	1:53.26 (29.89)	
	2:22.58 (29.32)	2:52.34 (29.76)	3:22.31 (29.97)	3:52.54 (30.23)	
	4:23.03 (30.49)	4:51.80 (28.77)			
30	Chui, Calvin	FR	Foothill		4:52.37
	26.34	54.91 (28.57)	1:24.74 (29.83)	1:54.42 (29.68)	
	2:24.67 (30.25)	2:54.39 (29.72)	3:24.33 (29.94)	3:54.63 (30.30)	
	4:24.19 (29.56)	4:52.37 (28.18)			
31	Giacoppo, Gabriel	FR	Branson		4:52.82
	25.83	54.50 (28.67)	1:24.24 (29.74)	1:54.48 (30.24)	
	2:24.41 (29.93)	2:54.28 (29.87)	3:24.51 (30.23)	3:54.82 (30.31)	
	4:24.43 (29.61)	4:52.82 (28.39)			
32	Shi, Brandon	FR	Dougherty Valley		4:54.03
	26.70	55.91 (29.21)	1:25.69 (29.78)	1:56.06 (30.37)	
	2:26.17 (30.11)	2:56.47 (30.30)	3:26.34 (29.87)	3:56.32 (29.98)	
	4:25.74 (29.42)	4:54.03 (28.29)			
33	Salvioni, Fabio	JR	Foothill		4:54.42
	25.47	53.17 (27.70)	1:22.31 (29.14)	1:52.43 (30.12)	
	2:22.30 (29.87)	2:52.44 (30.14)	3:23.34 (30.90)	3:53.99 (30.65)	
	4:24.80 (30.81)	4:54.42 (29.62)			
34	Doss, Andrew	JR	Redwood Christian		4:54.53
	25.49	53.91 (28.42)	1:23.36 (29.45)	1:53.25 (29.89)	
	2:23.45 (30.20)	2:53.84 (30.39)	3:24.44 (30.60)	3:55.09 (30.65)	
	4:25.50 (30.41)	4:54.53 (29.03)			
35	Monks, Raymond	SO	Cardinal Newman		4:54.93
	25.85	54.23 (28.38)	1:23.67 (29.44)	1:53.63 (29.96)	
	2:23.89 (30.26)	2:54.23 (30.34)	3:25.03 (30.80)	3:55.43 (30.40)	
	4:25.98 (30.55)	4:54.93 (28.95)			
36	Sternberg, Ethan	SO	Marin Academy		4:55.36
	25.89	54.39 (28.50)	1:23.83 (29.44)	1:53.86 (30.03)	
	2:23.91 (30.05)	2:54.14 (30.23)	3:24.39 (30.25)	3:55.18 (30.79)	
	4:26.23 (31.05)	4:55.36 (29.13)			
37	Ha, Chris	JR	Mission San Jose		4:55.49
	25.46	53.70 (28.24)	1:22.52 (28.82)	1:52.16 (29.64)	
	2:22.09 (29.93)	2:52.73 (30.64)	3:23.20 (30.47)	3:53.76 (30.56)	
	4:24.56 (30.80)	4:55.49 (30.93)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 16 Boys 500 Yard Freestyle)**

	Name	Yr	School	Seed Time	Prelim Time
38	Low, Alex	SO	Campolindo		4:56.88
	26.63	55.22 (28.59)	1:25.25 (30.03)	1:55.97 (30.72)	
	2:26.39 (30.42)	2:57.15 (30.76)	3:28.09 (30.94)	3:58.26 (30.17)	
	4:27.92 (29.66)	4:56.88 (28.96)			
39	Wilkerson, Jack	FR	San Ramon Valley		4:56.96
	25.77	54.46 (28.69)	1:23.51 (29.05)	1:53.52 (30.01)	
	2:23.84 (30.32)	2:54.46 (30.62)	3:25.38 (30.92)	3:56.31 (30.93)	
	4:27.55 (31.24)	4:56.96 (29.41)			
40	Torres, Robert	FR	Amador Valley		5:03.96
	26.40	55.62 (29.22)	1:25.55 (29.93)	1:57.02 (31.47)	
	2:27.31 (30.29)	2:58.23 (30.92)	3:28.93 (30.70)	4:00.36 (31.43)	
	4:32.32 (31.96)	5:03.96 (31.64)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 17 Girls 200 Yard Freestyle Relay**

National HS:	1:30.72 U 2015	Carmel (IN)	Carmel (IN)
		V. Burchill, Adams, Smith, Rothrock	
NCS Meet:	1:33.51 N 2014	San Ramon Valley	San Ramon Valley
		H. Poppe, M. Smith, A. Fusari, C. Steffens	
	1:36.02 AA-A All America Auto.		
	1:37.42 CIFA CIF Automatic		
	1:37.45 AA-C All America Cons.		
	1:40.42 CIFC CIF Consideration		

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Carondelet High School		1:35.80	1:33.28 N AA-A
1) Carr, Allison JR	2) Witkay, Kelsey SR	3) Han, Malorie SR	4) Murphy, Madelyn SR
24.45	48.22 (23.77)	1:11.29 (23.07)	1:33.28 (21.99)
2 Miramonte		1:35.69	1:35.15 AA-A
1) Chang, Audrey SR	2) Lyons, Katie FR	3) Drake, Katrina SO	4) Kosturos, Sophia FR
24.17	48.19 (24.02)	1:11.84 (23.65)	1:35.15 (23.31)
3 San Ramon Valley		1:36.10	1:35.27 AA-A
1) Fusari, Alexa JR	2) Miller, Abigail SR	3) Meier, Charlotte JR	4) Smith, Rachel SR
23.87	47.66 (23.79)	1:11.49 (23.83)	1:35.27 (23.78)
4 Northgate		1:37.24	1:35.70 AA-A
1) Smethurst, Emma SO	2) Arauzo, Danielle SR	3) Cossu, Taylor JR	4) McGowan, Bryn JR
24.38	48.24 (23.86)	1:12.09 (23.85)	1:35.70 (23.61)
5 Campolindo		1:37.40	1:35.99 AA-A
1) O'Brien, Ashleen FR	2) Ward, Emily SR	3) Etnyre, Lauren SO	4) Campbell, Alicia SO
24.19	48.12 (23.93)	1:12.73 (24.61)	1:35.99 (23.26)
6 Monte Vista		1:36.93	1:36.05 CIFA
1) Hornbuckle, Alyssa JR	2) Hartman, Zoie FR	3) Dahl, Lauryn JR	4) Barattolo, Isabella JR
24.27	47.91 (23.64)	1:12.12 (24.21)	1:36.05 (23.93)
7 Las Lomas		1:38.45	1:37.31 CIFA
1) Gillis, Jessica SR	2) Johnson, Ava SO	3) Wheaton, Roxanne SO	4) Heng, Gabby SR
24.45	49.16 (24.71)	1:13.53 (24.37)	1:37.31 (23.78)
8 Terra Linda		1:38.39	1:38.00 CIFC
1) Simkins, Savannah SO	2) Boyle, Taylor SO	3) Gerhold, Teresa JR	4) Jasko, Nicolette FR
24.37	49.14 (24.77)	1:13.79 (24.65)	1:38.00 (24.21)
B - Final			
9 Tamalpais		1:39.00	1:38.22 CIFC
1) Dahlke, Miki SR	2) Firmage, Kalia FR	3) Wortzman, Zoe SO	4) Whalen, Annie SR
23.05	49.44 (26.39)	1:13.69 (24.25)	1:38.22 (24.53)
10 California		1:39.26	1:38.26 CIFC
1) Hawkins, Daniella FR	2) Devadason, Sherlyn SO	3) Hammill, Taylor SO	4) Lampron, Laura SO
24.73	49.28 (24.55)	1:14.35 (25.07)	1:38.26 (23.91)
11 Foothill		1:40.11	1:38.65 CIFC
1) Truex, Kennedy SR	2) Balicanta, Elisabeth FR	3) David, Madeline JR	4) Heacox, Paige SR
24.50	49.35 (24.85)	1:14.11 (24.76)	1:38.65 (24.54)
12 Amador Valley		1:40.10	1:39.20 CIFC
1) Claridge, Emily FR	2) Brown, Jenna FR	3) Fornoles, Amber SO	4) Howell, Samantha JR
25.26	49.72 (24.46)	1:14.97 (25.25)	1:39.20 (24.23)
13 Dougherty Valley		1:40.29	1:39.25 CIFC
1) Park, Taylor SO	2) Reyes, Aileen SR	3) Taylor, Maddie SO	4) Burr, Meghan SO
24.72	49.92 (25.20)	1:14.36 (24.44)	1:39.25 (24.89)
14 Granada		1:40.14	1:39.75 CIFC
1) Fairbanks, Megan SR	2) Krafcik, Sophia JR	3) Moufarrej, Sofia JR	4) Eckel, Caroline FR
25.20	49.94 (24.74)	1:15.52 (25.58)	1:39.75 (24.23)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****B - Final ... (Event 17 Girls 200 Yard Freestyle Relay)**

Team		Relay		Prelim Time	Finals Time
15	Washington			1:40.30	1:40.25 CIFIC
	1) Yu, Suri FR	2) Askew, Mary FR	3) Gallagher, Lily FR	4) Jackson, Caitlin SO	
	24.76	49.59 (24.83)	1:15.10 (25.51)	1:40.25 (25.15)	
16	Marin Academy			1:40.16	1:40.61
	1) Smit, Ella JR	2) Ferguson, Liz SO	3) Lewis, Augusta SO	4) Lewis, Olivia SR	
	24.53	51.31 (26.78)	1:16.27 (24.96)	1:40.61 (24.34)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 17 Girls 200 Yard Freestyle Relay****National HS: 1:30.72 U 2015****Carmel (IN)****Carmel (IN)****NCS Meet: 1:33.51 N 2014****V. Burchill, Adams, Smith, Rothrock****San Ramon Valley****San Ramon Valley****H. Poppe, M. Smith, A. Fusari, C. Steffens****1:36.02 AA-A All America Auto.****1:37.42 CIFA CIF Automatic****1:37.45 AA-C All America Cons.****1:40.42 CIFC CIF Consideration**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 Miramonte			1:35.69 AA-A
1) Chang, Audrey SR	2) Lyons, Katie FR	3) Drake, Katrina SO	4) Kosturos, Sophia FR
24.08	48.40 (24.32) 1:12.19 (23.79)	1:35.69 (23.50)	
2 Carondelet High School			1:35.80 AA-A
1) Han, Malorie SR	2) Carr, Allison JR	3) Witkay, Kelsey SR	4) Murphy, Madelyn SR
23.97	48.62 (24.65) 1:12.36 (23.74)	1:35.80 (23.44)	
3 San Ramon Valley			1:36.10 CIFA
1) Fusari, Alexa JR	2) Miller, Abigail SR	3) Meier, Charlotte JR	4) Smith, Rachel SR
23.90	48.04 (24.14) 1:12.04 (24.00)	1:36.10 (24.06)	
4 Monte Vista			1:36.93 CIFA
1) Hornbuckle, Alyssa JR	2) Hartman, Zoie FR	3) Dahl, Lauryn JR	4) Schreiber, Haley SR
24.36	47.48 (23.12) 1:11.63 (24.15)	1:36.93 (25.30)	
5 Northgate			1:37.24 CIFA
1) Smethurst, Emma SO	2) Arauzo, Danielle SR	3) Cossu, Taylor JR	4) McGowan, Bryn JR
25.06	49.61 (24.55) 1:13.39 (23.78)	1:37.24 (23.85)	
6 Campolindo			1:37.40 CIFA
1) O'Brien, Ashleen FR	2) Ward, Emily SR	3) Neustrom, Erin SO	4) Campbell, Alicia SO
24.44	48.36 (23.92) 1:13.17 (24.81)	1:37.40 (24.23)	
7 Terra Linda			1:38.39 CIFC
1) Simkins, Savannah SO	2) Boyle, Taylor SO	3) Gerhold, Teresa JR	4) Jasko, Nicolette FR
24.81	49.35 (24.54) 1:13.99 (24.64)	1:38.39 (24.40)	
8 Las Lomas			1:38.45 CIFC
1) Johnson, Ava SO	2) Gillis, Jessica SR	3) Wheaton, Roxanne SO	4) Heng, Gabby SR
25.12	49.84 (24.72) 1:14.50 (24.66)	1:38.45 (23.95)	
9 Tamalpais			1:39.00 CIFC
1) Dahlke, Miki SR	2) Firmage, Kalia FR	3) Wortzman, Zoe SO	4) Whalen, Annie SR
23.57	49.43 (25.86) 1:14.21 (24.78)	1:39.00 (24.79)	
10 California			1:39.26 CIFC
1) Hawkins, Daniella FR	2) Devadason, Sherlyn SO	3) Hammill, Taylor SO	4) Lampron, Laura SO
25.16	49.73 (24.57) 1:14.87 (25.14)	1:39.26 (24.39)	
11 Amador Valley			1:40.10 CIFC
1) Howell, Samantha JR	2) Claridge, Emily FR	3) Fornoles, Amber SO	4) Brown, Jenna FR
24.96	50.17 (25.21) 1:15.73 (25.56)	1:40.10 (24.37)	
12 Foothill			1:40.11 CIFC
1) Truex, Kennedy SR	2) Balicanta, Elisabeth FR	3) David, Madeline JR	4) Heacox, Paige SR
24.62	49.70 (25.08) 1:15.46 (25.76)	1:40.11 (24.65)	
13 Granada			1:40.14 CIFC
1) Krafcik, Sophia JR	2) Fairbanks, Megan SR	3) Moufarrej, Sofia JR	4) Eckel, Caroline FR
25.16	50.07 (24.91) 1:15.58 (25.51)	1:40.14 (24.56)	
14 Marin Academy			1:40.16 CIFC
1) Lewis, Olivia SR	2) Ferguson, Liz SO	3) Lewis, Augusta SO	4) Smit, Ella JR
24.68	51.45 (26.77) 1:16.25 (24.80)	1:40.16 (23.91)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)**

