

# ASCA PACIFIC SWIM COACHES CLINIC

**JANUARY 6-9, 2022**

**NAPA, CALIFORNIA**



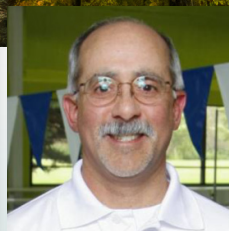
**EDDIE REESE**



**DAVE DURDEN**



**JENNIFER LAMONT**



**MIKE PARRATTO**



**MARK SCHUBERT**

## **Paid Schools**

- Newly Revised and Improved  
ASCA Level 2 Certification Course

**Friday, Jan. 7**

**9:00 am - 5 pm**

**\$70** before Dec. 10

**\$77** after Dec. 10

**\$85** on-site.

- Swimming Strength and Conditioning  
Specialist (SSCS) Workshop  
(6 hours)

**Thursday, Jan. 6**

**6 - 8 pm**

**Friday, Jan. 7**

**9 am - 11 am &**

**12:30 pm - 2:30 pm**

**\$99** before Dec. 10

**\$109** after Dec. 10

**\$120** on-site.

- LeadHERship hosted by Jennifer LaMont

**Friday, Jan. 7**

**3 - 5 pm**

**\$40** before Dec. 10

**\$44** after Dec. 10

**\$48** on-site.

## **Hotel information**

Napa Valley Marriott  
3425 Solano Ave  
Napa, CA  
707-253-8600

**\$159/night** includes FREE breakfast

### **Link**

<https://bit.ly/2ZusWsy>

## **Registration costs**

This cost includes Welcome Reception  
Friday 5 - 6 pm, and all events Saturday  
7:30 am - 6:30 pm and Sunday 7:30 am - 1:15 pm.

Cost for the clinic:

**\$150** before Dec. 10

**\$165** after Dec. 10

**\$180** on-site.

### **Link**

<https://form.jotform.com/212786771415058>



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## TENTATIVE SCHEDULE

DAY	TIME	SPEAKER	TOPIC
<b>Thursday, January 6</b>	6:00 - 8:00 p.m.	Charlie Hoolihan	Swimming Strength and Conditioning Specialist (SSCS) Workshop 6-hour paid school
<b>Friday, January 7</b>	9:00 - 11:00 a.m.		
	12:30 - 2:30 p.m.		Swimming Strength and Conditioning Specialist (SSCS) Workshop
	9:00 a.m. - 5:00 p.m.	Mike Murray	NEW ASCA Certification Level 2 The Stroke School
	3:00 - 5:00 p.m.	Jennifer LaMont	LeadHERship Academy
	3:00 - 6:00 p.m.	Exhibit Hall Open	
	5:00 - 6:00 p.m.	Welcome Reception in Exhibit Hall	
<b>Saturday, January 8</b>	7:30 - 8:30 a.m.	Networking Breakfast for Coaches Staying at Marriott	
	7:30 a.m. - 3:30 p.m.	EXHIBIT Hall open	
	8:30 - 9:30 a.m.	Eddie Reese	Texas Training
	9:45 - 10:45 a.m.	Mark Schubert	Psychology of Winning!
	11:00 a.m. - 12:00 p.m.	Abbie Fish	Pool Session: I, Y, Scoop, Shoot: How to Teach Proper Breaststroke Timing for Age Groupers.
	12:00 - 1:00 p.m.	BREAK FOR LUNCH Optional <i>SwimAmerica</i> Roundtable at Marriott Restaurant	
	1:00 - 2:00 p.m.	Mike Parratto	Q&A with Audience Participation - Bring Your Best Questions for Coach Parratto
	2:15 - 3:15 p.m.	Charlie Hoolihan	Peaking for Strength and Power for Championship Meets
	3:30 - 4:15 p.m.	Abbie Fish	Is Butterfly Undulation Required for Age Groupers
	4:15 - 5:00 p.m.	Tyler Clary	Financial Planning for Clubs/Swim School Owners
	5:30 - 6:30 p.m.	WINE TASTING EVENT AT LOCAL WINERY	
<b>Sunday, January 9</b>	7:30 - 8:30 a.m.	Networking Breakfast for Coaches Staying at Marriott	
	7:30 - 11:30 a.m.	EXHIBIT HALL OPEN	
	8:30 - 9:15 a.m.	Mark Schubert	Developing a Great Team Culture
	9:30 - 10:15 a.m.	Dave Durden	Coaching Backstrokers - Ryan Murphy and Bryce Mefford
	10:30 - 11:15 a.m.	Eddie Reese	Texas Technique
	11:30 a.m. - 12:15 p.m.	Mike Parratto	Age Group Topic - TBA
	12:15 - 1:15 p.m.	Dave Durden	Planning a 12-month Season: Water to Dryland-Q&A with Audience Participation