



2023 Western Zone Senior Championships

EVENT FORMAT UPDATES

The Western Zone Senior Championship Committee has carefully reviewed the responses received from the 2022 WZSR Championship coaches survey regarding the meet event format & timeline management, and has implemented the following changes for the 2023 event:

Event Format UPDATES

1. The meet will be contested over five full days (see order of events, below)
2. An additional heat of 8 has been added to all Finals events:
 - a. 200M & shorter - Top 48 (6 heats – previously only 5 heats)
 - b. 400M & longer - Top 40 (5 heats – previously only 4 heats)
3. Scoring will be to 24 places (previously only Top 16 were scored)
4. Top 16 Relays ONLY at night – all others in AM sessions (PM teams can still choose to swim AM)
5. Addition of 200 Medley Relay on Day One, and 200 Free Relay on Day Three

Order of Events

Tue 7/25	Wed 7/26	Thu 7/27	Fri 7/28	Sat 7/29
200 Fly	100 FR	400 FR	200 FR	200 IM
100 BR	400 IM	100 FLY	100 BK	800 FR
1500 FR	800 FRR	200 BK	200 BR	50 FR
200 MR		200 FRR	400 FRR	400 MR

The following details remain the same:

2023 Western Zone Senior Championships * July 25 – 29, 2023

- Host: Clovis Swim Club
- Location: Clovis, CA
- Meet Contact: Mark Bennett coachmark76@gmail.com

2023 Qualifying Time Standards *remain the same as 2022*

- 2021-24 USA Swimming National Age Group Motivational Times * 15 – 16 “AA”
- Bonus Times also remain the same

2023 De-Qualification Time Standards *remain the same:*

- 2023 USA Swimming Speedo Summer Junior National Championships
- De-qual is by event including relay leg

2023 Qualifying Time Period

- Aligned with 2023 USA Swimming Speedo Summer Junior National Championships:
- June 1, 2022 – close of entries, July 2023
- Corrects previous issues where athletes were disqualified from swimming individual events at both meets

Respectfully,

WZ Senior Championship Coaches Committee

- Mike Ashmore (CA)
- Michael Kinross (CA)
- Nick Fraisersmith (CO)
- Jennifer Tonkyn (IE)
- Mark Bennett (Host)
- Robert Broyles (Meet Referee)
- Keith Moore (WZD-c)
- Mike Dilli (WZD-nc)
- Jody Broyles (WZCC)

April 3, 2023 jb