Team	Relay		Seed Time	Prelim Time
15 Dougherty Valley	1) Taylor, Maddie SO 25.00	2) Reyes, Aileen SR 50.12 (25.12)	3) Burr, Meghan SO 1:40.29 (24.92)	1:40.29 CIFIC 4) Park, Taylor SO
16 Washington	1) Yu, Suri FR 25.06	2) Askew, Mary FR 50.37 (25.31)	3) Gallagher, Lily FR 1:40.30 (25.07)	1:40.30 CIFIC 4) Jackson, Caitlin SO
17 Analay	1) Alameida, Marie JR 24.69	2) Schlutius, Christy SR 50.59 (25.90)	3) Boisseau, Sophia SO 1:40.81 (23.72)	1:40.81 4) Auva'a, Lani SR
18 Acalanes	1) Haggland, Ryan SO 25.68	2) Catalanello, Sophie SR 51.53 (25.85)	3) Morlock, Natalie SR 1:42.05 (24.45)	1:42.05 4) Fellner, Lucy SR
19 Castro Valley	1) Mi, Jessica JR 25.37	2) Lin, Kristie SO 51.80 (26.43)	3) Senchev, Helen SO 1:42.06 (24.52)	1:42.06 4) Scheberies, Jacklyn FR
20 San Francisco University High	1) Daro, Lucy JR 24.38	2) Garland, Gabby FR 50.39 (26.01)	3) Schnabel, Jiana SR 1:42.11 (24.81)	1:42.11 4) Marzke, Cassie SO
21 Athenian	1) van Steyn, Kenna JR 24.59	2) Yewell, Sophie SO 51.69 (27.10)	3) Butcher, Amanda SO 1:42.54 (23.06)	1:42.54 4) Cottrill, Emma JR
22 Redwood	1) Shirado, Audrey SO 26.18	2) Ayan-Eaton, Juliana FR 51.79 (25.61)	3) Racich, Jacqueline JR 1:42.60 (25.21)	1:42.60 4) Herzer, Sarah SR
23 Dublin	1) Jackman, Callan SO 24.94	2) Nguyen, Celine JR 51.42 (26.48)	3) Sharp, Emily FR 1:42.75 (24.63)	1:42.75 4) Cano, Olivia SO
24 James Logan	1) Loya, Antoinette SR 24.05	2) Jelonek, Kiersten SO 50.71 (26.66)	3) Sharma, Supriya SR 1:42.79 (26.01)	1:42.79 4) Torres, Jannae SO
25 Livermore	1) McGlynn, Chloe SR 26.36	2) Hawkins, Emily JR 52.06 (25.70)	3) Johnson, Katelyn JR 1:42.89 (24.11)	1:42.89 4) Woods, Mary SR
26 Bishop O'Dowd	1) Jernigan, Aris JR 26.26	2) Collard, Avery SO 52.50 (26.24)	3) Sue, Erika SO 1:43.18 (25.45)	1:43.18 4) Naas, Valerie SO
27 Encinal	1) Tran, Fiona SR 26.61	2) Nelson, Shelby FR 53.01 (26.40)	3) Malkic, Mary FR 1:43.25 (24.96)	1:43.25 4) Nelson, Madeline SO
28 Heritage	1) Brownrigg, Emma SO 25.58	2) Lochhead, Brooke SR 50.45 (24.87)	3) Hill, Kaitlyn FR 1:43.44 (26.83)	1:43.44 4) Palazzotto, Melissa SR
29 Berean Christian	1) Howard, Kara SO 25.90	2) House, Alyssa JR 53.35 (27.45)	3) Fair, Taylor JR 1:43.75 (24.14)	1:43.75 4) Schoell, Melissa SR
30 Santa Rosa	1) Clarkson, Reilly JR 26.18	2) Sargis, Taylor SR 51.83 (25.65)	3) Jones, Megan FR 1:44.13 (25.96)	1:44.13 4) Mertz, Caroline SR
31 Liberty	1) Gordillo, Remy JR 26.56	2) Brantome, Rebecca JR 52.55 (25.99)	3) Brantome, Alexandria SO 1:44.23 (25.33)	1:44.23 4) Zdroik, Kaitlynn SR
32 Marin Catholic	1) Ward, Annie JR 26.59	2) Ravina, Isabella JR 52.76 (26.17)	3) Freda, Kate SO 1:44.74 (25.64)	1:44.74 4) Boro, Julia JR

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)**

Team	Relay		Seed Time	Prelim Time
33 Clayton Valley Charter				1:45.34
1) Walker, Kaylie FR	2) Cark, Melissa FR	3) Johnson, Brooke SO	4) Weigelt, Alina SR	
26.15	52.77 (26.62)	1:18.82 (26.05)	1:45.34 (26.52)	
34 Lick-Wilmerding				1:45.58
1) Martin, Sonia SR	2) Lisker, Aidan SR	3) Snisarenko, Emily SO	4) Lukawski, Audrey SO	
26.74	52.94 (26.20)	1:20.83 (27.89)	1:45.58 (24.75)	
35 Irvington				1:45.97
1) Kwok, Steffi SR	2) Gobel, Alexis SO	3) Maher, Kerrin SR	4) Mendoza, Beatriz SO	
26.39	52.84 (26.45)	1:19.13 (26.29)	1:45.97 (26.84)	
36 Sir Francis Drake				1:46.03
1) Campbell, Serena FR	2) McCarthy, Kate FR	3) Moynihan, Bella FR	4) Duro, Dominique JR	
28.55	54.18 (25.63)	1:20.53 (26.35)	1:46.03 (25.50)	
37 Deer Valley High School				1:47.14
1) Tong, Natalie SO	2) Sullivan, Mikayla SR	3) Labonte, Sky SO	4) Lindeman, Andie JR	
26.24	57.64 (31.40)	1:24.87 (27.23)	1:47.14 (22.27)	
38 Montgomery				1:47.50
1) Ratcliffe, Eva SR	2) Petersen, Talia SR	3) Kwan, Jessica JR	4) Marion, Lea FR	
26.36	53.38 (27.02)	1:20.94 (27.56)	1:47.50 (26.56)	
39 Alameda				1:48.03
1) Thompson, Julia SO	2) Tran, Emily SO	3) Judy, Elsie	4) Hendrawan, Ashley FR	
28.34	54.80 (26.46)	1:22.47 (27.67)	1:48.03 (25.56)	
--- Mission San Jose				DQ
1) Chen, Ariana JR	2) Zheng, Wynne SO	3) Lightstone, Serena SR	4) He, Jessica JR	
24.73	49.79 (25.06)	1:13.92 (24.13)	DQ (23.65)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016

Results

Event 18 Boys 200 Yard Freestyle Relay

National HS: 1:19.27 U 2012

Bolles (FL)

Bolles (FL)

NCS Meet: 1:22.72 N 5/13/2016

Murphy, Schooling, Condorelli, Goossen

San Ramon Valley

San Ramon Valle

T Cheney, J Cardinal, H Poppe, B Haket

1:25.05 AA-A All America Auto.

1:26.40 AA-C All America Cons.

1:26.59 CIFA CIF Automatic

1:29.59 CIFC CIF Consideration

Team	Relay	Prelim Time	Finals Time
A - Final			
1 San Ramon Valley		1:22.72	1:22.35 N AA-A
1) Cheney, Teagan JR	2) Cardinal, Jackson SR	3) Poppe, Hank SR	4) Haket, Brannan SR
21.09	41.92 (20.83) 1:02.15 (20.23)	1:22.35 (20.20)	
2 Granada		1:25.54	1:25.12 AA-C
1) Rooney, Maxime SR	2) Eckles, Michael SR	3) Tovera, Jared FR	4) Eckles, Ryan SR
20.41	42.24 (21.83) 1:03.96 (21.72)	1:25.12 (21.16)	
3 Clayton Valley Charter		1:25.88	1:25.30 AA-C
1) Vines, Anthony SR	2) Weigelt, Niklas SO	3) Brown, Cal FR	4) Levy, Ryan SR
21.45	42.84 (21.39) 1:04.42 (21.58)	1:25.30 (20.88)	
4 Tamalpais		1:25.92	1:25.51 AA-C
1) Dahlke, Thomas SO	2) Glenn, Zack JR	3) Hettler, Jackson SR	4) Andrews, Theo SR
21.88	43.31 (21.43) 1:04.53 (21.22)	1:25.51 (20.98)	
5 Castro Valley		1:25.74	1:25.93 AA-C
1) Clemensen, Erik SR	2) Severs, Luke SO	3) Balica, Sebastain SO	4) Watts, Donavon SR
21.13	43.27 (22.14) 1:05.26 (21.99)	1:25.93 (20.67)	
6 Campolindo		1:26.67	1:26.72 CIFC
1) Nashan, Kai SO	2) Younger, Max SO	3) Brassinga, Peter JR	4) Ayers, Samuel SO
21.97	43.37 (21.40) 1:05.32 (21.95)	1:26.72 (21.40)	
7 Terra Linda		1:26.94	1:27.19 CIFC
1) Cunnan, Nathaniel JR	2) Turner, Lomax JR	3) Lechner, Kevin SO	4) Lyons, Deven SO
20.95	42.40 (21.45) 1:04.78 (22.38)	1:27.19 (22.41)	
--- De La Salle High School		1:27.87	DQ
1) Debonis, Jack SO	2) Iannaccone, Ryan FR	3) Driscoll, Robert JR	4) Simpson, Jake SR
23.04	45.17 (22.13) 1:07.07 (21.90)	DQ (21.36)	
B - Final			
9 Acalanes		1:28.96	1:27.96 CIFC
1) Smith, Riley JR	2) Robison, Brad JR	3) Fellner, Tommy SR	4) Conrad, Casey JR
22.59	44.49 (21.90) 1:06.22 (21.73)	1:27.96 (21.74)	
10 Amador Valley		1:29.03	1:28.44 CIFC
1) Naughton, Jack JR	2) Kobayashi, Drew JR	3) LaChance, Wolfgang SO	4) LaChance, Regis SR
22.01	44.85 (22.84) 1:07.01 (22.16)	1:28.44 (21.43)	
11 Monte Vista		1:29.27	1:28.54 CIFC
1) Koury, Josh JR	2) Zhang, Alec SR	3) Clark, Mason FR	4) Wandling, Ryan SR
22.54	44.35 (21.81) 1:07.18 (22.83)	1:28.54 (21.36)	
12 College Park		1:29.57	1:28.58 CIFC
1) Kaminek, Jonny SR	2) Lanzara, Matt FR	3) Fetterman, Matt FR	4) Carpenter, Carpenter JR
22.34	45.00 (22.66) 1:07.21 (22.21)	1:28.58 (21.37)	
13 Miramonte		1:28.00	1:28.63 CIFC
1) Zhang, Richard FR	2) Lammert, Justin JR	3) O'Brien, Eli JR	4) Wu, Scott SR
22.58	43.84 (21.26) 1:06.02 (22.18)	1:28.63 (22.61)	
14 Foothill		1:29.30	1:29.14 CIFC
1) Li, Aaron JR	2) Mui, Jonathan SR	3) Schafer, Joe SR	4) David, Calvin FR
22.31	44.82 (22.51) 1:07.05 (22.23)	1:29.14 (22.09)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****B - Final ... (Event 18 Boys 200 Yard Freestyle Relay)**

Team		Relay		Prelim Time	Finals Time
15	Dougherty Valley			1:29.43	1:29.69
	1) Yao, Timothy SO	2) Lee, George SO	3) Woo, Justin JR	4) Yoon, Isaac JR	
	22.45	44.73 (22.28)	1:07.17 (22.44)	1:29.69 (22.52)	
16	Redwood			1:29.92	1:32.43
	1) King, Elliot JR	2) Stiles, Ryan SR	3) Edington, Dea SR	4) Collins, Leo FR	
	23.11	46.26 (23.15)	1:09.28 (23.02)	1:32.43 (23.15)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 18 Boys 200 Yard Freestyle Relay****National HS: 1:19.27 U 2012****Bolles (FL)****Bolles (FL)****NCS Meet: 1:22.72 N 5/13/2016****Murphy, Schooling, Condorelli, Goossen****San Ramon Valle****San Ramon Valley****T Cheney, J Cardinal, H Poppe, B Haket****1:25.05 AA-A All America Auto.****1:26.40 AA-C All America Cons.****1:26.59 CIFA CIF Automatic****1:29.59 CIFIC CIF Consideration**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Ramon Valley			1:22.72 N AA-A
1) Cheney, Teagan JR	2) Cardinal, Jackson SR	3) Poppe, Hank SR	4) Haket, Brannan SR
21.14	42.18 (21.04)	1:02.21 (20.03)	1:22.72 (20.51)
2 Granada			1:25.54 AA-C
1) Rooney, Maxime SR	2) Eckles, Michael SR	3) Tovera, Jared FR	4) Eckles, Ryan SR
20.35	41.99 (21.64)	1:04.01 (22.02)	1:25.54 (21.53)
3 Castro Valley			1:25.74 AA-C
1) Clemensen, Erik SR	2) Severs, Luke SO	3) Balica, Sebastain SO	4) Watts, Donavon SR
21.26	43.19 (21.93)	1:05.08 (21.89)	1:25.74 (20.66)
4 Clayton Valley Charter			1:25.88 AA-C
1) Vines, Anthony SR	2) Weigelt, Niklas SO	3) Brown, Cal FR	4) Levy, Ryan SR
21.63	43.22 (21.59)	1:04.89 (21.67)	1:25.88 (20.99)
5 Tamalpais			1:25.92 AA-C
1) Glenn, Zack JR	2) Andrews, Theo SR	3) Hettler, Jackson SR	4) Dahlke, Thomas SO
22.18	43.05 (20.87)	1:04.32 (21.27)	1:25.92 (21.60)
6 Campolindo			1:26.67 CIFIC
1) Nashan, Kai SO	2) Younger, Max SO	3) Brassinga, Peter JR	4) Ayers, Samuel SO
21.54	42.76 (21.22)	1:04.58 (21.82)	1:26.67 (22.09)
7 Terra Linda			1:26.94 CIFIC
1) Cunnan, Nathaniel JR	2) Turner, Lomax JR	3) Lechner, Kevin SO	4) Lyons, Deven SO
20.98	42.27 (21.29)	1:04.40 (22.13)	1:26.94 (22.54)
8 De La Salle High School			1:27.87 CIFIC
1) Debonis, Jack SO	2) Iannaccone, Ryan FR	3) Driscoll, Robert JR	4) Simpson, Jake SR
22.84	44.98 (22.14)	1:06.64 (21.66)	1:27.87 (21.23)
9 Miramonte			1:28.00 CIFIC
1) Lammert, Justin JR	2) Abramson, Tyler JR	3) O'Brien, Eli JR	4) Schioldager, Ryan SR
21.97	43.45 (21.48)	1:05.39 (21.94)	1:28.00 (22.61)
10 Sir Francis Drake			1:28.31 CIFIC
1) Sullivan, Emerson SO	2) Hanson, Wyatt SO	3) Woodhead, Dylan SR	4) Hanson, Spencer SO
21.32	43.14 (21.82)	1:04.95 (21.81)	1:28.31 (23.36)
11 Acalanes			1:28.96 CIFIC
1) Smith, Riley JR	2) Robison, Brad JR	3) Fellner, Tommy SR	4) Conrad, Casey JR
22.60	44.98 (22.38)	1:06.94 (21.96)	1:28.96 (22.02)
12 Amador Valley			1:29.03 CIFIC
1) LaChance, Regis SR	2) Kobayashi, Drew JR	3) LaChance, Wolfgang SO	4) Naughton, Jack JR
22.15	45.40 (23.25)	1:07.54 (22.14)	1:29.03 (21.49)
13 Monte Vista			1:29.27 CIFIC
1) Koury, Josh JR	2) Zhang, Alec SR	3) Clark, Mason FR	4) Wandling, Ryan SR
22.50	44.44 (21.94)	1:07.63 (23.19)	1:29.27 (21.64)
14 Foothill			1:29.30 CIFIC
1) Li, Aaron JR	2) Mui, Jonathan SR	3) Schafer, Joe SR	4) David, Calvin FR
22.25	44.87 (22.62)	1:07.08 (22.21)	1:29.30 (22.22)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
15 Dougherty Valley			1:29.43 CIFIC
1) Yao, Timothy SO	2) Lee, George SO	3) Yoon, Isaac JR	4) Woo, Justin JR
22.63	44.98 (22.35) 1:07.17 (22.19)	1:29.43 (22.26)	
16 College Park			1:29.57 CIFIC
1) Kaminek, Jonny SR	2) Lanzara, Matt FR	3) Fetterman, Matt FR	4) Carpenter, Carpenter JR
23.13	46.10 (22.97) 1:08.23 (22.13)	1:29.57 (21.34)	
17 Redwood			1:29.92
1) Smith, Jesse SO	2) Stiles, Ryan SR	3) King, Elliot JR	4) Collins, Leo FR
22.69	45.68 (22.99) 1:07.57 (21.89)	1:29.92 (22.35)	
18 Mission San Jose			1:30.20
1) Choi, Tomas JR	2) Yeung, Jeffery JR	3) Li, Albert SO	4) Ha, Chris JR
22.73	45.73 (23.00) 1:08.12 (22.39)	1:30.20 (22.08)	
19 California			1:30.51
1) Cramer, Parker SO	2) Suehiro, Alex FR	3) Breinyn, Isaac JR	4) Huang, Vincent JR
22.85	45.52 (22.67) 1:08.19 (22.67)	1:30.51 (22.32)	
20 Washington			1:31.05
1) Correia, Peter SO	2) Harkey, Craig JR	3) Jorgens, Joseph JR	4) Mackie, Emilio SR
23.05	46.02 (22.97) 1:07.90 (21.88)	1:31.05 (23.15)	
21 Las Lomas			1:31.06
1) Bradley, Ewan JR	2) Halle, Jacob SR	3) Simpson, William JR	4) Santi, Vince JR
23.02	45.91 (22.89) 1:08.94 (23.03)	1:31.06 (22.12)	
22 James Logan			1:31.28
1) Lee, Lawrence SO	2) Wang, Brian SR	3) Ama, Patrick SO	4) Becker, Brian JR
22.25	45.40 (23.15) 1:09.23 (23.83)	1:31.28 (22.05)	
23 Northgate			1:31.32
1) Seip, Connor FR	2) Ledesma, Zach FR	3) Welsh, Cole SO	4) Litvinov, Alex SO
23.35	46.18 (22.83) 1:09.17 (22.99)	1:31.32 (22.15)	
24 Berkeley			1:32.10
1) Ogle-Sporer, Paul JR	2) Berman, Gabe SO	3) Sooter, Will JR	4) Faller, Jack JR
23.28	46.79 (23.51) 1:10.61 (23.82)	1:32.10 (21.49)	
25 Marin Academy			1:32.12
1) Shoua, RL JR	2) Berry, Nick FR	3) Sternberg, Max SO	4) Flynn, Edan SR
22.97	46.91 (23.94) 1:09.43 (22.52)	1:32.12 (22.69)	
26 Athenian			1:32.24
1) Segimoto, Evan JR	2) Arockiaraj, Rahul SO	3) Torru, Christian SR	4) Thompson, Redden SR
23.45	48.32 (24.87) 1:10.97 (22.65)	1:32.24 (21.27)	
27 Heritage			1:32.31
1) Woodin, Billy JR	2) Brownrigg, Evan SR	3) Fitch, Raymond FR	4) Hockel, Peter JR
23.75	46.70 (22.95) 1:09.26 (22.56)	1:32.31 (23.05)	
28 Hercules			1:32.51
1) McDonald, Brandon SO	2) Lin, Alexander SR	3) Palabrica, Juan Pablo SR	4) Pugeda, Marc JR
22.95	47.37 (24.42) 1:10.20 (22.83)	1:32.51 (22.31)	
29 Alameda			1:32.73
1) Dean, John SR	2) Bukkwalter, Iver SR	3) Hazen, Langston SO	4) Thompson, Jacob SR
23.15	46.21 (23.06) 1:09.99 (23.78)	1:32.73 (22.74)	
30 Moreau Catholic			1:32.74
1) Ng, Matthew SR	2) Magsanay, Severin SR	3) Ly, Minh SR	4) Santillan, Joshua SR
23.26	46.66 (23.40) 1:10.27 (23.61)	1:32.74 (22.47)	
31 San Marin			1:32.80
1) Hardman, Daniel SR	2) Ikeda, Sawyer JR	3) Styles, Brian FR	4) Luis, Nathan FR
22.56	46.07 (23.51) 1:10.36 (24.29)	1:32.80 (22.44)	
32 Dublin			1:33.65
1) Abad, Rodrigo	2) Cory, Pieter FR	3) Voit, Andrew JR	4) Coakley, Sean JR
23.60	46.94 (23.34) 1:10.37 (23.43)	1:33.65 (23.28)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)**

	Team	Relay	Seed Time	Prelim Time
33	Livermore			1:33.92
	1) MacDonell, Ryan JR	2) Yee, Harry SR	3) Pettit, Noah JR	4) Paden, Tyler SR
	24.08	47.77 (23.69)	1:11.18 (23.41)	1:33.92 (22.74)
34	Analy			1:33.93
	1) Ressler, Luke JR	2) Miller, Josiah FR	3) Hahn, Cosmo JR	4) Murphy, Jack SO
	23.67	48.09 (24.42)	1:11.90 (23.81)	1:33.93 (22.03)
35	Irvington			1:34.03
	1) Lin, Maverick SO	2) Liu, Andrew SO	3) Maher, Michael FR	4) Sullivan, Oliver FR
	23.58	46.78 (23.20)	1:09.80 (23.02)	1:34.03 (24.23)
36	San Francisco University High			1:34.10
	1) Kumar, Hari JR	2) Wooley, Theo FR	3) Yu, Michael JR	4) Nagle, Will SR
	23.54	46.90 (23.36)	1:10.59 (23.69)	1:34.10 (23.51)
37	Bishop O'Dowd			1:34.44
	1) Isola, Joey JR	2) Moseley, Hank SR	3) Leboa, Tyler JR	4) Wong, Chris SO
	23.24	47.80 (24.56)	1:11.27 (23.47)	1:34.44 (23.17)
38	Lick-Wilmerding			1:37.25
	1) Bunyaviroch, Elliot SO	2) Lau, Isaac SO	3) Layton, Will SO	4) Velasquez, Keanu JR
	23.70	49.42 (25.72)	1:13.33 (23.91)	1:37.25 (23.92)
39	Freedom High School			1:38.78
	1) Ruiz, Daniel SO	2) Toa, Brandon FR	3) Pels, Nick JR	4) Mendoza, Matt SR
	24.82	50.14 (25.32)	1:15.34 (25.20)	1:38.78 (23.44)
---	Branson			DQ
	1) Moody, Alex JR	2) Giacoppo, Gabriel FR	3) Dahlgren, Seaver FR	4) Emunah, Gabriel SO
	22.72	46.00 (23.28)	1:09.10 (23.10)	DQ (23.02)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 19 Girls 100 Yard Backstroke**

National HS: 51.43 U 2012 Olivia Smoliga
 NCS Meet: 52.86 N 1999 Natalie Coughlin
 55.31 AA-A All America Auto.
 56.51 AA-C All America Cons.
 56.65 CIFA CIF Automatic
 59.15 CIFC CIF Consideration

Glenbrook (IL)
 Carondelet

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Coloma, Samantha	SR	Carondelet High School	54.45	54.14	AA-A
	26.05		54.14 (28.09)			
2	Garcia, Gianna	SR	San Ramon Valley	53.98	54.28	AA-A
	26.12		54.28 (28.16)			
3	Miller, Abigail	SR	San Ramon Valley	55.04	55.06	AA-A
	26.97		55.06 (28.09)			
4	Chong, Christina	SR	San Ramon Valley	55.97	55.75	AA-C
	27.46		55.75 (28.29)			
5	Raukar, Cali	SR	Marin Catholic	56.00	56.27	AA-C
	27.25		56.27 (29.02)			
6	Boles, Catherine	SR	Alameda	55.80	56.28	AA-C
	26.90		56.28 (29.38)			
7	Ward, Emily	SR	Campolindo	56.10	56.45	AA-C
	27.35		56.45 (29.10)			
8	Howard, Abriana	SO	Monte Vista	56.41	56.76	CIFC
	27.35		56.76 (29.41)			
B - Final						
9	Middleton, Tara	SR	Las Lomas	57.29	56.28	AA-C
	27.16		56.28 (29.12)			
10	Friedrich, Anna	JR	Granada	56.74	56.62	CIFA
	27.68		56.62 (28.94)			
11	Truex, Kennedy	SR	Foothill	57.04	57.32	CIFC
	27.93		57.32 (29.39)			
12	Lightstone, Serena	SR	Mission San Jose	57.55	57.80	CIFC
	28.14		57.80 (29.66)			
13	Flath, Gillian	FR	Monte Vista	57.63	58.25	CIFC
	28.19		58.25 (30.06)			
14	Alameida, Marie	JR	Analy	58.03	58.26	CIFC
	28.36		58.26 (29.90)			
15	Wood, Jane	SR	Campolindo	57.68	58.64	CIFC
	27.87		58.64 (30.77)			
16	Reynolds, Sophie	JR	Piedmont High School	57.40	59.47	
	27.96		59.47 (31.51)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 19 Girls 100 Yard Backstroke**

National HS: 51.43 U 2012 Olivia Smoliga
 NCS Meet: 52.86 N 1999 Natalie Coughlin
 55.31 AA-A All America Auto.
 56.51 AA-C All America Cons.
 56.65 CIFA CIF Automatic
 59.15 CIFC CIF Consideration

Glenbrook (IL)
 Carondelet

Name		Yr	School	Seed Time	Prelim Time	
Preliminaries						
1	Garcia, Gianna	SR	San Ramon Valley		53.98	AA-A
	26.15		53.98 (27.83)			
2	Coloma, Samantha	SR	Carondelet High School		54.45	AA-A
	26.47		54.45 (27.98)			
3	Miller, Abigail	SR	San Ramon Valley		55.04	AA-A
	26.92		55.04 (28.12)			
4	Boles, Catherine	SR	Alameda		55.80	AA-C
	26.68		55.80 (29.12)			
5	Chong, Christina	SR	San Ramon Valley		55.97	AA-C
	27.70		55.97 (28.27)			
6	Raukar, Cali	SR	Marin Catholic		56.00	AA-C
	26.82		56.00 (29.18)			
7	Ward, Emily	SR	Campolindo		56.10	AA-C
	26.78		56.10 (29.32)			
8	Howard, Abriana	SO	Monte Vista		56.41	AA-C
	27.18		56.41 (29.23)			
9	Friedrich, Anna	JR	Granada		56.74	CIFC
	27.34		56.74 (29.40)			
10	Truex, Kennedy	SR	Foothill		57.04	CIFC
	27.76		57.04 (29.28)			
11	Middleton, Tara	SR	Las Lomas		57.29	CIFC
	27.70		57.29 (29.59)			
12	Reynolds, Sophie	JR	Piedmont High School		57.40	CIFC
	27.79		57.40 (29.61)			
13	Lightstone, Serena	SR	Mission San Jose		57.55	CIFC
	28.01		57.55 (29.54)			
14	Flath, Gillian	FR	Monte Vista		57.63	CIFC
	27.57		57.63 (30.06)			
15	Wood, Jane	SR	Campolindo		57.68	CIFC
	27.59		57.68 (30.09)			
16	Alameida, Marie	JR	Analy		58.03	CIFC
	28.26		58.03 (29.77)			
17	Jackman, Callan	SO	Dublin		58.04	CIFC
	28.46		58.04 (29.58)			
18	Balmaceda, Sophia	SO	American High School		58.15	CIFC
	28.28		58.15 (29.87)			
19	Sharma, Supriya	SR	James Logan		58.56	CIFC
	28.24		58.56 (30.32)			
20	Cunanan, Mia	SR	Terra Linda		58.66	CIFC
	28.56		58.66 (30.10)			
21	Auva'a, Lani	SR	Analy		58.86	CIFC
	28.45		58.86 (30.41)			
22	Kwan, Julie	FR	Montgomery		59.09	CIFC
	28.59		59.09 (30.50)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 19 Girls 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time
23	Taylor, Maddie	SO	Dougherty Valley		59.20
	28.56			59.20 (30.64)	
24	Gray, Mary	JR	John Swett		59.45
	28.05			59.45 (31.40)	
25	Loventhal, Maya	SR	Las Lomas		59.46
	29.11			59.46 (30.35)	
26	Fong, Alexandra	JR	Maria Carrillo		59.55
	28.89			59.55 (30.66)	
27	Fissel, Morgan	JR	Monte Vista		59.59
	28.91			59.59 (30.68)	
28	Clarkson, Reilly	JR	Santa Rosa		59.84
	29.31			59.84 (30.53)	
29	Wayman, Erin	SR	San Ramon Valley		1:00.43
	29.64			1:00.43 (30.79)	
30	Rasmussen, Emily	SO	Campolindo		1:00.46
	28.99			1:00.46 (31.47)	
31	Fair, Taylor	JR	Berean Christian		1:00.58
	29.54			1:00.58 (31.04)	
*32	Dohoney, Trinity	SO	Redwood		1:00.73
	29.53			1:00.73 (31.20)	
*32	Follmer, Elizabeth	FR	Campolindo		1:00.73
	29.98			1:00.73 (30.75)	
34	Liebow, Elise	FR	California		1:00.83
	29.65			1:00.83 (31.18)	
35	Burr, Meghan	SO	Dougherty Valley		1:00.97
	29.19			1:00.97 (31.78)	
36	Eckel, Caroline	FR	Granada		1:01.24
	29.40			1:01.24 (31.84)	
37	Van Winckel, Jamie	SR	Monte Vista		1:01.36
	29.10			1:01.36 (32.26)	
38	Drury, Dana	JR	Las Lomas		1:01.56
	29.40			1:01.56 (32.16)	
39	Wu, Charlotte	FR	Miramonte		1:01.58
	28.78			1:01.58 (32.80)	
40	Santos, Isabella	JR	Carondelet High School		1:02.58
	30.15			1:02.58 (32.43)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 20 Boys 100 Yard Backstroke**

National HS: 45.34 U 2012 Ryan Murphy
NCS Meet: 47.65 N 2013 Sven Campbell
 49.85 AA-A All America Auto.
 50.70 CIFA CIF Automatic
 51.13 AA-C All America Cons.
 53.20 CIFIC CIF Consideration

Bolles (FL)
Campolindo

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Griffin, Jolen		JR Campolindo	48.97	48.74	AA-A
	23.30		48.74 (25.44)			
2	Cooper, Jonah		FR Foothill	50.14	49.17	AA-A
	23.91		49.17 (25.26)			
3	White, Forrest		SR De La Salle High School	49.22	49.53	AA-A
	24.00		49.53 (25.53)			
4	Bottene, Maxwell		SR Northgate	49.57	49.67	AA-A
	24.08		49.67 (25.59)			
5	Stevens, Cole		SR Campolindo	49.77	50.04	CIFA
	23.92		50.04 (26.12)			
6	Sullivan, Emerson		SO Sir Francis Drake	50.51	50.73	AA-C
	24.31		50.73 (26.42)			
7	Brock, Evan		SR San Ramon Valley	51.14	50.85	AA-C
	24.76		50.85 (26.09)			
8	Sytnik, Gennady		JR Las Lomas	50.79	51.45	CIFIC
	24.88		51.45 (26.57)			
B - Final						
9	James, Tyler		JR Heritage	51.62	51.41	CIFIC
	25.04		51.41 (26.37)			
10	Hayes, Matthew		SO Granada	51.68	51.98	CIFIC
	25.06		51.98 (26.92)			
11	Shaw, Ryan		SR Campolindo	52.30	52.27	CIFIC
	25.10		52.27 (27.17)			
12	Skinner, Nick		FR Foothill	52.66	52.35	CIFIC
	25.57		52.35 (26.78)			
13	Iannaccone, Ryan		FR De La Salle High School	53.22	53.08	CIFIC
	25.71		53.08 (27.37)			
14	Gonzalez, Alex		SR Granada	53.59	53.66	
	26.27		53.66 (27.39)			
15	Tovera, Jared		FR Granada	53.49	54.75	
	26.68		54.75 (28.07)			
---	Blanco, Mattias		FR Dougherty Valley	52.50	DQ	
	24.75		DQ (26.94)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 20 Boys 100 Yard Backstroke**

National HS: 45.34 U 2012 Ryan Murphy
NCS Meet: 47.65 N 2013 Sven Campbell
 49.85 AA-A All America Auto.
 50.70 CIFA CIF Automatic
 51.13 AA-C All America Cons.
 53.20 CIFIC CIF Consideration

Bolles (FL)
Campolindo

Name		Yr	School	Seed Time	Prelim Time
Preliminaries					
1	Griffin, Jolen	JR	Campolindo		48.97 AA-A
	23.77		48.97 (25.20)		
2	White, Forrest	SR	De La Salle High School		49.22 AA-A
	23.79		49.22 (25.43)		
3	Bottene, Maxwell	SR	Northgate		49.57 AA-A
	23.98		49.57 (25.59)		
4	Stevens, Cole	SR	Campolindo		49.77 AA-A
	23.84		49.77 (25.93)		
5	Cooper, Jonah	FR	Foothill		50.14 CIFA
	24.23		50.14 (25.91)		
6	Sullivan, Emerson	SO	Sir Francis Drake		50.51 CIFA
	24.15		50.51 (26.36)		
7	Sytnik, Gennady	JR	Las Lomas		50.79 AA-C
	24.66		50.79 (26.13)		
8	Brock, Evan	SR	San Ramon Valley		51.14 CIFIC
	24.82		51.14 (26.32)		
9	James, Tyler	JR	Heritage		51.62 CIFIC
	24.94		51.62 (26.68)		
10	Hayes, Matthew	SO	Granada		51.68 CIFIC
	25.17		51.68 (26.51)		
11	Shaw, Ryan	SR	Campolindo		52.30 CIFIC
	25.29		52.30 (27.01)		
12	Blanco, Mattias	FR	Dougherty Valley		52.50 CIFIC
	25.29		52.50 (27.21)		
13	Skinner, Nick	FR	Foothill		52.66 CIFIC
	25.73		52.66 (26.93)		
14	Iannaccone, Ryan	FR	De La Salle High School		53.22
	25.91		53.22 (27.31)		
15	Tovera, Jared	FR	Granada		53.49
	25.98		53.49 (27.51)		
16	Gonzalez, Alex	SR	Granada		53.59
	26.22		53.59 (27.37)		
17	Sowa, Victor	SO	Redwood		53.61
	25.82		53.61 (27.79)		
18	Chan, Carter	SR	Miramonte		53.66
	26.06		53.66 (27.60)		
19	da Costa, Paige	FR	Granada		53.74
	26.16		53.74 (27.58)		
20	Lanzara, Matt	FR	College Park		53.84
	26.66		53.84 (27.18)		
21	Chua, Kaynen	JR	Irvington		54.09
	26.04		54.09 (28.05)		
22	LaChance, Wolfgang	SO	Amador Valley		54.38
	26.55		54.38 (27.83)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 20 Boys 100 Yard Backstroke)**

	Name	Yr	School	Seed Time	Prelim Time
23	Ma, Curtis	FR	Tamalpais		54.82
	26.29		54.82 (28.53)		
24	Bitting, Caleb	FR	Amador Valley		55.05
	26.84		55.05 (28.21)		
25	Hardman, Daniel	SR	San Marin		55.06
	26.85		55.06 (28.21)		
26	Clark, Will	SO	Miramonte		55.16
	26.96		55.16 (28.20)		
27	Virtue, Daniel	SR	Maria Carrillo		55.19
	26.63		55.19 (28.56)		
28	Van Farowe, Carson	JR	Campolindo		55.26
	26.99		55.26 (28.27)		
29	Suhaili, Kenneth	FR	Dougherty Valley		55.42
	26.82		55.42 (28.60)		
30	Carpenter, Carpenter	JR	College Park		55.72
	27.18		55.72 (28.54)		
31	Wang, Zihao	FR	Tamalpais		55.84
	27.30		55.84 (28.54)		
32	Chambliss, Mason	FR	San Ramon Valley		55.96
	26.94		55.96 (29.02)		
33	Pugeda, Marc	JR	Hercules		55.97
	26.39		55.97 (29.58)		
34	Flanders, Harry	FR	San Ramon Valley		56.00
	27.23		56.00 (28.77)		
35	Fowler, Ryan	SR	Alhambra High School		56.01
	27.66		56.01 (28.35)		
36	Sun, Henry	JR	California		56.15
	27.11		56.15 (29.04)		
37	Sun, Brandon	FR	Irvington		56.40
	27.08		56.40 (29.32)		
38	Mitu, Robert	FR	Monte Vista		56.59
	27.66		56.59 (28.93)		
39	Mullen, Jack	FR	Monte Vista		56.98
	27.69		56.98 (29.29)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 21 Girls 100 Yard Breaststroke**

National HS: 58.56 U 2015 Lindsey Horejsi
 NCS Meet: 58.75 N 2009 Kasey Carlson
 1:03.22 AA-A All America Auto.
 1:03.89 CIFA CIF Automatic
 1:04.66 AA-C All America Cons.
 1:06.39 CIFIC CIF Consideration

Albert Lea (MN)
 Las Lomas

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Morris, Halle	JR	Terra Linda	1:02.04	1:00.85	AA-A
	28.76		1:00.85 (32.09)			
2	Hartman, Zoie	FR	Monte Vista	1:02.10	1:01.97	AA-A
	29.42		1:01.97 (32.55)			
3	Brockley, Piper	SR	Maria Carrillo	1:02.54	1:02.44	AA-A
	29.48		1:02.44 (32.96)			
4	Ward, Madison	SR	Las Lomas	1:03.01	1:02.87	AA-A
	29.91		1:02.87 (32.96)			
5	Lo, Emily	SO	Acalanes	1:02.72	1:02.93	AA-A
	30.01		1:02.93 (32.92)			
6	Kalet, Tori	SR	Granada	1:03.36	1:03.68	CIFA
	30.12		1:03.68 (33.56)			
7	Sudweeks, Katrina	SR	Heritage	1:04.50	1:04.93	CIFIC
	30.27		1:04.93 (34.66)			
8	Klass, Sarah	JR	San Ramon Valley	1:04.75	1:05.53	CIFIC
	30.58		1:05.53 (34.95)			
B - Final						
9	Birchenough, Claire	SO	Redwood	1:05.73	1:04.10	AA-C
	17.46		1:04.10 (46.64)			
10	van Steyn, Kenna	JR	Athenian	1:04.81	1:04.54	AA-C
	30.46		1:04.54 (34.08)			
11	Smethurst, Emma	SO	Northgate	1:04.99	1:04.89	CIFIC
	30.82		1:04.89 (34.07)			
12	Duarte, Mackenzie	JR	Alhambra High School	1:05.04	1:05.17	CIFIC
	30.65		1:05.17 (34.52)			
13	Arnold, Jacqueline	FR	Bishop O'Dowd	1:05.15	1:05.71	CIFIC
	30.72		1:05.71 (34.99)			
14	Kim, Nawoo	SO	Dougherty Valley	1:05.47	1:05.92	CIFIC
	31.21		1:05.92 (34.71)			
15	Williams, Holly	JR	Carondelet High School	1:05.21	1:06.26	CIFIC
	30.93		1:06.26 (35.33)			
16	Hanley, Paige	FR	Campolindo	1:06.09	1:06.53	
	30.99		1:06.53 (35.54)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 21 Girls 100 Yard Breaststroke**

National HS: 58.56 U 2015 Lindsey Horejsi
 NCS Meet: 58.75 N 2009 Kasey Carlson
 1:03.22 AA-A All America Auto.
 1:03.89 CIFA CIF Automatic
 1:04.66 AA-C All America Cons.
 1:06.39 CIFIC CIF Consideration

Albert Lea (MN)
 Las Lomas

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Morris, Halle	JR	Terra Linda		1:02.04 AA-A
29.50		1:02.04 (32.54)		
2 Hartman, Zoie	FR	Monte Vista		1:02.10 AA-A
29.61		1:02.10 (32.49)		
3 Brockley, Piper	SR	Maria Carrillo		1:02.54 AA-A
29.06		1:02.54 (33.48)		
4 Lo, Emily	SO	Acalanes		1:02.72 AA-A
30.02		1:02.72 (32.70)		
5 Ward, Madison	SR	Las Lomas		1:03.01 AA-A
29.69		1:03.01 (33.32)		
6 Kaleta, Tori	SR	Granada		1:03.36 CIFA
29.97		1:03.36 (33.39)		
7 Sudweeks, Katrina	SR	Heritage		1:04.50 AA-C
30.36		1:04.50 (34.14)		
8 Klass, Sarah	JR	San Ramon Valley		1:04.75 CIFIC
30.16		1:04.75 (34.59)		
9 van Steyn, Kenna	JR	Athenian		1:04.81 CIFIC
30.65		1:04.81 (34.16)		
10 Smethurst, Emma	SO	Northgate		1:04.99 CIFIC
30.97		1:04.99 (34.02)		
11 Duarte, Mackenzie	JR	Alhambra High School		1:05.04 CIFIC
30.76		1:05.04 (34.28)		
12 Arnold, Jacqueline	FR	Bishop O'Dowd		1:05.15 CIFIC
30.34		1:05.15 (34.81)		
13 Williams, Holly	JR	Carondelet High School		1:05.21 CIFIC
30.55		1:05.21 (34.66)		
14 Kim, Nawoo	SO	Dougherty Valley		1:05.47 CIFIC
30.89		1:05.47 (34.58)		
15 Birchenough, Claire	SO	Redwood		1:05.73 CIFIC
30.86		1:05.73 (34.87)		
16 Hanley, Paige	FR	Campolindo		1:06.09 CIFIC
31.37		1:06.09 (34.72)		
17 Lukawski, Audrey	SO	Lick-Wilmerding		1:06.30 CIFIC
31.63		1:06.30 (34.67)		
18 Hanley, Alexa	SR	Campolindo		1:06.40
31.05		1:06.40 (35.35)		
19 Sprague, Delaney	JR	Carondelet High School		1:06.51
31.52		1:06.51 (34.99)		
20 Pride, Rachel	SO	Santa Rosa		1:06.54
31.67		1:06.54 (34.87)		
21 Nowack, Theresa	JR	Montgomery		1:06.55
30.80		1:06.55 (35.75)		
22 Torres, Jannae	SO	James Logan		1:06.62
30.84		1:06.62 (35.78)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Prelim Time
23	Larsen, Olivia	SR	Foothill		1:06.83
	31.66			1:06.83 (35.17)	
24	Skinner, Ryane	SR	Foothill		1:06.88
	31.34			1:06.88 (35.54)	
25	Marion, Lea	FR	Montgomery		1:06.99
	31.28			1:06.99 (35.71)	
26	Davis, Jacqueline	JR	Amador Valley		1:07.08
	31.51			1:07.08 (35.57)	
*27	Smit, Ella	JR	Marin Academy		1:07.21
	31.64			1:07.21 (35.57)	
*27	Eder, Julia	FR	California		1:07.21
	31.83			1:07.21 (35.38)	
29	Hutchinson, Haley	FR	Fort Bragg		1:07.24
	32.00			1:07.24 (35.24)	
30	Mose, Jacqueline	SO	California		1:07.40
	32.09			1:07.40 (35.31)	
31	Howard, Kara	SO	Berean Christian		1:07.76
	31.48			1:07.76 (36.28)	
32	Fornoles, Amber	SO	Amador Valley		1:07.78
	31.77			1:07.78 (36.01)	
33	Peng, Sophy	JR	American High School		1:07.96
	31.46			1:07.96 (36.50)	
34	Colpo, Megan	SO	Campolindo		1:08.00
	31.73			1:08.00 (36.27)	
35	Hilsabeck, Sophia	SO	Las Lomas		1:08.10
	32.08			1:08.10 (36.02)	
36	Delore, Maddy	JR	Alameda		1:08.23
	31.93			1:08.23 (36.30)	
37	Polkinghorn, Carlie	JR	Northgate		1:08.46
	31.47			1:08.46 (36.99)	
*38	Jasko, Nicolette	FR	Terra Linda		1:08.96
	33.03			1:08.96 (35.93)	
*38	Adey, Sophia	SR	San Ramon Valley		1:08.96
	32.31			1:08.96 (36.65)	
40	Campbell, Serena	FR	Sir Francis Drake		1:09.33
	33.05			1:09.33 (36.28)	
41	duLong, Erica	SO	Clayton Valley Charter		1:09.71
	33.08			1:09.71 (36.63)	

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 22 Boys 100 Yard Breaststroke**

National HS: 52.65 U 2016 Chandler Bray
 NCS Meet: 53.39 N 2013 Steven Stumph
 56.25 AA-A All America Auto.
 57.49 AA-C All America Cons.
 57.51 CIFA CIF Automatic
 1:00.01 CIFIC CIF Consideration

Avin (IN)
 Campolindo

Name		Yr	School	Prelim Time	Finals Time	
A - Final						
1	Poppe, Hank	SR	San Ramon Valley	54.71	53.87	AA-A
	25.40		53.87 (28.47)			
2	Simpson, Jake	SR	De La Salle High School	55.28	55.62	AA-A
	26.03		55.62 (29.59)			
3	Reznick, Cole	SO	Amador Valley	55.93	56.22	AA-A
	26.28		56.22 (29.94)			
4	Zhang, Lyon	JR	Mission San Jose	57.23	56.58	AA-C
	26.95		56.58 (29.63)			
5	Haket, Brannan	SR	San Ramon Valley	56.55	56.70	AA-C
	26.32		56.70 (30.38)			
6	Huang, Vincent	JR	California	57.70	57.31	AA-C
	27.10		57.31 (30.21)			
7	Watts, Donavon	SR	Castro Valley	57.42	57.42	AA-C
	27.13		57.42 (30.29)			
8	Brassinga, Peter	JR	Campolindo	57.60	57.43	AA-C
	26.89		57.43 (30.54)			
B - Final						
9	Cumming, Aidan	SR	San Rafael	57.88	58.34	CIFIC
	27.49		58.34 (30.85)			
10	Faller, Jack	JR	Berkeley	58.38	58.47	CIFIC
	27.27		58.47 (31.20)			
11	Wilcox, Matt	SO	College Park	58.55	58.70	CIFIC
	27.88		58.70 (30.82)			
12	Moore, Tony	SO	Alhambra High School	58.81	58.72	CIFIC
	27.21		58.72 (31.51)			
13	Salinamakki, Nishanth	JR	Dougherty Valley	59.22	59.08	CIFIC
	28.11		59.08 (30.97)			
14	Cory, Niko	SO	Dublin	58.96	59.39	CIFIC
	27.44		59.39 (31.95)			
15	Stanziano, Evan	JR	Concord	59.24	59.68	CIFIC
	27.61		59.68 (32.07)			
16	Mui, Jonathan	SR	Foothill	59.39	59.87	CIFIC
	28.21		59.87 (31.66)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 22 Boys 100 Yard Breaststroke**

National HS: 52.65 U 2016 Chandler Bray
 NCS Meet: 53.39 N 2013 Steven Stumph
 56.25 AA-A All America Auto.
 57.49 AA-C All America Cons.
 57.51 CIFA CIF Automatic
 1:00.01 CIFIC CIF Consideration

Avin (IN)
 Campolindo

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Poppe, Hank	SR	San Ramon Valley	54.71 (28.89)	AA-A
25.82				
2 Simpson, Jake	SR	De La Salle High School	55.28 (29.53)	AA-A
25.75				
3 Reznick, Cole	SO	Amador Valley	55.93 (29.59)	AA-A
26.34				
4 Haket, Brannan	SR	San Ramon Valley	56.55 (30.31)	AA-C
26.24				
5 Zhang, Lyon	JR	Mission San Jose	57.23 (30.12)	AA-C
27.11				
6 Watts, Donavon	SR	Castro Valley	57.42 (30.26)	AA-C
27.16				
7 Brassinga, Peter	JR	Campolindo	57.60 (30.26)	CIFIC
27.34				
8 Huang, Vincent	JR	California	57.70 (30.25)	CIFIC
27.45				
9 Cumming, Aidan	SR	San Rafael	57.88 (30.88)	CIFIC
27.00				
10 Faller, Jack	JR	Berkeley	58.38 (31.22)	CIFIC
27.16				
11 Wilcox, Matt	SO	College Park	58.55 (30.96)	CIFIC
27.59				
12 Moore, Tony	SO	Alhambra High School	58.81 (31.31)	CIFIC
27.50				
13 Cory, Niko	SO	Dublin	58.96 (31.58)	CIFIC
27.38				
14 Salinamakki, Nishanth	JR	Dougherty Valley	59.22 (31.23)	CIFIC
27.99				
15 Stanziano, Evan	JR	Concord	59.24 (31.61)	CIFIC
27.63				
16 Mui, Jonathan	SR	Foothill	59.39 (31.56)	CIFIC
27.83				
17 Wang, Brian	SR	James Logan	59.48 (31.72)	CIFIC
27.76				
18 Pettibone, Holman	JR	Maria Carrillo	59.57 (31.46)	CIFIC
28.11				
*19 Hanley, Yuri	SR	Campolindo	59.60 (31.45)	CIFIC
28.15				
*19 Yao, Michael	JR	Dougherty Valley	59.60 (32.11)	CIFIC
27.49				
21 Schillinger, Christian	JR	Miramonte	59.69 (32.08)	CIFIC
27.61				
22 Shinn, Kenneth	JR	Technology	59.77 (31.83)	CIFIC
27.94				

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 22 Boys 100 Yard Breaststroke)**

	Name	Yr	School	Seed Time	Prelim Time	
23	Robison, Brad	JR	Acalanes		59.82	CIFC
	27.93		59.82 (31.89)			
24	Oslund, Kyle	JR	California		59.87	CIFC
	28.20		59.87 (31.67)			
25	Loyet, Mason	FR	Campolindo		1:00.07	
	28.72		1:00.07 (31.35)			
26	Hughs, Wylie	SR	Campolindo		1:00.12	
	28.21		1:00.12 (31.91)			
27	Fishbaugh, Adam	JR	San Leandro		1:00.18	
	28.08		1:00.18 (32.10)			
28	Hanson, Wyatt	SO	Sir Francis Drake		1:00.30	
	28.26		1:00.30 (32.04)			
29	Dahlgren, Seaver	FR	Branson		1:00.32	
	28.53		1:00.32 (31.79)			
30	Bonta, Max	SR	Montgomery		1:00.47	
	28.16		1:00.47 (32.31)			
31	Tattenham, Caden	SR	College Park		1:00.48	
	28.16		1:00.48 (32.32)			
32	Jacobs, Noah	SR	College Preparatory		1:00.68	
	28.64		1:00.68 (32.04)			
33	Brownrigg, Evan	SR	Heritage		1:01.12	
	28.62		1:01.12 (32.50)			
34	Sternberg, Ethan	SO	Marin Academy		1:01.19	
	28.62		1:01.19 (32.57)			
35	Yoon, Isaac	JR	Dougherty Valley		1:01.49	
	28.60		1:01.49 (32.89)			
*36	Mueller, Max	FR	Terra Linda		1:02.02	
	28.59		1:02.02 (33.43)			
*36	Jacques, Kevin	JR	De La Salle High School		1:02.02	
	29.04		1:02.02 (32.98)			

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 23 Girls 400 Yard Freestyle Relay****National HS: 3:15.38 U 2015****Carmel (IN)****Carmel (IN)****NCS Meet: 3:20.42 N 2013****V. Burchill, Adams, Smith, Bilquist****Carondelet****Carondelet****C. Chenault, N. Amberg, M. Murphy, M. White****3:28.71 AA-A All America Auto.****3:31.90 CIFA CIF Automatic****3:32.15 AA-C All America Cons.****3:36.90 CIFC CIF Consideration**

Team	Relay	Prelim Time	Finals Time
A - Final			
1 Carondelet High School		3:31.86	3:23.79 AA-A
1) Murphy, Madelyn SR	2) Witkay, Kelsey SR	3) Han, Malorie SR	4) Coloma, Samantha SR
23.29	48.62 (48.62)	1:07.97 (19.35)	1:40.89 (52.27)
2:05.11 (24.22)	2:31.95 (51.06)	2:56.89 (24.94)	3:23.79 (51.84)
2 Campolindo		3:30.91	3:26.83 AA-A
1) O'Brien, Ashleen FR	2) Ward, Emily SR	3) Cavalli, Sophia SO	4) Campbell, Alicia SO
25.05	52.80 (52.80)	1:17.62 (24.82)	1:44.10 (51.30)
2:09.21 (25.11)	2:36.13 (52.03)	3:00.14 (24.01)	3:26.83 (50.70)
3 San Ramon Valley		3:27.65	3:27.62 AA-A
1) Garcia, Gianna SR	2) Meier, Charlotte JR	3) Smith, Rachel SR	4) Therien, Claire SR
24.58	51.19 (51.19)	1:15.97 (24.78)	1:43.43 (52.24)
1:58.81 (15.38)	2:35.75 (52.32)	2:50.63 (14.88)	3:27.62 (51.87)
4 Granada		3:33.75	3:28.07 AA-A
1) Heckman, Miranda FR	2) Eckel, Caroline FR	3) Fairbanks, Megan SR	4) Friedrich, Anna JR
24.67	50.57 (50.57)	1:15.99 (25.42)	1:43.87 (53.30)
2:09.36 (25.49)	2:37.93 (54.06)	3:02.02 (24.09)	3:28.07 (50.14)
5 Monte Vista		3:30.75	3:29.53 CIFA
1) Hornbuckle, Alyssa JR	2) Turner, Makenna SO	3) Howard, Abriana SO	4) Barattolo, Isabella JR
25.32	52.94 (52.94)	1:17.63 (24.69)	1:44.87 (51.93)
2:09.90 (25.03)	2:37.42 (52.55)	3:02.44 (25.02)	3:29.53 (52.11)
6 Miramonte		3:31.27	3:29.74 CIFA
1) Chang, Audrey SR	2) Drake, Katrina SO	3) Engs, Eloise FR	4) Kosturos, Sophia FR
25.42	53.33 (53.33)	1:18.56 (25.23)	1:45.46 (52.13)
2:10.55 (25.09)	2:38.63 (53.17)	3:03.04 (24.41)	3:29.74 (51.11)
7 Terra Linda		3:32.40	3:32.07 AA-C
1) Cunnann, Mia SR	2) Gerhold, Teresa JR	3) Morris, Halle JR	4) Simkins, Savannah SO
24.99	52.48 (52.48)	1:17.89 (25.41)	1:46.21 (53.73)
2:11.31 (25.10)	2:38.61 (52.40)	3:03.30 (24.69)	3:32.07 (53.46)
8 California		3:32.60	3:32.50 CIFC
1) Hawkins, Daniella FR	2) Devadason, Sherlyn SO	3) Lampron, Paige SO	4) Lampron, Laura SO
25.87	53.34 (53.34)	1:18.78 (25.44)	1:47.04 (53.70)
2:12.57 (25.53)	2:40.23 (53.19)	3:04.90 (24.67)	3:32.50 (52.27)
B - Final			
9 Mission San Jose		3:34.09	3:31.89 CIFA
1) Chen, Ariana JR	2) Kung, Clarissa SO	3) Lightstone, Serena SR	4) He, Jessica JR
25.50	53.83 (53.83)	1:20.18 (26.35)	1:48.37 (54.54)
2:13.33 (24.96)	2:40.90 (52.53)	3:05.33 (24.43)	3:31.89 (50.99)
10 Northgate		3:36.82	3:32.75 CIFC
1) Smethurst, Emma SO	2) Arauzo, Danielle SR	3) Cossu, Taylor JR	4) McGowan, Bryn JR
26.46	54.39 (54.39)	1:19.29 (24.90)	1:46.72 (52.33)
2:11.95 (25.23)	2:39.92 (53.20)	3:05.16 (25.24)	3:32.75 (52.83)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****B - Final ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay			Prelim Time	Finals Time
11 Las Lomas				3:34.70	3:33.57 CIFIC
1) Gillis, Jessica SR	2) Wheaton, Roxanne SO	3) Ward, Madison SR	4) Middleton, Tara SR		
25.74	53.11 (53.11)	1:18.50 (25.39)	1:46.26 (53.15)		
2:12.32 (26.06)	2:39.87 (53.61)	2:54.45 (14.58)	3:33.57 (53.70)		
12 Redwood				3:38.60	3:36.23 CIFIC
1) Sears, Monica SR	2) Dohoney, Trinity SO	3) Ayan-Eaton, Juliana FR	4) Birchenough, Claire SO		
25.94	53.34 (53.34)	1:18.98 (25.64)	1:47.75 (54.41)		
2:14.06 (26.31)	2:43.00 (55.25)	3:08.57 (25.57)	3:36.23 (53.23)		
13 Alameda				3:36.40	3:36.79 CIFIC
1) Boles, Catherine SR	2) Hoang, Audrey SO	3) Delore, Maddy JR	4) Fornshell, Laura SR		
25.84	53.28 (53.28)	1:20.28 (27.00)	1:49.66 (56.38)		
2:15.57 (25.91)	2:44.06 (54.40)	3:09.45 (25.39)	3:36.79 (52.73)		
14 Piedmont High School				3:38.87	3:37.49
1) Liu, Skyler SO	2) Lewis, Alisha SR	3) Liu, Sasha FR	4) Reynolds, Sophie JR		
25.78	53.35 (53.35)	1:20.58 (27.23)	1:50.33 (56.98)		
2:16.23 (25.90)	2:44.23 (53.90)	3:09.43 (25.20)	3:37.49 (53.26)		
15 Washington				3:38.17	3:38.10
1) Gallagher, Lily FR	2) Askew, Mary FR	3) Jackson, Caitlin SO	4) Yu, Suri FR		
26.92	55.32 (55.32)	1:21.23 (25.91)	1:49.48 (54.16)		
2:15.94 (26.46)	2:44.96 (55.48)	3:10.09 (25.13)	3:38.10 (53.14)		
--- Heritage				3:35.46	DQ
1) Backlund, Stephanie JR	2) Klinger, Allie SR	3) Sudweeks, Katrina SR	4) Brownrigg, Emma SO		
26.11	54.16 (54.16)	1:19.07 (24.91)	1:46.90 (52.74)		
2:13.07 (26.17)	2:42.51 (55.61)	3:07.48 (24.97)	DQ (53.25)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 23 Girls 400 Yard Freestyle Relay****National HS: 3:15.38 U 2015****Carmel (IN)****Carmel (IN)****NCS Meet: 3:20.42 N 2013****V. Burchill, Adams, Smith, Bilquist****Carondelet****Carondelet****C. Chenault, N. Amberg, M. Murphy, M. White****3:28.71 AA-A All America Auto.****3:31.90 CIFA CIF Automatic****3:32.15 AA-C All America Cons.****3:36.90 CIFC CIF Consideration**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Ramon Valley			3:27.65 AA-A
1) Smith, Rachel SR	2) Garcia, Gianna SR	3) Meier, Charlotte JR	4) Therien, Claire SR
25.52	52.91 (52.91)	1:07.90 (14.99)	1:43.37 (50.46)
2:08.24 (24.87)	2:35.54 (52.17)	3:00.44 (24.90)	3:27.65 (52.11)
2 Monte Vista			3:30.75 CIFA
1) Hornbuckle, Alyssa JR	2) Turner, Makenna SO	3) Howard, Abriana SO	4) Barattolo, Isabella JR
25.36	52.82 (52.82)	1:17.84 (25.02)	1:45.03 (52.21)
2:10.33 (25.30)	2:38.21 (53.18)	3:03.10 (24.89)	3:30.75 (52.54)
3 Campolindo			3:30.91 CIFA
1) Ward, Emily SR	2) Campbell, Alicia SO	3) Rasmussen, Emily SO	4) Cavalli, Sophia SO
25.36	51.99 (51.99)	1:17.26 (25.27)	1:44.65 (52.66)
2:10.28 (25.63)	2:38.90 (54.25)	3:04.13 (25.23)	3:30.91 (52.01)
4 Miramonte			3:31.27 CIFA
1) Chang, Audrey SR	2) Drake, Katrina SO	3) Engs, Eloise FR	4) Kosturos, Sophia FR
25.56	53.10 (53.10)	1:18.82 (25.72)	1:46.19 (53.09)
2:11.53 (25.34)	2:39.82 (53.63)	3:04.52 (24.70)	3:31.27 (51.45)
5 Carondelet High School			3:31.86 CIFA
1) Witkay, Kelsey SR	2) Han, Malorie SR	3) Coloma, Samantha SR	4) Murphy, Madelyn SR
25.62	53.05 (53.05)	1:07.10 (14.05)	1:45.39 (52.34)
2:11.35 (25.96)	2:39.29 (53.90)	2:54.62 (15.33)	3:31.86 (52.57)
6 Terra Linda			3:32.40 CIFC
1) Simkins, Savannah SO	2) Gerhold, Teresa JR	3) Cunnann, Mia SR	4) Morris, Halle JR
25.80	54.31 (54.31)	1:19.67 (25.36)	1:48.11 (53.80)
2:12.79 (24.68)	2:39.75 (51.64)	3:04.92 (25.17)	3:32.40 (52.65)
7 California			3:32.60 CIFC
1) Hawkins, Daniella FR	2) Devadason, Sherlyn SO	3) Lampron, Paige SO	4) Lampron, Laura SO
25.89	53.02 (53.02)	1:18.72 (25.70)	1:46.79 (53.77)
2:12.69 (25.90)	2:40.34 (53.55)	3:05.18 (24.84)	3:32.60 (52.26)
8 Granada			3:33.75 CIFC
1) Friedrich, Anna JR	2) Eckel, Caroline FR	3) Fairbanks, Megan SR	4) Heckman, Miranda FR
25.36	53.35 (53.35)	1:08.35 (15.00)	1:48.08 (54.73)
2:14.43 (26.35)	2:43.33 (55.25)	3:07.54 (24.21)	3:33.75 (50.42)
9 Mission San Jose			3:34.09 CIFC
1) Chen, Ariana JR	2) Kung, Clarissa SO	3) Lightstone, Serena SR	4) He, Jessica JR
26.09	54.03 (54.03)	1:20.55 (26.52)	1:49.32 (55.29)
2:14.55 (25.23)	2:42.37 (53.05)	3:07.17 (24.80)	3:34.09 (51.72)
10 Las Lomas			3:34.70 CIFC
1) Gillis, Jessica SR	2) Wheaton, Roxanne SO	3) Ward, Madison SR	4) Middleton, Tara SR
26.25	54.14 (54.14)	1:19.79 (25.65)	1:48.19 (54.05)
2:14.34 (26.15)	2:41.92 (53.73)	3:06.86 (24.94)	3:34.70 (52.78)
11 Heritage			3:35.46 CIFC
1) Backlund, Stephanie JR	2) Klinger, Allie SR	3) Sudweeks, Katrina SR	4) Brownrigg, Emma SO
26.37	54.10 (54.10)	1:18.75 (24.65)	1:46.80 (52.70)
2:12.92 (26.12)	2:42.01 (55.21)	3:07.34 (25.33)	3:35.46 (53.45)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay			Seed Time	Prelim Time
12 Alameda					3:36.40 CIFIC
1) Boles, Catherine SR	2) Lum, Alexa SR	3) Delore, Maddy JR	4) Fornshell, Laura SR		
25.08	52.04 (52.04)	1:08.49 (16.45)	1:48.85 (56.81)		
2:15.43 (26.58)	2:44.07 (55.22)	3:09.41 (25.34)	3:36.40 (52.33)		
13 Northgate					3:36.82 CIFIC
1) Smethurst, Emma SO	2) Arauzo, Danielle SR	3) Cossu, Taylor JR	4) McGowan, Bryn JR		
26.52	55.72 (55.72)	1:20.92 (25.20)	1:49.06 (53.34)		
2:14.47 (25.41)	2:42.84 (53.78)	3:08.41 (25.57)	3:36.82 (53.98)		
14 Washington					3:38.17
1) Gallagher, Lily FR	2) Askew, Mary FR	3) Jackson, Caitlin SO	4) Yu, Suri FR		
26.10	54.50 (54.50)	1:21.44 (26.94)	1:49.86 (55.36)		
2:16.20 (26.34)	2:45.42 (55.56)	3:10.50 (25.08)	3:38.17 (52.75)		
15 Redwood					3:38.60
1) Sears, Monica SR	2) Dohoney, Trinity SO	3) Ayan-Eaton, Juliana FR	4) Birchenough, Claire SO		
26.99	55.56 (55.56)	1:21.55 (25.99)	1:50.26 (54.70)		
2:16.63 (26.37)	2:45.40 (55.14)	3:10.65 (25.25)	3:38.60 (53.20)		
16 Piedmont High School					3:38.87
1) Liu, Skyler SO	2) Lewis, Alisha SR	3) Liu, Sasha FR	4) Reynolds, Sophie JR		
25.87	53.62 (53.62)	1:20.87 (27.25)	1:50.92 (57.30)		
2:16.82 (25.90)	2:44.99 (54.07)	3:10.42 (25.43)	3:38.87 (53.88)		
17 Acalanes					3:39.74
1) Hagglund, Ryan SO	2) Morlock, Natalie SR	3) Lo, Emily SO	4) Fellner, Lucy SR		
26.30	55.30 (55.30)	1:21.86 (26.56)	1:51.40 (56.10)		
2:16.88 (25.48)	2:44.73 (53.33)	3:10.80 (26.07)	3:39.74 (55.01)		
18 Tamalpais					3:39.98
1) Wortzman, Zoe SO	2) Wynne, Jane JR	3) Dahlke, Miki SR	4) Whalen, Annie SR		
26.64	55.07 (55.07)	1:11.04 (15.97)	1:52.99 (57.92)		
2:17.57 (24.58)	2:43.92 (50.93)	3:10.42 (26.50)	3:39.98 (56.06)		
19 Castro Valley					3:41.51
1) Gong, Monica FR	2) Senchev, Helen SO	3) Scheberies, Jacklyn FR	4) Mi, Jessica JR		
27.09	56.20 (56.20)	1:22.30 (26.10)	1:51.25 (55.05)		
2:17.69 (26.44)	2:47.17 (55.92)	3:13.46 (26.29)	3:41.51 (54.34)		
20 Amador Valley					3:42.09
1) Howell, Samantha JR	2) Claridge, Emily FR	3) Lawrence, Marissa FR	4) MacGregor, Meg JR		
25.96	53.42 (53.42)	1:19.58 (26.16)	1:48.73 (55.31)		
2:15.51 (26.78)	2:45.01 (56.28)	3:12.23 (27.22)	3:42.09 (57.08)		
21 Foothill					3:42.67
1) David, Madeline JR	2) Balicanta, Elisabeth FR	3) Heacox, Paige SR	4) Skinner, Ryane SR		
26.78	55.86 (55.86)	1:22.46 (26.60)	1:51.91 (56.05)		
2:18.45 (26.54)	2:47.96 (56.05)	3:14.27 (26.31)	3:42.67 (54.71)		
22 Livermore					3:43.83
1) Johnson, Katelyn JR	2) Hawkins, Emily JR	3) McGlynn, Chloe SR	4) Woods, Mary SR		
27.36	57.78 (57.78)	1:24.79 (27.01)	1:54.65 (56.87)		
2:20.76 (26.11)	2:51.68 (57.03)	3:16.68 (25.00)	3:43.83 (52.15)		
23 Maria Carrillo					3:43.85
1) Fong, Alexandra JR	2) Scobey, Taylor FR	3) Tan, Hannah SO	4) Brockley, Piper SR		
26.31	54.33 (54.33)	1:21.42 (27.09)	1:50.90 (56.57)		
2:17.90 (27.00)	2:48.22 (57.32)	3:14.80 (26.58)	3:43.85 (55.63)		
24 Clayton Valley Charter					3:45.98
1) Mancini, Gabi FR	2) Walker, Kaylie FR	3) Wickware, Julia SO	4) duLong, Erica SO		
26.85	55.55 (55.55)	1:22.68 (27.13)	1:53.78 (58.23)		
2:20.04 (26.26)	2:50.70 (56.92)	3:17.25 (26.55)	3:45.98 (55.28)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
25 Montgomery			3:47.23
1) Kwan, Julie FR	2) Ratcliffe, Eva SR	3) Marion, Lea FR	4) Nowack, Theresa JR
26.54	55.26 (55.26)	1:22.12 (26.86)	1:52.26 (57.00)
2:20.08 (27.82)	2:51.36 (59.10)	3:17.90 (26.54)	3:47.23 (55.87)
26 Head-Royce			3:47.53
1) Johnson, Asha FR	2) Fegler, Alex FR	3) Baus, Jemma JR	4) Roche, Caroline FR
26.47	56.42 (56.42)	1:23.55 (27.13)	1:53.27 (56.85)
2:20.84 (27.57)	2:51.09 (57.82)	3:18.00 (26.91)	3:47.53 (56.44)
27 Marin Catholic			3:48.87
1) Galuszka, Natalie SR	2) Wiley, Sophia SR	3) Jordan, Lindsey SR	4) Raukar, Cali SR
28.51	1:00.27 (1:00.27)	1:15.17 (14.90)	1:59.00 (58.73)
2:26.17 (27.17)	3:03.37 (1:04.37)	3:22.11 (18.74)	3:48.87 (45.50)
28 College Preparatory			3:49.68
1) Hu, Jessica JR	2) Castro, Martha JR	3) Owyong, Mallory SO	4) Cane, Katherine JR
26.92	56.35 (56.35)	1:24.58 (28.23)	1:55.82 (59.47)
2:23.33 (27.51)	2:53.44 (57.62)	3:19.60 (26.16)	3:49.68 (56.24)
29 Santa Rosa			3:50.38
1) Clarkson, Reilly JR	2) Ference, Megan FR	3) Jones, Megan FR	4) Mertz, Caroline SR
27.91	58.19 (58.19)	1:26.30 (28.11)	1:57.36 (59.17)
2:24.39 (27.03)	2:53.12 (55.76)	3:20.34 (27.22)	3:50.38 (57.26)
30 American High School			3:50.92
1) Taylor, Lauren FR	2) Cheung, Ashley SO	3) Peng, Sophy JR	4) Balmaceda, Sophia SO
30.38	1:03.99 (1:03.99)	1:32.43 (28.44)	2:05.51 (1:01.52)
2:30.58 (25.07)	2:59.11 (53.60)	3:23.99 (24.88)	3:50.92 (51.81)
31 Irvington			3:51.87
1) Gobel, Alexis SO	2) Freeman, Janessa JR	3) Mendoza, Beatriz SO	4) Kwok, Steffi SR
28.10	58.67 (58.67)	1:26.33 (27.66)	1:56.38 (57.71)
2:23.28 (26.90)	2:53.92 (57.54)	3:20.61 (26.69)	3:51.87 (57.95)
32 Bishop O'Dowd			3:52.45
1) Sue, Erika SO	2) Isola, Katie SO	3) Resnick, Sydni JR	4) Jernigan, Aris JR
27.37	57.13 (57.13)	1:25.55 (28.42)	1:57.92 (1:00.79)
2:25.97 (28.05)	2:55.38 (57.46)	3:22.12 (26.74)	3:52.45 (57.07)
33 San Francisco University High			3:54.81
1) Marzke, Cassie SO	2) Garland, Gabby FR	3) Schnabel, Jiana SR	4) Zhong, Lily SO
26.65	56.84 (56.84)	1:24.20 (27.36)	1:54.72 (57.88)
2:22.83 (28.11)	2:56.19 (1:01.47)	3:23.74 (27.55)	3:54.81 (58.62)
34 Sonoma Valley			3:55.02
1) Grajczyk, Maya FR	2) Ladouceur, Hannah SO	3) Parr, Abby SO	4) Taggesell, Cameron JR
29.10	1:00.57 (1:00.57)	1:26.14 (25.57)	1:55.63 (55.06)
2:22.76 (27.13)	2:53.50 (57.87)	3:23.09 (29.59)	3:55.02 (1:01.52)
35 Analy			4:01.43
1) Moussa, Grace FR	2) Roan, Genna SO	3) Boisseau, Sophia SO	4) Schlutius, Christy SR
27.92	58.58 (58.58)	1:27.83 (29.25)	2:03.35 (1:04.77)
2:30.89 (27.54)	3:05.69 (1:02.34)	3:30.79 (25.10)	4:01.43 (55.74)
36 Marin Academy			4:06.46
1) Ferguson, Liz SO	2) Lemberg, Coco SO	3) Riedinger, Elanora FR	4) Whitten, Audrey SO
28.88	59.24 (59.24)	1:13.67 (14.43)	2:04.54 (1:05.30)
2:33.07 (28.53)	3:05.33 (1:00.79)	3:34.46 (29.13)	4:06.46 (1:01.13)
--- Deer Valley High School			DQ
1) Tong, Natalie SO	2) Gonzales, Maggi SO	3) Gonzales, Katherine SR	4) Lindeman, Andie JR
28.10	57.56 (57.56)	1:24.83 (27.27)	1:55.26 (57.70)
2:22.81 (27.55)	2:52.88 (57.62)	3:18.98 (26.10)	DQ (55.33)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)**

Team	Relay			Seed Time	Prelim Time
--- Liberty					DQ
1) Gordillo, Remy JR	2) Heaney, Lindsey SR	3) Brantome, Rebecca JR	4) Zdroik, Kaitlynn SR		
27.12	55.91 (55.91)	1:23.99 (28.08)	1:56.20 (1:00.29)		
2:22.82 (26.62)	2:53.01 (56.81)	3:20.39 (27.38)	DQ (57.39)		
--- Dougherty Valley					DQ
1) Wang, Sarah SR	2) Zheng, Anna FR	3) Reimer, Liz FR	4) Burr, Meghan SO		
25.95	54.55 (54.55)	1:20.24 (25.69)	1:49.73 (55.18)		
2:16.00 (26.27)	2:45.15 (55.42)	3:10.84 (25.69)	DQ (55.05)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 24 Boys 400 Yard Freestyle Relay****National HS: 2:54.43 U 2012****Bolles (FL)****Bolles (FL)****NCS Meet: 2:59.00 N 2014****Murphy, Condorelli, Booth, Schooling****Granada****Granada****M Rooney, B McLaggan, T Trump, N Silverthorn****3:06.58 AA-A All America Auto.****3:09.08 CIFA CIF Automatic****3:09.68 AA-C All America Cons.****3:14.08 CIFC CIF Consideration**

Team	Relay		Prelim Time	Finals Time	
A - Final					
1 San Ramon Valley			3:05.66	3:03.03	AA-A
1) Cheney, Teagan JR	2) Cardinal, Jackson SR	3) Williams, Michael SR	4) Rollo, Jake SR		
22.00	45.64 (45.64)	1:07.90 (22.26)	1:32.01 (46.37)		
1:53.25 (21.24)	2:16.49 (44.48)	2:38.72 (22.23)	3:03.03 (46.54)		
2 Redwood			3:06.76	3:05.91	AA-A
1) DeSomma, Emillio SR	2) Sowa, Victor SO	3) Collins, Leo FR	4) Kurakin, Ivan SO		
21.60	45.03 (45.03)	1:07.01 (21.98)	1:32.03 (47.00)		
1:54.33 (22.30)	2:19.04 (47.01)	2:41.58 (22.54)	3:05.91 (46.87)		
3 Campolindo			3:08.88	3:06.63	CIFA
1) Griffin, Jolen JR	2) Shaw, Ryan SR	3) Erickson, Nicky SR	4) Stevens, Cole SR		
22.52	46.48 (46.48)	1:09.32 (22.84)	1:34.60 (48.12)		
1:56.65 (22.05)	2:20.78 (46.18)	2:42.71 (21.93)	3:06.63 (45.85)		
4 De La Salle High School			3:09.49	3:07.02	CIFA
1) O'Connell, Daniel SO	2) Iannaccone, Ryan FR	3) Simpson, Jake SR	4) White, Forrest SR		
22.66	47.33 (47.33)	1:10.23 (22.90)	1:35.40 (48.07)		
1:57.72 (22.32)	2:22.16 (46.76)	2:43.52 (21.36)	3:07.02 (44.86)		
5 Clayton Valley Charter			3:09.29	3:09.27	AA-C
1) Levy, Ryan SR	2) Weigelt, Niklas SO	3) Brown, Cal FR	4) Vines, Anthony SR		
22.41	46.68 (46.68)	1:09.45 (22.77)	1:34.75 (48.07)		
1:57.35 (22.60)	2:22.24 (47.49)	2:44.82 (22.58)	3:09.27 (47.03)		
6 Granada			3:10.54	3:09.81	CIFC
1) Rooney, Maxime SR	2) Eckles, Michael SR	3) Sproul, Nathaniel SR	4) Eckles, Ryan SR		
21.15	43.81 (43.81)	1:06.69 (22.88)	1:33.17 (49.36)		
1:56.24 (23.07)	2:21.84 (48.67)	2:44.97 (23.13)	3:09.81 (47.97)		
7 Amador Valley			3:09.81	3:10.10	CIFC
1) Reznick, Cole SO	2) Gilchrist, Alex SR	3) LaChance, Regis SR	4) Jhong, Chris SO		
22.61	46.78 (46.78)	1:09.71 (22.93)	1:34.43 (47.65)		
1:57.35 (22.92)	2:23.02 (48.59)	2:38.10 (15.08)	3:10.10 (47.08)		
8 Castro Valley			3:10.90	3:12.50	CIFC
1) Watts, Donavon SR	2) Balica, Sebastain SO	3) Chin, Brandon SR	4) Clemensen, Erik SR		
23.03	48.77 (48.77)	1:11.98 (23.21)	1:37.43 (48.66)		
2:01.04 (23.61)	2:26.18 (48.75)	2:47.84 (21.66)	3:12.50 (46.32)		
B - Final					
9 Northgate			3:11.06	3:09.73	CIFC
1) Bottene, Maxwell SR	2) Litvinov, Alex SO	3) Seip, Connor FR	4) Rodriguez, Andrew FR		
21.27	44.58 (44.58)	1:08.17 (23.59)	1:34.73 (50.15)		
1:57.64 (22.91)	2:23.24 (48.51)	2:44.89 (21.65)	3:09.73 (46.49)		
10 Heritage			3:11.59	3:10.80	CIFC
1) Barsanti, Nathan JR	2) James, Tyler JR	3) Fitch, Raymond FR	4) Fournier, Troy JR		
22.10	45.48 (45.48)	1:08.18 (22.70)	1:32.66 (47.18)		
1:55.97 (23.31)	2:22.58 (49.92)	2:45.72 (23.14)	3:10.80 (48.22)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****B - Final ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay			Prelim Time	Finals Time
11 Tamalpais				3:11.66	3:10.86 CIFC
1) Andrews, Theo SR	2) Fredrich, Marcus SO	3) Glenn, Zack JR	4) Dahlke, Thomas SO		
22.24	46.60 (46.60)	1:09.27 (22.67)	1:35.15 (48.55)		
1:57.94 (22.79)	2:23.24 (48.09)	2:45.36 (22.12)	3:10.86 (47.62)		
12 Monte Vista				3:13.00	3:11.31 CIFC
1) Pantic-Horne, Jake SR	2) Remmert, Sean JR	3) Wandling, Ryan SR	4) Zhang, Alec SR		
22.72	48.35 (48.35)	1:11.05 (22.70)	1:35.60 (47.25)		
1:58.47 (22.87)	2:23.57 (47.97)	2:46.49 (22.92)	3:11.31 (47.74)		
13 Dublin				3:13.15	3:12.60 CIFC
1) Antonio, Audrik SO	2) Smith, Samuel	3) Cory, Niko SO	4) Smith, Edward		
23.33	49.53 (49.53)	1:12.71 (23.18)	1:37.91 (48.38)		
2:00.81 (22.90)	2:26.58 (48.67)	2:41.34 (14.76)	3:12.60 (46.02)		
14 Miramonte				3:12.92	3:15.02
1) Zhang, Richard FR	2) Lammert, Justin JR	3) Chan, Carter SR	4) Wu, Scott SR		
23.21	48.64 (48.64)	1:11.59 (22.95)	1:36.46 (47.82)		
2:00.01 (23.55)	2:25.20 (48.74)	2:48.63 (23.43)	3:15.02 (49.82)		
15 Foothill				3:15.11	3:17.28
1) David, Calvin FR	2) Skinner, Nick FR	3) Ong, Jonah JR	4) Cooper, Jonah FR		
23.54	48.57 (48.57)	1:12.35 (23.78)	1:38.42 (49.85)		
2:01.77 (23.35)	2:28.10 (49.68)	2:50.99 (22.89)	3:17.28 (49.18)		
--- California				3:12.87	DQ
1) Webster, David JR	2) Sun, Henry JR	3) Suehiro, Alex FR	4) Cramer, Parker SO		
22.89	47.69 (47.69)	1:09.65 (21.96)	1:34.48 (46.79)		
1:57.92 (23.44)	2:23.47 (48.99)	2:46.54 (23.07)	DQ (48.37)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Event 24 Boys 400 Yard Freestyle Relay****National HS: 2:54.43 U 2012****Bolles (FL)****Bolles (FL)****NCS Meet: 2:59.00 N 2014****Murphy, Condorelli, Booth, Schooling****Granada****Granada****M Rooney, B McLaggan, T Trump, N Silverthorn****3:06.58 AA-A All America Auto.****3:09.08 CIFA CIF Automatic****3:09.68 AA-C All America Cons.****3:14.08 CIFC CIF Consideration**

Team	Relay	Seed Time	Prelim Time
Preliminaries			
1 San Ramon Valley			3:05.66 AA-A
1) Cheney, Teagan JR	2) Cardinal, Jackson SR	3) Williams, Michael SR	4) Rollo, Jake SR
22.02	45.92 (45.92)	1:08.46 (22.54)	1:33.70 (47.78)
1:54.89 (21.19)	2:18.58 (44.88)	2:41.27 (22.69)	3:05.66 (47.08)
2 Redwood			3:06.76 CIFA
1) DeSomma, Emillio SR	2) Sowa, Victor SO	3) Collins, Leo FR	4) Kurakin, Ivan SO
21.84	45.21 (45.21)	1:07.40 (22.19)	1:32.11 (46.90)
1:54.91 (22.80)	2:19.92 (47.81)	2:42.26 (22.34)	3:06.76 (46.84)
3 Campolindo			3:08.88 CIFA
1) Griffin, Jolen JR	2) Baker, Alec FR	3) Nashan, Kai SO	4) Erickson, Nicky SR
22.37	46.01 (46.01)	1:08.77 (22.76)	1:34.06 (48.05)
1:56.49 (22.43)	2:21.70 (47.64)	2:44.52 (22.82)	3:08.88 (47.18)
4 Clayton Valley Charter			3:09.29 AA-C
1) Levy, Ryan SR	2) Weigelt, Niklas SO	3) Brown, Cal FR	4) Vines, Anthony SR
22.33	46.57 (46.57)	1:09.23 (22.66)	1:34.71 (48.14)
1:57.55 (22.84)	2:22.17 (47.46)	2:45.08 (22.91)	3:09.29 (47.12)
5 De La Salle High School			3:09.49 AA-C
1) O'Connell, Daniel SO	2) Iannaccone, Ryan FR	3) Simpson, Jake SR	4) White, Forrest SR
23.13	48.25 (48.25)	1:11.33 (23.08)	1:36.65 (48.40)
1:58.97 (22.32)	2:24.40 (47.75)	2:45.82 (21.42)	3:09.49 (45.09)
6 Amador Valley			3:09.81 CIFC
1) Jhong, Chris SO	2) Reznick, Cole SO	3) LaChance, Regis SR	4) Gilchrist, Alex SR
22.88	47.21 (47.21)	1:09.57 (22.36)	1:33.64 (46.43)
1:56.62 (22.98)	2:21.80 (48.16)	2:44.58 (22.78)	3:09.81 (48.01)
7 Granada			3:10.54 CIFC
1) Rooney, Maxime SR	2) Eckles, Michael SR	3) Sproul, Nathaniel SR	4) Eckles, Ryan SR
21.23	44.25 (44.25)	1:07.10 (22.85)	1:32.86 (48.61)
1:55.94 (23.08)	2:21.94 (49.08)	2:45.08 (23.14)	3:10.54 (48.60)
8 Castro Valley			3:10.90 CIFC
1) Clemensen, Erik SR	2) Balica, Sebastain SO	3) Chin, Brandon SR	4) Watts, Donavon SR
22.52	46.90 (46.90)	1:10.17 (23.27)	1:36.13 (49.23)
1:59.51 (23.38)	2:24.58 (48.45)	2:46.74 (22.16)	3:10.90 (46.32)
9 Northgate			3:11.06 CIFC
1) Seip, Connor FR	2) Litvinov, Alex SO	3) Rodriguez, Andrew FR	4) Bottene, Maxwell SR
23.77	49.46 (49.46)	1:13.42 (23.96)	1:39.57 (50.11)
2:02.05 (22.48)	2:26.89 (47.32)	2:47.99 (21.10)	3:11.06 (44.17)
10 Heritage			3:11.59 CIFC
1) Barsanti, Nathan JR	2) James, Tyler JR	3) Fitch, Raymond FR	4) Fournier, Troy JR
21.84	45.76 (45.76)	1:08.34 (22.58)	1:32.77 (47.01)
1:56.28 (23.51)	2:22.90 (50.13)	2:46.27 (23.37)	3:11.59 (48.69)
11 Tamalpais			3:11.66 CIFC
1) Fredrich, Marcus SO	2) Andrews, Theo SR	3) Glenn, Zack JR	4) Dahlke, Thomas SO
23.82	49.19 (49.19)	1:10.92 (21.73)	1:34.90 (45.71)
1:58.07 (23.17)	2:23.91 (49.01)	2:46.33 (22.42)	3:11.66 (47.75)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
12 California			3:12.87 CIFIC
1) Cramer, Parker SO	2) Sun, Henry JR	3) Suehiro, Alex FR	4) Webster, David JR
23.55	48.74 (48.74)	1:11.36 (22.62)	1:36.39 (47.65)
1:59.84 (23.45)	2:25.56 (49.17)	2:48.14 (22.58)	3:12.87 (47.31)
13 Miramonte			3:12.92 CIFIC
1) Lammert, Justin JR	2) Abramson, Tyler JR	3) Dakis, Michael FR	4) Zhang, Richard FR
22.99	47.99 (47.99)	1:10.80 (22.81)	1:36.01 (48.02)
1:58.97 (22.96)	2:24.23 (48.22)	2:47.09 (22.86)	3:12.92 (48.69)
14 Monte Vista			3:13.00 CIFIC
1) Pantic-Horne, Jake SR	2) Remmert, Sean JR	3) Wandling, Ryan SR	4) Zhang, Alec SR
23.10	48.17 (48.17)	1:10.72 (22.55)	1:35.56 (47.39)
1:58.95 (23.39)	2:24.89 (49.33)	2:48.10 (23.21)	3:13.00 (48.11)
15 Dublin			3:13.15 CIFIC
1) Antonio, Audrik SO	2) Smith, Samuel	3) Cory, Niko SO	4) Smith, Edward
23.65	49.84 (49.84)	1:12.74 (22.90)	1:37.79 (47.95)
2:01.09 (23.30)	2:27.33 (49.54)	2:49.57 (22.24)	3:13.15 (45.82)
16 Alameda			3:13.55 CIFIC
1) Chan, Donovan FR	2) Thompson, Jacob SR	3) Chan, Darien SR	4) Korelov, Misha JR
23.82	48.61 (48.61)	1:12.66 (24.05)	1:38.58 (49.97)
2:01.96 (23.38)	2:27.88 (49.30)	2:49.42 (21.54)	3:13.55 (45.67)
17 Foothill			3:15.11
1) Cooper, Jonah FR	2) David, Calvin FR	3) Schafer, Joe SR	4) Tang, Jeffery SR
22.75	48.12 (48.12)	1:11.20 (23.08)	1:36.31 (48.19)
1:59.78 (23.47)	2:25.44 (49.13)	2:49.21 (23.77)	3:15.11 (49.67)
18 College Park			3:17.09
1) Kaminek, Jonny SR	2) Fetterman, Jordan JR	3) Heaney, Logan SO	4) Fetterman, Matt FR
23.86	49.76 (49.76)	1:12.77 (23.01)	1:38.17 (48.41)
2:02.24 (24.07)	2:28.58 (50.41)	2:51.50 (22.92)	3:17.09 (48.51)
19 Dougherty Valley			3:17.54
1) Yao, Timothy SO	2) Woo, Justin JR	3) Chan, Alvin JR	4) Yao, Michael JR
23.77	49.73 (49.73)	1:13.86 (24.13)	1:38.79 (49.06)
2:02.71 (23.92)	2:28.32 (49.53)	2:51.75 (23.43)	3:17.54 (49.22)
20 Marin Academy			3:18.18
1) Sternberg, Max SO	2) Maas, Henry SO	3) Flynn, Edan SR	4) Sternberg, Ethan SO
24.19	50.33 (50.33)	1:13.84 (23.51)	1:40.01 (49.68)
2:02.91 (22.90)	2:29.85 (49.84)	2:52.98 (23.13)	3:18.18 (48.33)
21 Acalanes			3:19.20
1) Smith, Riley JR	2) Robison, Brad JR	3) Fellner, Tommy SR	4) Conrad, Casey JR
23.83	50.18 (50.18)	1:13.75 (23.57)	1:40.26 (50.08)
1:54.87 (14.61)	2:30.50 (50.24)	2:53.94 (23.44)	3:19.20 (48.70)
22 Irvington			3:19.47
1) Chua, Kaynen JR	2) Sun, Brandon FR	3) Liu, Andrew SO	4) Lin, Maverick SO
23.67	49.46 (49.46)	1:13.23 (23.77)	1:39.46 (50.00)
2:03.16 (23.70)	2:29.93 (50.47)	2:53.12 (23.19)	3:19.47 (49.54)
23 Mission San Jose			3:19.62
1) Zhang, Lyon JR	2) Nguyen, Andrew SO	3) Yeung, Jeffery JR	4) Ha, Chris JR
24.15	49.49 (49.49)	1:13.32 (23.83)	1:39.69 (50.20)
2:03.38 (23.69)	2:29.60 (49.91)	2:53.27 (23.67)	3:19.62 (50.02)
24 Branson			3:20.04
1) Giacoppo, Gabriel FR	2) Moody, Alex JR	3) Dahlgren, Seaver FR	4) Emunah, Gabriel SO
24.07	49.56 (49.56)	1:12.60 (23.04)	1:37.50 (47.94)
2:02.05 (24.55)	2:28.85 (51.35)	2:52.69 (23.84)	3:20.04 (51.19)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Prelim Time
25 Las Lomas			3:20.16
1) Bradley, Ewan JR	2) Pierson, Keegan SO	3) Taifer, Brett JR	4) Williams, Noah SR
23.98	50.39 (50.39)	1:14.27 (23.88)	1:40.15 (49.76)
2:04.22 (24.07)	2:30.73 (50.58)	2:54.26 (23.53)	3:20.16 (49.43)
26 Washington			3:23.03
1) Jorgens, Joseph JR	2) Correia, Peter SO	3) Harkey, Craig JR	4) Mackie, Emilio SR
23.56	49.35 (49.35)	1:13.32 (23.97)	1:40.38 (51.03)
2:04.74 (24.36)	2:31.50 (51.12)	2:55.66 (24.16)	3:23.03 (51.53)
27 College Preparatory			3:23.32
1) Presten, Mark JR	2) Li, Brian FR	3) Jacobs, Noah SR	4) Watson, Grant SR
24.08	50.08 (50.08)	1:14.85 (24.77)	1:42.92 (52.84)
2:07.69 (24.77)	2:34.99 (52.07)	2:57.84 (22.85)	3:23.32 (48.33)
28 Bishop O'Dowd			3:25.69
1) Isola, Joey JR	2) Wong, Chris SO	3) Entrekin, Nick SO	4) Wenzler, Giovanni JR
24.75	51.69 (51.69)	1:16.07 (24.38)	1:43.59 (51.90)
2:08.11 (24.52)	2:35.37 (51.78)	2:59.31 (23.94)	3:25.69 (50.32)
29 Berkeley			3:27.04
1) Hendrikse-Liu, Maxime FR	2) Ingenito, Nicholas SR	3) Choy, Daniel SR	4) Ogle-Sporer, Paul JR
24.69	51.39 (51.39)	1:17.00 (25.61)	1:44.37 (52.98)
2:08.72 (24.35)	2:35.75 (51.38)	3:00.21 (24.46)	3:27.04 (51.29)
30 San Marin			3:27.08
1) Prochnow, Noah SO	2) Jackson, Zane SR	3) Ikeda, Sawyer JR	4) Styles, Brian FR
23.93	50.37 (50.37)	1:15.56 (25.19)	1:42.63 (52.26)
2:06.73 (24.10)	2:34.77 (52.14)	2:59.49 (24.72)	3:27.08 (52.31)
31 Maria Carrillo			3:27.20
1) Flood, Cameron SO	2) Pettibone, Holman JR	3) Madden, John SO	4) Virtue, Daniel SR
24.41	51.23 (51.23)	1:16.13 (24.90)	1:44.45 (53.22)
2:09.47 (25.02)	2:36.67 (52.22)	3:00.76 (24.09)	3:27.20 (50.53)
32 Analy			3:28.41
1) Murphy, Jack SO	2) Schoffer, Enzo SO	3) Hahn, Cosmo JR	4) Ressler, Luke JR
23.27	48.38 (48.38)	1:14.68 (26.30)	1:43.57 (55.19)
2:08.70 (25.13)	2:37.47 (53.90)	3:02.04 (24.57)	3:28.41 (50.94)
33 Sonoma Valley			3:28.68
1) Lewis, Jack SR	2) Summers, Owen JR	3) Smith, Ethan FR	4) Tommasi, Dominic SO
24.84	52.51 (52.51)	1:18.05 (25.54)	1:46.63 (54.12)
2:10.87 (24.24)	2:38.18 (51.55)	3:02.39 (24.21)	3:28.68 (50.50)
34 Santa Rosa			3:29.01
1) Owens, Max FR	2) Mello, Gerry SR	3) Jones, Trevor SO	4) Mertz, David FR
25.82	53.80 (53.80)	1:18.62 (24.82)	1:46.95 (53.15)
2:11.74 (24.79)	2:39.07 (52.12)	3:03.28 (24.21)	3:29.01 (49.94)
35 Livermore			3:29.12
1) MacDonell, Ryan JR	2) Kunzler, Joseph SR	3) Yee, Harry SR	4) Paden, Tyler SR
25.07	53.20 (53.20)	1:17.97 (24.77)	1:46.16 (52.96)
2:10.11 (23.95)	2:37.93 (51.77)	3:02.11 (24.18)	3:29.12 (51.19)
36 Technology			3:34.03
1) Hagmann, Kai JR	2) Silveira, Aaron FR	3) Dang, Dustin SO	4) Shinn, Kenneth JR
25.07	53.17 (53.17)	1:19.57 (26.40)	1:49.67 (56.50)
2:15.26 (25.59)	2:44.34 (54.67)	3:07.99 (23.65)	3:34.03 (49.69)
37 American High School			3:35.31
1) Chen, Jeffrey FR	2) Wong, Ashur SO	3) Prathnadi, Ryan SO	4) Zhao, Alex FR
25.27	52.87 (52.87)	1:20.91 (28.04)	1:53.04 (1:00.17)
2:17.41 (24.37)	2:44.73 (51.69)	3:08.79 (24.06)	3:35.31 (50.58)

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay			Seed Time	Prelim Time
38 Moreau Catholic					3:35.32
1) Ng, Matthew SR	2) Obra, Jed JR	3) Spallas, Matthew JR	4) Ly, Minh SR		
25.17	51.90 (51.90)	1:18.08 (26.18)	1:48.87 (56.97)		
2:14.26 (25.39)	2:42.52 (53.65)	3:07.59 (25.07)	3:35.32 (52.80)		
39 Justin-Sienna					3:35.62
1) Sheekey, Sam SR	2) Sanders, Matheiu JR	3) Galvin, Kevin FR	4) Mooers, Cullen SR		
25.08	52.66 (52.66)	1:18.53 (25.87)	1:46.60 (53.94)		
2:12.91 (26.31)	2:41.88 (55.28)	3:07.41 (25.53)	3:35.62 (53.74)		
--- Terra Linda					DQ
1) Cunnan, Nathaniel JR	2) Turner, Lomax JR	3) Mueller, Max FR	4) Lyons, Deven SO		
22.47	46.72 (46.72)	1:08.69 (21.97)	1:33.59 (46.87)		
1:49.25 (15.66)	2:24.70 (51.11)	2:48.69 (23.99)	DQ (51.27)		

2016 NCS Swimming & Diving Championship Meet - 5/12/2016 to 5/14/2016**Results****Scores - Women****Women - Team Rankings - Through Event 24**

1. San Ramon Valley	297	2. Monte Vista	208
3. Carondelet High School	201	4. Campolindo	170
5. Granada	141	6. Miramonte	117
7. Las Lomas	112	8. Terra Linda	110
9. California	107	10. Mission San Jose	81
11. Heritage	73	12. Northgate	61
13. Acalanes	57	13. Tamalpais	57
15. Foothill	54	16. Alameda	49
17. Piedmont High School	46.5	18. Athenian	41
19. Amador Valley	39	19. Maria Carrillo	39
21. Dougherty Valley	36	22. Redwood	32
23. Marin Catholic	31	24. Livermore	26
25. Analy	20	26. Liberty	16
26. James Logan	16	28. Branson	14
29. American High School	13.5	30. College Preparatory	13
31. Dublin	12	32. Washington	9
33. Alhambra High School	7	34. Montgomery	6
34. Marin Academy	6	36. Bishop O'Dowd	4
37. Deer Valley High School	1		

Scores - Men**Men - Team Rankings - Through Event 24**

1. San Ramon Valley	328	2. Campolindo	206.5
3. Granada	159	4. Amador Valley	148
5. Redwood	131	6. Foothill	129
7. Clayton Valley Charter	111	8. De La Salle High School	106
9. Northgate	103	10. Castro Valley	95
11. Heritage	94	12. Tamalpais	67
13. Terra Linda	64	14. Dublin	50
15. Las Lomas	47	16. Monte Vista	45
17. Miramonte	41	18. Sir Francis Drake	39
19. Mission San Jose	30	19. College Preparatory	30
21. Analy	27	22. Alameda	26
22. College Park	26	24. Acalanes	23
25. California	22	26. Dougherty Valley	18
26. Berkeley	18	28. Quarry Lane	15
29. Santa Rosa	12	30. Deer Valley High School	11
30. Athenian	11	32. San Rafael	9
33. Freedom High School	8.5	34. Alhambra High School	5
35. Ukiah	2	35. Concord	2
35. Branson	2		